

NUCLEAR PHYSICS (8)

Effective (field) theories

When using QFT

RECAP

Basic idea about Renormalization:

"Physics at Pong distances does not depend on the short distance details"

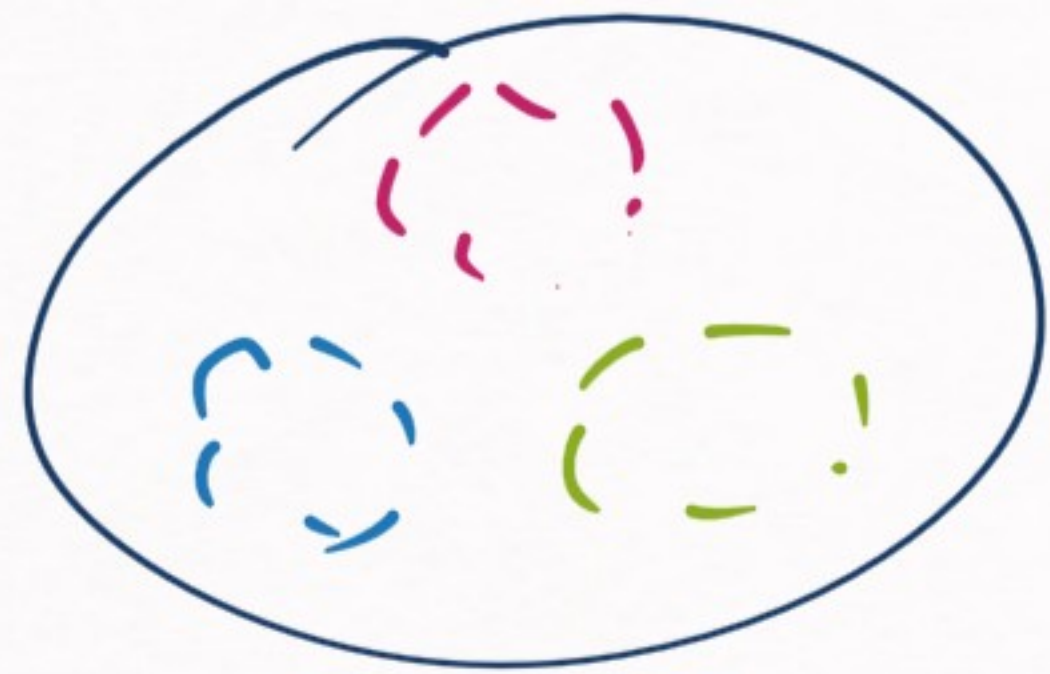
Implications \Rightarrow

\Rightarrow $\textcircled{1}$ \Rightarrow of different fields of physics
(or different scientific disciplines)

general relativity / classical physics / quantum mechanics
(study them independently)

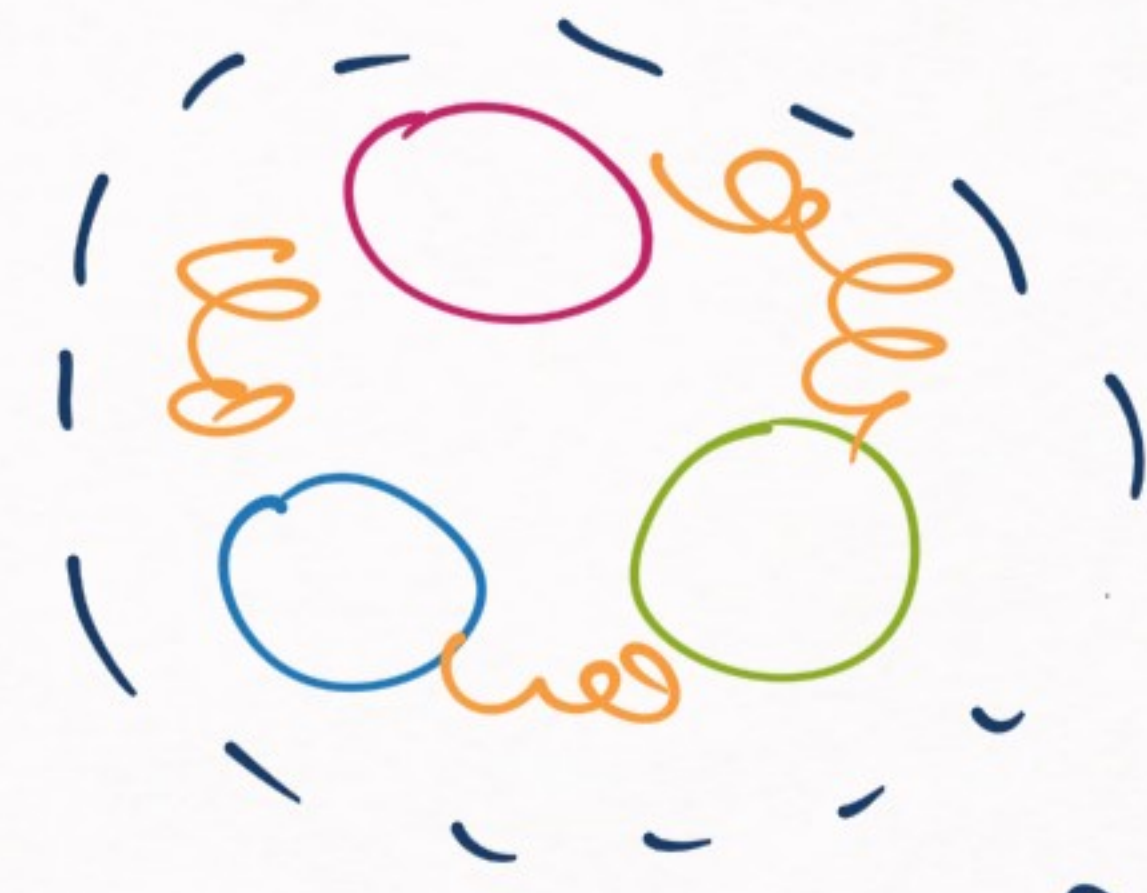
atomic physics / nuclear physics / particle physics

2



hadron
(baryon/meson)

$\Leftarrow \Rightarrow$



quarks & gluons

different understandings of nature
depending on scale (but approx.
independent)

Toy Example

→ TEACUPS & TEAPOTS



"Short-distance description"

"Long-distance description"



"Short-distance description"

→ Fourier equation for heat conduction

→ Equations for convection

↳ Detailed & difficult description

"Long-distance description" ("EFT" approach)

SERIES OF STEPS:

1) Some dynamics Newton's Law of cooling

$$\Delta T(t) = (T - T_{\text{ext}})(t) = (T_0 - T_{\text{ext}}) e^{-\lambda(t-t_0)}$$

2) Find the relevant degrees of freedom (d.o.f.)

$S, \Sigma \rightarrow$ types of surface (Liquid/solid)

3) Find a small expansion parameter

$$x = \frac{\sum}{\rho S} \quad (\rho \text{ is a numerical factor, probably } \rho \gg 1)$$

$$x \ll 1 \quad (\text{or maybe just } x < 1)$$

4) Write down the theory as an expansion

$$\lambda = \sum (c_0 + c_1 x + c_2 x^2 + \dots)$$

Low energy constants (LECs)

5) Choose some accuracy

$$\underbrace{O(x)} , O(x^2) , O(x^3) , \dots$$

$$\lambda = c_0 S + O(x)$$

$$\lambda = S (c_0 + c_1 x + c_2 x^2 + O(x^3))$$

6) Fit the LECs

to experimental data (or, if Puckey,

\approx

deduce them from theory)

\Rightarrow EFT algorithm

\rightarrow Basic idea is simple

\rightarrow Implementation could be complex

EFT $\Rightarrow \exists$ expansion

\Rightarrow (expansion is not unique)

Example of different expansions \rightarrow

CUP
& POT



$$x = \frac{\sum}{\sum}$$

$$x < 1$$

$$\lambda_{cup} = \sum (c_0 + c_1 x + c_2 x^2 + \dots)$$

\rightarrow Different expansions



$$x > 1$$

$$\lambda_{pot} = \sum (d_0 + \frac{d_1}{x} + \frac{d_2}{x^2} + \dots)$$

→ \exists more than one possible expansion

(we choose the best one)



↓
TECHNICAL
NAME

→ POWER COUNTING

→ count powers of n^x

→ decide type of expansion

→ Power counting

→ Universality classes

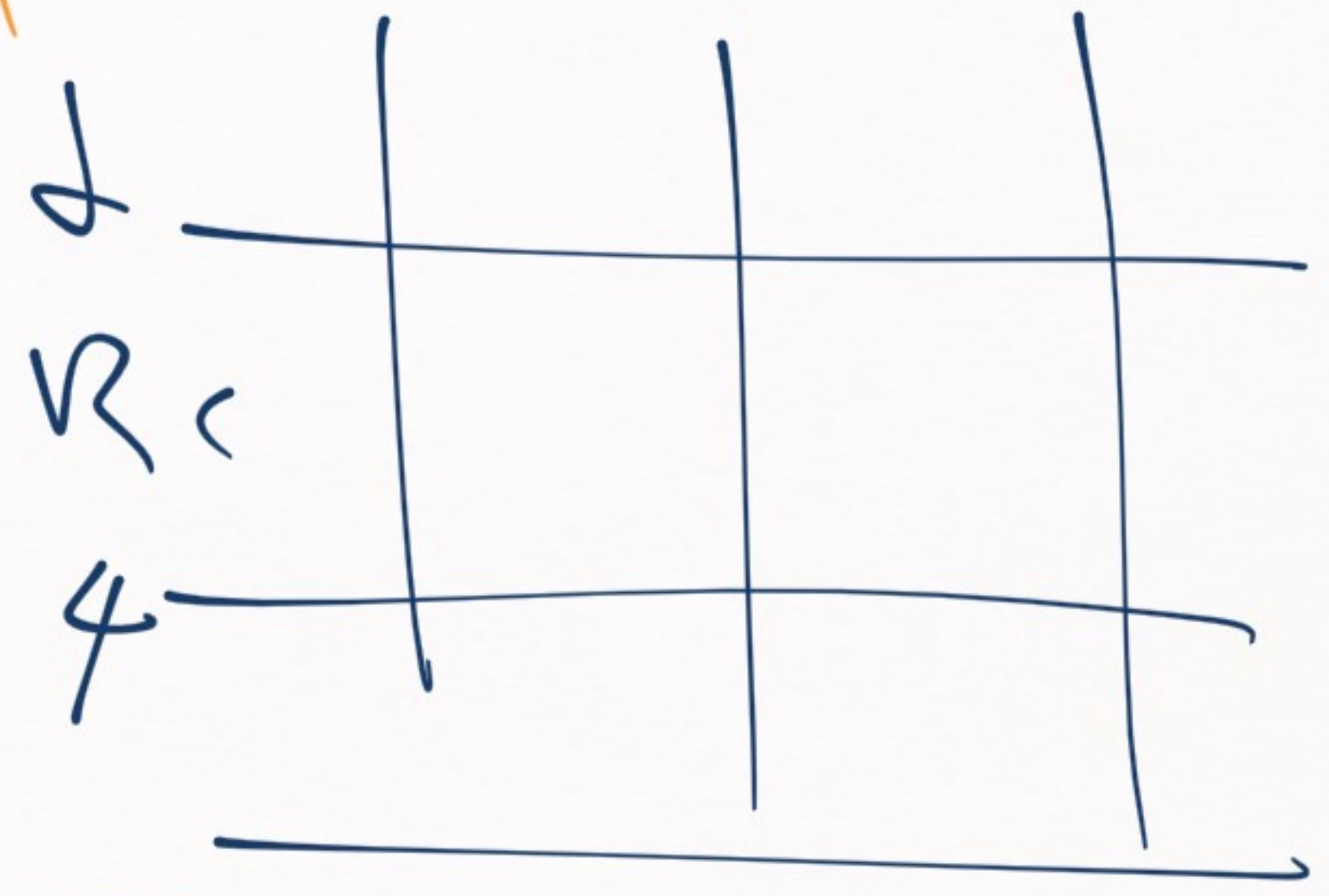
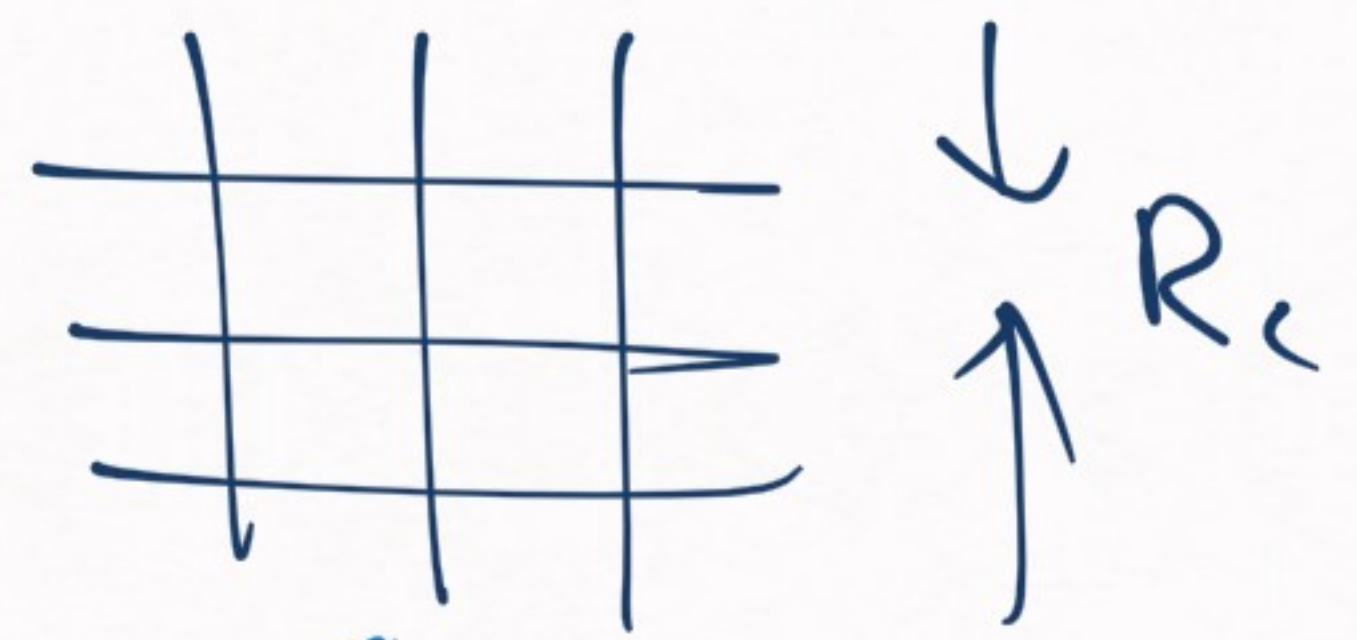
→ Infrared fixed points

} Weird
language
of EFTs
and RGFE



Two important concepts!

Resolution scale



Infrared limit \rightarrow

$R_c \rightarrow \infty$

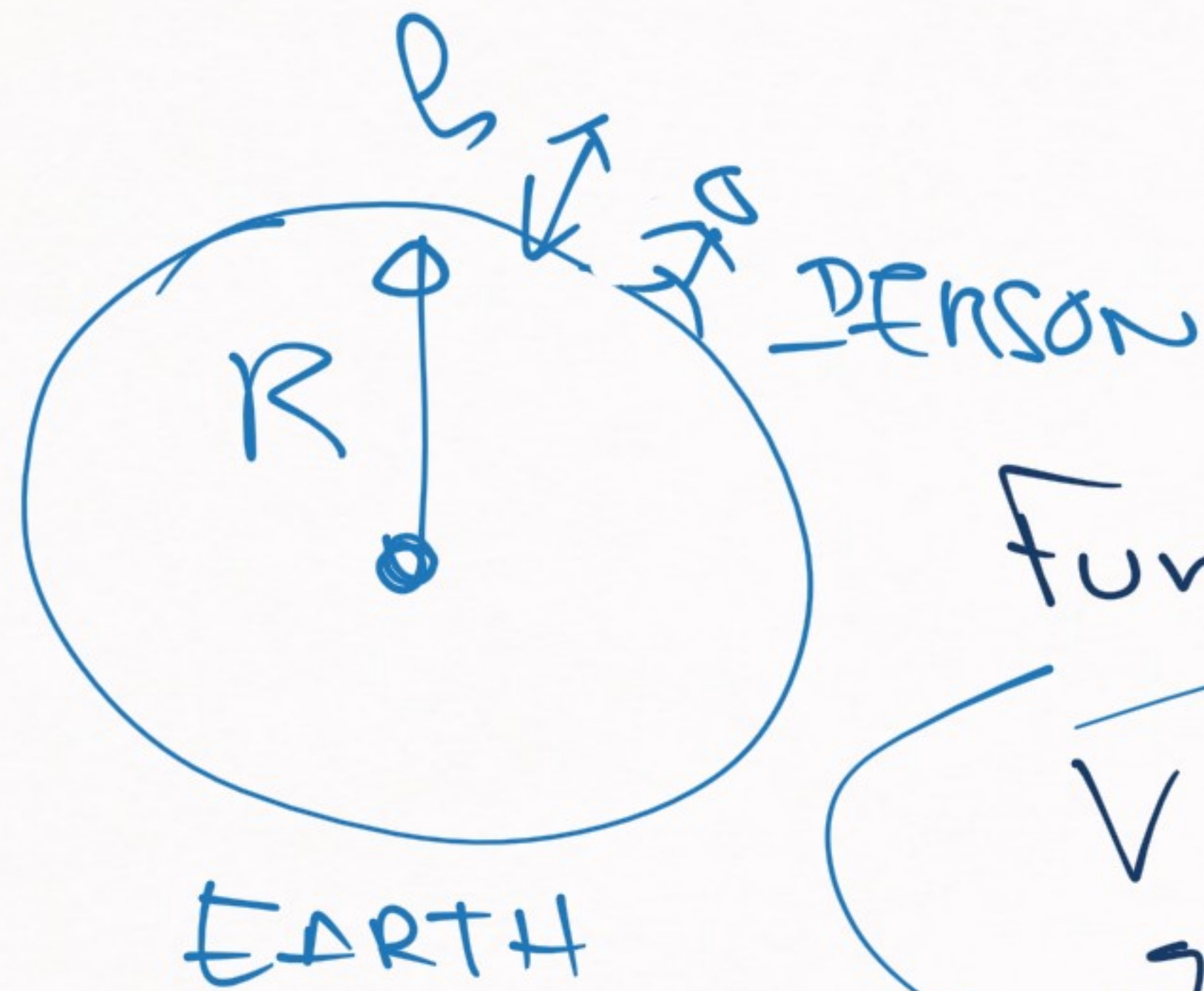
Ultraviolet limit \rightarrow

$R_c \rightarrow 0$

→ GENERAL IDEA OF EFT

Another easy example:

LECs



$R \ll h$

$\Delta V_g = mgh$

$(1 + \textcircled{+} \frac{h}{R} + \textcircled{+} \left(\frac{h}{R}\right)^2 + \dots)$

Fundamental theory:

$V_g = - \frac{GmM}{R+h} \rightarrow \text{solvable}$

SELECTED PAPERS ABOUT RENORMALIZATION

2. The Renormalization group and the epsilon expansion

(2700) K.G. Wilson (Princeton, Inst. Advanced Study & Cornell U., LNS), John B. Kogut
Published in **Phys.Rept.** 12 (1974) 75-199
DOI: [10.1016/0370-1573\(74\)90023-4](https://doi.org/10.1016/0370-1573(74)90023-4)

[References](#) | [BibTeX](#) | [LaTeX\(US\)](#) | [LaTeX\(EU\)](#) | [Harvmac](#) | [EndNote](#)
[ADS Abstract Service](#)

[Detailed record](#) - [Cited by 2700 records](#) 1000+

→ classical manuscript
(difficult to read
unless you know a bit
about solid state)

4. Renormalization and Effective Lagrangians

Joseph Polchinski (Harvard U.). Apr 1983. 27 pp.
Published in **Nucl.Phys.** B231 (1984) 269-295
HUTP-83-A018
DOI: [10.1016/0550-3213\(84\)90287-6](https://doi.org/10.1016/0550-3213(84)90287-6)

[References](#) | [BibTeX](#) | [LaTeX\(US\)](#) | [LaTeX\(EU\)](#) | [Harvmac](#) | [EndNote](#)
[KEK scanned document](#)

[Detailed record](#) - [Cited by 1120 records](#) 1000+

→ really good
(background on ϕ^4
theory / basic QFT)

1. Building light nuclei from neutrons, protons, and pions

⁽⁴⁵⁾ Daniel R. Phillips (Ohio U.). Mar 2002. 54 pp.

Published in **Czech.J.Phys.** 52 (2002) B49

DOI: [10.1007/s10582-002-0079-z](https://doi.org/10.1007/s10582-002-0079-z)

To appear in the proceedings of Conference: [C01-07-09.13 Proceedings](#)

e-Print: [nucl-th/0203040](#) | [PDF](#)

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[ADS Abstract Service](#)

[Detailed record](#) - [Cited by 45 records](#)

→ Good & easy
(background: QM)

1. Effective field theory for few nucleon systems

⁽⁶¹⁸⁾ Paulo F. Bedaque (LBL, Berkeley), Ubirajara van Kolck (Arizona U. & RIKEN BNL). Mar 2002. 55 pp.

Published in **Ann.Rev.Nucl.Part.Sci.** 52 (2002) 339-396

DOI: [10.1146/annurev.nucl.52.050102.090637](https://doi.org/10.1146/annurev.nucl.52.050102.090637)

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[ADS Abstract Service](#)

[Detailed record](#) - [Cited by 618 records](#) 500+

→ Still easy
(Review) (nuclear physics)

3. A Renormalization group treatment of two-body scattering

⁽¹⁹⁶⁾ Michael C. Birse, Judith A. McGovern, Keith G. Richardson (Manchester U.). Jul 1998. 4 pp.

Published in **Phys.Lett.** B464 (1999) 169-176

MC-TH-98-11

DOI: [10.1016/S0370-2693\(99\)00991-0](https://doi.org/10.1016/S0370-2693(99)00991-0)

e-Print: [hep-ph/9807302](#) | [PDF](#)

[References](#) | [BibTeX](#) | [LaTeX\(US\)](#) | [LaTeX\(EU\)](#) | [Harvmac](#) | [EndNote](#)
[ADS Abstract Service](#)

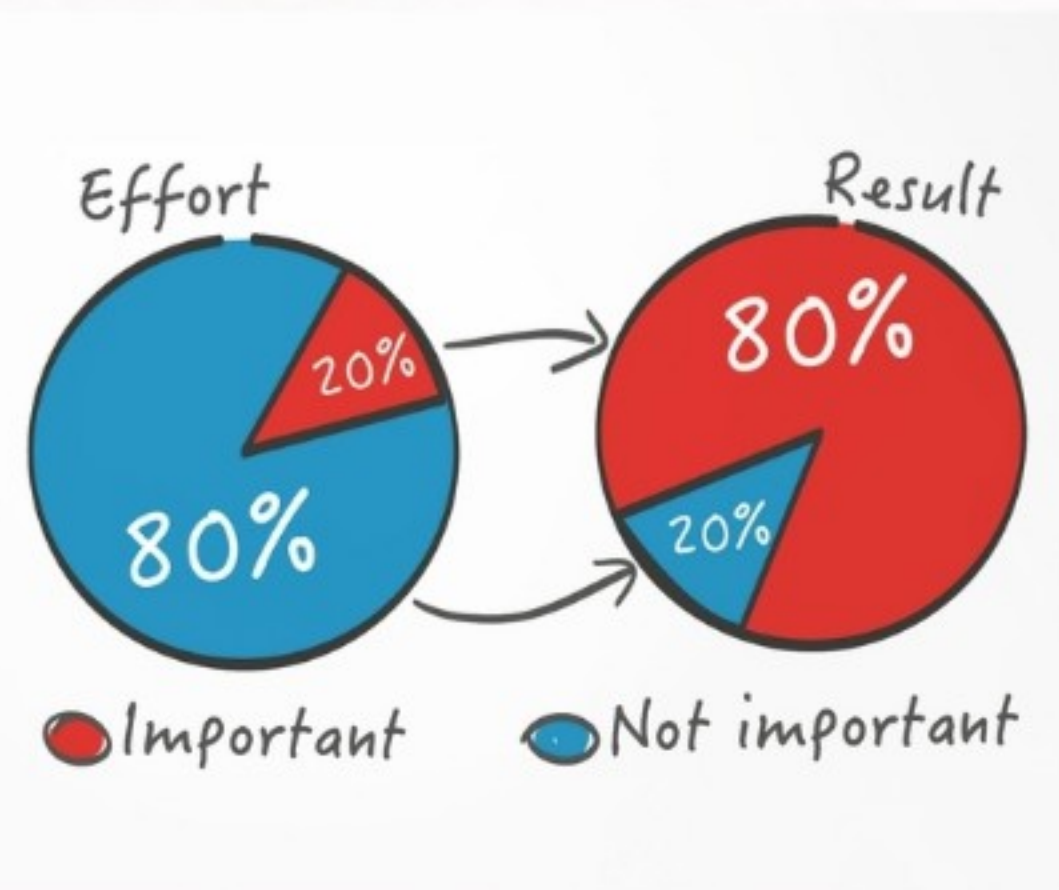
[Detailed record](#) - [Cited by 196 records](#) 100+

→ Good (but difficult)
very abstract
(QM background)

Other "silly" examples of renormalization:

1) TEDCO'S & TEDPOT'S EXAMPLE

2) PARETO PRINCIPLE (a power counting argument in disguise)



" 20% of effort gives you 80% of the result "

$$\lambda = S_{co}$$

3) Art → IMPRESSIONISM



- 1) Big dots ($\Lambda \rightarrow \mathbb{Q}, R_c \rightarrow \infty$)
- 2) No short-distance details (blobs of paints)
- 3) The result is great

→ RENORMALIZATION IN QM
§ NUCLEAR PHYSICS

④ We now know the basic ideas
about renormalization

④ We can try something more
quantitative ↘

$$\frac{d}{dR_c} \langle 4 | \hat{O} | 4 \rangle = 0$$

→ Renormalization

Group
Equation

(RGE)

↓
Find example(s)

↓
Looks scary

(actually easy)

QM PROBLEM \rightsquigarrow

(for $\frac{d}{dR_c} \langle \psi | \hat{O} | \psi \rangle = 0$) \downarrow

TWO-BODY
PROBLEM
(Bound state)

1) two-particles of mass M

2) potential (e.g. scalar boson of mass m)

\rightarrow Yukawa potential

$$\delta) \left[-\frac{\nabla^2}{M} + V(\vec{r}) \right] \psi(\vec{r}) = E \psi(\vec{r})$$

$$V_Y(\vec{r}) = -\frac{g_Y^2}{4\pi} \frac{e^{-mr}}{r} \quad || \quad \left| \begin{array}{c} - \\ \frac{Y}{r} \\ - \end{array} \right|$$

\exists condition for the existence of bound states w/ this potential:

$$\lambda = \frac{M}{m} \frac{g_Y^2}{4\pi} \geq \lambda_c = 1.68 \dots$$



Two-body system:

1) $\lambda < \lambda_c$ \rightarrow not enough attraction to form a bound state

2) $\lambda = \lambda_c$ \rightarrow zero-energy bound state
(unitary limit)

3) $\lambda > \lambda_c$ \rightarrow binding

Solve numerically this system for

$$M = 1 \text{ GeV}$$

$$m = 0.5 \text{ GeV}$$

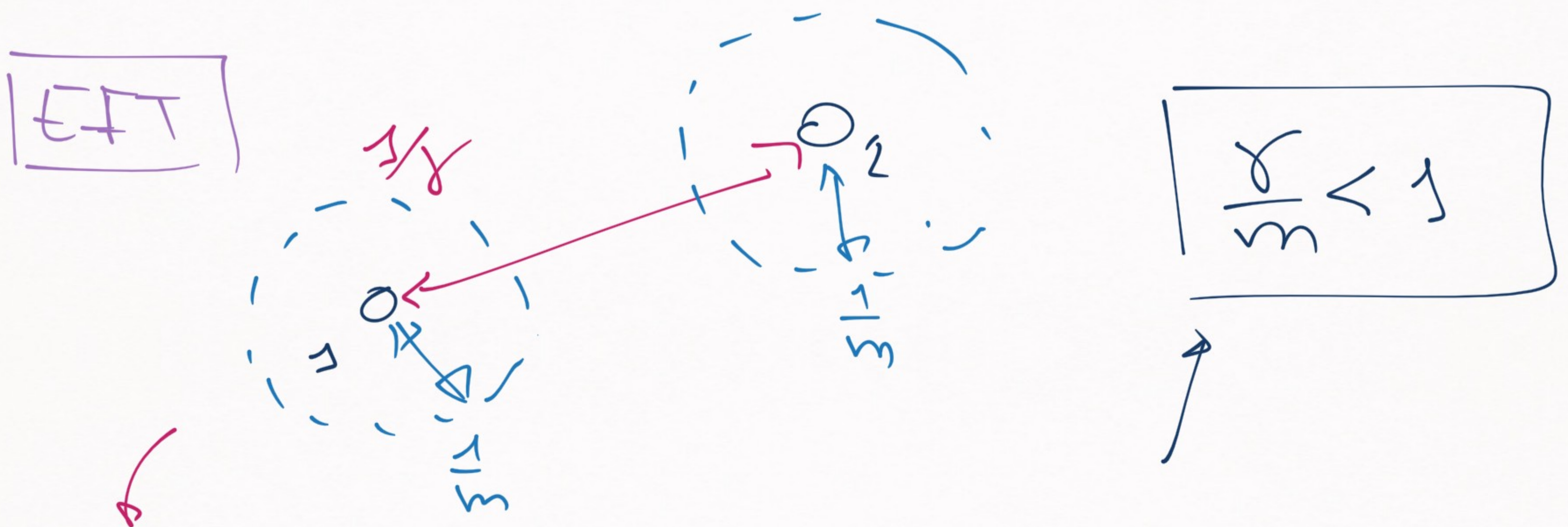
$$\lambda > \lambda_c \Rightarrow E_B = -\frac{\gamma^2}{M}$$

EFT

$$\frac{1}{\gamma} > \frac{1}{m}$$

$\gamma \rightarrow$ wave number

$\frac{1}{\gamma} \sim$ size of the bound state



Here size of bound state larger than range of the potential

[Results of numerics see v_1 :]

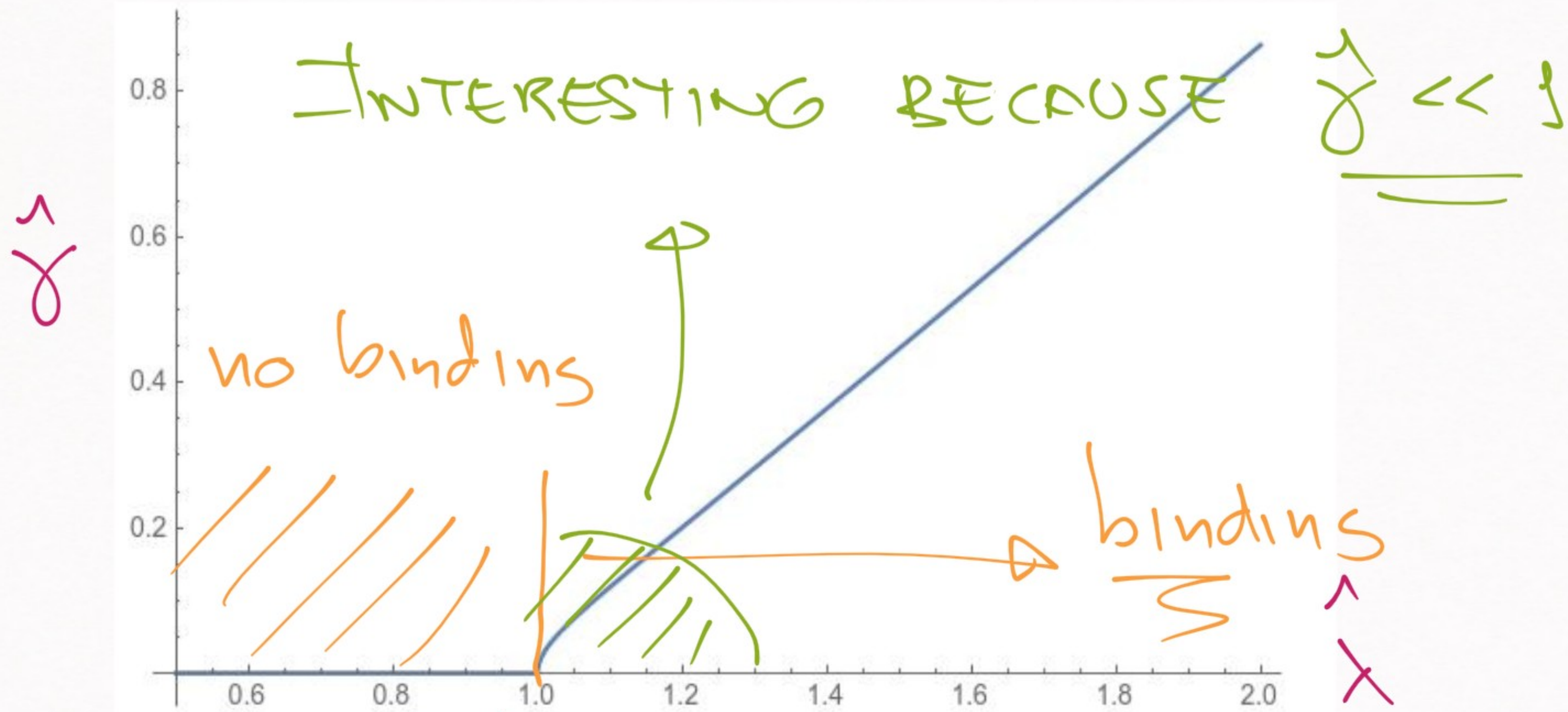
$$\gamma = \gamma(x)$$

$$\lambda = \frac{M}{m} \frac{g^2}{4\pi}$$

This is good, but it's even better to use rescaled quantities (dimensionless quantities)

$$\gamma \rightarrow \hat{\gamma} = \frac{\gamma}{3} \quad (\hat{\gamma} < 1 \rightarrow \text{FTI}) \quad \hat{\lambda} = \frac{\lambda}{\lambda_c} \quad (\hat{\lambda} \geq 1 \text{ bound state})$$

Calculate numerically $\hat{\gamma} = \hat{\gamma}(\hat{\lambda})$



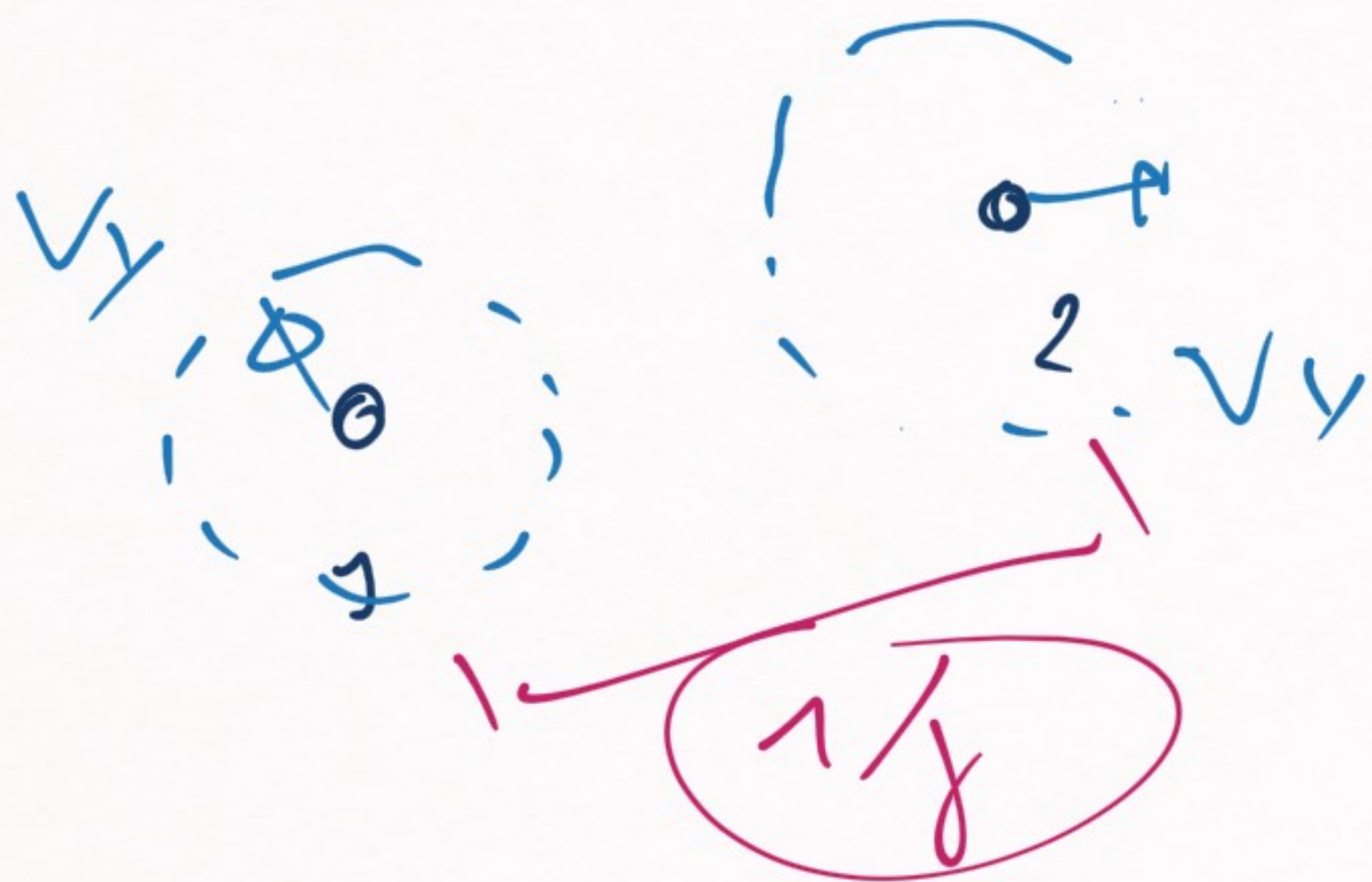
$\hat{\lambda} > 1$ bs

[WHY THIS IS AN INTERESTING REGION?]

Reason:

$$\lambda = 1 + \delta$$
$$(\delta > 0, \delta \ll 1)$$

$$\text{If } \lambda = 1 + \delta \Rightarrow \delta \ll 1$$



→ most of the wave function lies outside the range of the potential

→ Simplification of the wave function

If $mr \gg 1 \Rightarrow V_Y \ll 0 \Rightarrow$

$$\boxed{\begin{aligned} \nabla^2 \psi &= \\ + \gamma^2 \psi \end{aligned}}$$

$$V_Y = -\frac{g^2}{4\pi} \frac{e^{-mr}}{r}$$

$$u(r) = \Delta_S e^{-\gamma r}$$

$$\psi_B(\vec{r}) = \frac{1}{\sqrt{4\pi}} \frac{u(r)}{r} = \frac{\Delta_S e^{-\gamma r}}{\sqrt{4\pi} r}$$

$$\psi_B(\vec{r}) \xrightarrow{m|\vec{r}| \gg 1} \frac{1}{\sqrt{4\pi}} \frac{\Delta s e^{-\gamma r}}{r} \psi_C(\vec{r})$$

1) If $\gamma \sim m$, then ψ_C is only a small part of the wave function

$$\int |\psi_B(\vec{r})|^2 d^3\vec{r} = 1 = \int_{m|\vec{r}| \leq 1} |\psi_B(\vec{r})|^2 d^3\vec{r} + \int_{m|\vec{r}| > 1} |\psi_C|^2 d^3\vec{r}$$

2) If $\gamma \ll m$, then most of the wf lives outside the range of potential

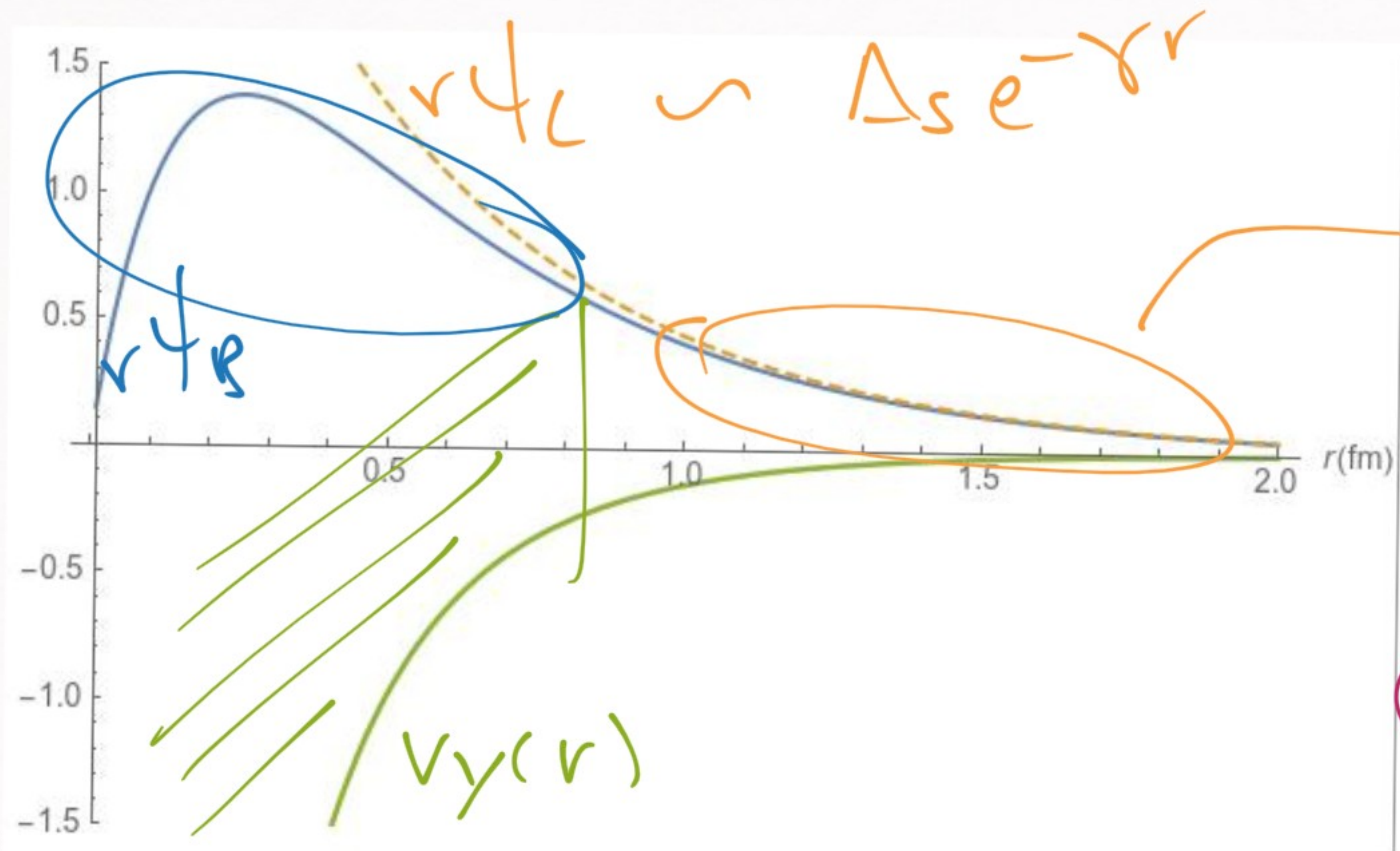
$$\int |\psi_B(\vec{r})|^2 d^3\vec{r} \ll \int |\psi_R(\vec{r})|^2 d^3\vec{r}$$

$m|\vec{r}| \leq 1$ $m|\vec{r}| > 1$

2) $\rightarrow \psi_B(\vec{r}) = \frac{1}{\sqrt{4\pi}} \frac{\Delta_S e^{-\gamma r}}{r}$

good approx.

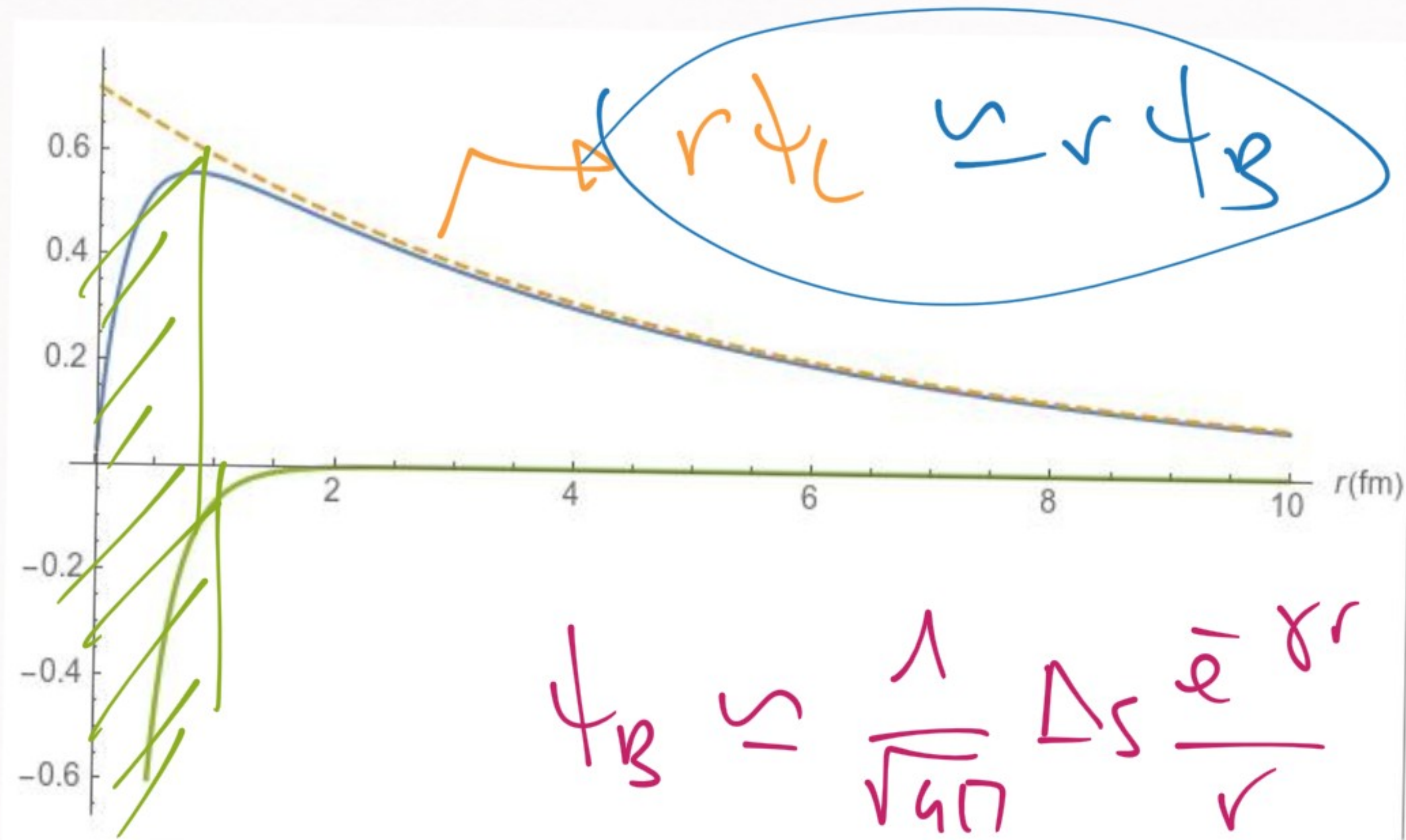
1) $\lambda = 2\lambda_c$ ($\hat{\lambda} = 2$), $\gamma = 0.86 \text{ m}$ ($\gamma \sim \text{m}$)



→ good approx.
 $\int_0^\infty \psi \psi^* dr = 0$

① → we really are sensitive to details in V_V

2) $\lambda = 1.05 \lambda_c$, $\gamma = 0.075 \text{ m}$



→ We don't need to know the details of the potential V_l

really good approximation

WHAT DO WE LEARN FROM THIS EXAMPLE :

1) Natural system ($\lambda \sim m$)

1.a) Wave function/potential \rightarrow same size

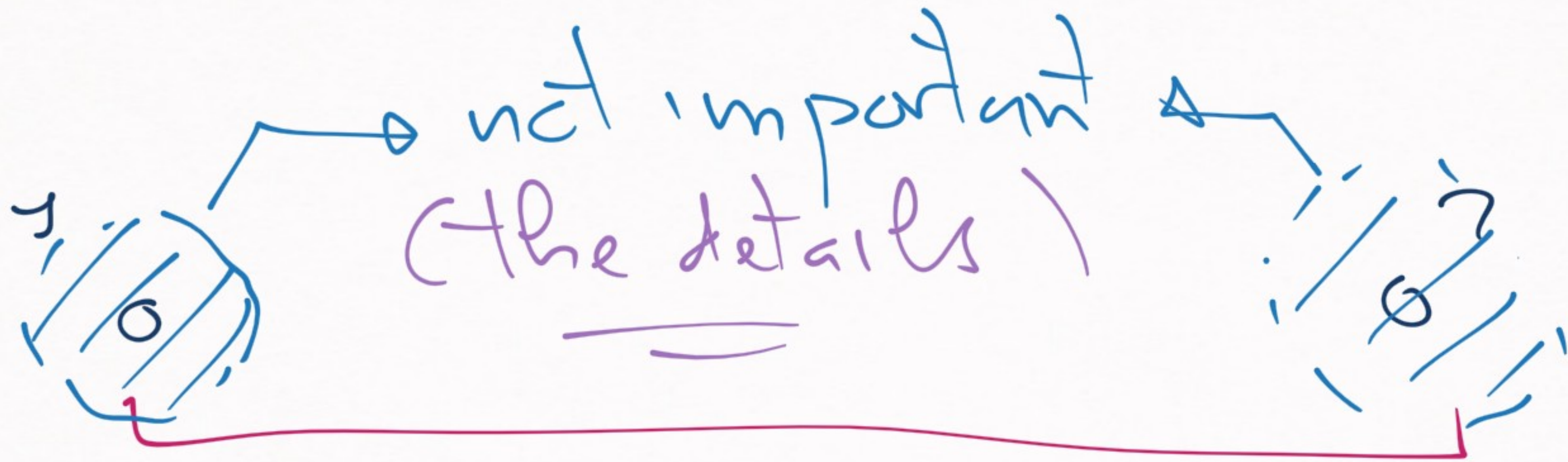
1.b) Form of wave function depends
on the form of the potential

2) Unnatural system ($\lambda \ll m$)

2.a) $wf \gg$ potential \rightarrow much larger

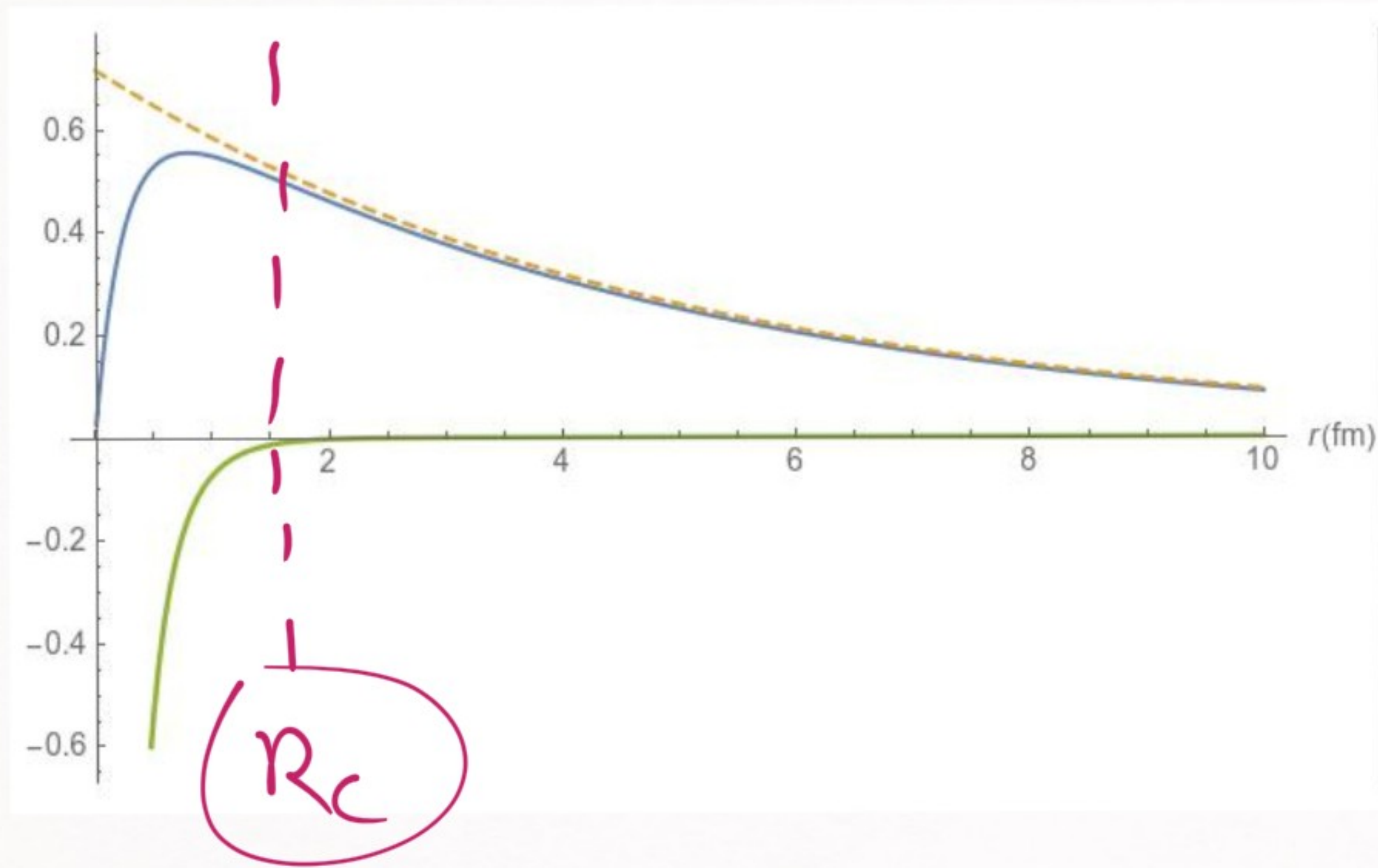
2.b) wf not sensitive to pot. details

② → "Physics at Pong distances does not depend on short distance details"



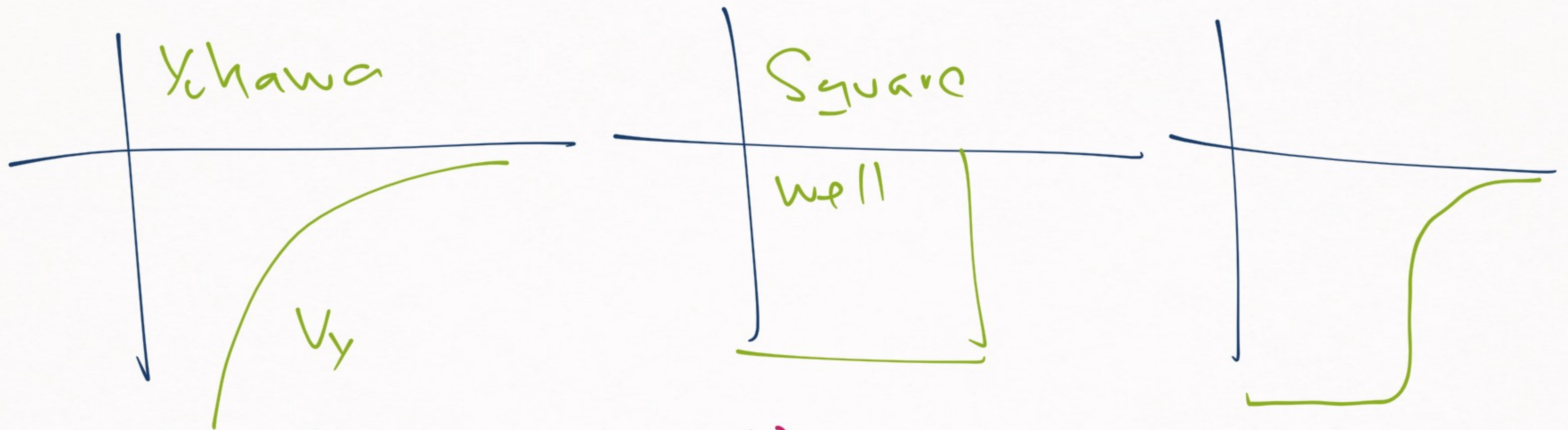
1/2

For (2) we can describe the system without knowing anything about $V(r)$



If $r > R_c$
 $\Rightarrow \psi \approx \frac{1}{\sqrt{4\pi}} \frac{\Delta s e^{-\alpha r}}{r}$

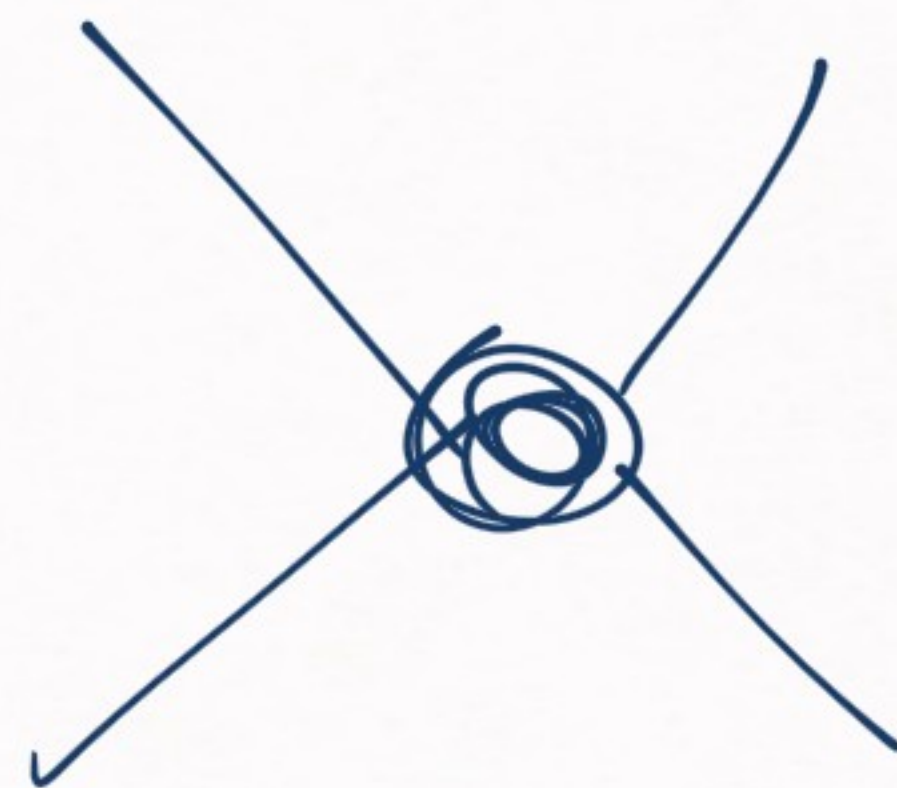
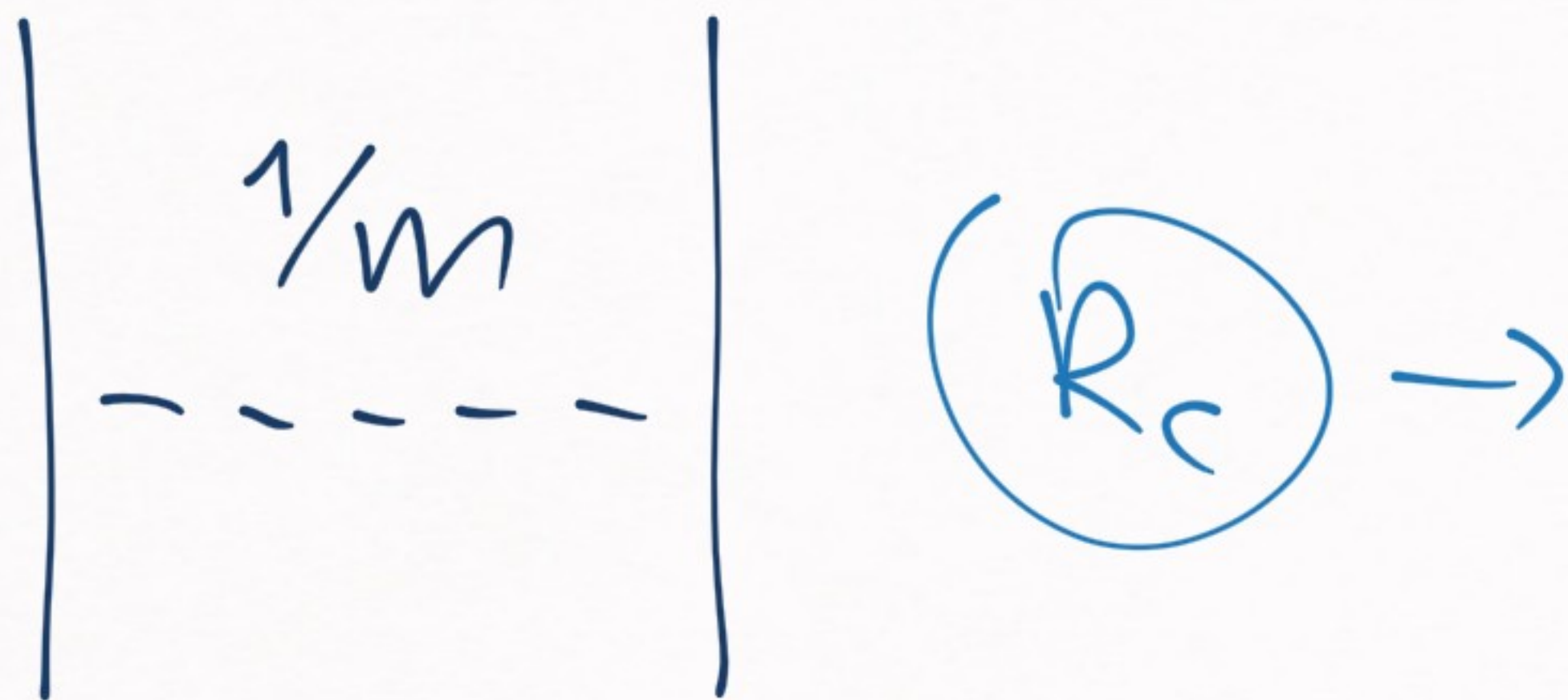
For $\delta \ll m \Rightarrow$ It doesn't matter the form
of the potential



\rightarrow We always obtain same w_f

→ We can try a description in terms
of an arbitrary potential of
range R_c

if $mR_c \gg 1$



REVIEW



① Bound state w/ γ

② Potential w/ range R_H

\Rightarrow If $\gamma R_H \ll 1$, then it does not matter what is the form of the potential

→ We don't have to know the exact V

Two-body system $\Rightarrow \psi_B(\vec{r}) = \frac{A_s}{\sqrt{4\pi}} \frac{e^{-\gamma r}}{r}$
(trivial)

Yet, it would be nice to be able to do
standard QM calculation w/o
(non-trivial) knowing V

→ Let's see how to do the non-trivial part

Fundamental potential

$$\begin{array}{c} \curvearrowright \\ |\vec{g}|^2 \ll m^2 \\ \longrightarrow \end{array}$$

Effective potential

$$V_Y(\vec{g}) = -\frac{g_Y^2}{|\vec{g}|^2 + m^2}$$

$$\begin{aligned} \longrightarrow V_Y(\vec{g}) &= -\frac{g_Y^2}{m^2} \left(1 \right. \\ &\quad \left. - \frac{g_Y^2}{m^2} + \frac{g_Y^4}{m^4} - \frac{g_Y^6}{m^6} + \dots \right) \end{aligned}$$

For $|\vec{g}|^2 \ll m^2$, we can use an "effective" V

$$\begin{aligned} V_{\text{eff}}(\vec{g}) &= C_0 + C_2 |\vec{g}|^2 + C_4 |\vec{g}|^4 + \dots \\ &= C_0 + C_2 \left| \frac{\vec{g}}{m} \right|^2 + C_4 \left| \frac{\vec{g}}{m} \right|^4 + \dots \end{aligned}$$

\Rightarrow an expansion of V in terms
of a small quantity

(LOW ENERGIES) \rightarrow (GENERIC POTENTIAL
AS A POWER SERIES
IN $|\vec{r}|$)
 \searrow

$$V(\vec{r}) = C_0 + C_2 r^2 + C_4 r^4 + \dots$$

If $|\vec{q}|^2 \ll m^2$, then the first term
will be enough:

"Leading order potential"

$\mathcal{O}(q^2)$ or higher
is ignored

$$V_{LO}(\vec{q}) = C_0$$

But ...

$$\boxed{V_{\omega}(\vec{q}) = c_0} \rightarrow \text{problematic}$$

⇓ Fourier-Transform

$$\boxed{V_{\omega}(\vec{r}) = \int \frac{d^3q}{(2\pi)^3} V_{\omega}(\vec{q}) e^{i\vec{q}\cdot\vec{r}}}$$
$$= c_0 \delta^{(3)}(\vec{r})$$

REMINDER

$$\delta(x) = \begin{cases} \infty & x=0 \\ 0 & x \neq 0 \end{cases}$$

$$\int_{-\infty}^{\infty} \delta(x) dx = 1$$



Most generic low-energy potential is:

$$V_{\omega}(\vec{r}) = C_0 \delta^{(3)}(\vec{r})$$

IP $C_0 < 0$ (attractive) \rightarrow variational estimation of the binding energy

$$E_B \leq \langle \psi_{\text{trial}} | H | \psi_{\text{trial}} \rangle$$



$$\langle \psi_{\text{trial}} | \psi_0 | \psi_{\text{trial}} \rangle = \underbrace{C_0}_{<0, \infty} \underbrace{|\psi_{\text{trial}}(\vec{0})|^2}_{>0}$$

$$\psi_{\text{trial}}(\vec{r}) \rightarrow \frac{1}{r}$$

$$\underbrace{<0, \infty}$$

$$E_B \leq -\infty$$

$$\Rightarrow \left[V_{\text{LO}}(\vec{r}) = C_0 \delta(\vec{r}) \quad / \quad C_0 < 0 \right]$$

→ does not have a fundamental state

(system that collapses)



STRANGE BECAUSE $\phi(\vec{r})$ SHOULD
BE A GENERIC POTENTIAL
FOR LOW-ENERGY SYSTEMS

→ WHAT'S WRONG HERE?

→ RENORMALIZATION ENTERS

$$V_0(\vec{r}) = C_0 \delta(\vec{r}) \rightarrow \text{Renormalize } \dagger$$



Two steps

1] REGULARIZATION

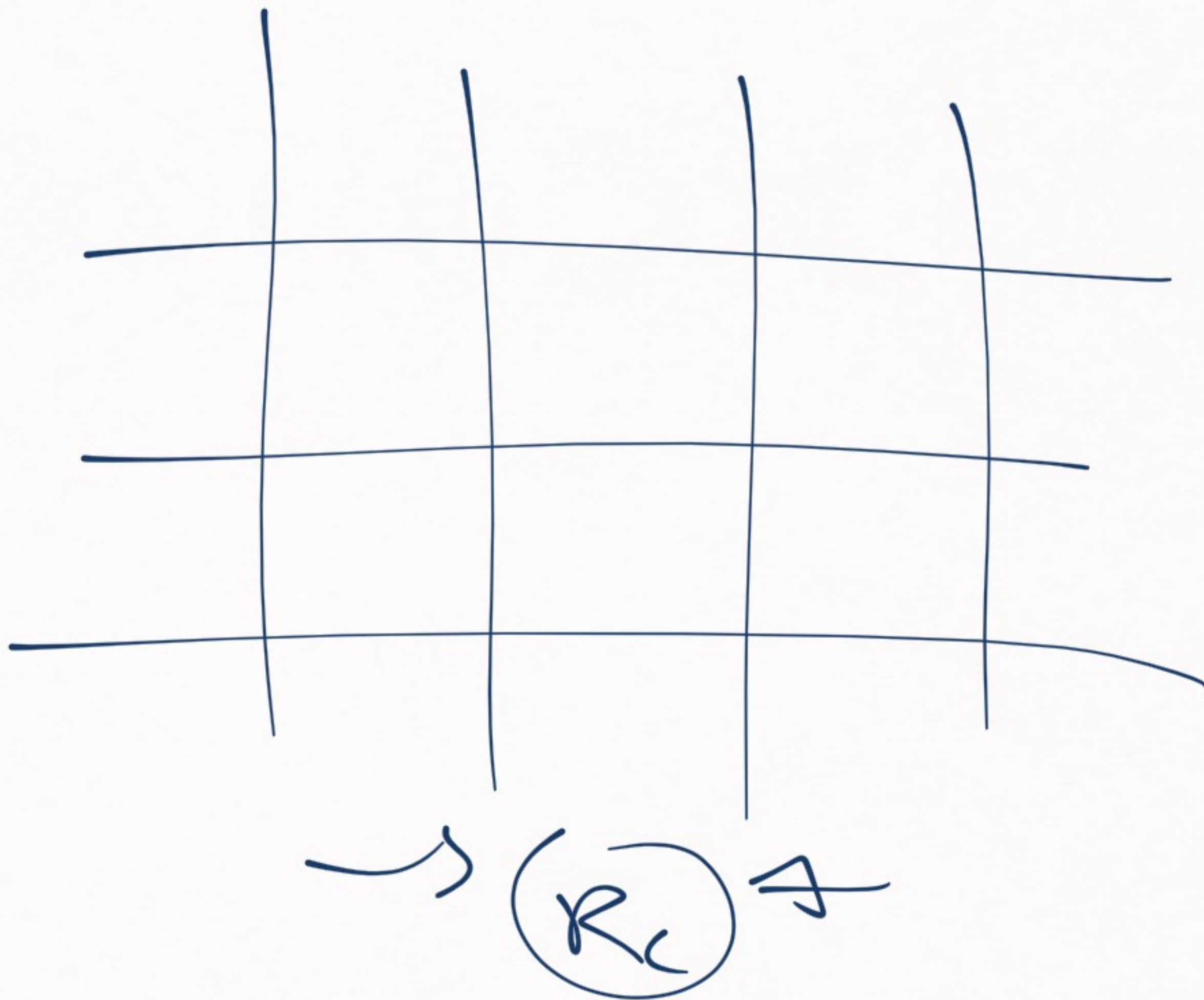
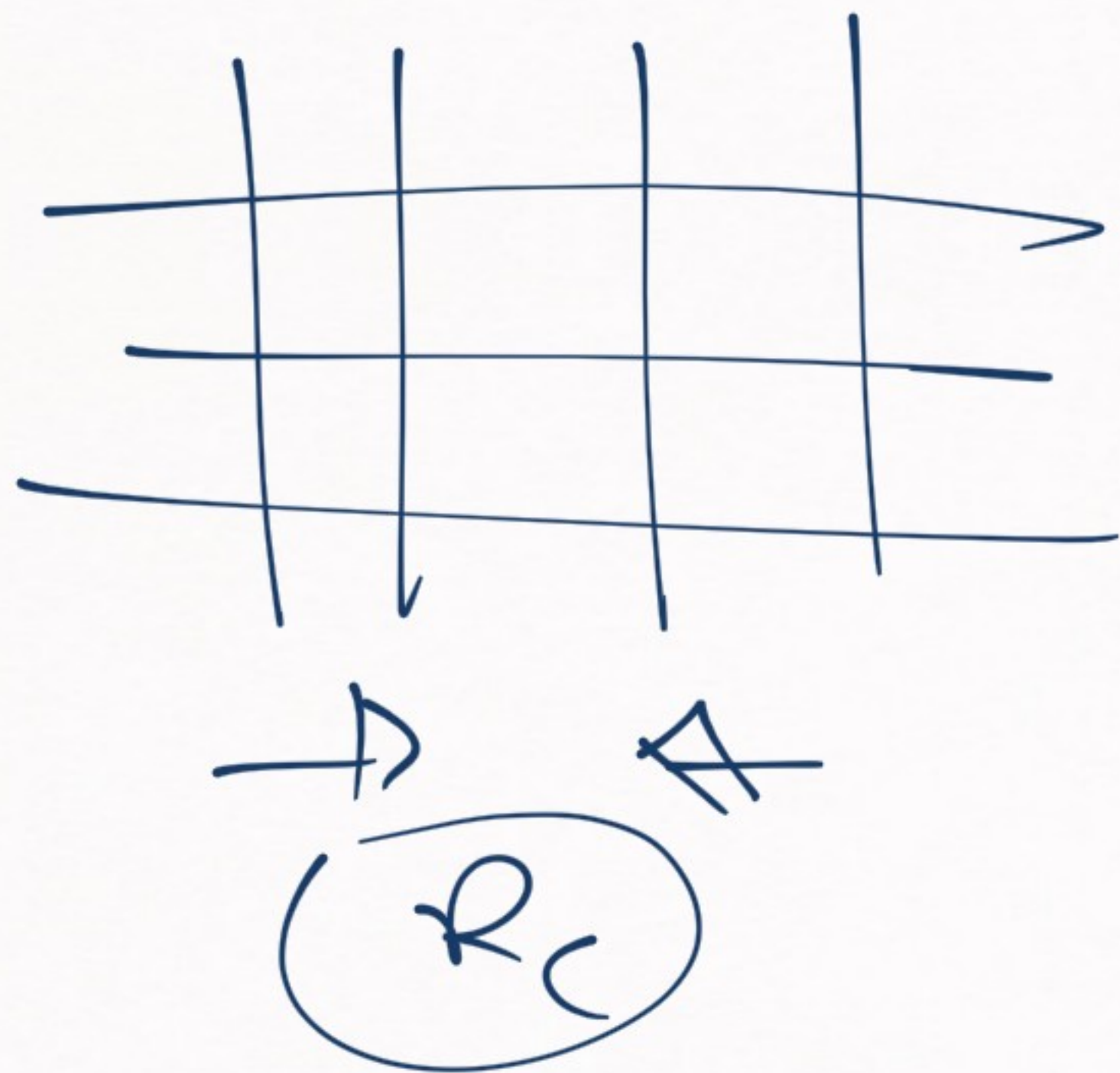
2] RENORMALIZATION

(ORDER)

REGULARIZATION



CUTOFF / RESOLUTION
SCALE



1) p-space:

$$V(\vec{r}) = C_0$$

\wedge
 \Rightarrow

$$V(\vec{r}) = C_0 e^{-\sqrt{V}/\lambda}$$

$$V(\vec{r}) = C_0 \Theta(\lambda - |\vec{r}|)$$

$$V(\vec{r}) = C_0 \frac{\lambda^2}{|\vec{r}| + \lambda}$$

any option / $V(|\vec{r}| \rightarrow 0) \rightarrow C_0$

$V(|\vec{r}| \rightarrow \infty) \rightarrow 0$

is correct

\wedge

2) r-space

$$V(\vec{q}) = C_0 e^{-\vec{q}^T \Lambda \vec{q}}$$

FT

$$V(\vec{r}) = C_0 \frac{\Lambda^3}{(4\pi)^{3/2}} \times e^{-\frac{1}{4} \Lambda^2 r^2}$$

$$V(\vec{r}) = C_0 \delta^{(3)}(\vec{r}) \rightarrow$$

$$C_0 \frac{\delta(R_c - r)}{4\pi R_c^2}$$

$$C_0 \frac{\delta(r - R_c)}{4\pi R_c^2}$$

→ #1 | REGULARIZE

#2 → RENORMALIZE → NEXT LESSON

$V(\vec{r}; R_c)$
 ω

[Result should be independent
of R_c]