

NUCLEAR PHYSICS ⑨

RENORMALIZATION

§ EFFECTIVE FIELD THEORIES
(Part II)

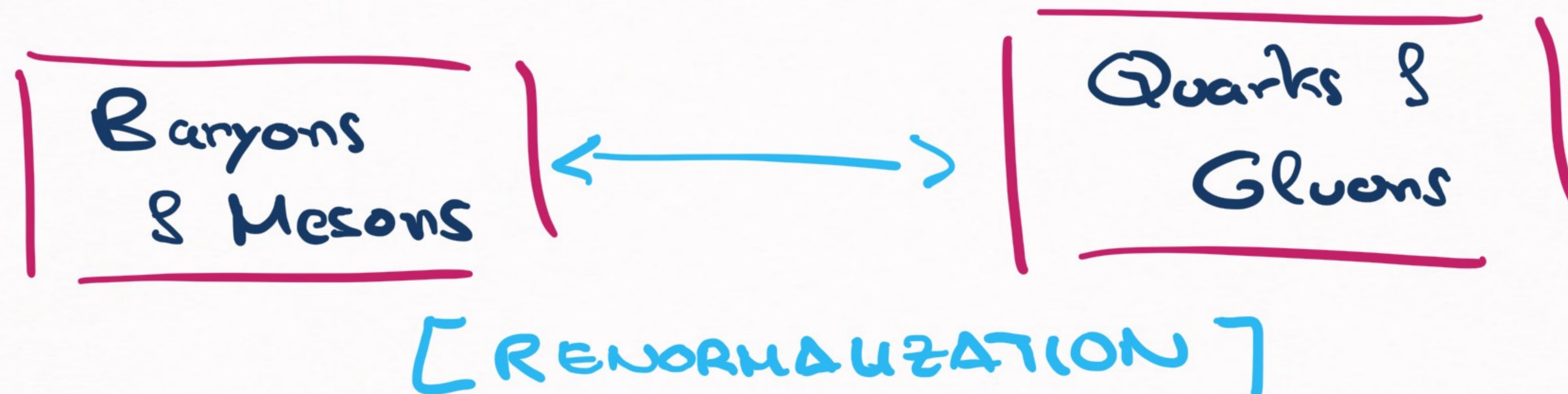
Low energy expansions

§ Power countings

RECAP | In the previous lesson we learnt:

a) QCD is not solvable at low energies (at least using analytical methods)
→ Nuclear physics can't be explained by solving QCD ←

b) But there are ways around this...



[WHAT IS RENORMALIZATION?]

Basic idea:

Physics at long distances
should not depend
on the short distance
details

CONCEPT



(Easier
to
understand)

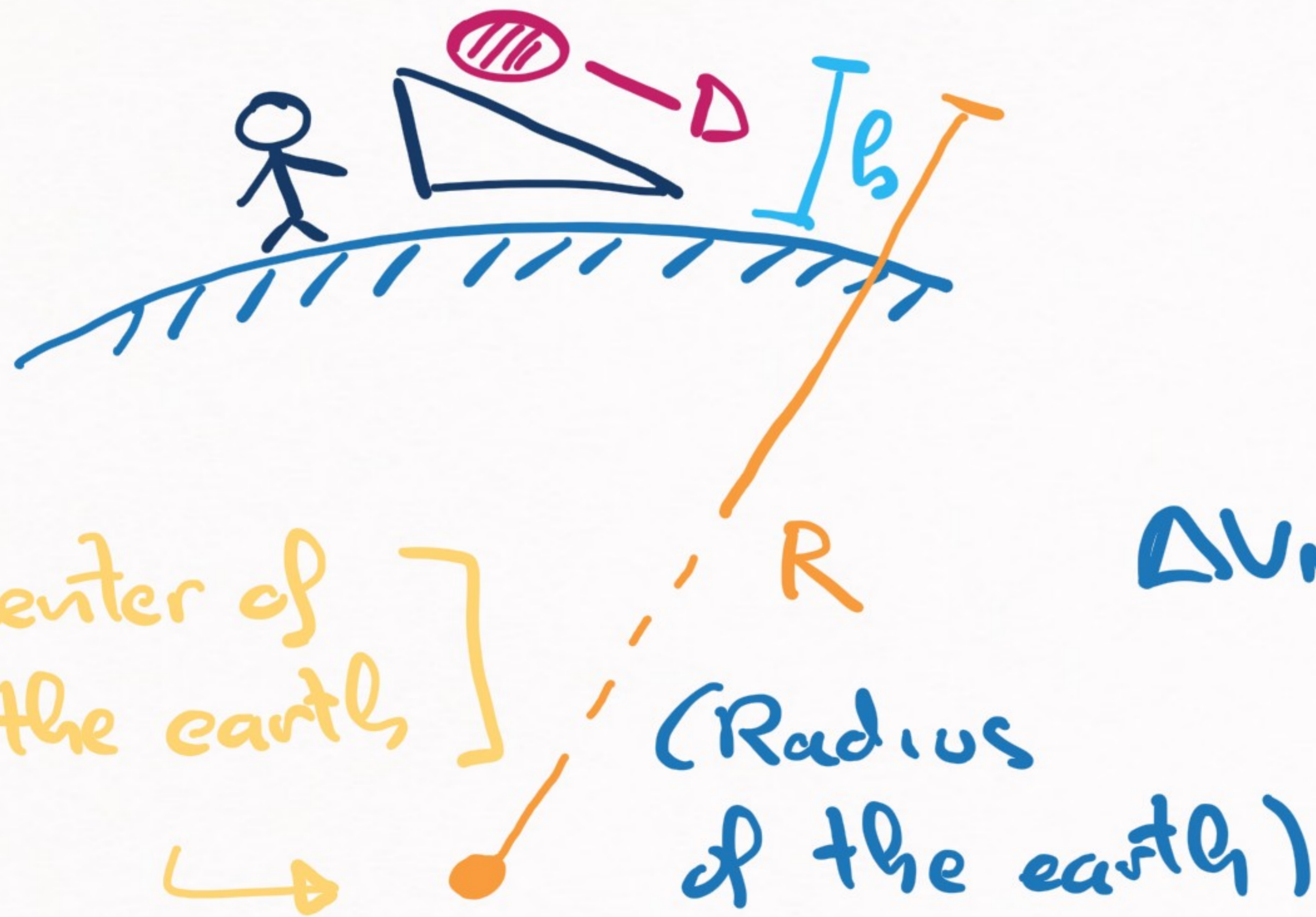
RENORMALIZATION IS THE MATHEMATICAL

REALIZATION OF THIS CONCEPT

[LET'S CONSIDER A FEW EXAMPLES] $\frac{1}{R+h} - \frac{1}{R} = -\left(\frac{h}{R}\right)\frac{1}{R} + \left(\frac{h}{R}\right)^2\frac{1}{R} - \dots$

→ Galilean & Newtonian gravity:

$$\Delta V_G = mgh \quad (\text{high school physics})$$



$$V_N = -\frac{GMm}{r}$$

$$\Delta V_N = -GMm \left[\frac{1}{R+h} - \frac{1}{R} \right]$$

$$= mgh \left[1 + O\left(\frac{h}{R}\right) \right]$$

[IMPORTANT DETAIL:]

$$\Delta V_{\text{Effective}} = mgh \left[1 - \left(\frac{h}{R}\right) + \left(\frac{h}{R}\right)^2 - \left(\frac{h}{R}\right)^3 + \dots \right]$$

"Galilean" gravity Corrections → ⊕

⊕ → This "effective" description is organized as a power series

POWER COUNTING: the rules defining this power series

(above our power counting is $\frac{h}{R} \ll 1$)

CONCEPTUAL

[REMEMBER THE DEFINITION OF RENORMALIZATION?]

Physics at long distances are independent of the short distance details

Imagine that instead of Newton's gravity we had something different.

$V_{\text{alt}} = - \frac{G' M m}{r^n}$

What will we see if we do experiments on the surface of earth?

[IT DOESN'T MATTER WHICH IS
THE UNDERLYING THEORY OF GRAVITY]

$$V_{\kappa} = - \frac{G_{\kappa} M m}{r^{\kappa}} \Rightarrow \Delta V_{\text{effective}} = mgh \left[1 - \kappa \left(\frac{h}{R} \right) + \frac{1}{2} \kappa(\kappa+1) \left(\frac{h}{R} \right)^2 - \frac{1}{6} \kappa(\kappa+1)(\kappa+2) \left(\frac{h}{R} \right)^3 + \dots \right]$$

- a) Same limit for $\frac{h}{R} \rightarrow 0$: [$\Delta V = mgh$]
- b) Same power counting: [we count powers of $\frac{h}{R}$]
- c) Only difference is the coefficients in front of the powers of $\frac{h}{R}$

[WE CAN BE MORE GENERAL]

Underlying theory $\rightarrow V = -GMm \underbrace{f(R)}_{\begin{cases} f(R) > 0 \\ f(R) < 0 \end{cases}}$

Effective theory $\rightarrow \Delta V = mgh \left[\underbrace{1}_{\text{Galilean gravity}} + c_1 \left(\frac{h}{R}\right) + c_2 \left(\frac{h}{R}\right)^2 + c_3 \left(\frac{h}{R}\right)^3 + \dots \right]$

$$g = -GM f'(R)$$

$$c_1 = \frac{1}{2!} R f''(R) \frac{1}{f'(R)}$$

$$c_2 = \frac{1}{3!} R^2 \frac{f'''(R)}{f'(R)}$$

$$c_n = \frac{1}{(n+1)!} R^{n+1} \frac{f^{(n+1)}(R)}{f'(R)}$$

$[c_1, c_2, c_3, \dots]$ \rightarrow low energy constants of the theory

correction!

OBSERVATION

Underlying theory #1

Underlying theory #2

Underlying theory #3

Effective theory A

TECHNICAL TERM FOR THIS:

[fixed point of the renormalization group]

Example:
Different theories of gravity all lead to same approximation in the surface of earth

A SECOND EXAMPLE

General Relativity \rightarrow Classical Newtonian gravity

\rightarrow Expansion in $\frac{v}{c}$ (this defines our power counting)

$\rightarrow \exists$ could be different relativistic theories of gravity all leading to Newtonian gravity (Nordstrom gravity, Brans-Dicke theory, etc)

a) But QCD is different... (previous examples:
analytically solvable)

(QCD) [Quarks & Gluons] \longrightarrow [Baryons & Mesons] \approx

We do not know how to solve QCD
in the first place \rightarrow this problem can
be overcome

b) Then let's consider an example
with similar characteristics

A second example where we can't easily
solve the fundamental theory

[THE THEORY OF TEACUPS & TEAPOTS]

(not a joke)



teapot



teacup

Our objective:

Short-distance description
(that can't be solve)



Long-distance description
(simple & solvable)

WHICH ONE COOLS FASTER?

THE PROBLEM

Where does tea cool faster?

① the teapot?

② the teacup?

①



But...

How do you know the answer without solving any equation?

②



If your answer was (2) : CONGRATULATIONS!
You were right

↓
BUT WHY?

(1) TEACUP :

- a) Ceramic surface → large
- b) Surface exposed to air
→ small

(2) TEACUP :

- a) Ceramic surface
→ smaller
- b) Exposed surface
→ bigger

HEAT TRANSFER

"surface exposed to air"

Intuitively, convection is faster than conduction

"ceramic surface"



ERGO (Therefore in Latin)

The cup cools faster than the teapot
(we didn't solve any equation)

[SHORT-DISTANCE DESCRIPTION
(UNDERLYING THEORY)] → (Equivalent of
QCD for teacups
& teapots)

a) Fourier law of heat conduction

$$\mathbf{q} = -k \nabla T$$

b) Convection-diffusion equation

$$\frac{\partial c}{\partial t} = \nabla \cdot (D \nabla c) - \nabla \cdot (vc) + R$$

It looks really difficult to solve these equations
(partial differential equations) \approx QCD

But I'm lazy ... → EFFECTIVE THEORY

1) Newton's law of cooling: → include some dynamics

$$T = T_0 e^{-\lambda(t-t_0)} \quad \left\{ \begin{array}{l} T, t \rightarrow \text{temperature \& time} \\ T_0, t_0 \rightarrow \text{initial temp \& time} \\ \lambda \rightarrow \text{constant} \end{array} \right.$$

2) Find the relevant degrees of freedom:



→ \mathcal{S} : surface exposed to air

→ Σ : surface made of a ceramic material (or other insulator)

3) Propose a power counting: \rightarrow what is our expansion parameter?
 Σ is more important than Σ

$x = \frac{f \Sigma}{S} \rightarrow f < 1$ (correction factor to take into account that ceramic conducts heat worse)

4) Write down the theory: [$x < 1$ in cup Σ]

$T = T_0 e^{-\lambda(t-t_0)} \rightarrow$ We want to calculate λ

Expansion: $\lambda = S [\underline{c_0} + \underline{c_1} x + \underline{c_2} x^2 + \dots]$

$c_0, c_1, c_2, \dots \rightarrow$ low energy constants (LECs) of the theory

Power series \rightarrow Infinite terms \rightarrow Infinite parameters

5) Choose the accuracy we want
S truncate the series \leftarrow

\downarrow
We have to put
a limit in the
number of
parameters

Accuracy $\mathcal{O}(x)$ ($x < 1$): $\lambda = S$

\downarrow $x [c_0 + \mathcal{O}(x)] \rightarrow$ Leading order (LO)

Accuracy $\mathcal{O}(x^2)$: $\lambda = S [c_0 + c_1 x + \mathcal{O}(x^2)]$

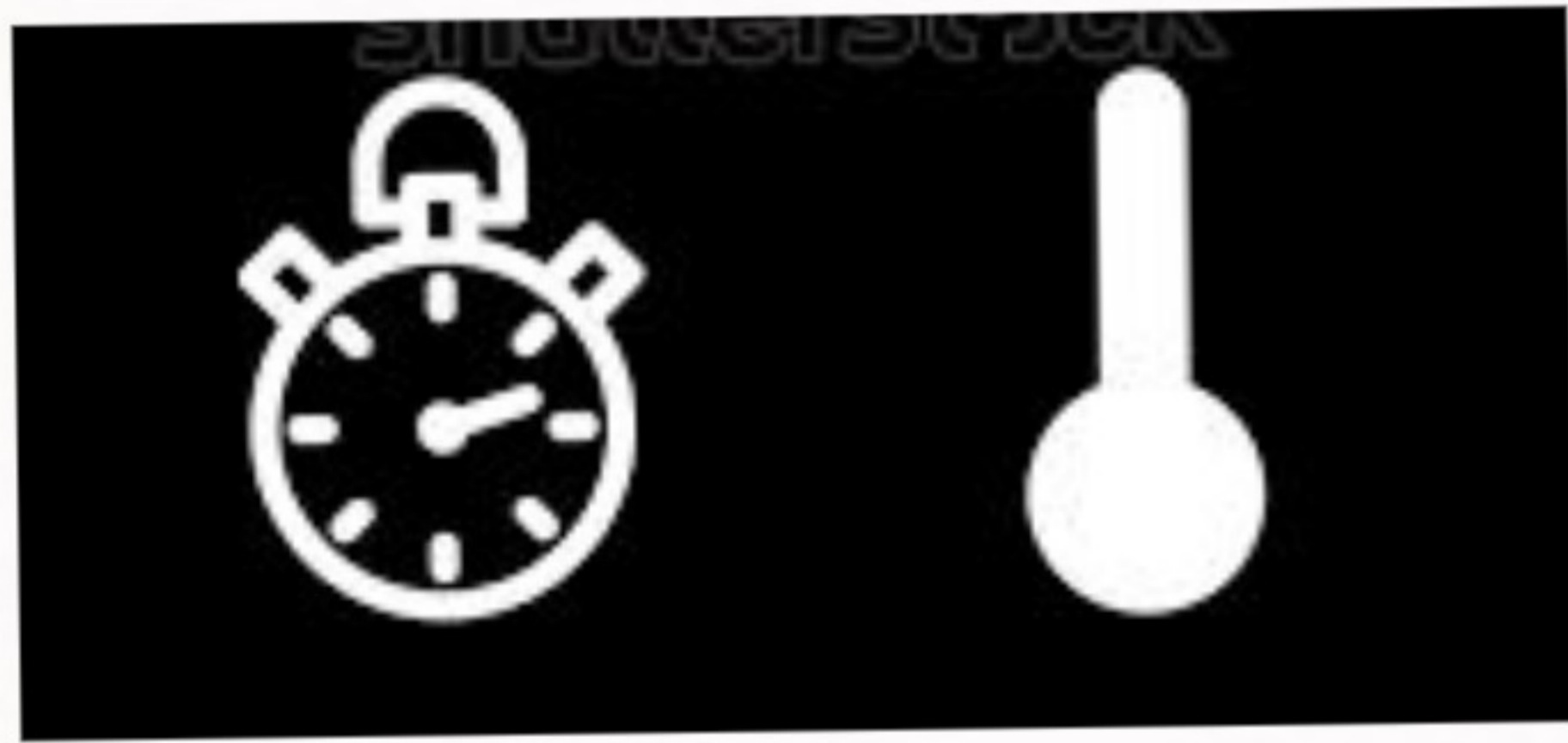
\downarrow \hookrightarrow next-to-leading order (NLO)

Accuracy $\mathcal{O}(x^3)$: $\lambda = S [c_0 + c_1 x + c_2 x^2 + \mathcal{O}(x^3)]$

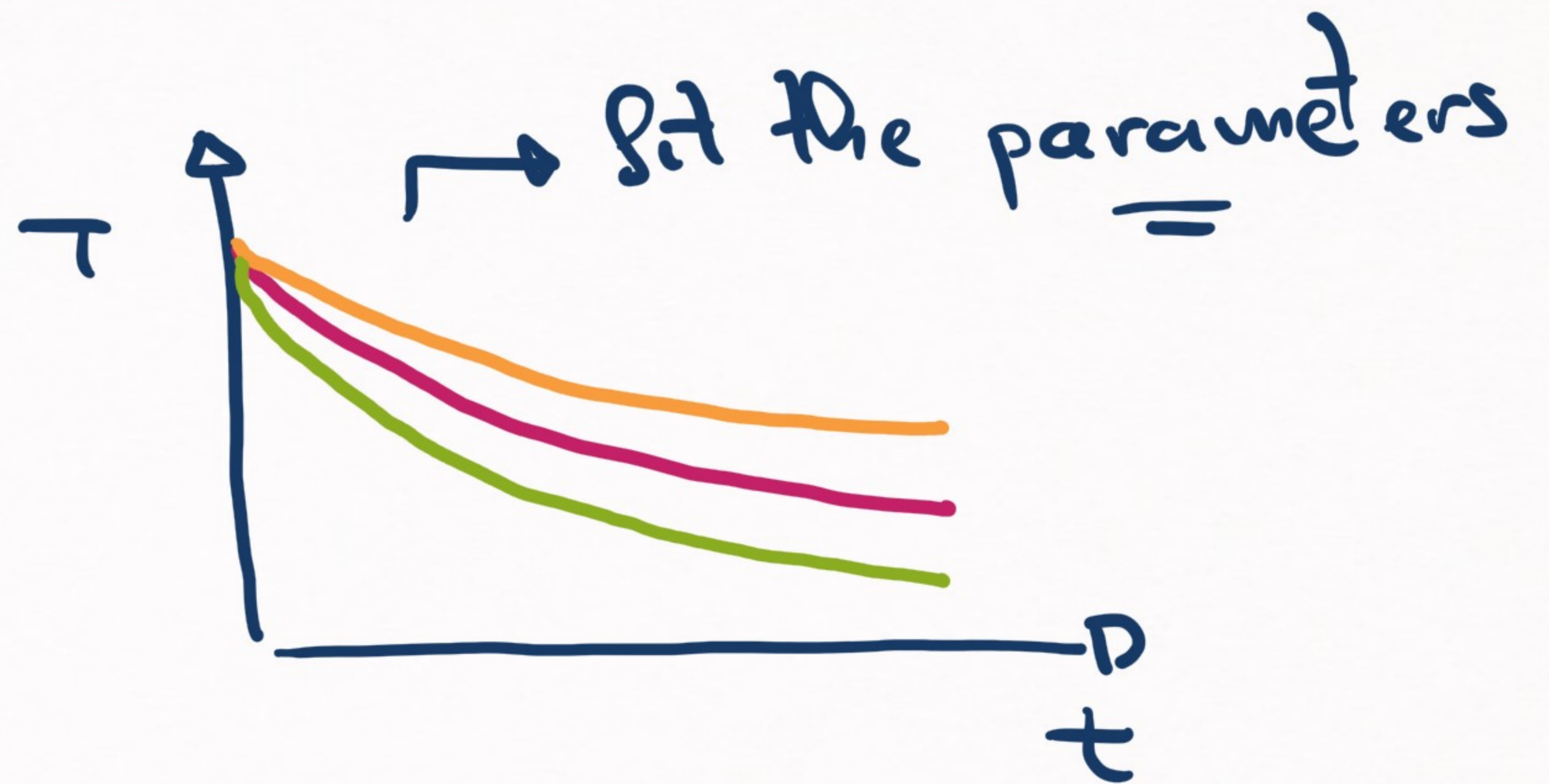
\downarrow \hookrightarrow next-to-next-to-leading order (N²LO)

[More terms \rightarrow More accuracy]

6) Fit the LECs to experimental data



\rightarrow Our instruments



$S_1, \bar{\Sigma}_1$



$S_2, \bar{\Sigma}_2$



$S_3, \bar{\Sigma}_3$

Recap |

How to build an effective theory:

- 1) Some dynamics \rightarrow cooling's law / QM / QFT / classical mechanics / etc.
- 2) Choose the degrees of freedom
 \rightarrow surface type / types of particles / potential energy / etc.
- 3) Power counting \rightarrow small parameter
- 4) Write down the theory \rightarrow LECs
- 5) Choose the accuracy \rightarrow LO, NLO, N²LO, ...
- 6) Fit to experimental data \rightarrow get the value of the LECs

[BUT THERE IS MORE...] \Rightarrow many types of power counting



\leftarrow TEA POT THEORY

Expansion parameter: $x = \frac{\rho \Sigma}{S}, \rho < 1$

$\Sigma \gg S, \rho < 1$



$x = \frac{\rho \Sigma}{S} > 1 \Rightarrow$

This can't be our small expansion parameter

$x > 1$, WHAT SHOULD WE DO?

POWER COUNTINGS

→ We can have several ICs



$$a) \quad x = \frac{p\Sigma}{s} < 1, \quad \lambda = S(c_0 + c_1x + c_2x^2 + \dots)$$

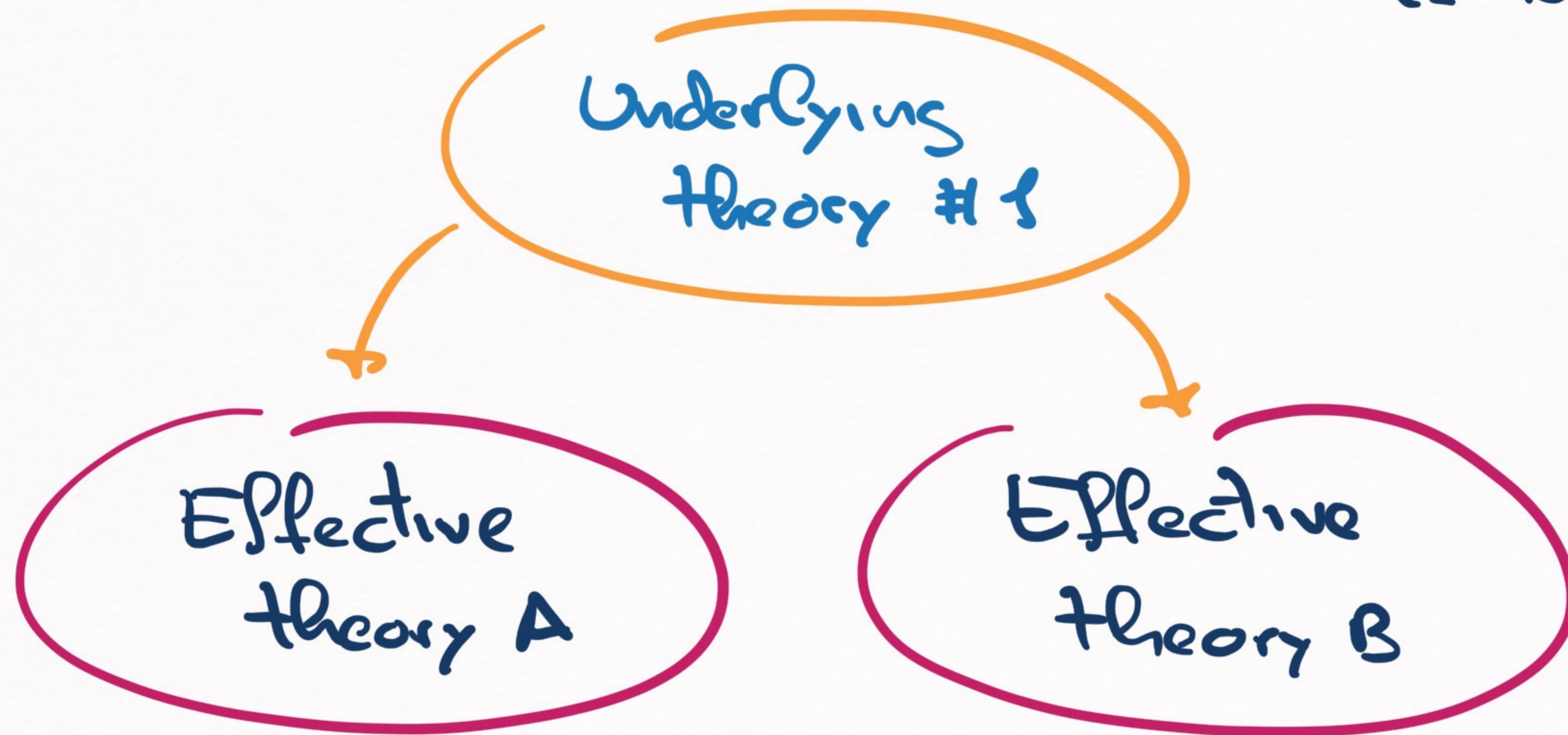


$$b) \quad x = \frac{p\Sigma}{s} > 1,$$

$$\lambda = \sum (d_0 + \frac{d_1}{x} + \frac{d_2}{x^2} + \dots)$$

(use $\frac{1}{x}$ as the expansion parameter)

[TAKE - HOME MESSAGE] \Rightarrow [POWER COUNTING IS NOT UNIQUE]



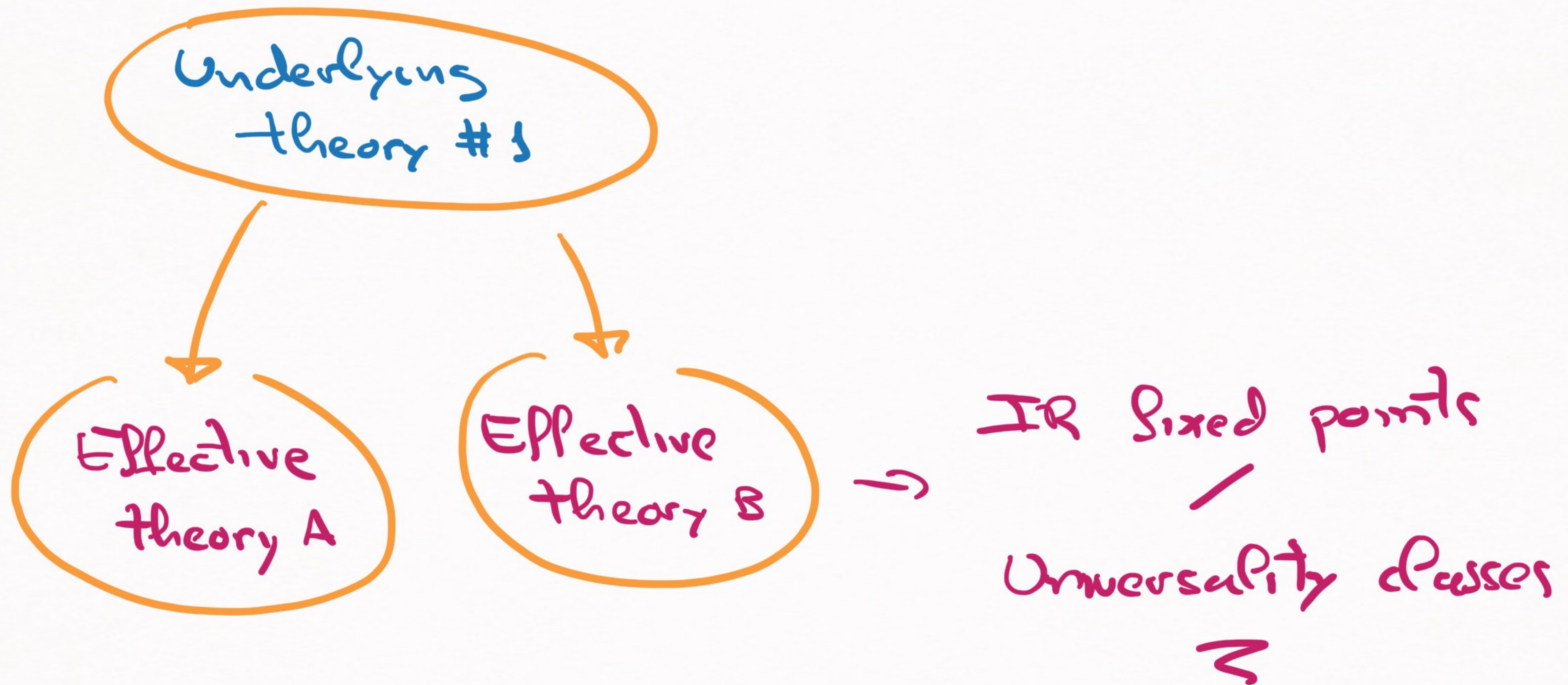
Infrared fixed points

or

Universality classes

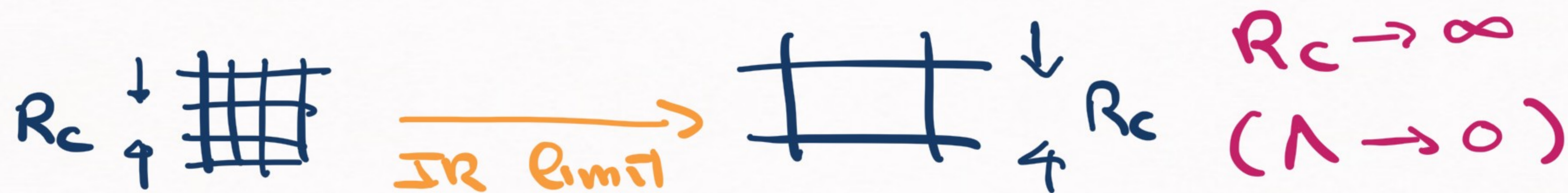
In renormalization group (RG) language

we call these:

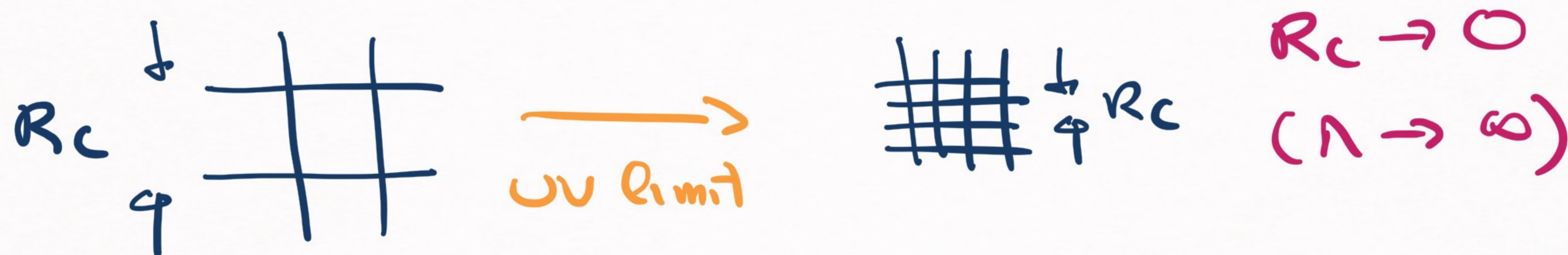


[NOTE ABOUT RG-LANGUAGE]

a) Infrared : very low energies / long distances



b) Ultraviolet : very high energies / short distances



[EFFECTIVE THEORIES IN QM]

a) We already know the basic ideas

→ Galilean gravity, cooling of tea cups & teapots

→ (several fundamental theories) → (same effective theory)

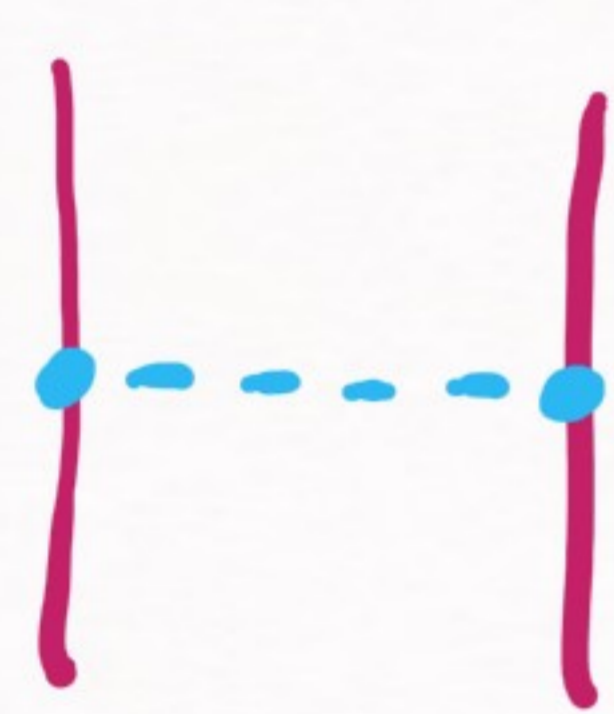
→ (unique fundamental theory) → (several effective theories)

b) We will try now an example from QM

→ two-body QM problem

Two-Body Bound State

a) Consider a Yukawa potential



$$V(\vec{q}) = -\frac{g_Y^2}{\vec{q}^2 + m^2}, \quad V(\vec{r}) = -\frac{g_Y^2}{4\pi} \frac{e^{-mr}}{r}$$

a.1) two-particles of mass μ ($\mu_1 = \mu_2 = \mu$)

a.2) they will exchange a scalar $\rightarrow V = \underline{\text{Yukawa}}$

a.3) described by $[-\frac{\nabla^2}{\mu} + V(r)]\psi(\vec{r}) = E\psi(\vec{r})$

1) Schrödinger equation: $\left[-\frac{\nabla^2}{\mu} - \frac{g_Y^2}{4\pi} \frac{e^{-m r}}{r} \right] \psi(\vec{r}) = E \psi(\vec{r})$

2) When does this system have bound states?

→ $\lambda = \frac{\mu}{m} \frac{g_Y^2}{4\pi}$, $\lambda_c = \underline{\underline{1.68}}$

$E < 0$, $E = \underline{\underline{-\frac{\lambda^2}{\mu}}}$

(we define this quantity)

$\mu = 1 \text{ GeV}$

$m = \underline{\underline{0.5 \text{ GeV}}}$

a) $\lambda < \lambda_c \rightarrow$ no binding

b) $\lambda = \lambda_c \rightarrow$ zero energy bound state

c) $\lambda > \lambda_c \rightarrow$ binding

REDUCED UNITS

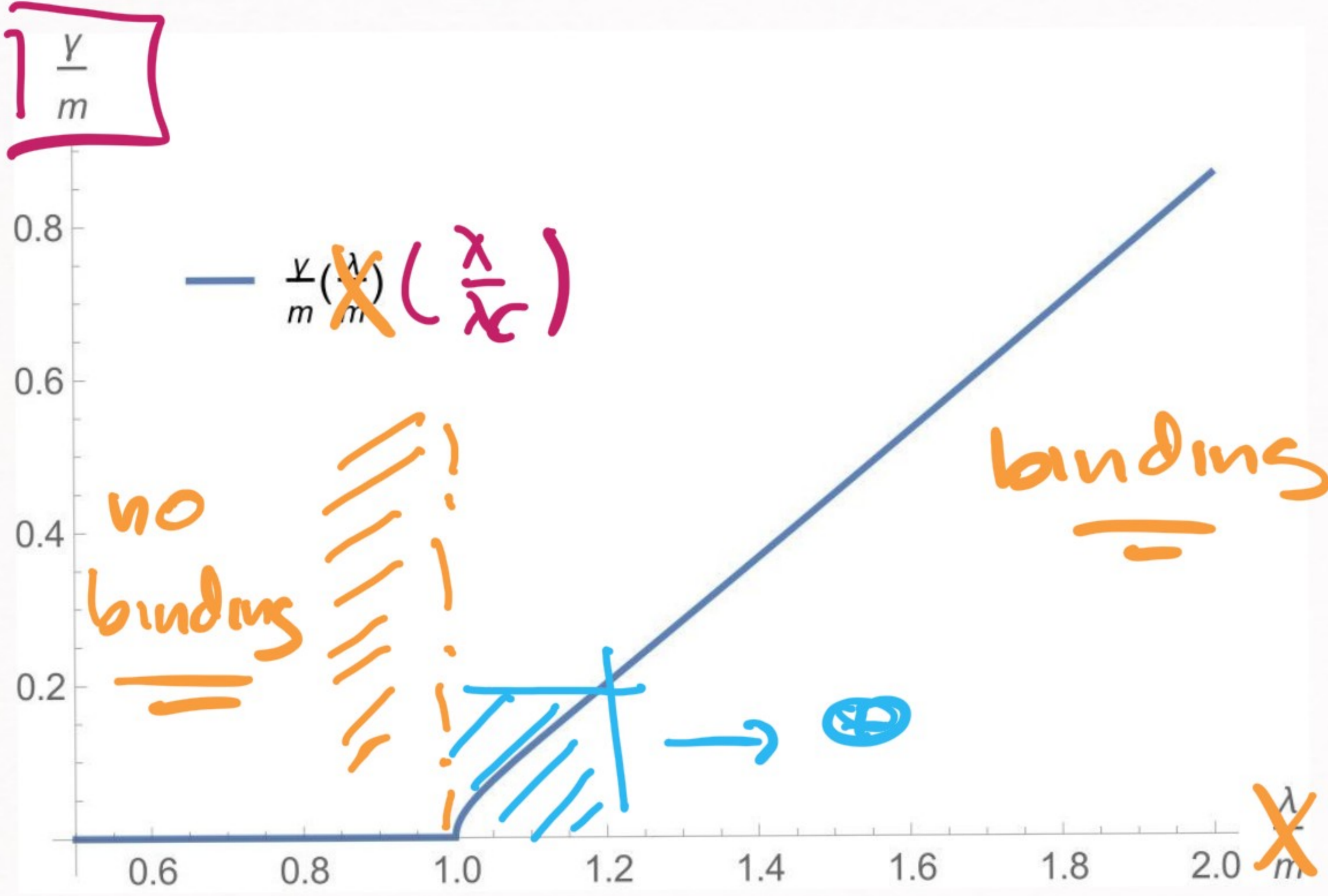
$$E_B = -\frac{\gamma^2}{\mu} \rightarrow \gamma : \text{wave number}$$

→ We will try to write everything in units of m and λ_C (actually dimensionless)

$$\hat{\gamma} = \frac{\gamma}{m}, \quad \hat{\lambda} = \frac{\lambda}{\lambda_C} \quad (\hat{\lambda} > 1 \Rightarrow \text{binding})$$

(the idea is to better identify scale separation)

$$\hat{\gamma} = \hat{\gamma}(\hat{\lambda}) \quad \text{or} \quad \frac{\gamma}{m} = \frac{\gamma}{m}\left(\frac{\lambda}{\lambda_c}\right) :$$



REMEMBER
NATURALNESS

⊗ → bound states
are unnatural here
($\gamma \ll m$)

↑ Solve Schrödinger and
obtain the values of γ

[SOMETIMES WE HAVE
AN UNNATURAL SYSTEM]

For $\lambda \rightarrow s = D$

Spatial extent of the wave function
(size of the w.f.) is going to be
much larger than the range
of the potential

Why?



$$\psi(\vec{r}) \rightarrow \frac{\Delta_s}{\sqrt{4\pi}} \frac{e^{-\gamma r}}{r}$$

$mr \gg 1$

($\Delta_s \rightarrow$ number,
 $\gamma \rightarrow$ wave number)

Explanation \rightarrow $\left[-\frac{\nabla^2}{\mu} - \frac{g\gamma^2}{4\pi} \frac{e^{-mr}}{r} \right] \psi(\vec{r}) = -\frac{\gamma^2}{\mu} \psi(\vec{r})$

\Downarrow $mr \gg 1 \Rightarrow e^{-mr} \ll 1$
($\rightarrow 0$)

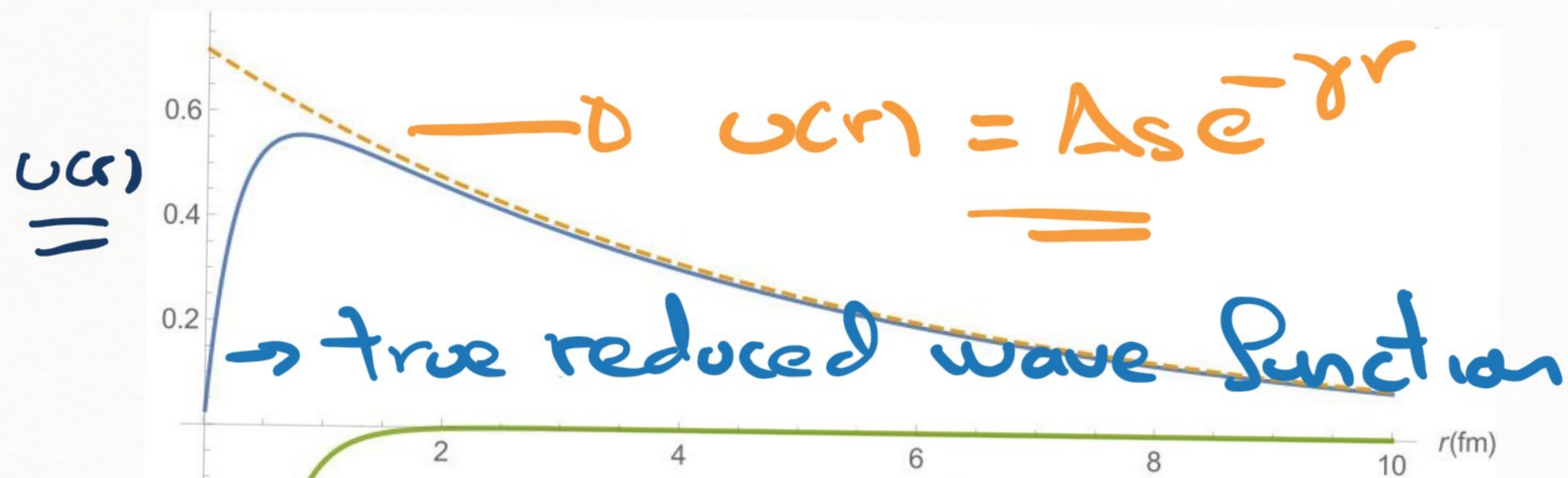
$$-\frac{\nabla^2}{\mu} \psi(\vec{r}) = -\frac{\gamma^2}{\mu} \psi(\vec{r})$$

$$\psi(\vec{r}) \propto \frac{1}{r} e^{-\gamma r} \Rightarrow \nabla^2 \psi(\vec{r}) = -\gamma^2 \psi(\vec{r})$$

\hookrightarrow For $mr \gg 1$, this is a solution of the system

[A FEW EXAMPLES :]

a) $\lambda = 1.05 \lambda_c$, $\gamma = 0.075 \text{ m}^{-1}$



$u(r) = \Delta s e^{-\gamma r}$

→ true reduced wave function

→ size of potential

$V(r) = -g_Y^2 \frac{e^{-mr}}{4\pi}$

(arbitrary units)

HERE:
 $u(r) = \Delta s e^{-\gamma r}$
 GOOD APPROX.

$$\psi(r) = \frac{1}{\sqrt{4\pi}} \frac{u(r)}{r}$$



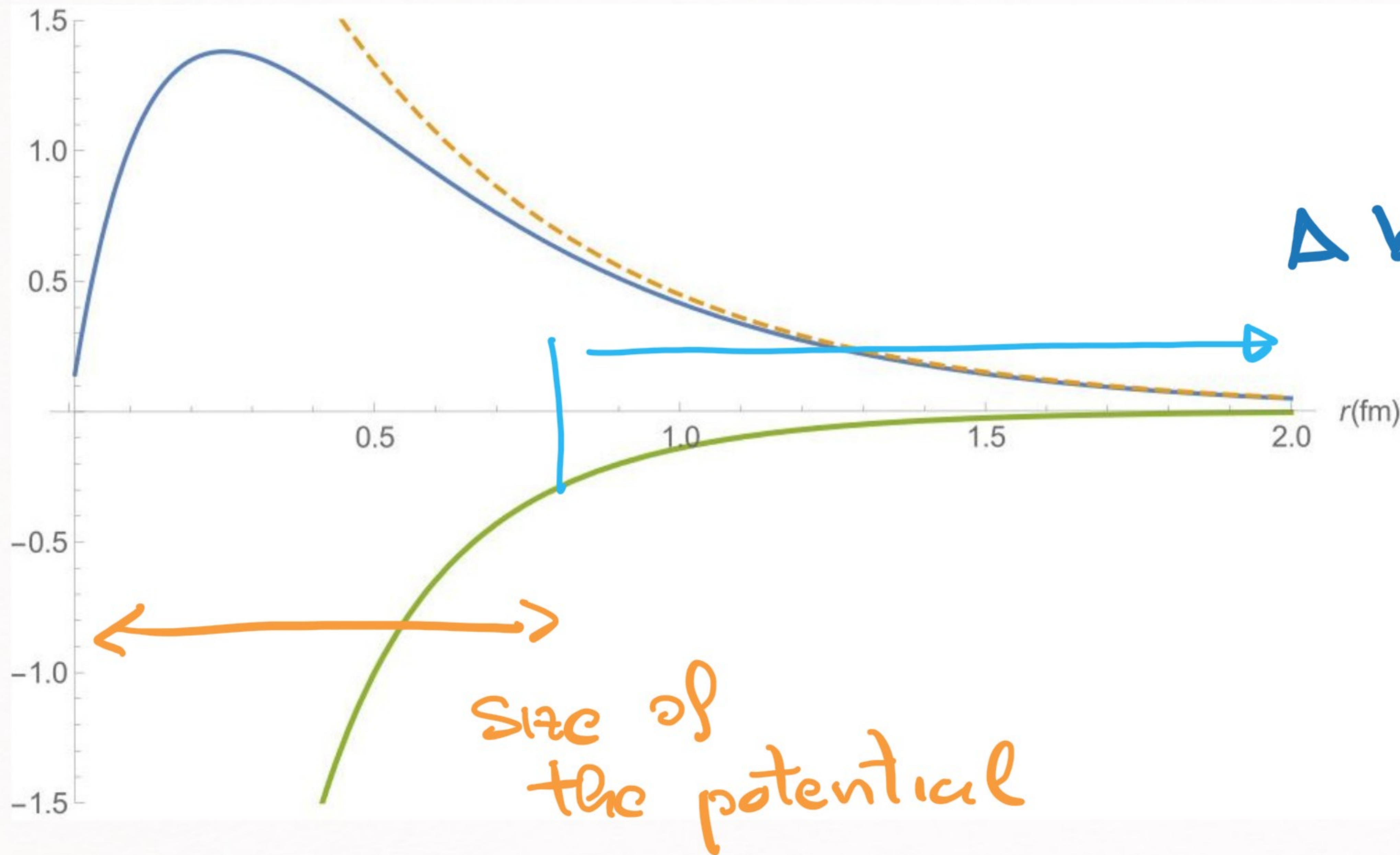
↓

reduced wave function

(defined because it's really convenient)

≡

b) $\lambda = 2\lambda_c$, $r \approx 0.86 \text{ m}$) \rightarrow this solution is more bound



A big chunk of the w.f. lives outside the range of the potential

[WHAT DOES THIS MEAN?]

- a) First case \rightarrow Unnatural
b) Second case \rightarrow Natural
- (check previous lessons & naturalness)

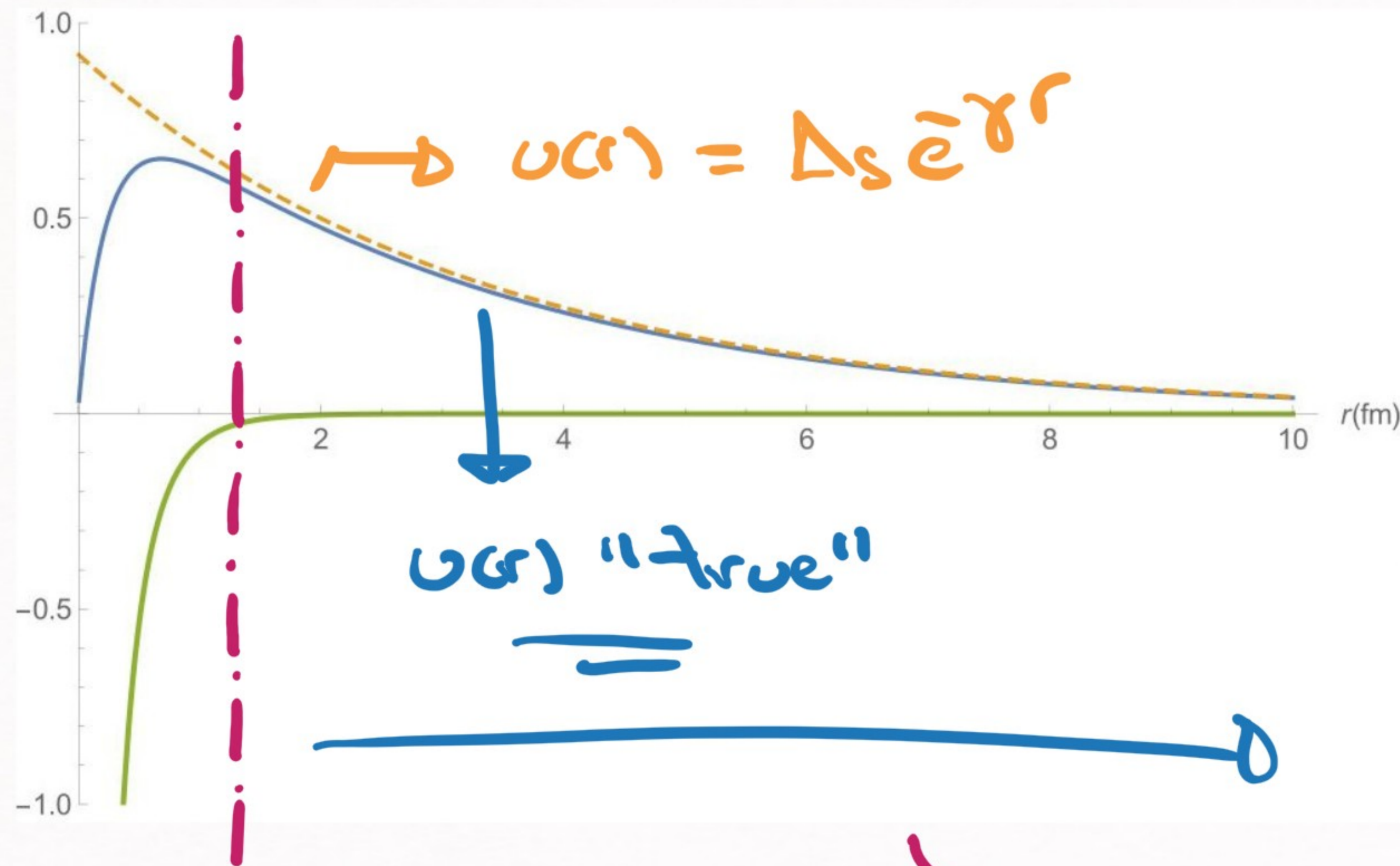
- a) Wave function will be insensitive to the form of the potential $V(r)$ [a bit like how $\Delta U = mgh$ was independent of our theory of gravity]
- b) Wave function will be sensitive to the form of the potential $V(r)$

THAT IS ...

\Rightarrow For $\frac{\lambda}{\lambda_c} \rightarrow 1$, it will be possible to build
an effective description of
 $(\gamma \ll m)$ this system


[NOW WE SHOW
HOW THIS IS DONE]

IF WE TAKE A SECOND LOOK AT a)
 $[\lambda = 1.05 \lambda_c, \gamma \approx 0.075 \text{ m}]$



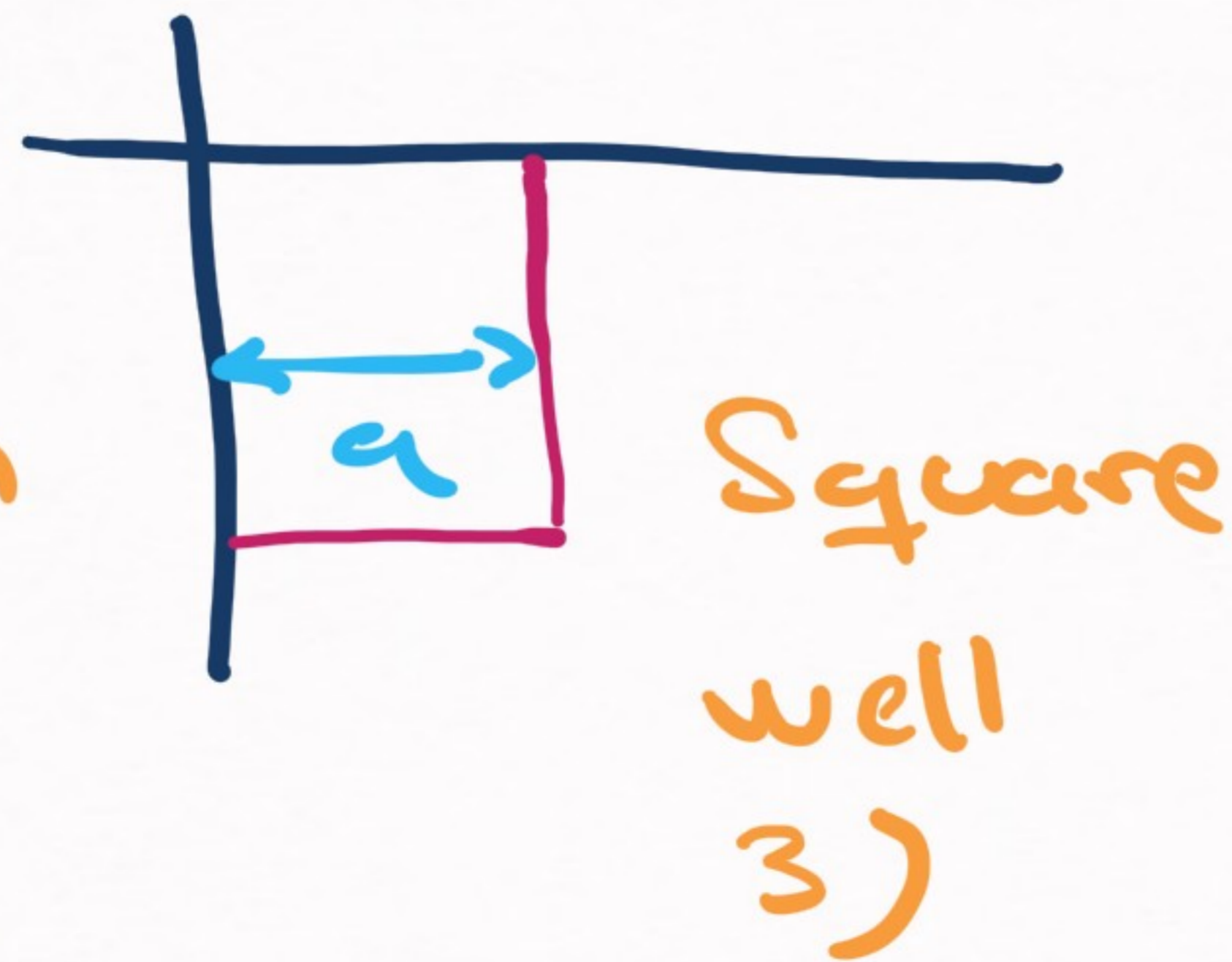
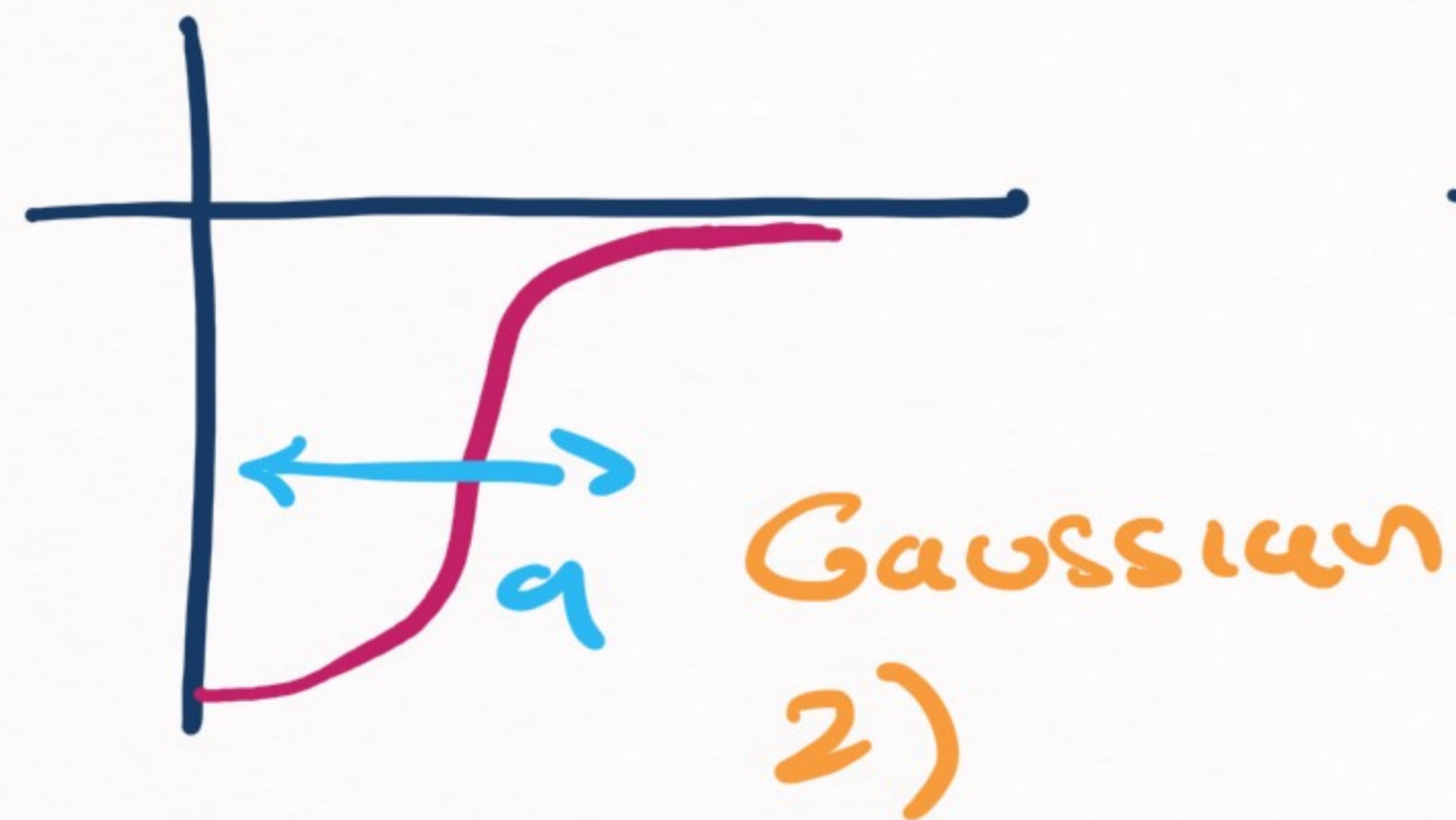
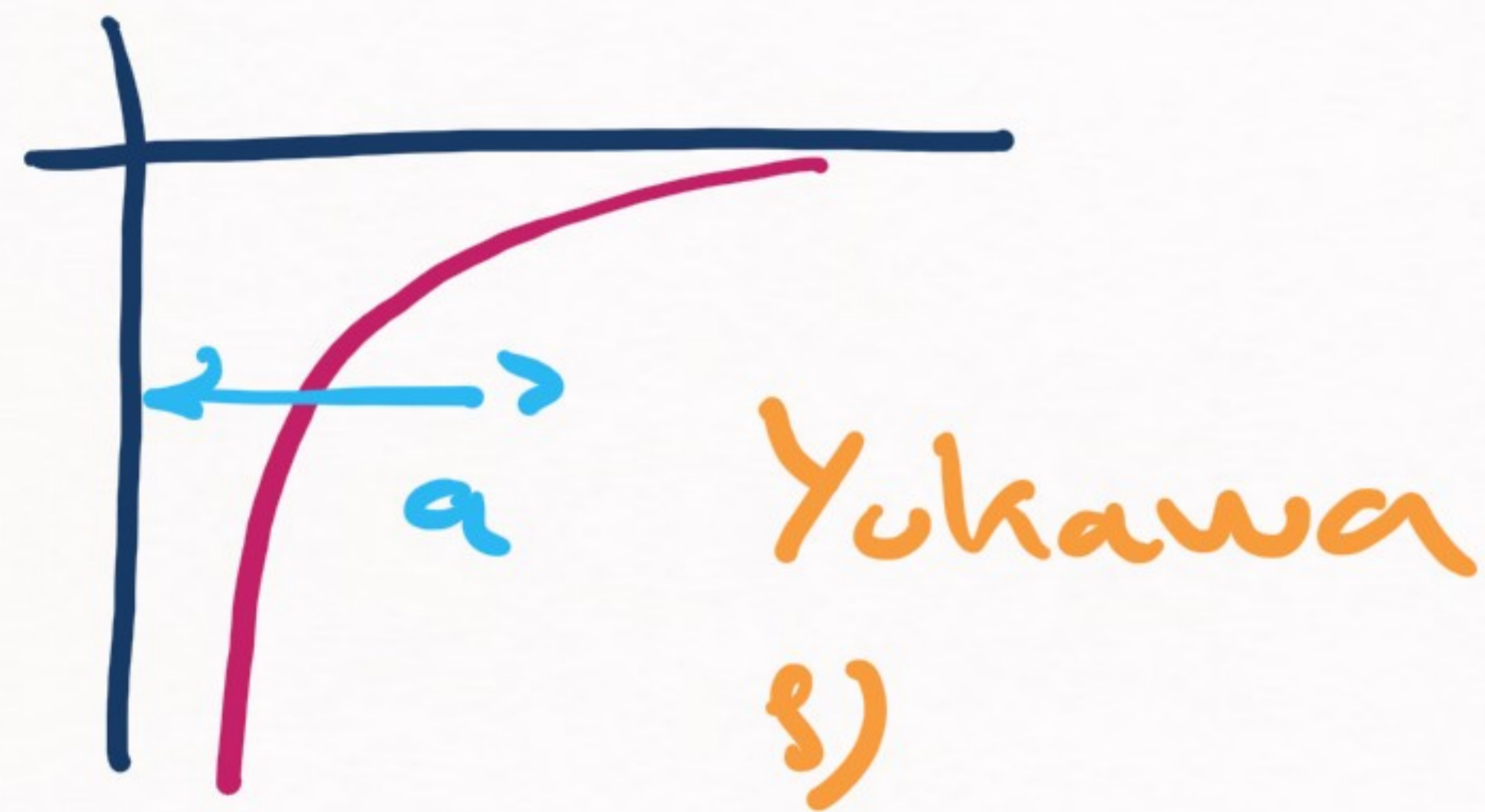
For $r > R_c$ there is almost no difference between $u(r) = \Delta_s e^{-\gamma r}$ (approx. for $mr \gg 1$) and the "true" wave function

$R_c \approx (1-2) \text{ fm}$

Most of the wave function is outside R_c

This means that :
 Connatural system)

if a) is the case ($\gamma \ll m, \frac{1}{\gamma} \gg a$)
 it doesn't matter which
 potential we have



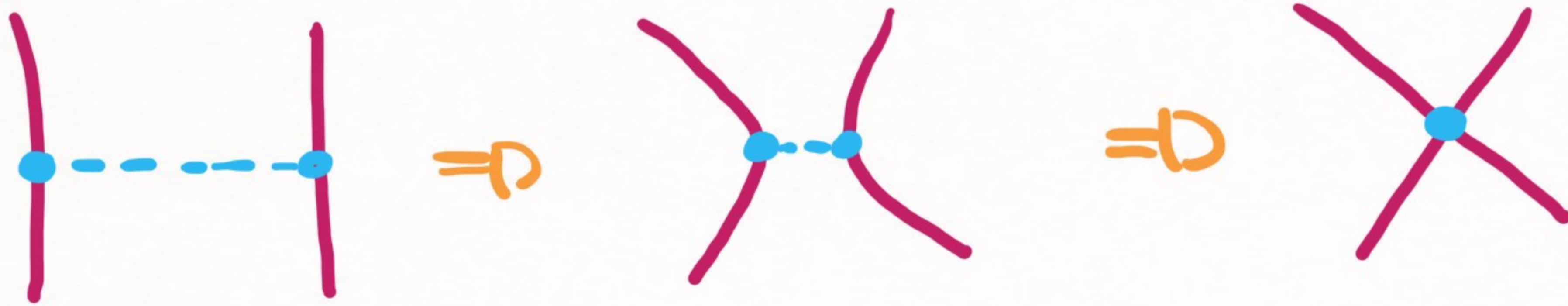
1), 2), 3) \rightarrow All of them will
 give me

$$u(r) \approx A e^{-\gamma r}$$

for $\frac{r}{a} \gg 1$

$$\left(\frac{1}{\gamma} \gg a \right)$$

IF $\frac{\hbar}{\lambda} \gg a$, WE DON'T NEED TO KNOW
THE FORM OF THE POTENTIAL

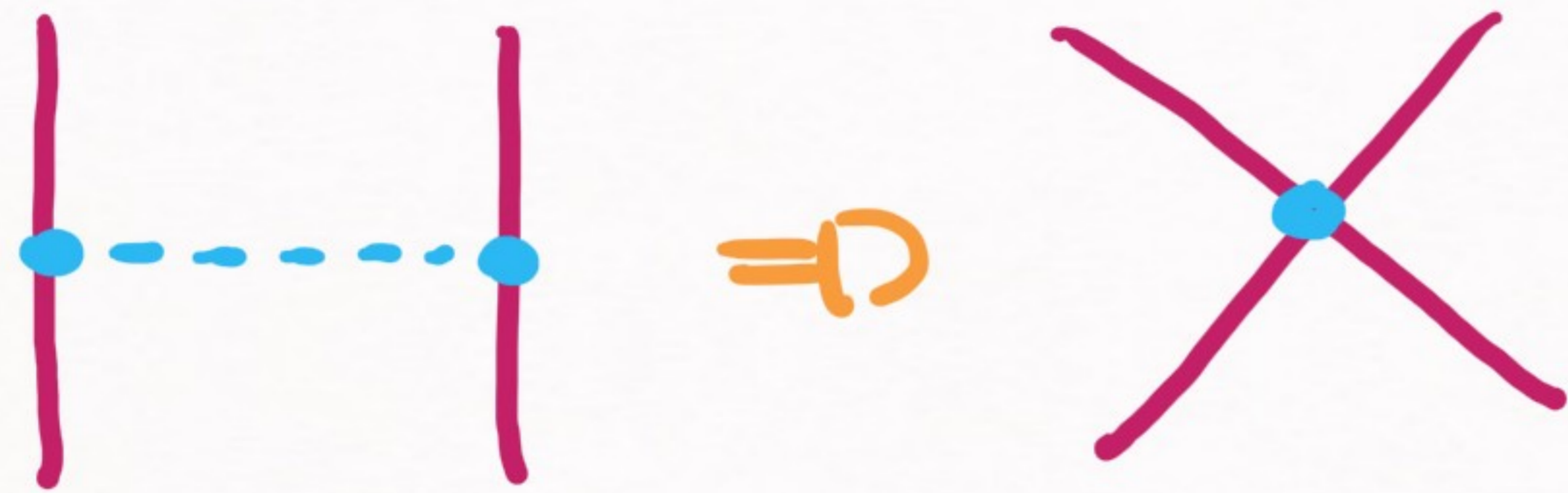


When I reduce the resolution, I won't be able to see which particle is being exchange

$$V(\vec{q}) = -\frac{g^2}{q^2 + m^2} = -\frac{g^2}{m^2} \left[1 - \frac{q^2}{m^2} + \frac{q^4}{m^4} - \frac{q^6}{m^6} + \frac{q^8}{m^8} - \dots \right]$$

$(|\vec{q}|^2 < m^2)$

AT LONG DISTANCES, WE DON'T KNOW
IF TWO PARTICLES EXCHANGE A BOSON (OR NOT)



the universal limit
at low momenta

$$V(\vec{q}) = -\frac{g^2}{\vec{q}^2 + m^2} \Rightarrow V(\vec{q}) = \underline{C_0} + C_2 \vec{q}^2 + C_4 \vec{q}^4 + \dots$$

ANALOGOUS TO $\rightarrow V(r) = -G\mu m P(r)$

$$\Rightarrow \Delta V = mgL \left[1 + c_1 \left(\frac{L}{R}\right) + c_2 \left(\frac{L}{R}\right)^2 + \dots \right]$$

POWER COUNTING

$$\Rightarrow V_{\text{Effective}}(\mathbf{q}) = C_0 + C_2 \bar{q}^2 + C_4 \bar{q}^4 + \dots$$

For $|\underline{\bar{q}}| \ll m$, we expect to have:

$$|C_0| > |C_2 \bar{q}^2| > |C_4 \bar{q}^4| > \dots$$

\Rightarrow At LO this simplifies to:

$$\underline{V_{\omega}(\mathbf{q}) = C_0}$$

\rightarrow Universal low energy approx.

[A PROBLEMATIC POTENTIAL] (1)

$V_{\omega}(\vec{q}) = C_0$ \rightarrow r -space version? \rightarrow Fourier transform the potential

$$V_{\omega}(\vec{r}) = C_0 \int \frac{d^3\vec{q}}{(2\pi)^3} e^{-i\vec{q}\cdot\vec{r}} = C_0 \underbrace{\delta^{(3)}(\vec{r})}$$

Reminder $\delta^{(3)}(\vec{r}) = \begin{cases} \infty, & \vec{r} = 0 \\ 0, & \vec{r} \neq 0 \end{cases}$ Dirac-delta

$$+ \int d^3\vec{r} \delta^{(3)}(\vec{r}) = 1 \quad (\text{3-dimensional Dirac-delta})$$

[A PROBLEMATIC POTENTIAL] (2)

Schrödinger equation: $\left[-\frac{\nabla^2}{\mu} + C_0 \delta^{(3)}(\vec{r}) \right] \psi(\vec{r}) = -\frac{\epsilon^2}{\mu} \psi(\vec{r})$

If $\vec{r} \neq 0 \Rightarrow -\frac{\nabla^2}{\mu} \psi(\vec{r}) = -\frac{\epsilon^2}{\mu} \psi(\vec{r}) \Rightarrow \psi(\vec{r}) = \frac{A_s e^{-\epsilon r}}{\sqrt{4\pi} r}$

↳ Dirac-delta recovers our universal w.f. $\psi(\vec{r})$

(compatible with our previous observations
about the long-distance w.f.)

[A PROBLEMATIC POTENTIAL] ③

But there is something wrong with the Dirac-delta ...

→ The variational principle

$$\left. \begin{array}{l} |\psi_t\rangle \text{ a trial w.f.} \\ (\langle \psi_t | \psi_t \rangle = 1) \end{array} \right\} \Rightarrow \underline{E_B \leq \langle \psi_t | H | \psi_t \rangle}$$

$$\text{For } V(\vec{r}) = C_0 \delta^{(3)}(\vec{r}), \quad \langle \psi_t | H | \psi_t \rangle \rightarrow \underline{\underline{-\infty}}$$

$$\Rightarrow \underline{E_B < -\infty} \Rightarrow$$

Describes a two-body system that collapses

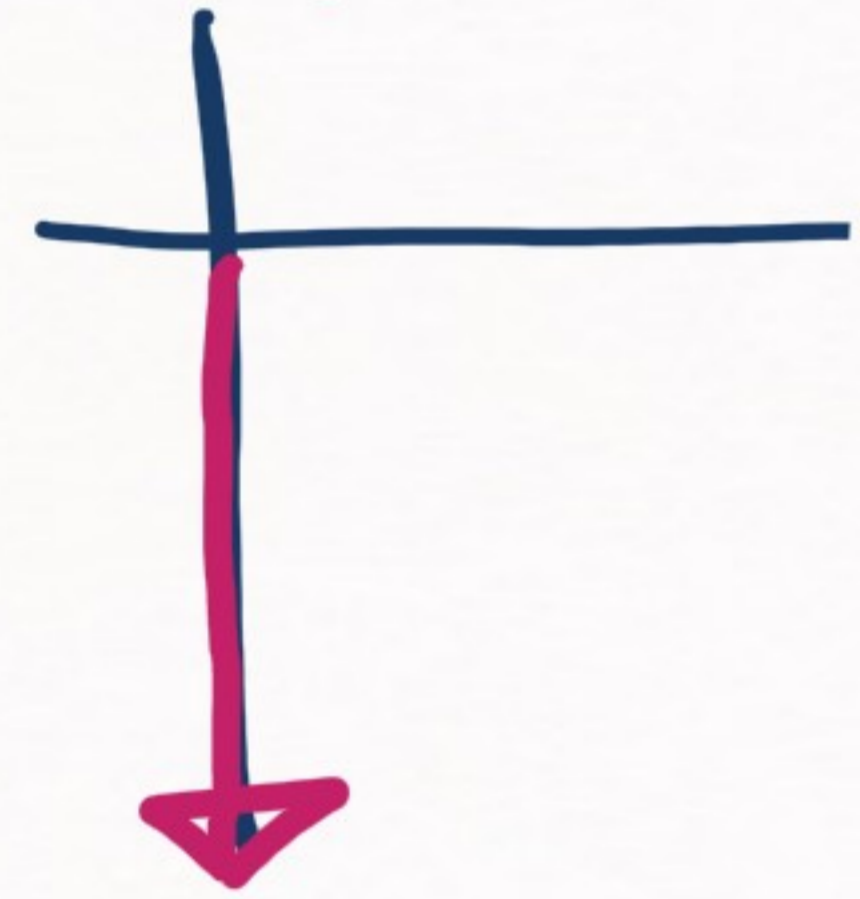
How to solve this?

→ NEW CONCEPT :

REGULARIZATION

$R_c = 0$

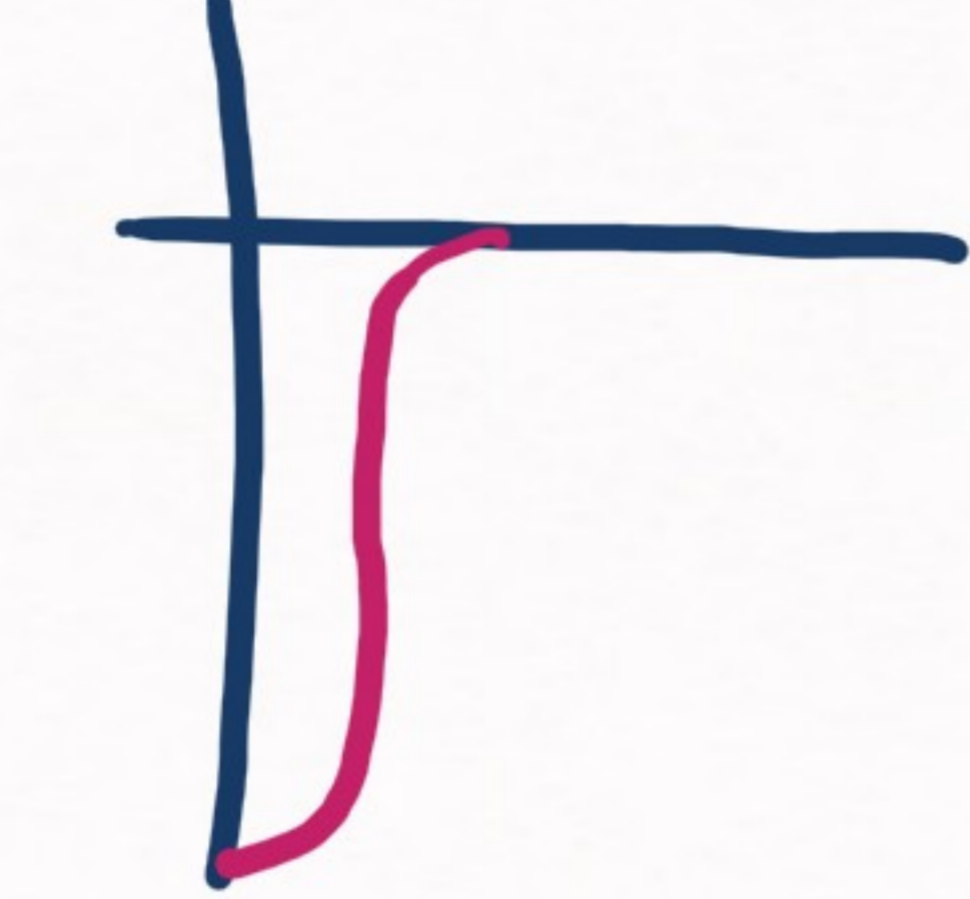
→ ←



=D

$R_c > 0$

→ ←



$$V_{10}(\vec{q}) = C_0$$

$$\Rightarrow V_{10}(\vec{q}; \Lambda) = C_0 \rho\left(\frac{|\vec{q}|}{\Lambda}\right)$$

a) $\rho(x \rightarrow 0) \rightarrow 1$

b) $\rho(x \rightarrow \infty) \rightarrow 0$

Make this potential a bit more broad



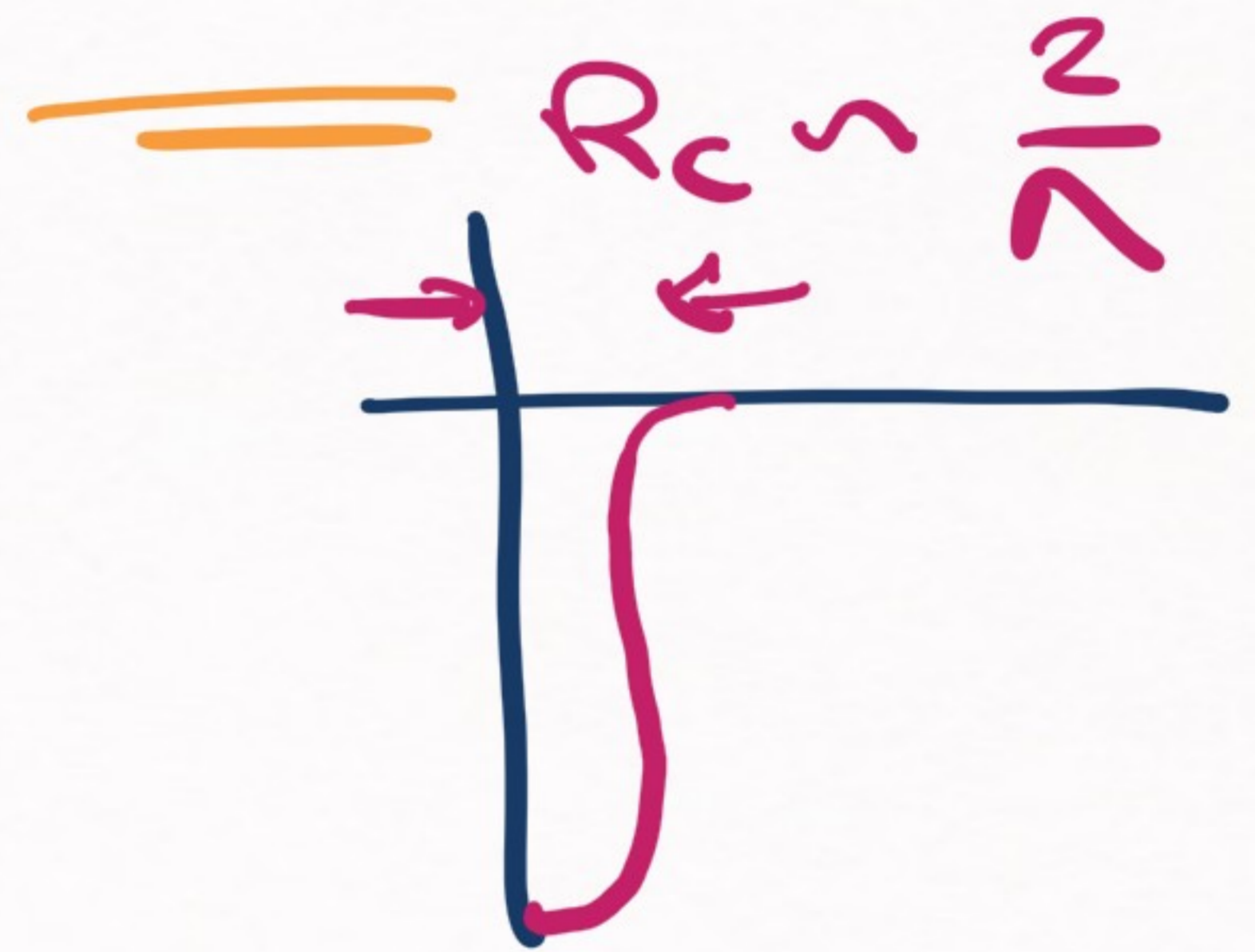
↳ We will "smear" the potential

[REGULARIZATION] \longrightarrow EXAMPLE: $\int \frac{\vec{q}}{\Lambda} = e^{-|\vec{q}|^2/\Lambda^2}$

$V_{\text{LO}}(\vec{q}; \Lambda) = C_0 e^{-(\frac{q}{\Lambda})^2} \longrightarrow V_{\text{LO}}(\vec{r}) = C_0 \frac{\Lambda^3}{8\pi^{3/2}} e^{-\frac{1}{4}(\Lambda^2 r^2)}$

(Gaussian regulator)

Fourier transform



\longrightarrow If $\Lambda \gg \gamma$, the bound state

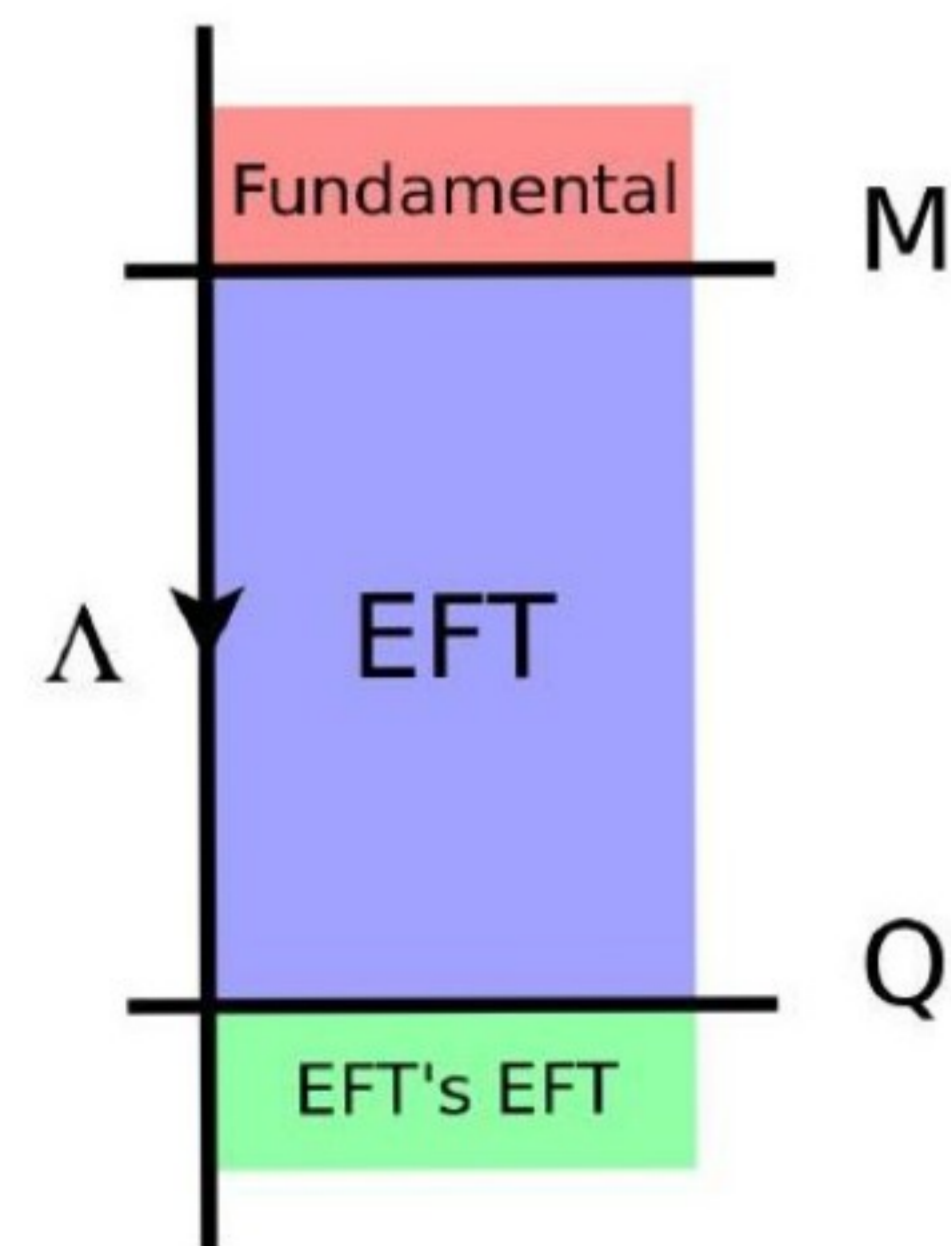
will not notice the difference between the original & regularized potentials

PROBLEM \longrightarrow [Λ is a new parameter]

WHAT WE WANT IS ... RENORMALIZATION \leftarrow Aim

a) Regularization: just include Λ + reg. function to make everything finite

b) But what we want is ... (?)



Physics is unique, but choice of theory depends on resolution Λ :

- ▶ $\Lambda \geq M$: Fundamental
- ▶ $M \geq \Lambda \geq Q$: EFT

For equivalent descriptions:

$$\frac{d}{d\Lambda} \langle \Psi | \mathcal{O} | \Psi \rangle = 0$$

Renormalization group invariance

Hint!
 \leftarrow this condition \rightarrow

What we want to achieve is independence with respect to the cutoff

$\hat{=}$

[How do we renormalize?]

$$a) V_0(r; \Lambda) = \underbrace{C_0(\Lambda)}_{\Downarrow} \frac{\Lambda^3}{8\pi^{3/2}} e^{-\frac{1}{2}\Lambda^2 r^2}$$

Potential is not
an observable
quantity

[Coupling now dependent on Λ] (in DET)

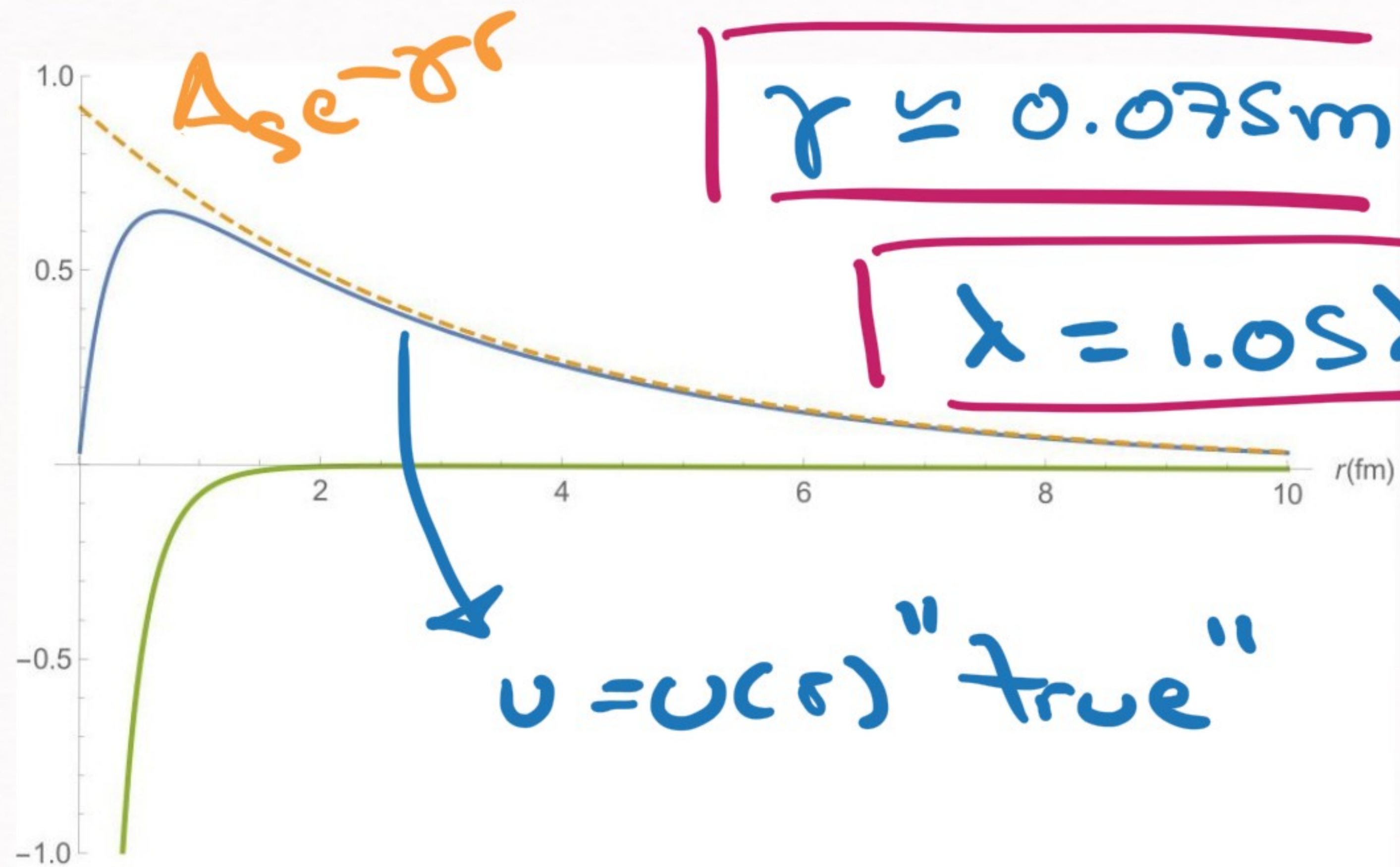
b) We determine $C_0 = C_0(\Lambda)$ from...

$$C(\Lambda) / \gamma(\Lambda) = \gamma_{\text{physical}}$$

$$\text{Eg} = -\frac{\gamma^2}{\mu}$$

$$\Rightarrow \frac{d}{d\Lambda} \gamma = 0 \quad \Leftrightarrow \quad \left| \frac{d}{d\Lambda} \langle \psi | H | \psi \rangle = 0 \right|$$

EXAMPLE → SOLUTION a) OF OUR YUKAWA POTENTIAL

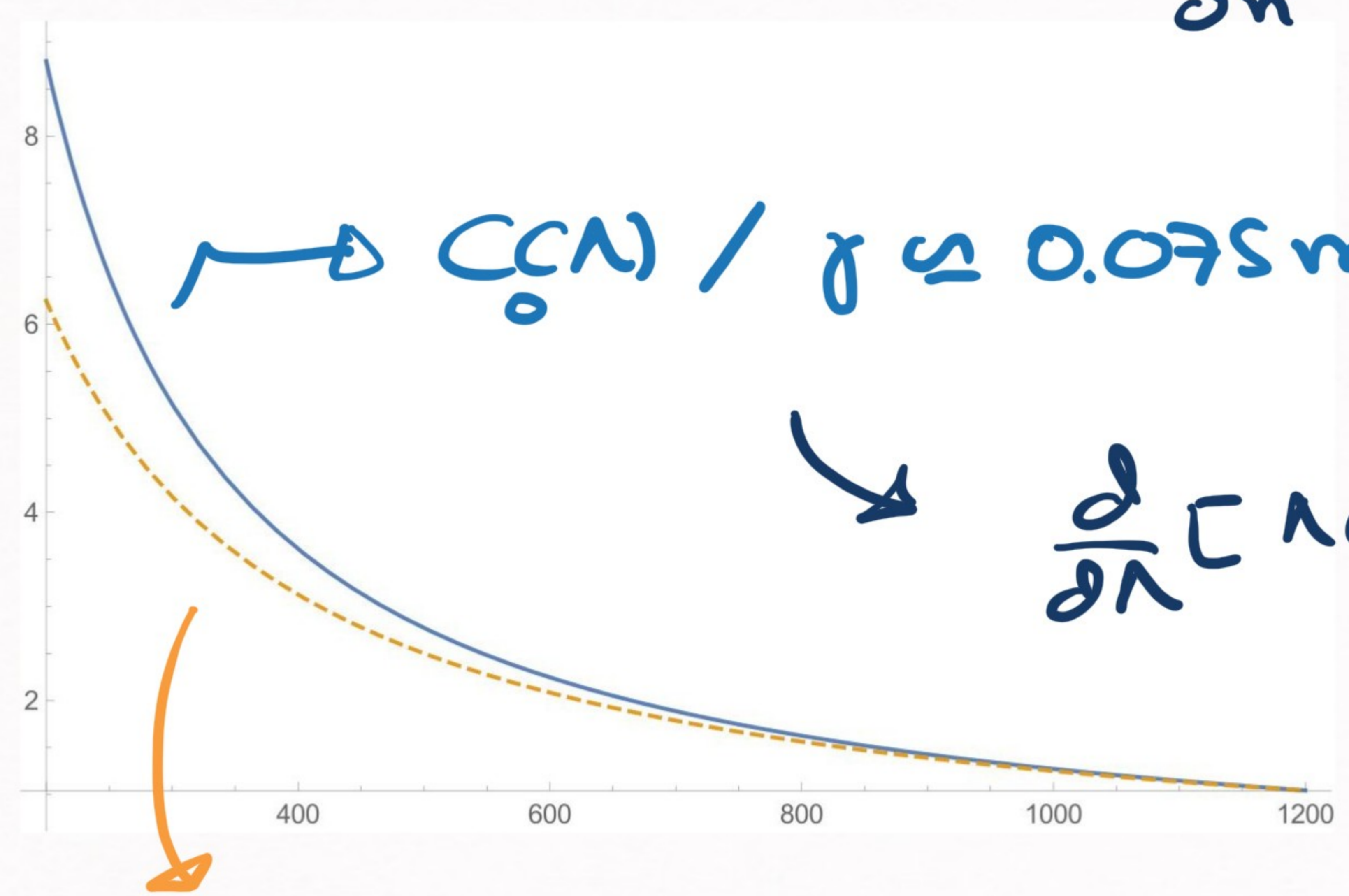


We will try
different Λ

We will reproduce
this bound state
with $V_\omega(r; \Lambda)$

$$V_\omega(r) = C_0(\Lambda) \frac{\Lambda^3}{8\pi^{3/2}} e^{-\frac{1}{2}\Lambda^2 r^2}$$

Now $C_0 = C_0(\Lambda)$ \rightarrow Dependence of the coupling C_0 on the cutoff



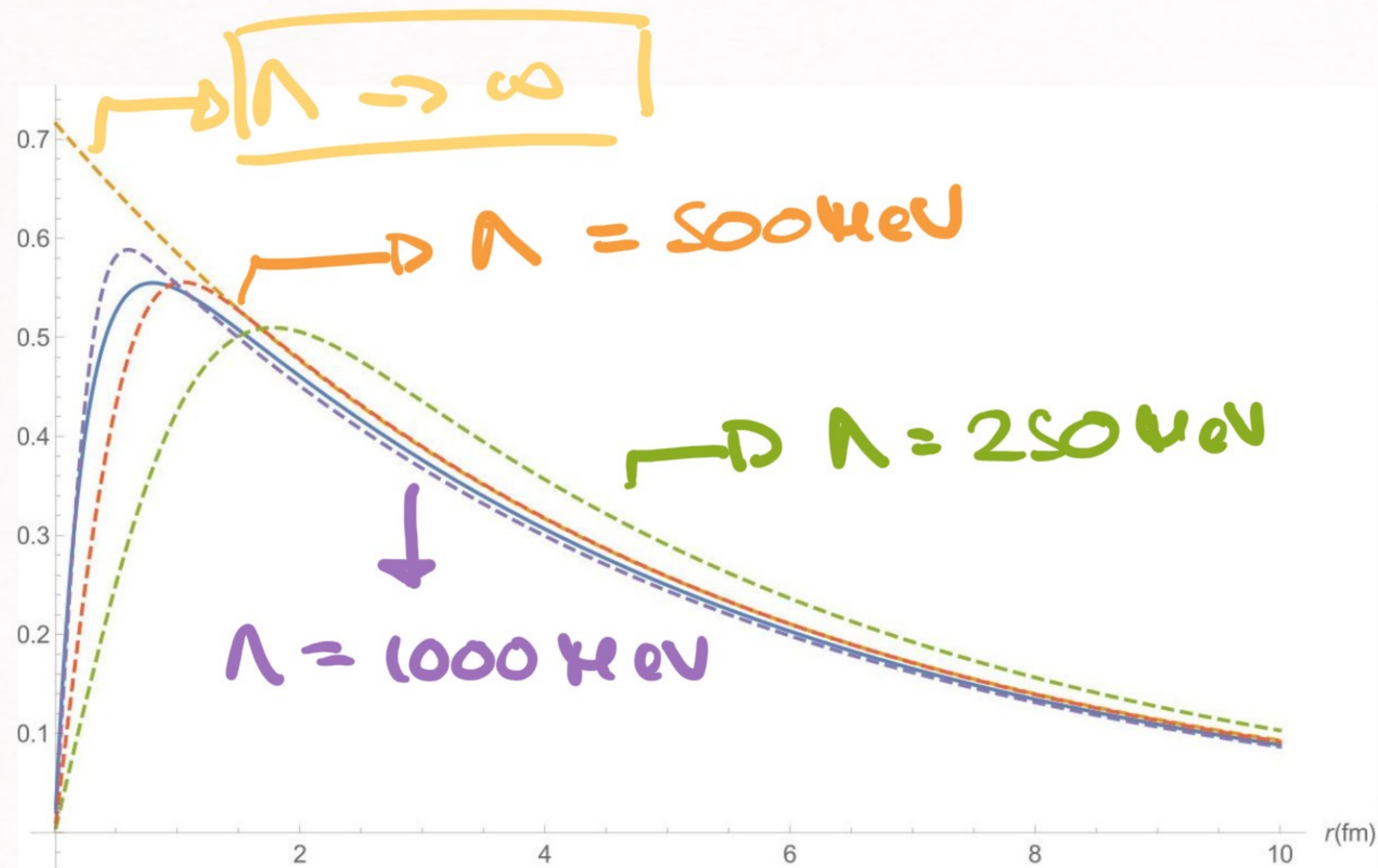
$\rightarrow C_0(\Lambda) / \gamma \approx 0.075 \text{ m}$

$\rightarrow \frac{d}{d\Lambda} [\Lambda C_0(\Lambda)] \approx 0$

\equiv
 \equiv
 (RG Equation)
 \equiv

$C_0(\Lambda) \approx \frac{\text{constant}}{\Lambda}$

[And we can compare the **effective** wave functions to the **real** wave functions]



INDEPENDENTLY
OF THE CUTOFF,
WE GET ABOUT
THE SAME
WAVE FUNCTION

— "real" wave function (Yukawa, $\lambda = 1.05 \lambda_c$)

We see that:

- a) the effective wave functions are similar to the real wave function
→ we don't need to know the true potential
- b) $\Lambda \approx m$ gives best results
→ the cutoff (its value) is not terribly important
- c) for $\Lambda \rightarrow \infty$, we recover → $u(r) = A_0 e^{-\gamma r}$
(expected w.p. for $mr \gg 1$)

==

and this is how effective theory works!



SUMMARY

FOR TWO-BODY SYSTEMS SUCH THAT $\delta \ll m$:

- a) No need to know the true potential
→ we only need an effective potential

$$V_{\text{eff}} = C_0$$

- b) We have to regularize V_{eff} :

$$\left[V_{\text{eff}}(\vec{q}; \Lambda) = C_0 e^{-\left(\frac{q^2}{\Lambda^2}\right)} \right] \text{ (or any other choice)}$$

c) We renormalize the regularized potential

$C_0 \rightarrow C_0(\Lambda) \rightarrow$ make C_0 depend on Λ

+

$$\frac{d}{d\Lambda} \langle \psi | \hat{O} | \psi \rangle = 0 \quad (\text{e.g. } \frac{d}{d\Lambda} \gamma = 0)$$

d) And now we can do the calculations

& describe the system relatively well

(without having to know anything
about the true potential)