

NUCLEAR PHYSICS (8)

a) QUANTUM CHROMODYNAMICS (PART II)

NUCLEONS \rightarrow QUARKS & GLUONS

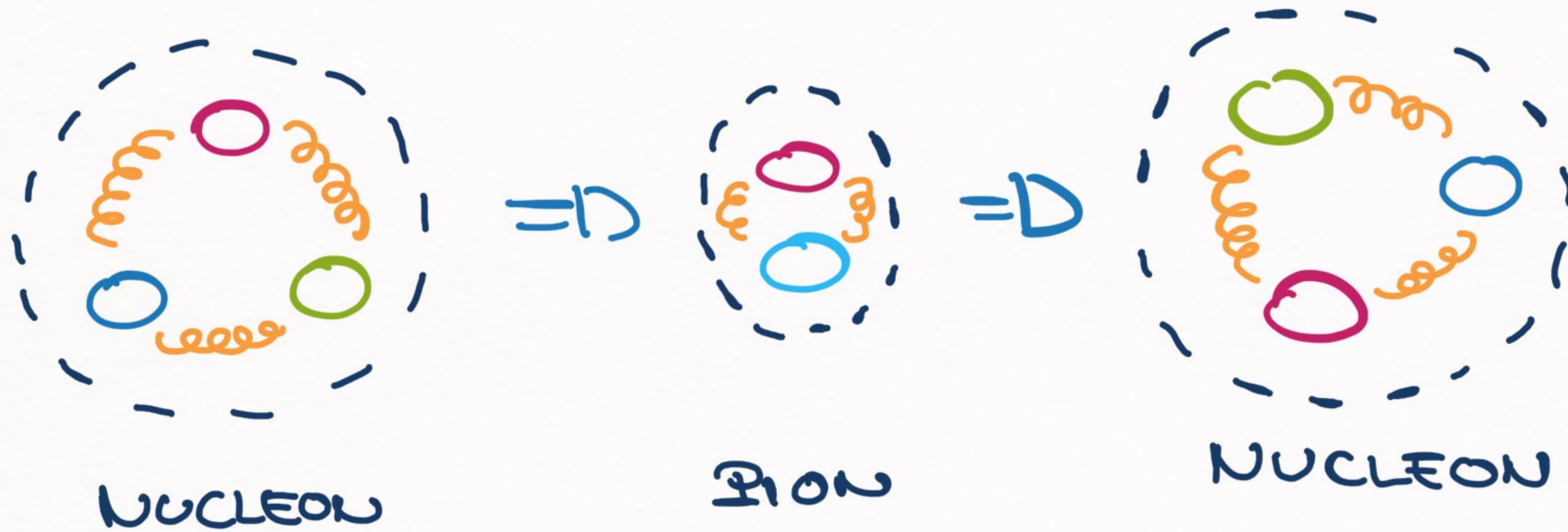
b) RENORMALIZATION & EFFECTIVE FIELD THEORY

NUCLEONS \longleftrightarrow QUARKS & GLUONS

\downarrow
relate these two explanations

RECAP

NUCLEONS NOT FUNDAMENTAL



(QUARK & GLUON)

\Rightarrow When a pion is exchanged between two nucleons then this needs to have an explanation in terms of quarks & gluons

[QUANTUM CHROMODYNAMICS] \Rightarrow THEORY DESCRIBING
QUARKS & GLUONS

IT'S A GAUGE FIELD THEORY! \rightarrow RECAP

JUST LIKE QED

WE CAN GAIN INSIGHT INTO QCD } \rightarrow PREVIOUS
BY STUDYING QED LESSON

→ QED is a simplified version of QCD

QED → gauge theory → U(1) symmetry
QCD → gauge theory → SU(3) symmetry } ②

→ How DOES THIS WORKS THEN? ③ → main difference between QED & QCD

a) Begin w/ Dirac field

$\psi(x) \rightarrow e^{ie\alpha} \psi(x)$ symmetry

b) Make the symmetry local

$\psi(x) \rightarrow e^{ie\alpha(x)} \psi(x)$ now local

c) Modify Dirac's theory to be invariant under the local symmetry

c.1) Include a new field $\rightarrow A_\mu$ (vector field)
 $A_\mu \xrightarrow{U(1)} A_\mu + \partial_\mu \alpha$ (gauge transformation)

c.2) Define a new type of derivative

~~∂_μ~~ $\rightarrow D_\mu \equiv \partial_\mu - ie A_\mu$
(covariant derivative)

c.3) Complete the theory with a kinetic term
for the new field Δ_μ

$$\rightarrow F_{\mu\nu} = \partial_\mu \Delta_\nu - \partial_\nu \Delta_\mu \quad F_{\mu\nu} \xrightarrow{U(1)} F_{\mu\nu}$$

$$\rightarrow F_{\mu\nu} F^{\mu\nu} \xrightarrow{U(1)} F_{\mu\nu} F^{\mu\nu} \quad \left\{ \rightarrow \text{only contains derivatives of the field } \Delta_\mu \right.$$

$$\rightarrow \mathcal{L}_{\text{Dirac}} = \bar{\psi}(i\not{D} - m)\psi + \lambda F_{\mu\nu} F^{\mu\nu}$$

\rightarrow Determine λ from some condition

$$\boxed{\lambda = -\frac{1}{4}}$$

probably
contains
a kinetic
term

[How DO WE GO FROM QED TO QCD?]

1) First, let's see the Dirac Lagrangian:

\Rightarrow Quarks come in different types (flavor)

u, d, s, c, b, t

Now: ($n_F = 6$)

Before

$$\mathcal{L}_{e^-} = \bar{\psi}(i\not{\partial} - m)\psi$$

(only 1 type of field)



$$\mathcal{L}_{\text{quarks}} = \sum_{j=1}^{n_F} \bar{q}_j (i\not{\partial} - m_j) q_j$$

2) Now we add a global symmetry (e.g. $U(1)$ before in QED)

\Rightarrow Quarks also have an additional property

called COLOR $\rightarrow J = 3/2$

How do we know this? $\rightarrow \Delta$ isobar (a hadron)

$$|\Delta^{++}(J = \frac{3}{2}, M = \frac{3}{2})\rangle = |u\uparrow \quad u\uparrow \quad u\uparrow\rangle \quad \begin{matrix} e_u = +\frac{2}{3} \\ \downarrow \\ 3e_u = +? \end{matrix}$$

PROBLEM:

Quarks are fermions
(antisymmetric w.r.t.)

$$M = \sum_j m_j$$
$$\frac{3}{2} = \frac{1}{2} + \frac{1}{2} + \frac{1}{2}$$

completely symmetric

How do we solve this problem? → include a new quantum number

$$|\Delta^{++}, \frac{3}{2}, \frac{3}{2}\rangle = \epsilon_{abc} |u_a \uparrow u_b \uparrow u_c \uparrow\rangle$$

→ $a, b, c = 1, 2, 3$ or R, G, B

→ ϵ_{abc} is the Levi-Civita symbol

WE CALL IT
COLOR

⇒ The wave function is antisymmetric now!

$$\epsilon_{abc} = -\epsilon_{bac} = -\epsilon_{acb} = \dots$$

(completely antisymmetric)

[WHICH GLOBAL SYMMETRY?] $\textcircled{1}$ $U \rightarrow (\underline{U}_R \underline{U}_G \underline{U}_B)$

$\in abc | g_a g_b g_c \rangle \longrightarrow \in abc | \underline{g}_a \underline{g}_b \underline{g}_c \rangle \Rightarrow \textcircled{1}$

Group

$$(\bar{g}_a \bar{g}_b \bar{g}_c) \begin{pmatrix} g_a \\ g_b \\ g_c \end{pmatrix} \rightarrow (\underline{g}_a \underline{g}_b \underline{g}_c) \begin{pmatrix} \underline{g}_a \\ \underline{g}_b \\ \underline{g}_c \end{pmatrix}$$

$$\begin{pmatrix} g_a \\ g_b \\ g_c \end{pmatrix} \rightarrow \underline{U} \begin{pmatrix} g_a \\ g_b \\ g_c \end{pmatrix}$$

b) $\Rightarrow U^\dagger U = \underline{1}_{3 \times 3}$

$\in abc \rightarrow \det U \in abc$

a) U is a 3x3 matrix

c) $\textcircled{1} \Rightarrow$

$\det U = 1$

(trivial) $\rightarrow \exists$ three "colors"

[WHICH GLOBAL SYMMETRY?] ②

a) U is a 3×3 matrix $\underline{SU(3)} = \{ U \in GL(3, \mathbb{C}), U^\dagger U = \mathbb{1}, \det U = 1 \}$

b) $U U^\dagger = \mathbb{1}_{3 \times 3}$

c) $\det U = 1$

$\underline{GL(n, \mathbb{C})}$ → general linear group

(I might have cheated with this one)

($\forall n \times n$ complex matrices)

heuristic derivations are not rigorous (caveat)

[NOW, WE MAKE THIS SYMMETRY LOCAL] ②

$$\begin{pmatrix} \psi_a \\ \psi_b \\ \psi_c \end{pmatrix} \rightarrow \underline{U(x)} \begin{pmatrix} \psi_a \\ \psi_b \\ \psi_c \end{pmatrix} \rightarrow \text{Everything is a matrix now}$$

a) $U(1)$: $U(x) = e^{i\alpha(x)}$ \rightarrow Complex numbers are just the $U(1)$ group

b) $SU(2)$: \Rightarrow group for the rotations of a spin- $1/2$ particle

\Rightarrow $U(x) = e^{i(\vec{\alpha} \cdot (x)) \cdot \vec{\sigma}}$ \rightarrow Pauli matrices: $[\sigma_i, \sigma_j] = i\epsilon_{ijk}\sigma_k$

$$\vec{\alpha} = \alpha \hat{n}$$

$$\vec{\alpha}(x) = (\alpha_1(x), \alpha_2(x), \alpha_3(x))$$

$$U(x) = \mathbb{1}_{2 \times 2} \cos(\alpha) + i(\hat{n} \cdot \vec{\sigma}) \sin(\alpha)$$

c) $SU(3)$: How we make the extension to this group?

$$U(\alpha) = e^{i\vec{\alpha} \cdot \alpha \cdot \vec{\sigma}} \quad \Rightarrow \quad U(\alpha) = e^{i\alpha_a G_a t_a}$$

2×2 matrix 3×3 matrix

$$\alpha = 1, \dots, 8$$

$t_a \rightarrow 8$ matrices
called the $SU(3)$
"generators"

$$[\sigma_i, \sigma_j] = i \epsilon_{ijk} \sigma_k$$



$$[t_b, t_c] = i \underline{f_{abc}} t_c$$

structure constants

$$f_{abc} = -f_{acb}$$

If you ever
studied
Lie groups,
then this
sounds
familiar

[COMMENT ABOUT NOTATION]

Usually we don't use t_a but $\lambda_a = \frac{t_a}{2}$

$$\left[\frac{\lambda_b}{2}, \frac{\lambda_c}{2} \right] = i \beta_{abc} \frac{\lambda_a}{2}$$

We will concentrate on these

=D From now on we use λ_a

[EXTRA NOTE] $\rightarrow U(x) = \exp(i \alpha_a(x) \frac{\lambda_a}{2}) = 1 + \frac{1}{2} i \alpha_a t_a$
+ corrections

[WE KEEP MAKING THIS SYMMETRY LOCAL] ②

$$\begin{pmatrix} \psi_a \\ \psi_b \\ \psi_c \end{pmatrix} \rightarrow \left(1 + ig \alpha_a(x) \frac{\lambda_a}{2} \right) \begin{pmatrix} \psi_a \\ \psi_b \\ \psi_c \end{pmatrix} \quad (\text{infinitesimal transformation})$$

↳ convenient notation

1) Include a new field:

$$\begin{matrix} A_\mu \rightarrow A_\mu + \partial_\mu \alpha \\ \text{U(1)} \end{matrix} \Rightarrow \begin{matrix} A_\mu^a \rightarrow A_\mu^a + \partial_\mu \alpha^a + \\ \text{SU(3)} \end{matrix} \quad g f_{abc} A_\mu^b A_\nu^c$$

2) Include a new type of derivative

$$\cancel{\partial_\mu} \rightarrow D_\mu \equiv \partial_\mu - ie A_\mu \Rightarrow \cancel{\partial_\mu} \rightarrow D_\mu \equiv \partial_\mu - ig \frac{\lambda_a}{2} A_\mu^a$$

3) Define the kinetic term

$$\left. \begin{aligned}
 F_{\mu\nu} &= \partial_\mu \Delta_\nu - \partial_\nu \Delta_\mu \\
 F_{\mu\nu} &\xrightarrow{U(1)} F_{\mu\nu} \\
 F_{\mu\nu} F^{\mu\nu} &\xrightarrow{U(1)} F_{\mu\nu} F^{\mu\nu}
 \end{aligned} \right\} \Rightarrow$$

$$\begin{aligned}
 F_{\mu\nu}^a &= \partial_\mu \Delta_\nu^a - \partial_\nu \Delta_\mu^a \\
 &\quad + g \delta^{abc} \Delta_\mu^b \Delta_\nu^c \\
 F_{\mu\nu}^a &\xrightarrow{SU(3)} F_{\mu\nu}^a - \delta^{abc} \alpha_b F_{\mu\nu}^c \\
 &\quad \text{antisymmetric} \\
 \underline{F_{\mu\nu}^a F^{\mu\nu a}} &\xrightarrow{SU(3)} \underline{F_{\mu\nu}^a F^{\mu\nu a}}
 \end{aligned}$$

$$\lambda F_{\mu\nu} F^{\mu\nu} \quad (\lambda = -1/4)$$

$$\lambda F_{\mu\nu a} F^{\mu\nu a} \Rightarrow \lambda = -\frac{1}{5}$$

4) Add the kinetic term:

$$\mathcal{L} = \bar{\psi}(i\not{D} - m)\psi - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} \quad U(1)$$



Photons

$$\mathcal{L} = \sum_{j=1}^{n_F} \bar{q}_j (i\not{D} - m_j) q_j - \frac{1}{4} F_{\mu\nu}^a F^{\mu\nu a} \quad SU(3)$$

Gluons

SUMMARY

[QCD is just a complicated version of QED]



However, besides n_f (flavors)
and n_c (colors) there will be
a very important difference
between QCD & QED

QCD \neq QED

→ There is a fundamental difference between QCD & QED

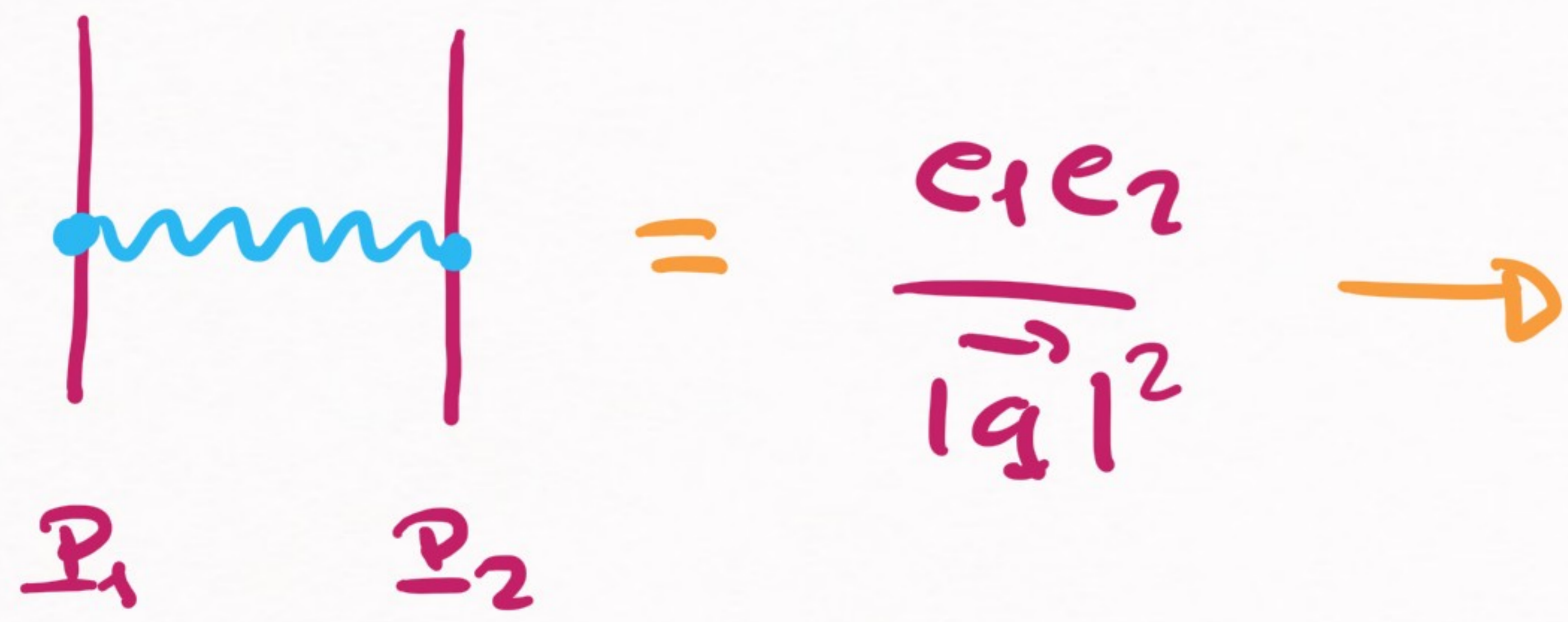
→ ASYMPTOTIC FREEDOM

→ Strength of QCD decreases at short distances
(increases at long distances)
(contrary to what happens in QED)

QED & LOOPS | \rightarrow simpler version

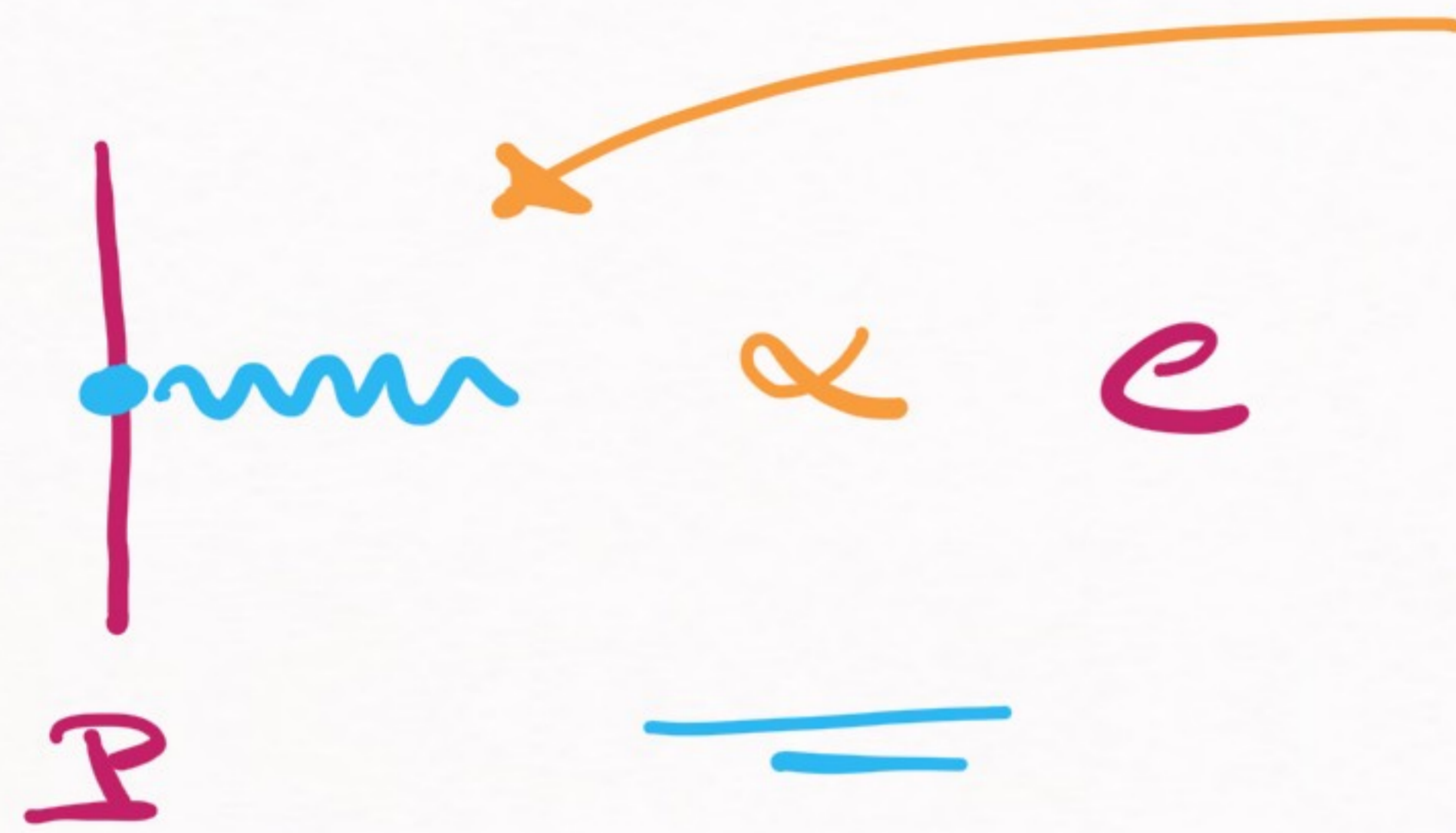
How does the strength of QED change with energy?

COULOMB



Strength seems to be always $e_1 e_2$

[WE CAN CONSIDER THE VERTEX :]



← in QFT
(more compact notation)

$$\left[\langle P \gamma | H | P \rangle = -ie \frac{1}{\sqrt{2\omega}} e^{-i\vec{q} \cdot \vec{r}} \vec{E}_\lambda(\vec{q}) \text{ in QM} \right]$$

(both equivalent ways to understand the vertex function)

[BUT THERE ARE QUANTUM CORRECTIONS
TO THE VERTEX...]

$$| \text{---} + \text{---} + \dots = \text{---} (g^2)$$

[EQUIVALENTLY] \Rightarrow $\boxed{e = e(g^2)} \rightarrow \boxed{\alpha = \alpha(g^2)}$

$$\alpha = \frac{e^2}{4\pi}$$

(effective parametrization of
the previous sum of
amplitudes)

[NOW, LOOK CAREFULLY] \rightarrow We use a first order calculation of previous sum

$$\alpha(q^2) = \frac{\alpha(\mu^2)}{1 - \frac{\alpha(\mu^2)}{3\pi} \log\left(\frac{q^2}{\mu^2}\right)}$$

\Rightarrow

$$\boxed{\alpha(q^2) > \alpha(\mu^2)} \\ \text{for } q^2 > \mu^2$$

That is, the strength of the electromagnetic α interaction increases with energy

[KEEP LOOKING CAREFULLY]

$$\alpha(m_e^2) \approx \frac{1}{137} \quad \text{but} \quad \exists \Lambda_0 / \alpha(\Lambda_0^2) \rightarrow \infty$$

$$\Rightarrow \left[\Lambda_0 = m_e \exp\left(\frac{3\pi}{2\alpha}\right) \approx \underline{10^{280} \text{ keV}} \right]$$

At this scale, the electromagnetic force diverges

LANDAU POLE

QCD \Rightarrow SIMILAR EFFECT



But something different happens...

It will become weaker as the energy grows
(contrary situation as w/ QED)

[QCD : RUNNING OF THE STRONG COUPLING]

$$\alpha_s(q^2) = \frac{\alpha_s(\mu^2)}{1 + \frac{\alpha_s(\mu^2)}{32\pi} (33 - 2n_f) \log\left(\frac{q^2}{\mu^2}\right)} \Rightarrow \textcircled{*}$$

$\alpha_s(q^2)$

QCD equivalent of $\alpha(q^2)$ in QED

$\textcircled{*} \Rightarrow \left[\begin{array}{l} \alpha_s(q^2) < \alpha_s(\mu^2) \\ q^2 > \mu^2 \end{array} \right] \rightarrow \text{grows weaker w/ energy}$

Pole in $\alpha_s(q^2)$ \leftarrow "Equivalent" of Landau pole

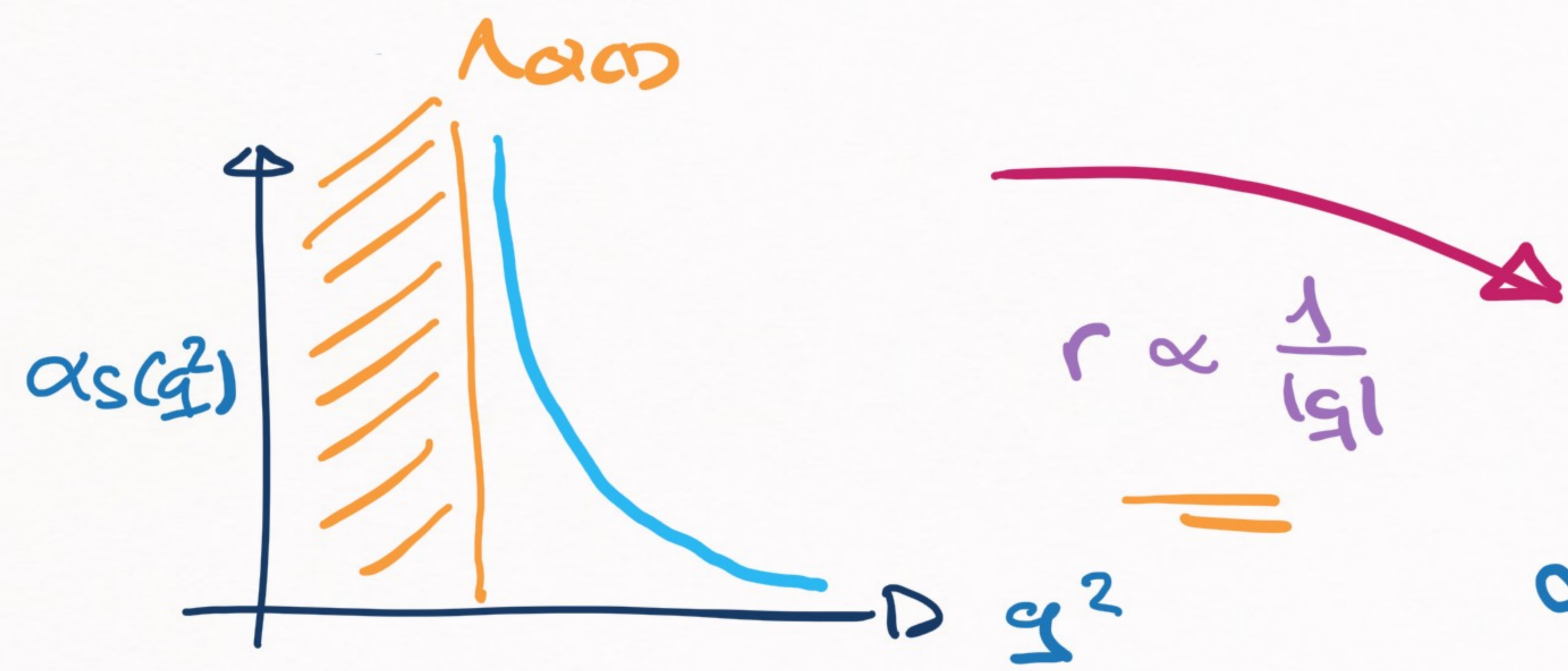
$$\alpha_s(\Lambda_{QCD}^2) \rightarrow \infty \quad \text{with} \quad \Lambda_{QCD} = \mu \exp\left[-\frac{12\pi}{(33-2n_f)\alpha_s(\mu^2)}\right]$$

We can rewrite $\alpha_s(q^2)$ as \Rightarrow

$$\alpha_s(q^2) = \frac{12\pi}{(33-2n_f) \log\left(\frac{q^2}{\mu^2}\right)}$$

$\Lambda_{QCD} \sim (200 - 350) \text{ MeV}$

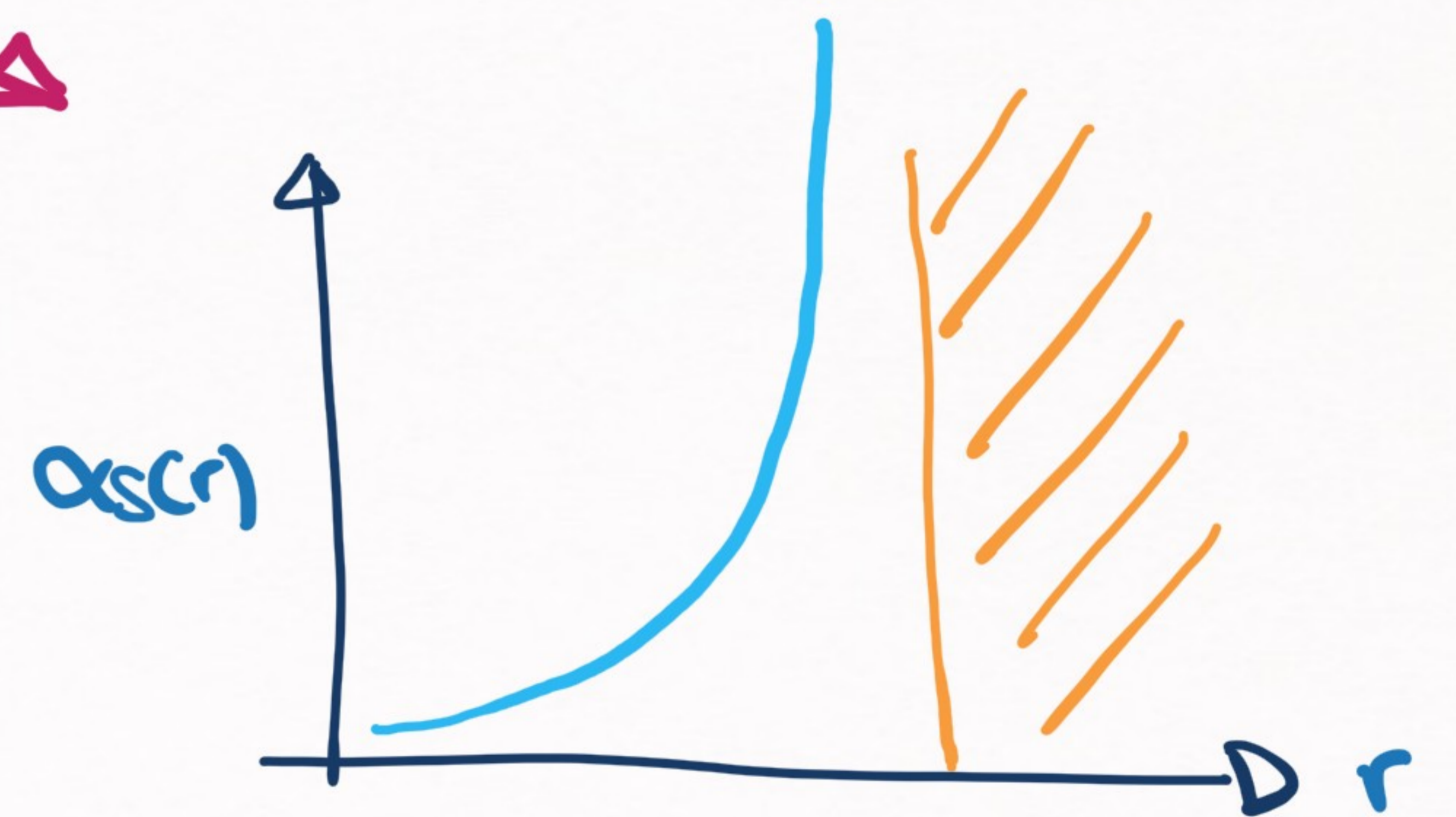
[INTERPRETATION OF Λ_{QCD}]



$$r \propto \frac{1}{|q|}$$

PROBLEM

$\frac{1}{\Lambda_{QCD}} \sim O.S.P.m$



net solvable

QCD is solvable w/ perturbation theory

QCD solvable

not solvable

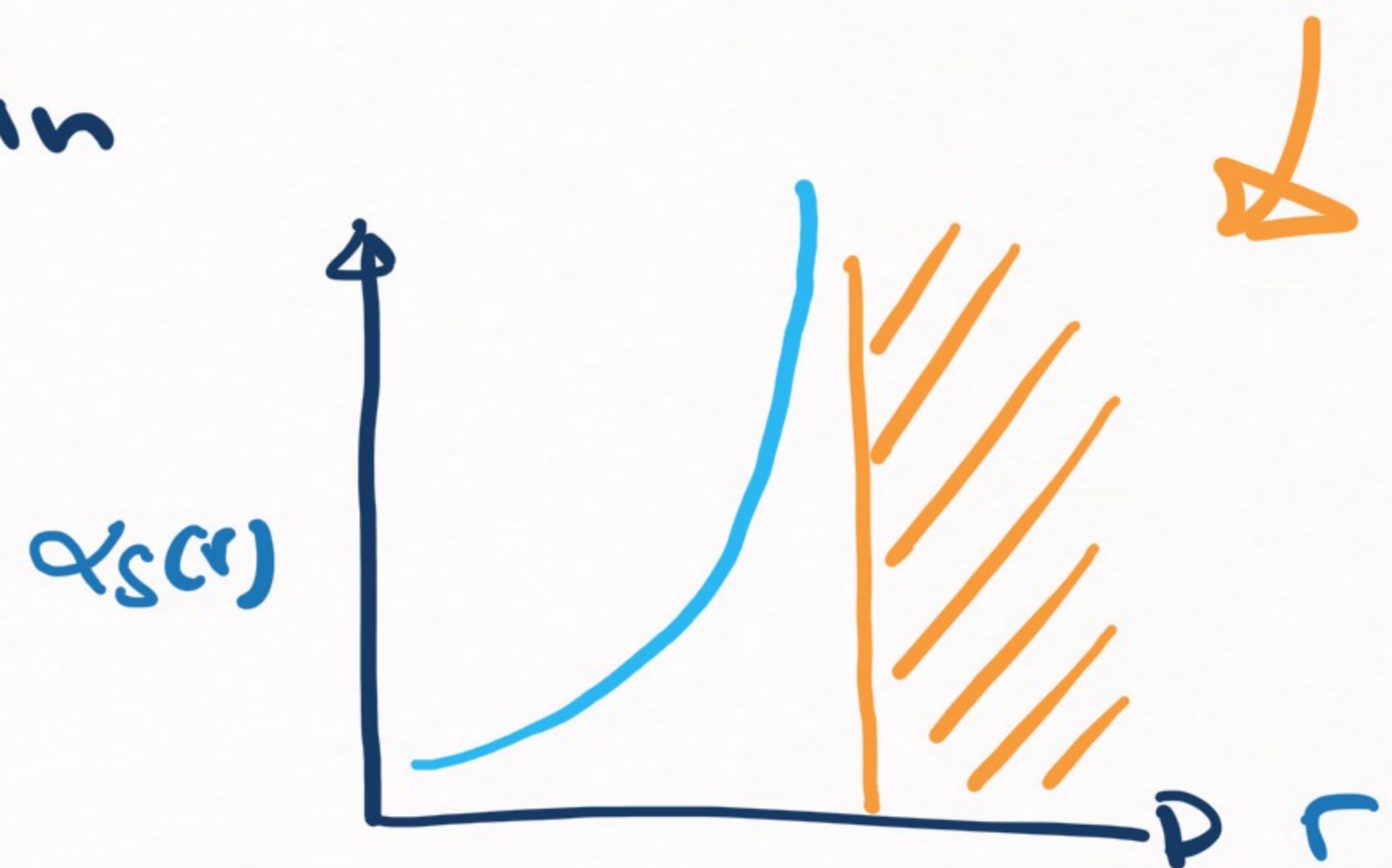
[AND ... THIS IS REALLY PROBLEMATIC]

NUCLEON SIZE \rightarrow 0.85 fm

\rightarrow Lies in the region where QCD is not solvable



It will be difficult to explain nuclear physics from QCD



BUT ON THE BRIGHT SIDE

1) Λ_{QCD} is special \Rightarrow Natural scale of QCD

(We can explain lots of things from Λ_{QCD})

2) Though, not the only scale: u, d, s, c, b, t

$m_u, m_d, m_s < \Lambda_{QCD} < m_c, m_b, m_t$

Λ_{QCD} & SYMMETRIES

HIERARCHY:

$$m_u, m_d, m_s < \Lambda_{QCD} < m_c, m_b \text{ (, mt)}$$

New symmetry:

CHIRAL SYMMETRY

Another new symmetry:

HEAVY QUARK SYMMETRY

BOTH ARE
REALLY USEFUL

this quark does
not hadronize
(decays too fast)
↑

LIGHT SECTOR & Λ_{QCD}

$$\Rightarrow m_u, m_d \ll \Lambda_{QCD}$$

$$\left. \begin{aligned} m_u &\sim 2 \text{ MeV} \\ m_d &\sim 5 \text{ MeV} \\ \Lambda_{QCD} &\sim 300 \text{ MeV} \end{aligned} \right\}$$

1) mass of the ρ meson ($u\bar{d} \rightarrow \rho^+$) $m_\rho \sim 770 \text{ MeV}$

$$m_\rho \neq m_u + m_d \rightarrow m_\rho \lesssim 2\Lambda_{QCD} \lesssim 600 \text{ MeV} \\ \text{(acceptable)}$$

2) mass of the nucleon ($uud \rightarrow p$) $m_N \sim 940 \text{ MeV}$

$$m_p \neq 2m_u + m_d \rightarrow m_p \lesssim 3\Lambda_{QCD} \lesssim 900 \text{ MeV} \\ \text{(acceptable)}$$

3) mass of the D-meson ($c\bar{u}$)

$$m(D) \simeq 1.8 \text{ GeV}$$

$$m_c \simeq 1.2 \text{ GeV}$$

$$m(D) \neq m_u + m_c$$

$$\simeq 1.2 \text{ GeV} \Rightarrow$$

$$m(D) = m_c + m_u + 2\Lambda_{QCD}$$

$$\simeq 1.8 \text{ GeV}$$

(acceptable)

MORAL:

Λ_{QCD} actually provides non-trivial
information about QCD dynamics

[EXCEPTION: THE PION] \rightarrow very interesting exception

4) mass of the pion ($u\bar{d} \rightarrow \pi^+$) $m_\pi \approx 140 \text{ MeV}$

~~$m_\pi \approx m_u + m_d$~~
doesn't work \Rightarrow

~~$m_\pi \approx 2\Lambda_{\text{QCD}} \approx 600 \text{ MeV}$~~
doesn't work either

$$\frac{m_\pi}{2\Lambda_{\text{QCD}}} \sim \frac{1}{4}, \quad \frac{m_\pi}{m_p} \sim \frac{1}{6} \Rightarrow \text{fine-tuning}$$

[FINE-TUNING OF THE PION MASS]

\Rightarrow pion mass much smaller than expected

QUESTION: a) Is this a coincidence?

b) Or is this a conspiracy?]

It is a symmetry
(CHIRAL SYMMETRY)

$$\left(\frac{m_u}{\Lambda_{QCD}}, \frac{m_d}{\Lambda_{QCD}} \ll 1 \right)$$

RECAP

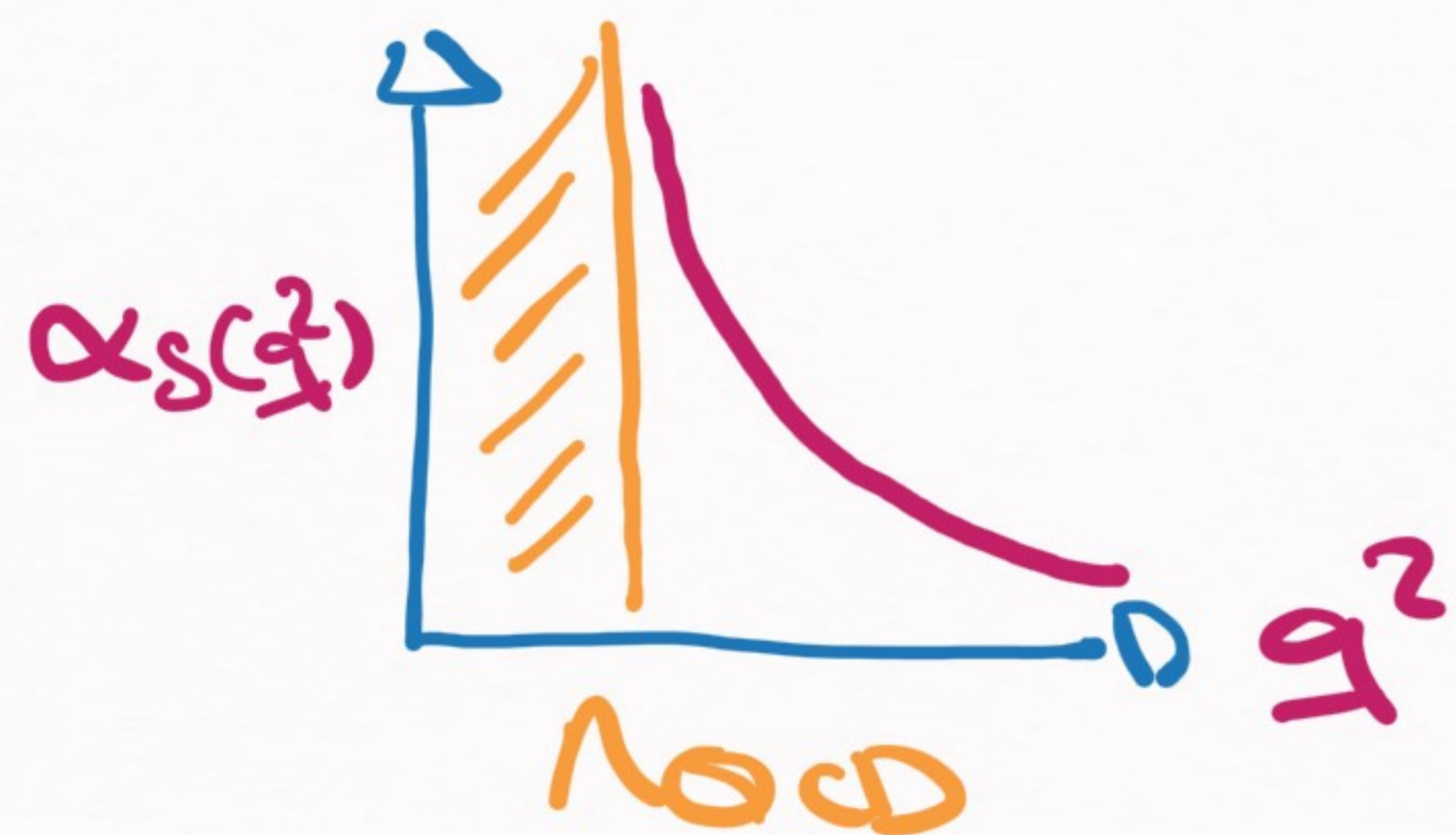
1) Hadron \rightarrow Quarks & Gluons

This type of explanation would be wonderful

2) Quarks & Gluons \rightarrow Explained by QCD

We can try to explain hadrons
in terms of QCD

3) QCD \rightarrow Asymptotic Freedom



\Rightarrow

We can't use techniques such as perturbation theory to explain hadrons in terms of quarks & gluons

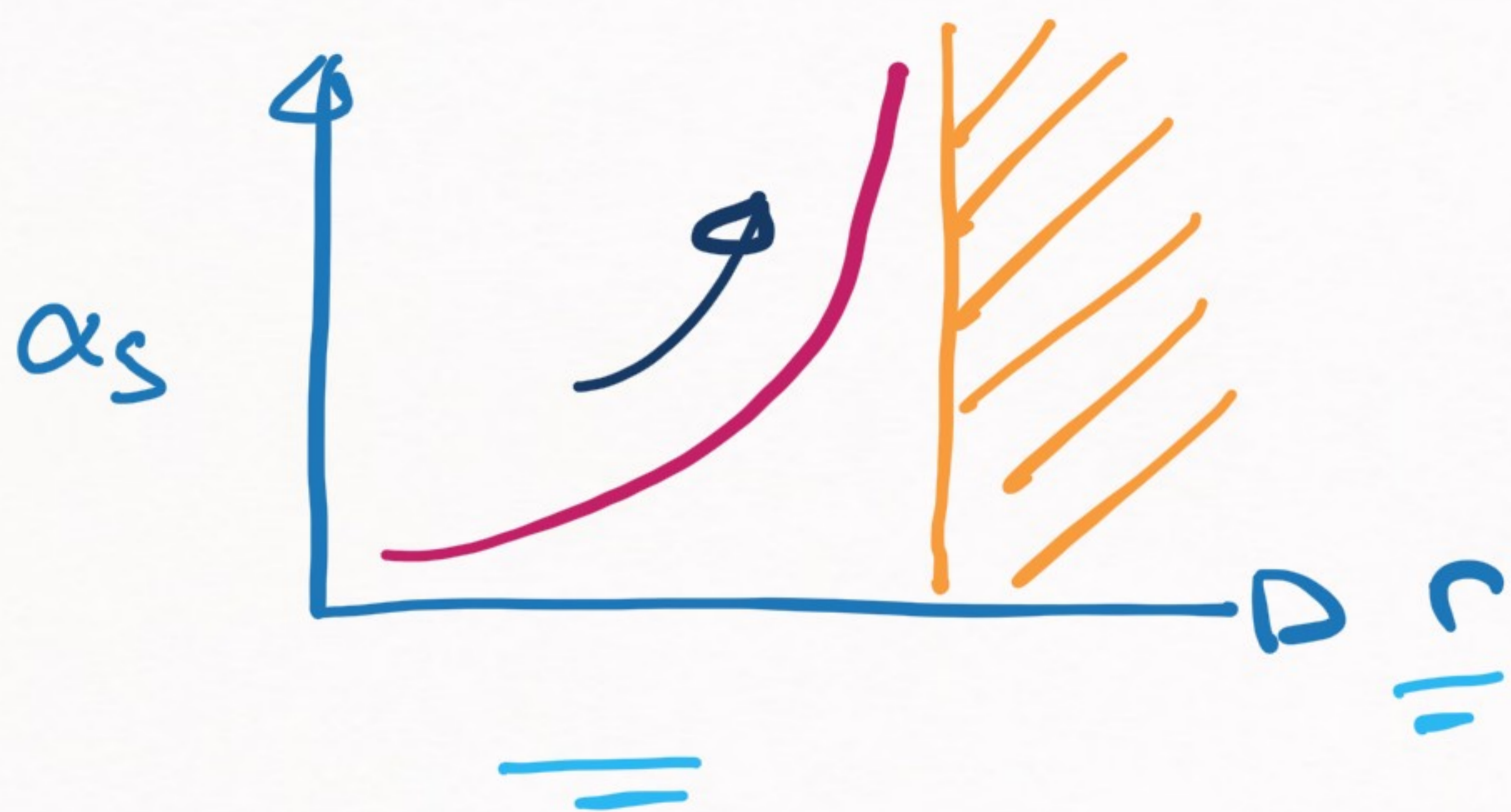
4) The pion is special \Rightarrow REASON: CHIRAL SYMMETRY

$$\frac{m_u}{\Lambda_{\text{QCD}}}, \frac{m_d}{\Lambda_{\text{QCD}}} \ll 1$$



CONFINEMENT

→ We never see isolated quarks



⇒ What happens if we try to separate two quarks?

(meson)



(a)



(b)

(two mesons)

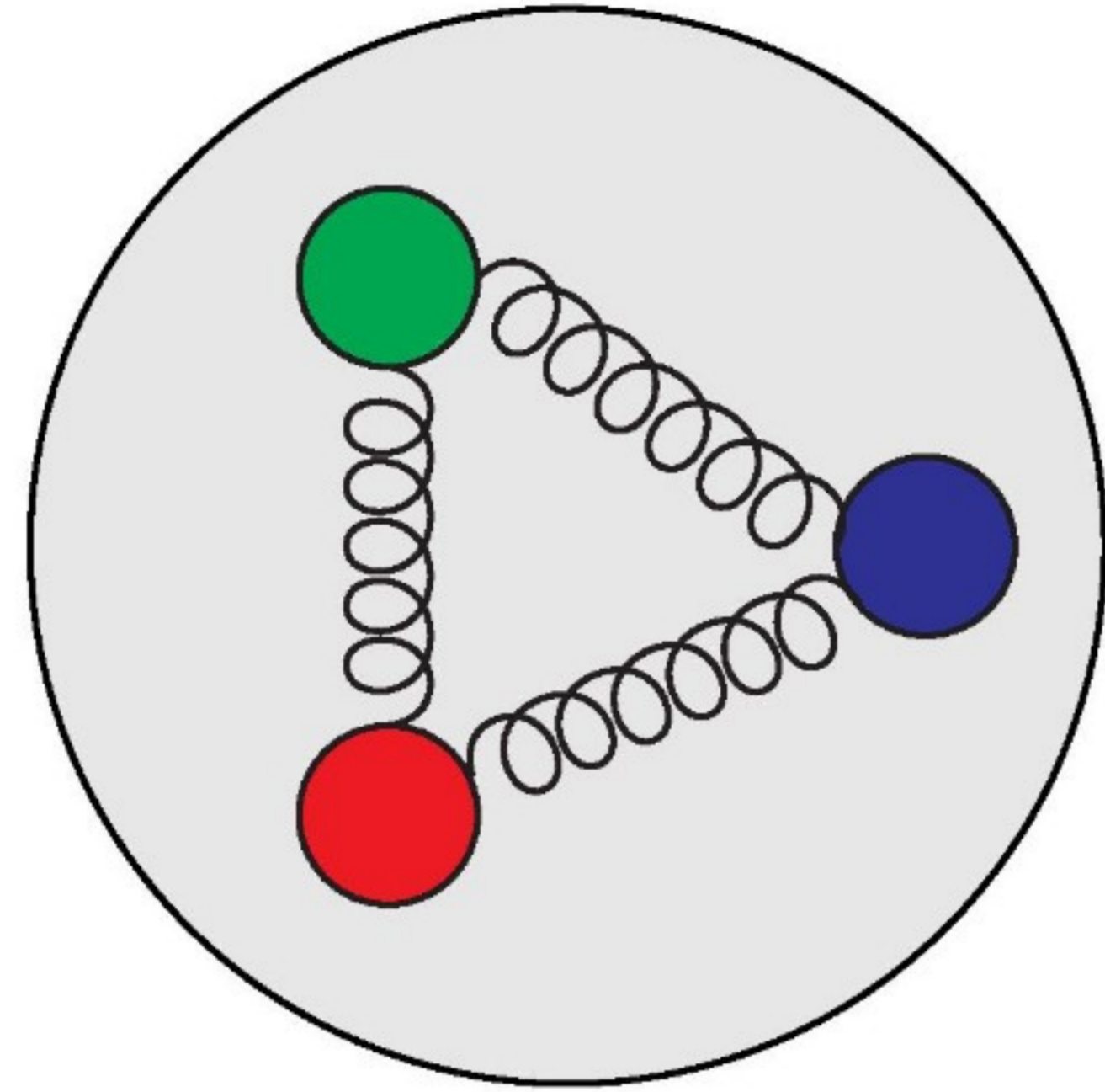


(c)

(c) is energetically favored over just separating the two quarks

[THERE IS A PROBLEM IN EXPLAINING
NUCLEAR FORCES FROM QCD]

→ How to solve it?

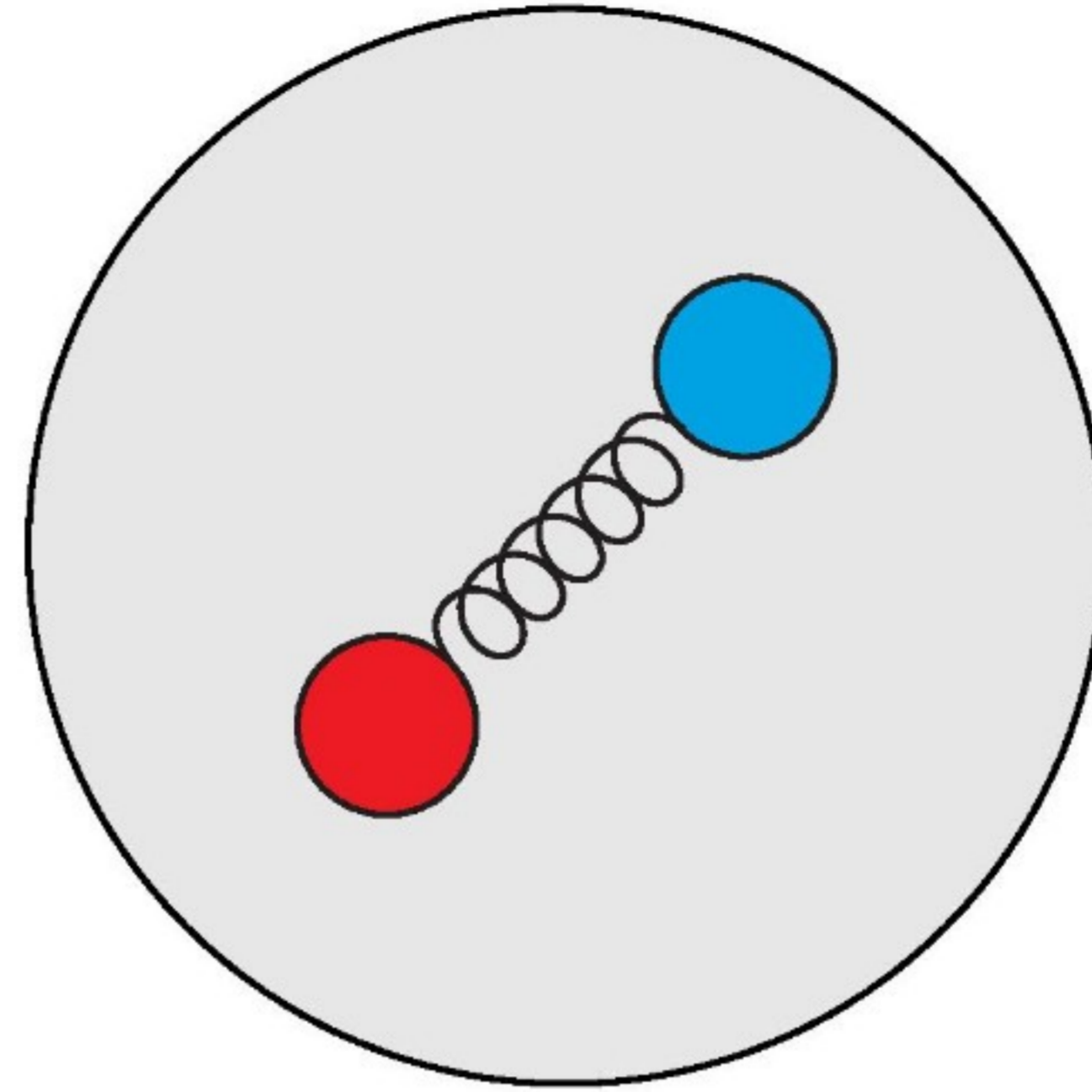


BARYON



PROTON

($r \sim 0.85 \text{ fm}$)



MESON

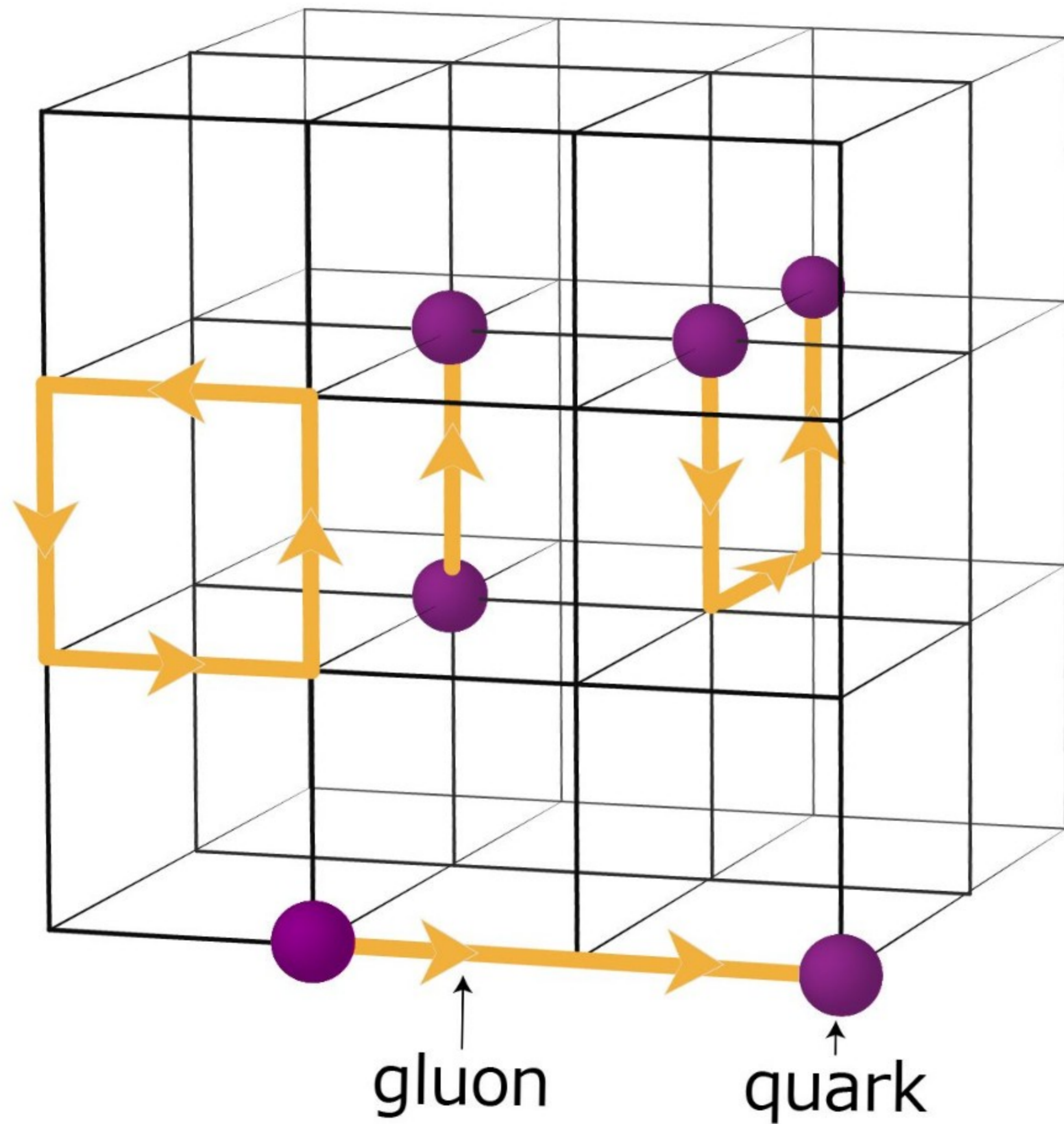


PION

($r \sim 0.65 \text{ fm}$)

→ TOO LARGE TO BE DESCRIBED BY QCD
WE NEED ALTERNATIVE EXPLANATIONS

TWO POSSIBILITIES : THE FIRST ONE IS LATTICE QCD



I will use a supercomputer
to solve QCD numerically



I don't have a
supercomputer

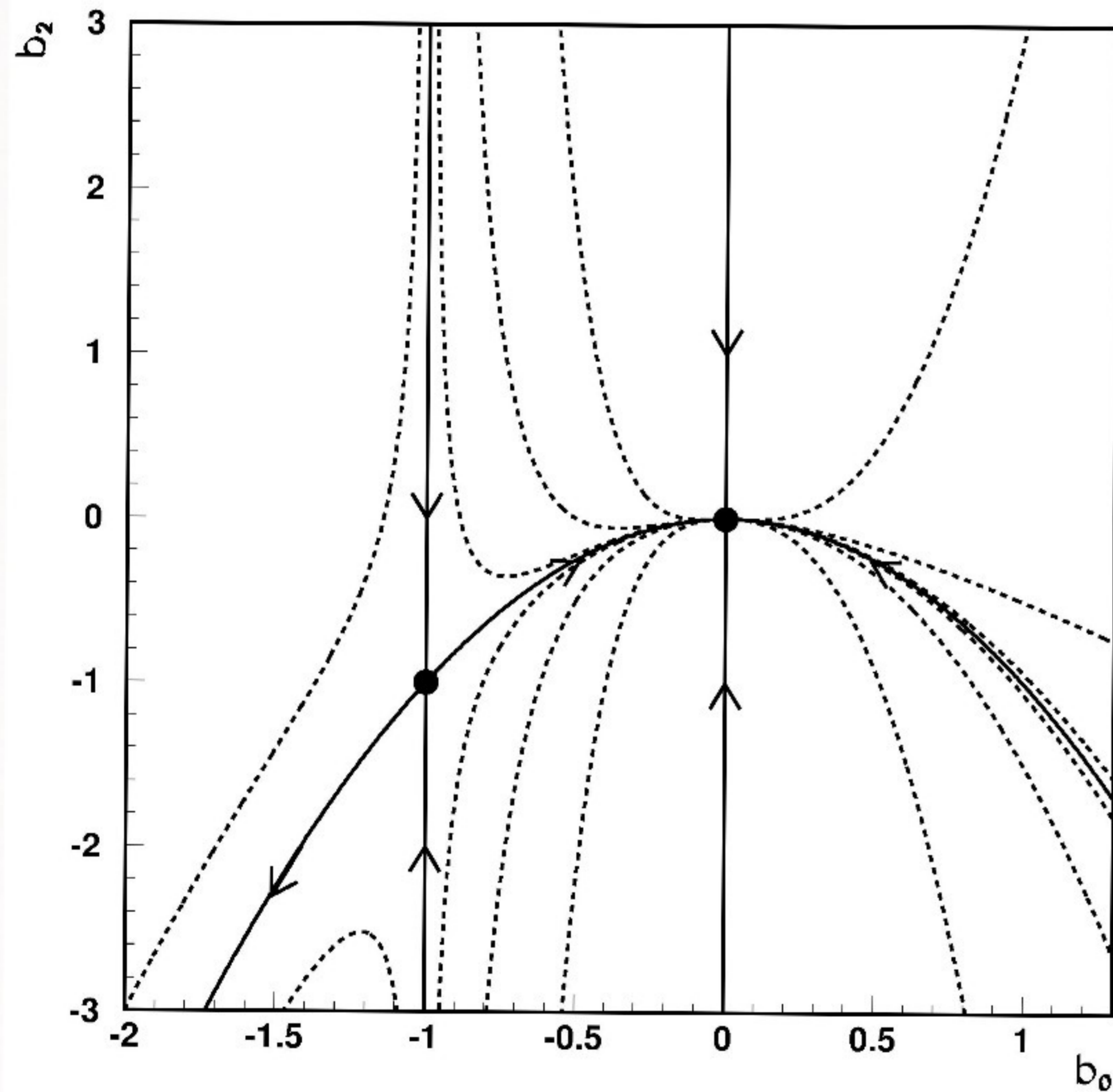
THE SECOND ONE IS [EFFECTIVE FIELD THEORY]

I will use a series of techniques
(called renormalization
group analysis)

to try to solve QCD indirectly,
at low energies



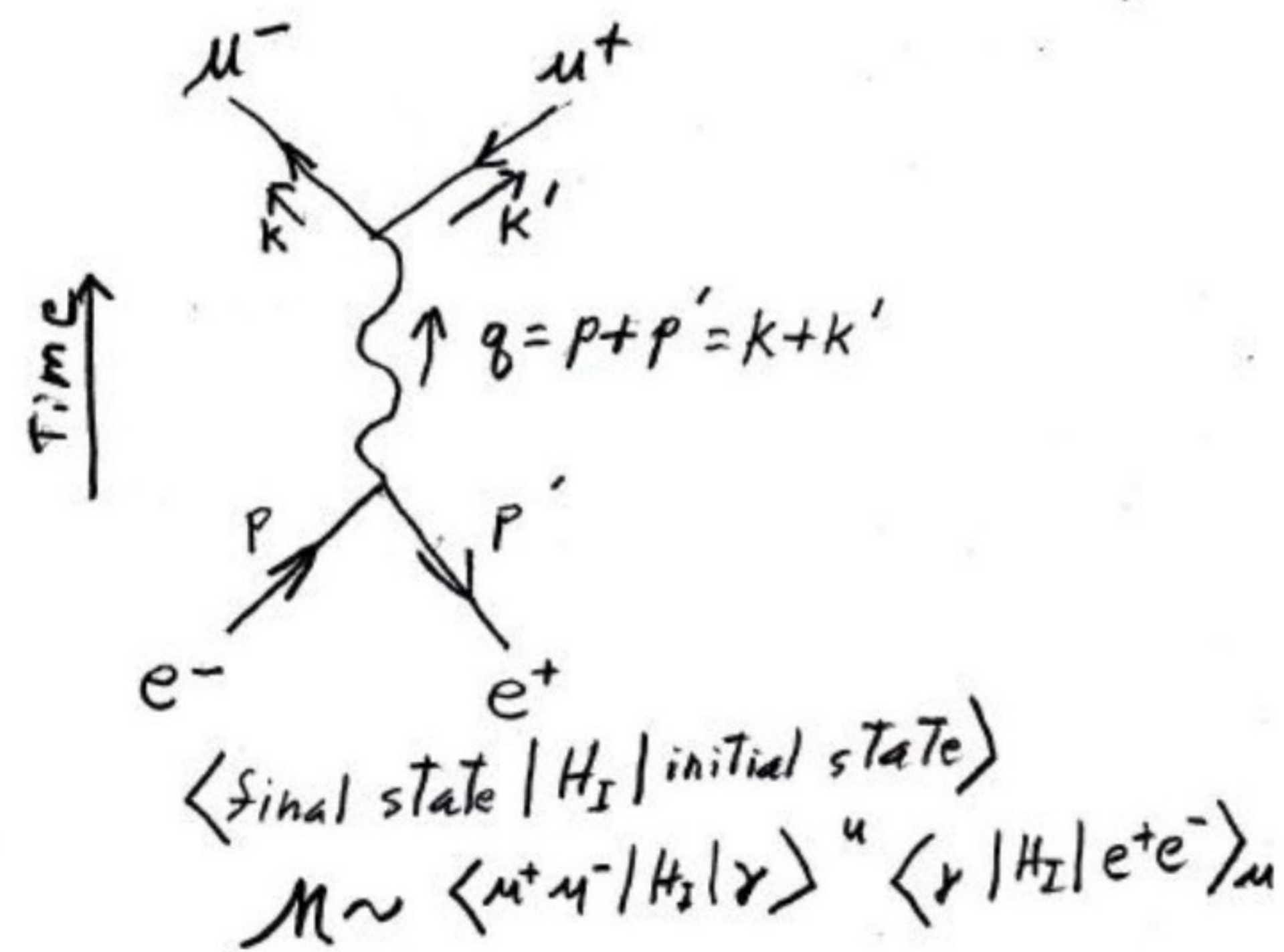
What I have is pen & paper
(laptop, ChatGPT, Mathematica)



[WHAT ARE EFFECTIVE FIELD THEORIES ?]

→ Let's begin with RENORMALIZATION : ←

3) Once upon a time ... → conference in a town called POCONO in 1948



Feynman & Schwinger presented very weird methods to solve the infinities of QED

ORIGINALLY, RENORMALIZATION WAS...

→ a set of arcane methods to remove infinities

1) Example: the harmonic series $H(n) = 1 + \frac{1}{2} + \frac{1}{3} + \dots + \frac{1}{n}$

Diverges: $H(n) \sim \log n$ for large n

But we can use tricks: $\zeta(s) = 1 + \frac{1}{2^s} + \frac{1}{3^s} + \dots$

ζ -regularization:

$= \sum_{n=1}^{\infty} \frac{1}{n^s}$ (Riemann zeta function)

$$\lim_{n \rightarrow \infty} H(n) = \zeta(1) = -\frac{1}{12} \Rightarrow 1 + \frac{1}{2} + \frac{1}{3} + \dots = -\frac{1}{12}$$

[FEYNMAN DESCRIBED IT AS :]

我们为求出 n 和 j 所玩的壳层游戏，在专业上叫做“重正化”（renormalization）。但是，不管这个词听来多聪明，我却说这个过程是蠢笨的！求助于这类戏法妨碍了我们去证明量子电动力学在数学上的自治性（self-consistent）。令人不解的是，尽管人们用了各种办法，这个理论至今仍未被证实是自治的；我猜想，重正化在数学上是不合法的。我们还没有一种好的数学方法描述量子电动力学，这是肯定的——像这样描述 n 、 j 同 m 、 e 之间关系的语言不是好的数学。 [23]

=> From

"QED: the strange theory of light & matter"

You can read it latter

- So it appears that the only things that depend on the small distances between coupling points are the values for n and j -theoretical numbers that are not directly observable any- way; everything else, which can be observed, seems not to be affected. The shell game that we play to find n and j is technically called "renormalization." But no matter how clever the word, it is what I would call a dippy process! Having to resort to such hocus-pocus has prevented us from proving that the theory of quantum electrodynamics is mathematically self-consistent. It's surprising that the theory still hasn't been proved self-consistent one way or the other by now; I suspect that renormalization is not mathematically legitimate. What is certain is that we do not have a good mathematical way to describe the theory of quantum electrodynamics: such a bunch of words to describe the connection between n and j and m and e is not good mathematics.

◦ Richard Feynman, *QED: The Strange Theory of Light and Matter* (1985), Chap. 4. Loose Ends

But after 70 years our understanding
of renormalization has vastly improved
→ (particularly after K.G. Wilson) →

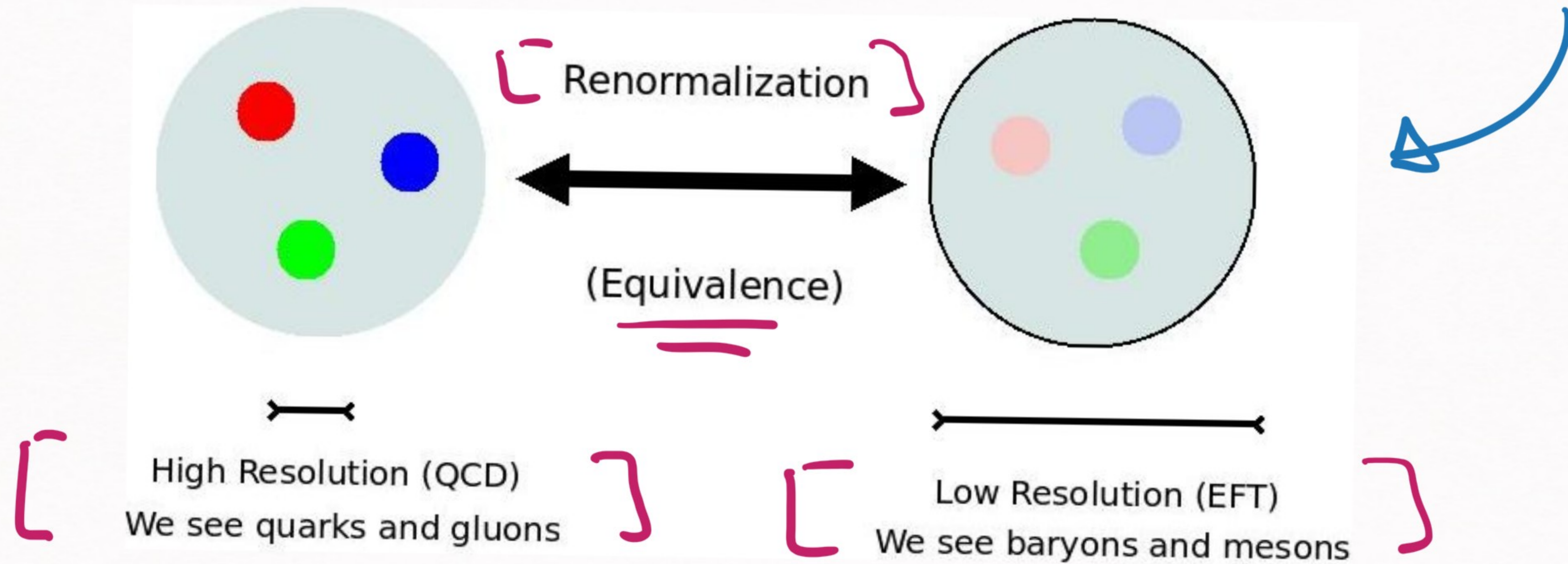


BASIC IDEA :

Physics at long-distances does
not depend on short-distance
details

Renormalization is the mathematical implementation
of this idea

BASICALLY, FOR NUCLEAR PHYSICS IT LOOKS LIKE THIS

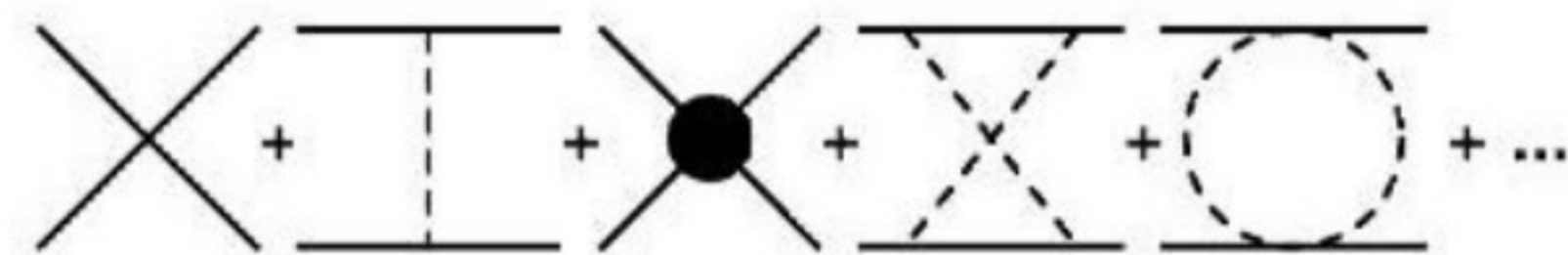


RENORMALIZATION → HOW TO CONNECT IN A RIGOROUS WAY THESE TWO DIFFERENT VIEWS (LOW RESOLUTIONS VS HIGH RESOLUTION)

A CLOSELY RELATED CONCEPT IS :

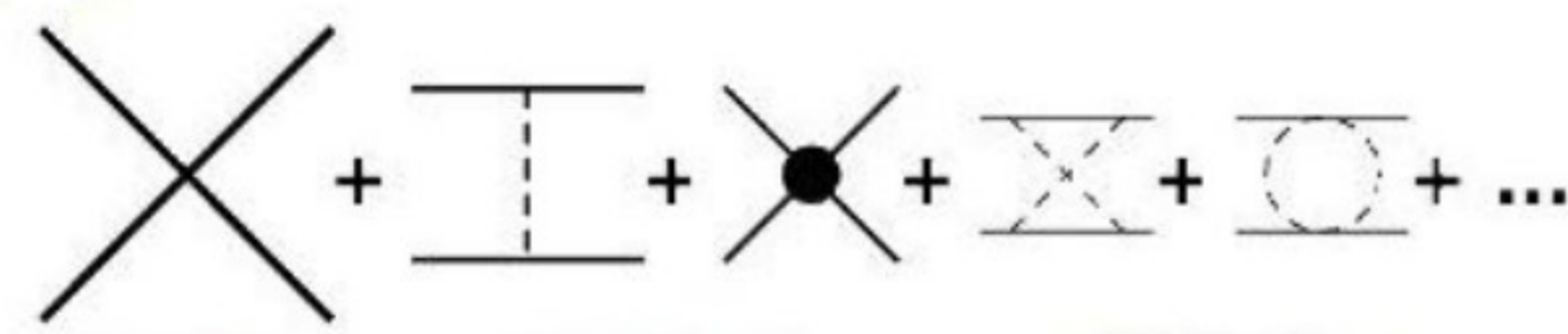
EFFECTIVE
FIELD
THEORY

(1) At $\Lambda \sim M$ there is no order

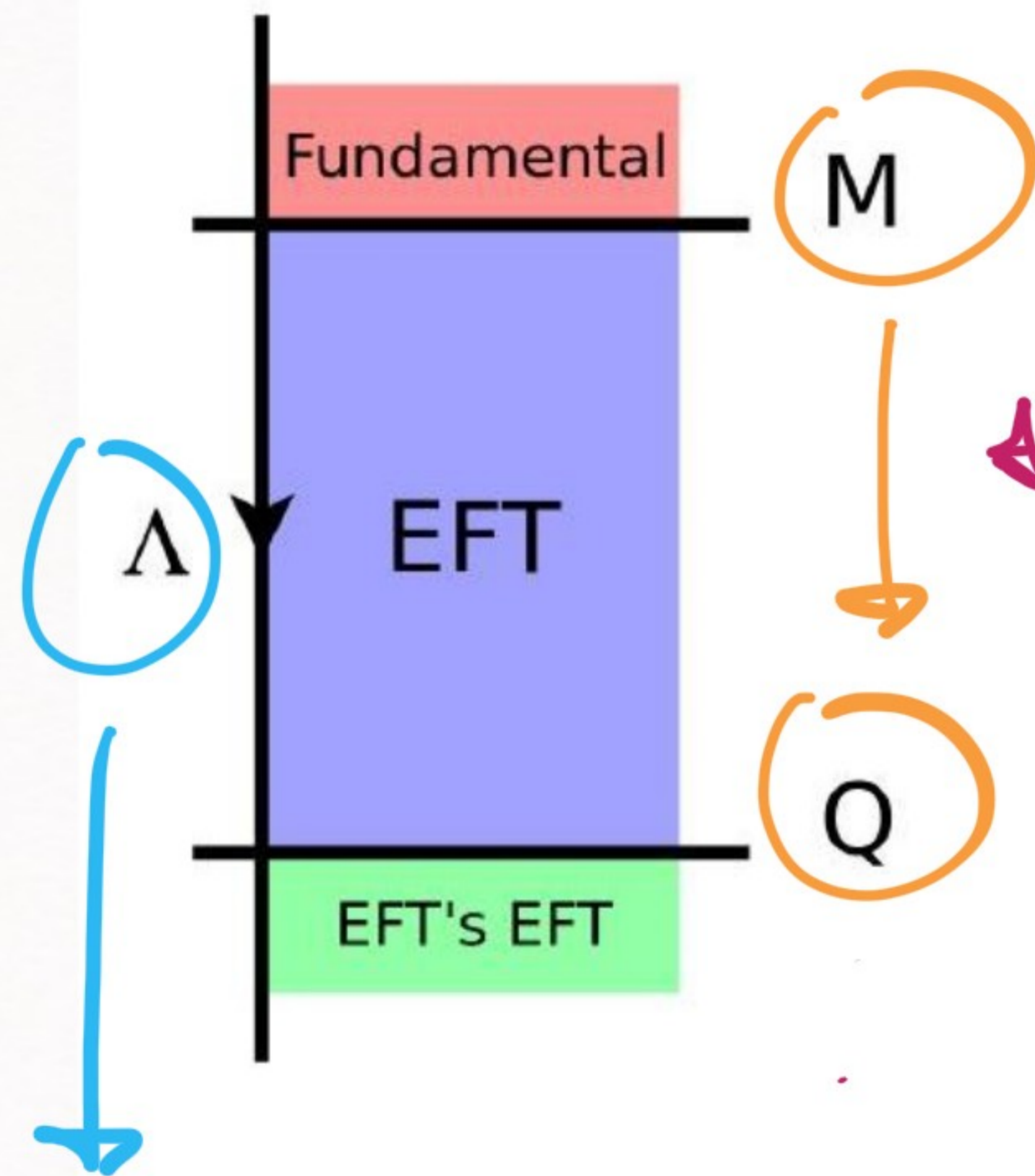


$$\frac{d}{d\Lambda} \langle \Psi | \mathcal{O} | \Psi \rangle = 0$$

(2) while at $\Lambda \sim Q$ there is order



LO NLO NNLO...



$M \rightarrow$ scale of my
fundamental theory

$Q \rightarrow$ low energy scale
(things I am interested
in)

$\Lambda \rightarrow$ energy scale
we are looking
at (RESOLUTION)

OUR RESOLUTION

(Concentrate on the concepts only)

For QCD:

a) $\mu \sim 1 \text{ GeV} \rightarrow$ Coincides w/ the mass of most hadrons

b) $Q \sim m_{\pi} \sim 140 \text{ MeV} \rightarrow$ Coincides w/ the separation of nucleons within nuclei: $\frac{1}{Q} \sim \frac{\hbar c}{m\pi}$

High & low energy

scales in nuclear physics

$\sim 1.4 \text{ fm}$
separation \Rightarrow 1.7 fm

OUR VIEW WILL DEPEND ON Λ \rightarrow $\frac{p}{\Lambda}$ is the resolution

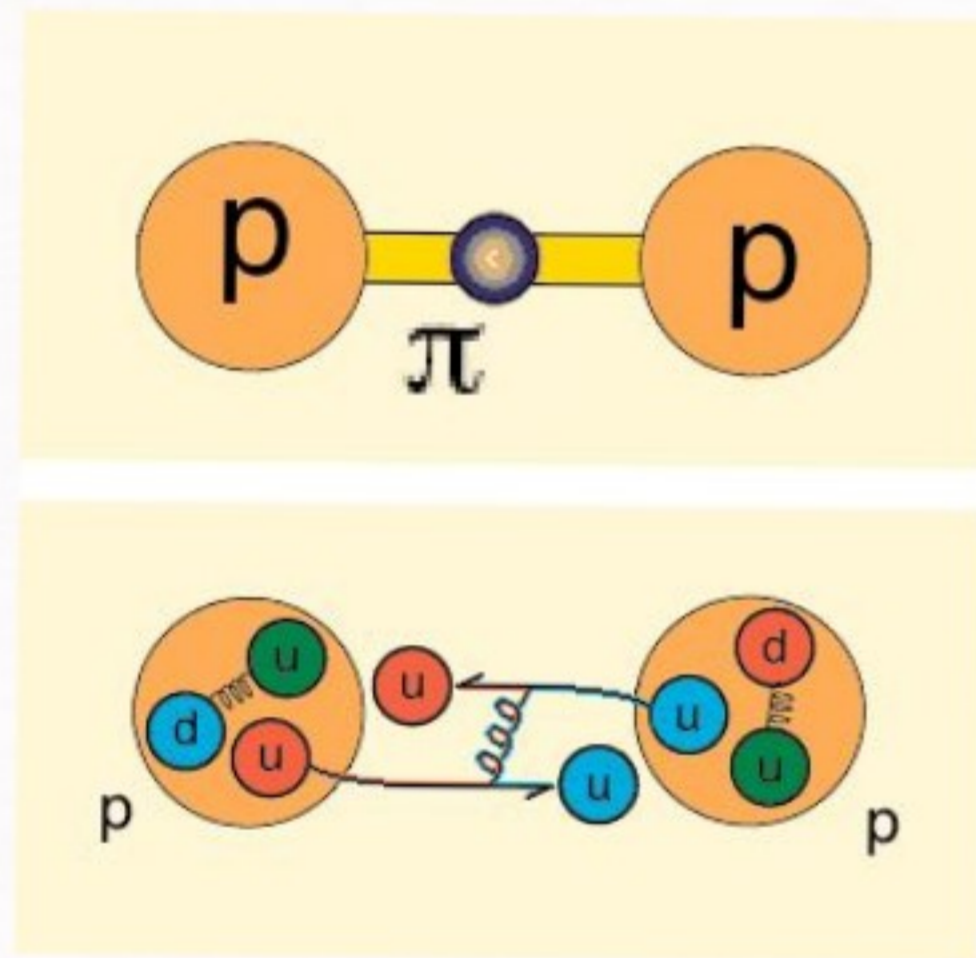
1) $\Lambda > M$ \rightarrow I will only see quark & gluons

2) $\Lambda < M$ \rightarrow I will only see baryons & mesons

3) $\Lambda \sim M$ \rightarrow Both descriptions will be valid

With this, the basics of building an EFT are:

1) $\Lambda \cup \mu \rightarrow$ two equivalent descriptions



baryons & mesons



quarks & gluons

2) $\Lambda \rightarrow \mathcal{Q}$

\equiv

⊙ → We will move

smoothly from one description to the other

both descriptions will be equivalent if and only if observables are cutoff independent

$$\frac{d}{d\Lambda} [\dots] = 0$$

Mathematically, condition 2) can be written as:

$$\left[\frac{d}{d\lambda} \langle \Psi | \hat{O} | \Psi \rangle = 0 \right] \rightarrow \text{If this doesn't change, the resolution } \frac{1}{\lambda} \text{ doesn't matter}$$

$$\langle \hat{O} \rangle = \langle \Psi | \hat{O} | \Psi \rangle$$

Expected value
of some observable

(described by
the operator \hat{O})

It will be complicated:

$$|\Psi\rangle = |\Psi(\lambda)\rangle \quad \hat{O} = \hat{O}(\lambda)$$

$$\frac{d}{d\lambda} \langle \Psi(\lambda) | \hat{O}(\lambda) | \Psi(\lambda) \rangle = 0$$

(BUT THE IDEA IS EASY)

[EQUIVALENCE :] OBSERVABLE QUANTITIES

SHOULD BE THE SAME INDEPENDENTLY
OF THE RESOLUTION

→ This cannot change

$$\left| \langle \hat{O} \rangle \right| = \langle \psi | \hat{O} | \psi \rangle \Rightarrow |\psi\rangle \text{ is not an observable}$$



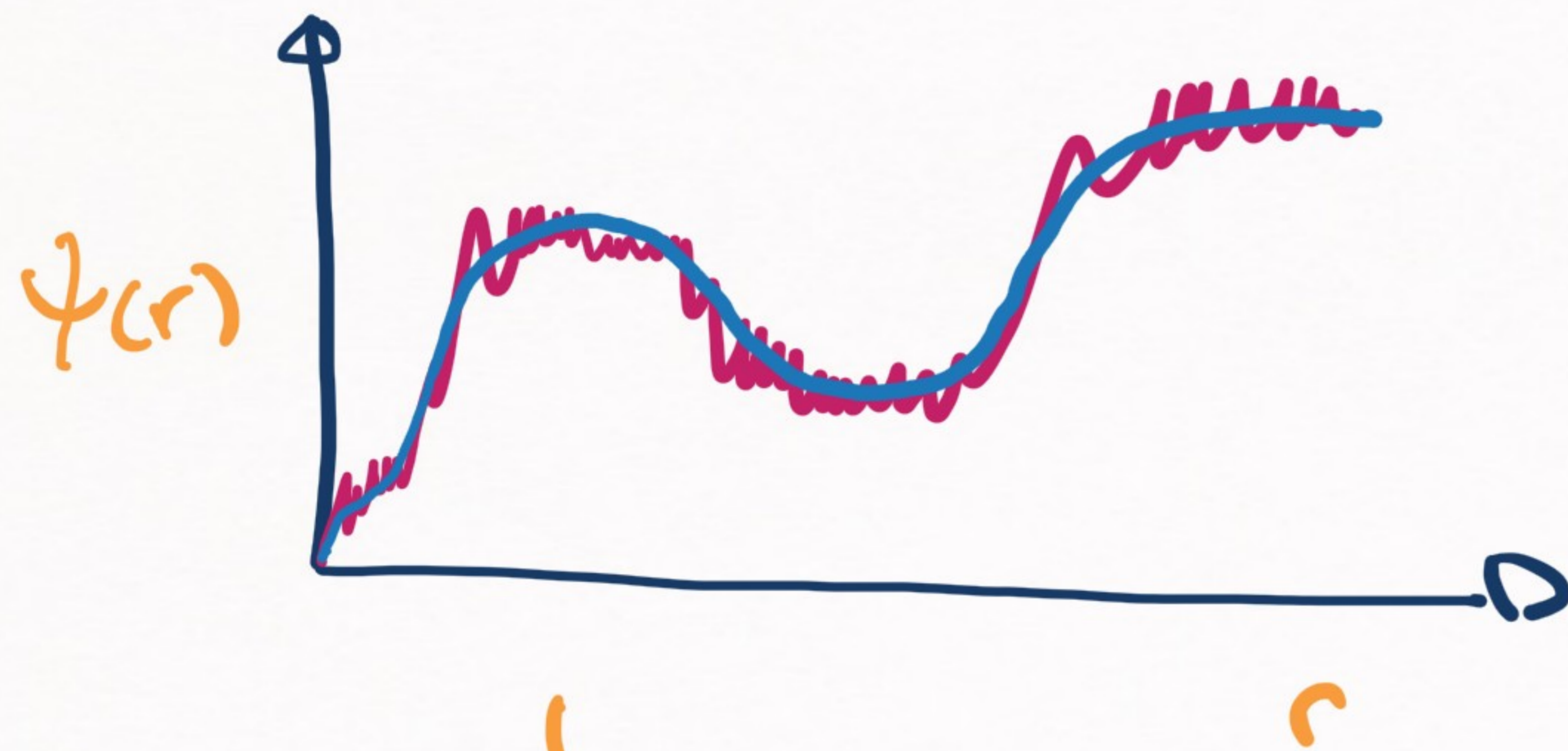
this is the only
thing we can observe

$|\psi(\lambda > \mu)\rangle \rightarrow$ Quark & Gluons
 $Q_{\lambda > \mu}$ →

$|\psi(\lambda < \mu)\rangle \rightarrow$ Baryons
 $Q_{\lambda < \mu}$ → & mesons

EXAMPLE :

[LOW RESOLUTION ψ] vs [HIGH RESOLUTION ψ]



$$\langle \psi | \hat{O}_L | \psi \rangle \approx \langle \psi | \hat{O}_R | \psi \rangle$$

It is not important
which $|\psi\rangle$ do I use

At low energies I can't see
these short-distance kinks of $|\psi\rangle$

→ This is very abstract, but we will understand it better once we see a few examples in the next lesson



**FOR THE MOMENT CONCENTRATE
ON THE GENERAL IDEA**

RECAP 1

- a) QCD can't be solved at distances above 0.5 fm]
→ Apparently, we can't explain nuclear physics]
- b) But \Rightarrow techniques to overcome this limitation]

Baryons &
Mesons
(low resolution
picture)

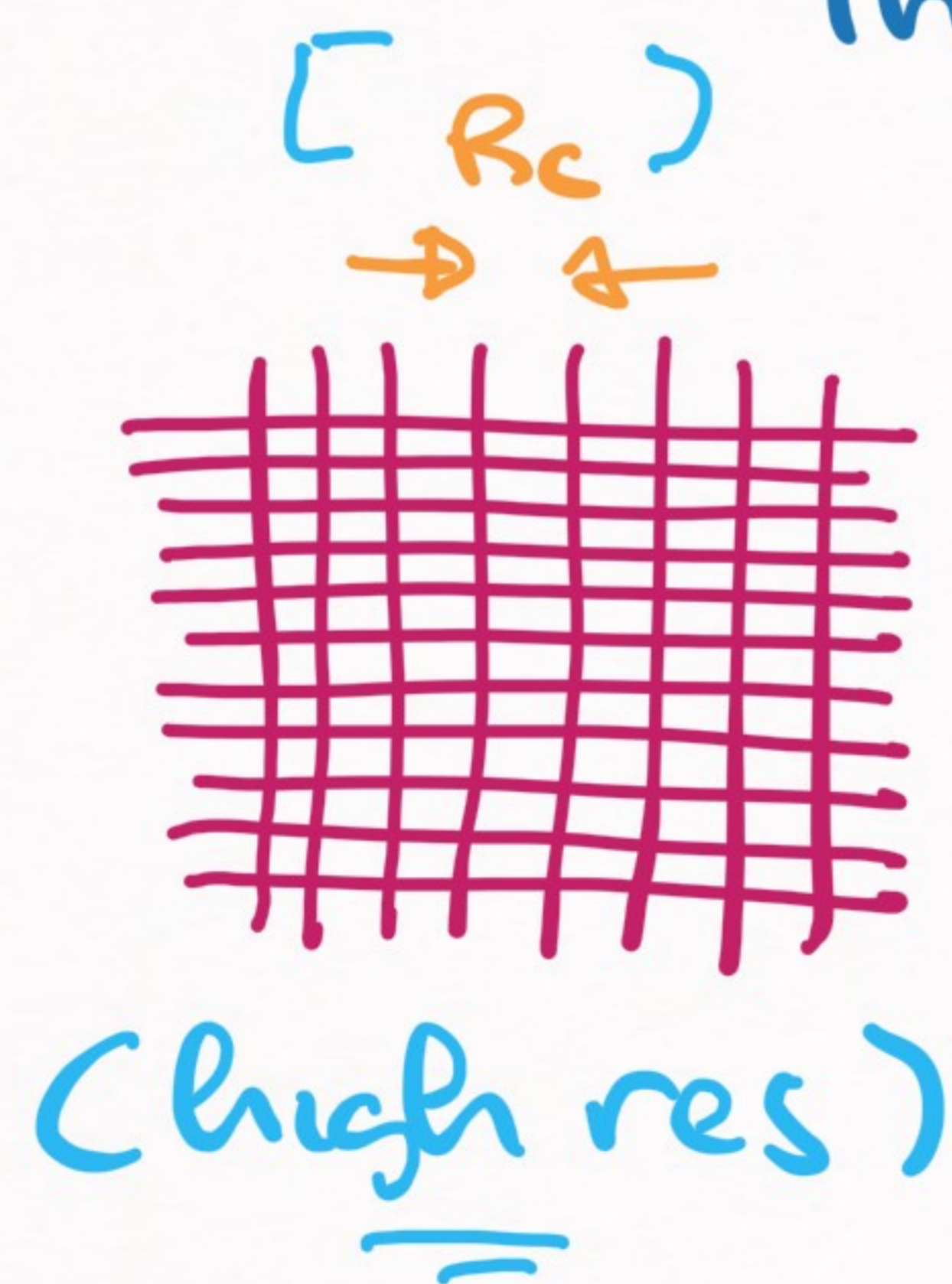
← [RENORMALIZATION] →

⚡
↑
OUR TOOL

Quark &
Gluons
(high resolution
picture)

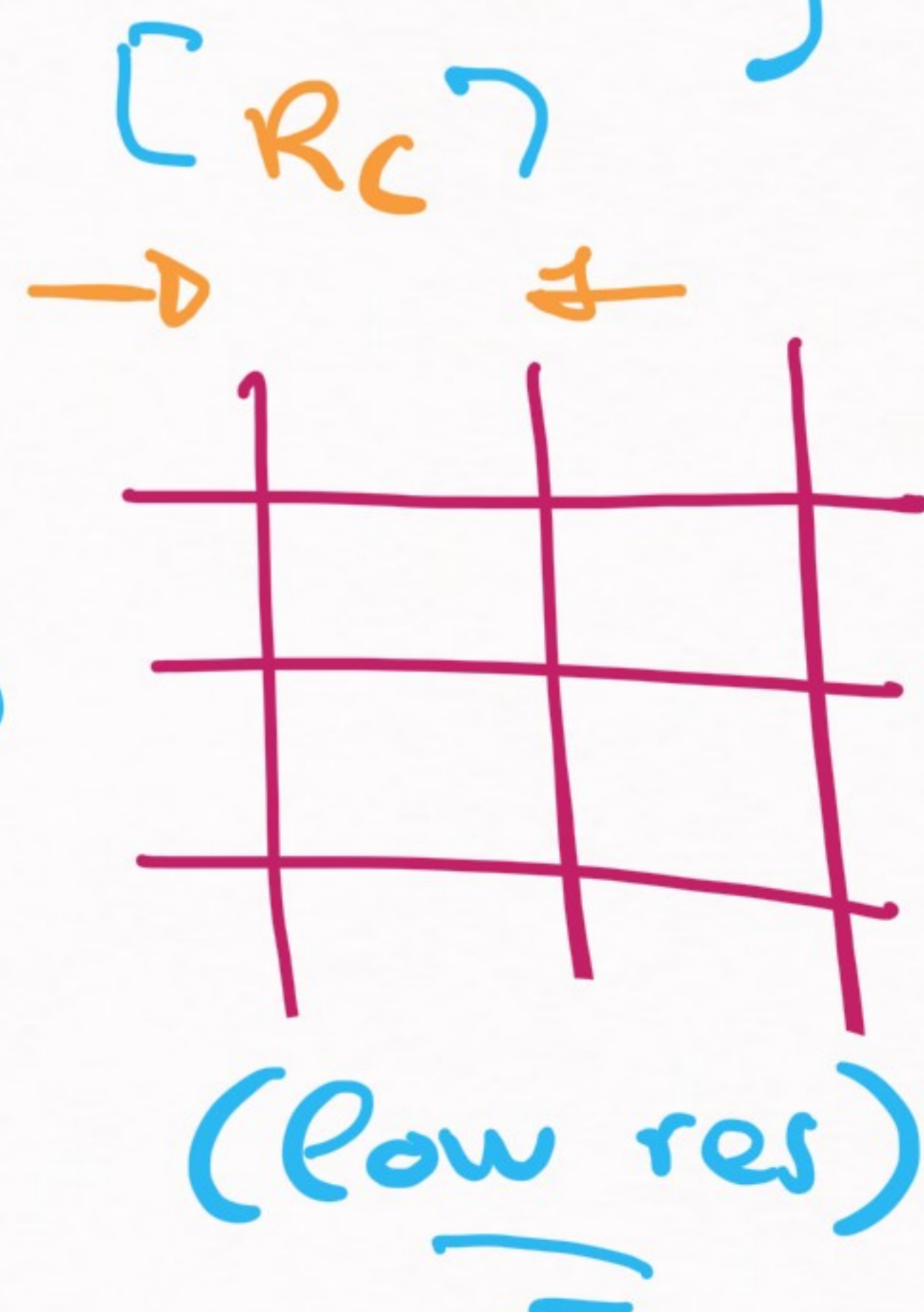
c) Basic idea: [Physics at long distances should not depend on the short distance details]

d) In abstract terms, its mathematical implementation is $R_c \sim \frac{1}{\Lambda}$



$\Rightarrow \left[\frac{d \langle \psi | \hat{O} | \psi \rangle}{dR_c} = 0 \right] \Rightarrow$

implies equivalence



SEE YOU ON TUESDAY

15:50

