

NUCLEAR PHYSICS (8)

EFFECTIVE FIELD THEORIES



RECAP

Renormalization (basic idea)

" Physics at long-distances does
not depend on short-distance
details "

EXAMPLES \rightarrow \exists different scientific disciplines

Biology / Chemistry / Molecular physics
/ Atomic physics / Nuclear physics / ...



EXAMPLE → [THEORY OF TEAPOTS
& TEACUPS]



High energy / short distance

Theory: DIFFICULT

- Fourier equation of heat conduction
- convection theory

→ LEFT APPROACH

1) Solve dynamics (Newton's law of cooling)

$$(T - T_{\text{ext}}) = (T_0 - T_{\text{ext}}) e^{-\lambda(t-t_0)}$$

2) Find the relevant degrees of freedom (d.o.f)

$S, \Sigma \rightarrow$ Exposed, ceramic surface

3) Find a small expansion parameter

$$x = \frac{1}{\beta} \frac{\Sigma}{S} \quad (\beta \text{ a numerical factor}) \quad (ISSI)$$

4) Write down the theory (as an EXPANSION)

$$\lambda = S (c_0 + c_1 x + c_2 x^2 + \dots)$$

5) Choose some accuracy (if $x < 1$,
 $\mathcal{O}(x)$, $\mathcal{O}(x^2)$, $\mathcal{O}(x^3)$, ... convergence)

$$\lambda = c_0 S + \mathcal{O}(x)$$

6) Fit the LECs (low energy constants)
to the exp. data $\hookrightarrow [c_0, c_1, c_2, \dots]$

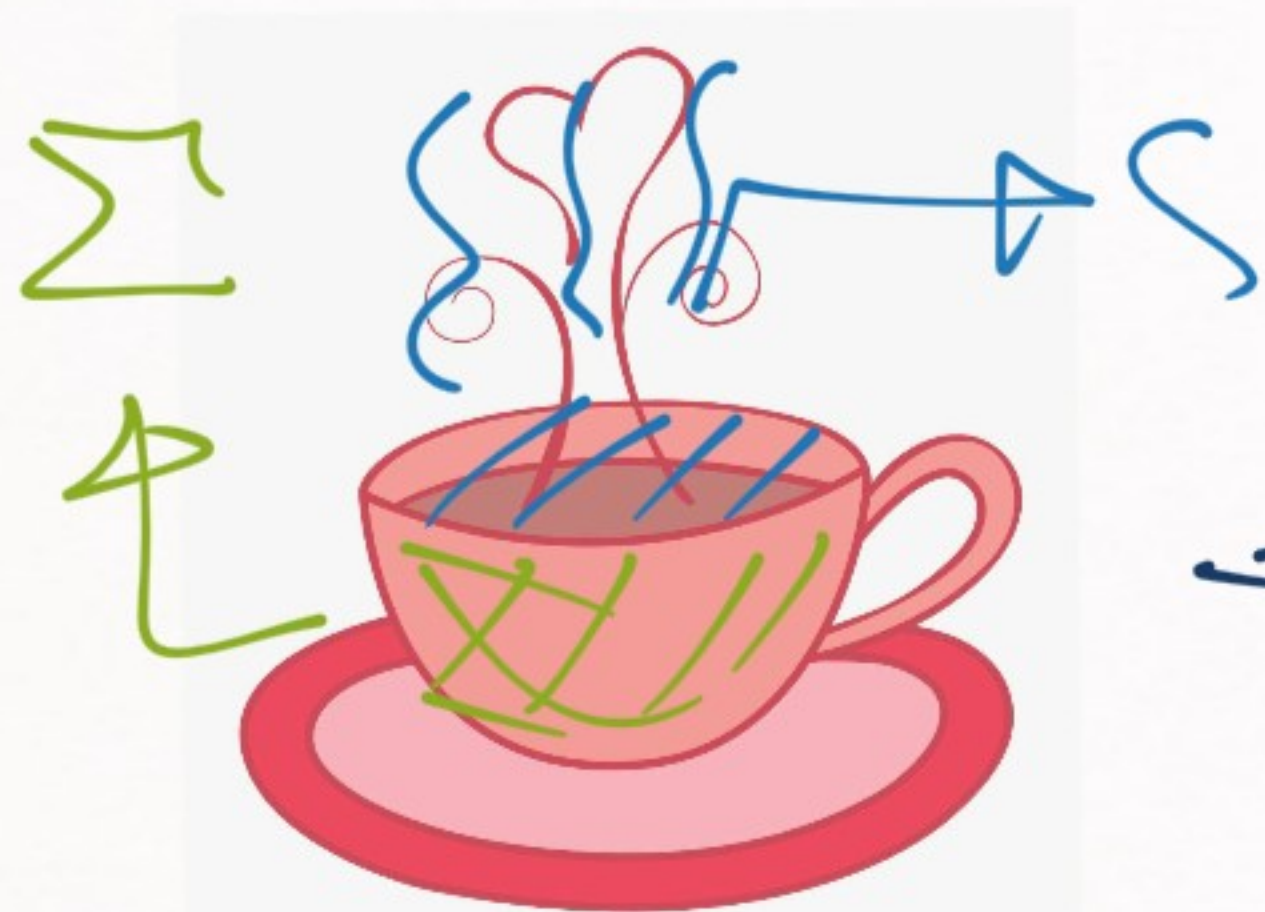
EIT ALGORITHM → Simple

→ There is more than the previous

⇒ many possible expansions
(⇒ many power counting)

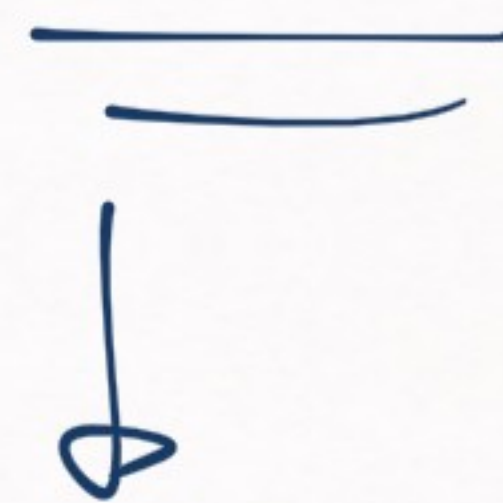


TEAPOT & TEACUP THEORY → At least



$$\xi = \frac{1}{\sigma} \quad , \quad \xi \gg 1$$

Two power counting



$$\xi \quad \boxed{x < y} \quad ?$$

$$\left[x, y = \frac{1}{x} \right]$$

$$\text{If } \sigma \approx 10, \quad x < 1 \Rightarrow \sigma < \frac{1}{10} \xi$$

→ σ very small, ξ very big



$\rightarrow \Sigma \gg \rho \Sigma$

(Σ wins $\rightarrow \Sigma$ becomes
the way this will
cool down)

$$x = \frac{\Sigma}{\rho \Sigma} > 1 \Rightarrow \boxed{\lambda = \Sigma \Sigma c_n x^n} \text{ Divergent}$$

\rightarrow [This expansion/power counting fails]



$$\rightarrow y = \frac{1}{x} = \frac{\mathcal{L}\mathcal{L}}{\mathcal{L}} \quad \left| \right.$$

$$\lambda = \sum (d_0 + d_1 y + d_2 y^2 + \dots) \quad \left| \right.$$

New expansion in the new power counting

[POWER COUNTING IS NOT UNIQUE]



1) CUP-COUNTING $x = \frac{1}{\sum S}$

$$\lambda = \sum (c_0 + c_1 x + c_2 x^2 + \dots)$$

2) POT-COUNTING $y = \frac{1}{\sum S}$

$$\lambda = \sum (d_0 + d_1 y + d_2 y^2 + \dots)$$



[LFTs] → power counting not unique



technical names

→ Universality classes
→ Infrared fixed
points

Infrared \rightarrow $\boxed{\Lambda \rightarrow 0}$

Ultraviolet \rightarrow $\boxed{\Lambda \rightarrow \infty}$

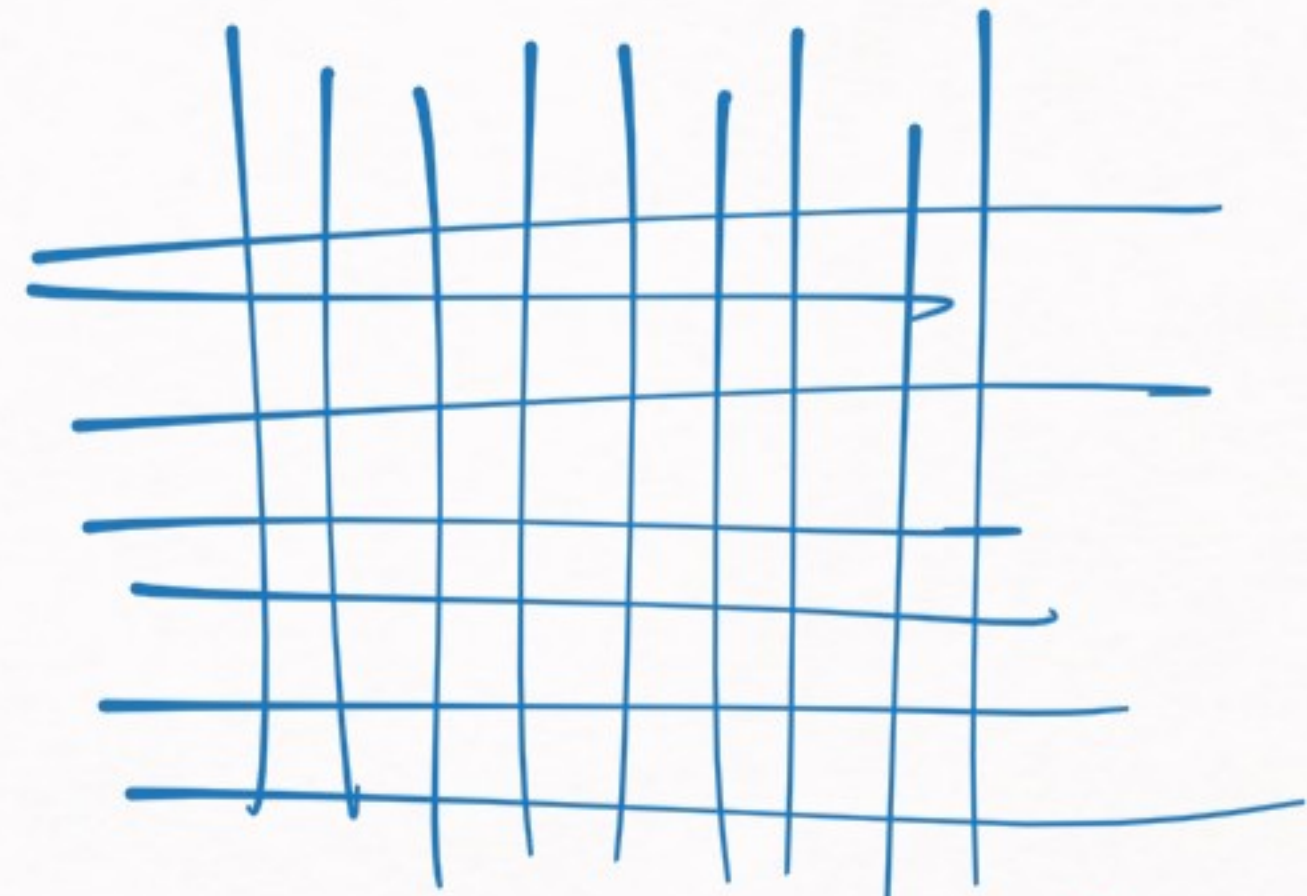
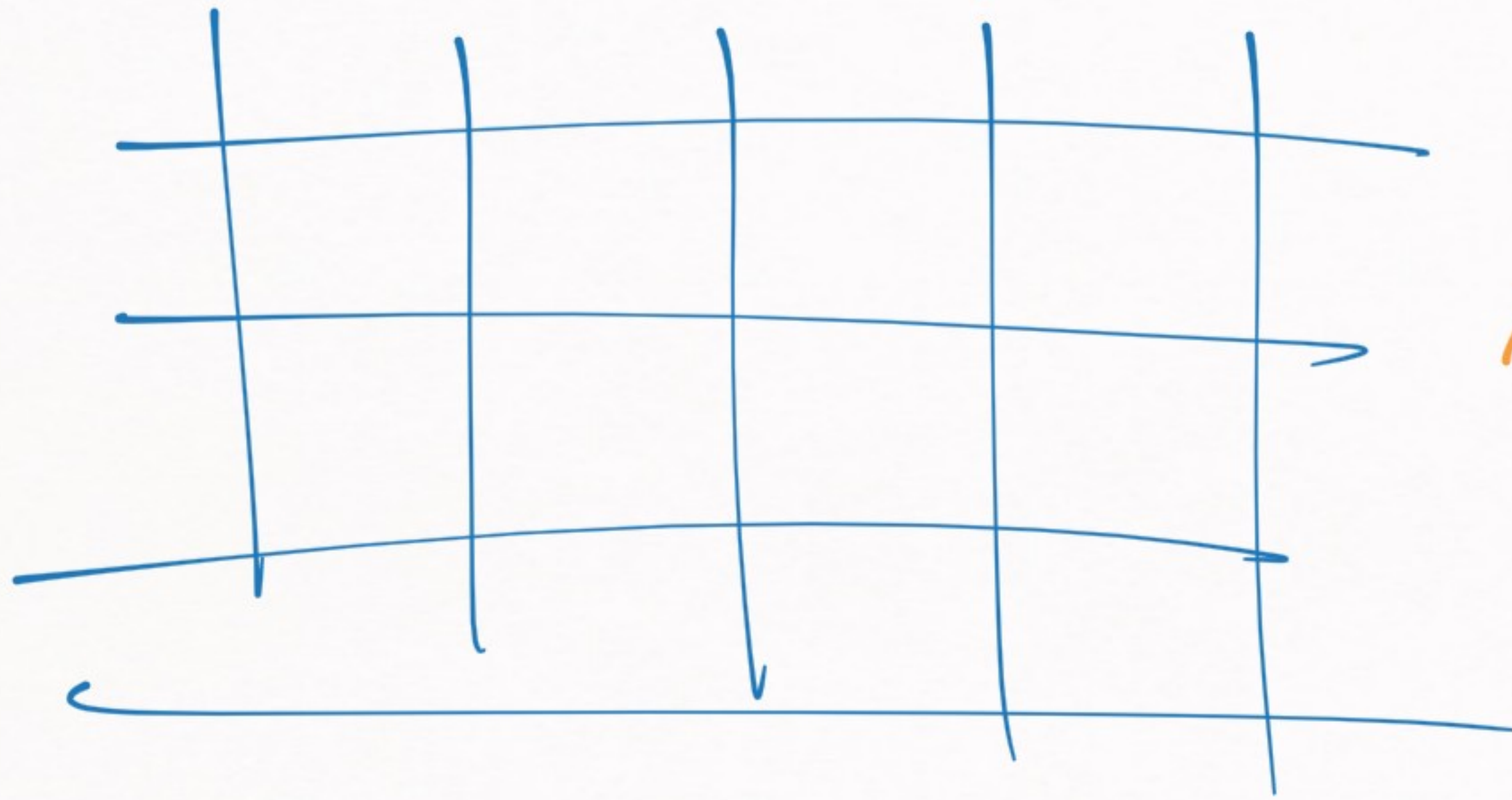
$[\Lambda \rightarrow \text{resolution of our theory}]$

[CONGRATULATIONS!] → Renormalize
your tea set!



RENORMALIZED ✓

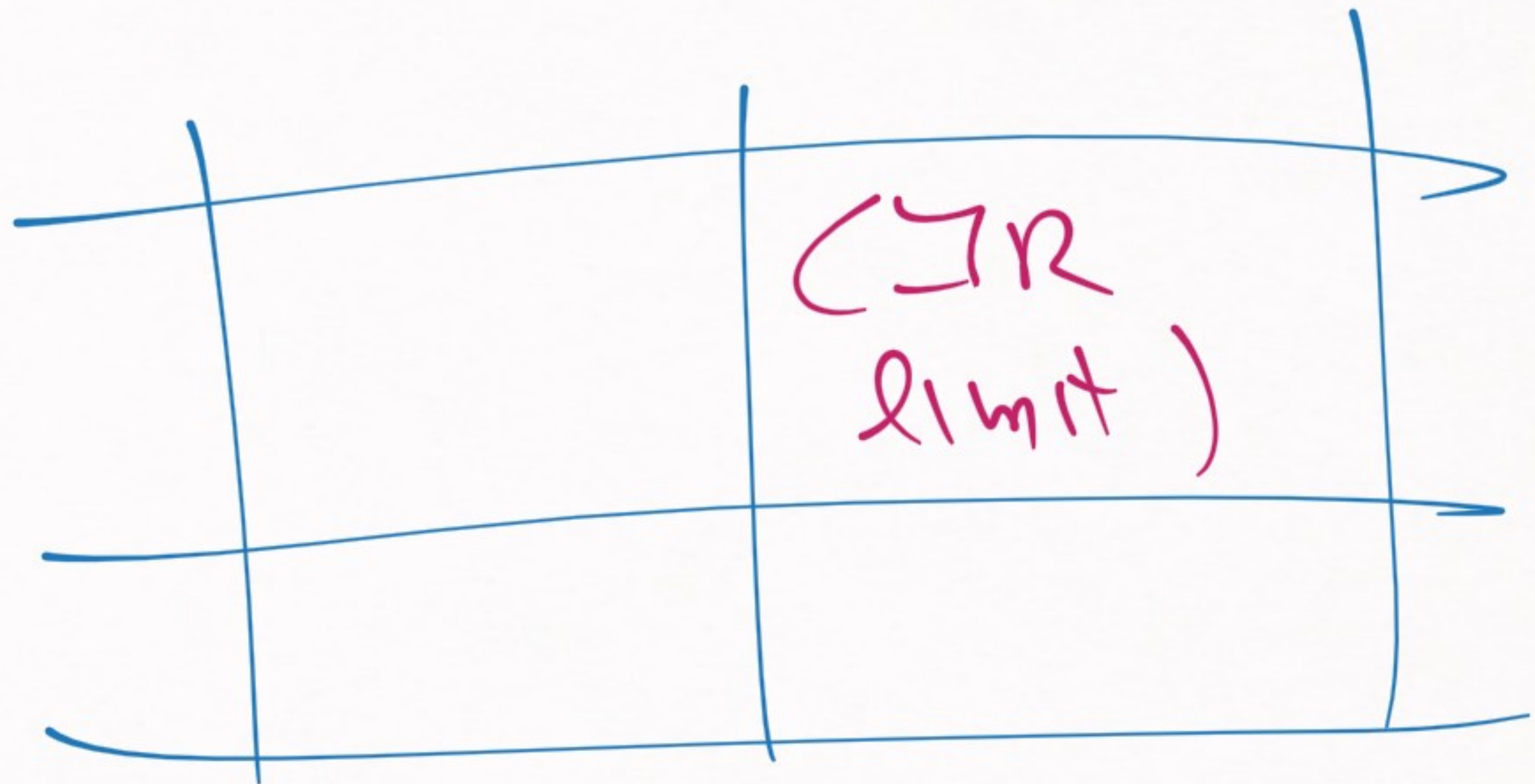
→ Renormalize some
QM problem



(UV limit)

→ ←
 λ/λ

(RESOLUTION)



(IR limit)

→ JUST LANGUAGE

ULTRAVIOLET \leftrightarrow HIGH RESOLUTION

INFRARED \leftrightarrow LOW RESOLUTION



LITERATURE ABOUT RENORMALIZATION

2. The Renormalization group and the epsilon expansion

(2700) K.G. Wilson (Princeton, Inst. Advanced Study & Cornell U., LNS), John B. Kogut (Princeton, Inst. Advanced Study). Jul 1973. 126 pp.

Published in **Phys.Rept.** 12 (1974) 75-199

DOI: [10.1016/0370-1573\(74\)90023-4](https://doi.org/10.1016/0370-1573(74)90023-4)

[References](#) | [BibTeX](#) | [LaTeX\(US\)](#) | [LaTeX\(EU\)](#) | [Harvmac](#) | [EndNote](#)
[ADS Abstract Service](#)

[Detailed record](#) - [Cited by 2700 records](#) 1000+

→ CLASSIC (background on solid state physics)

4. Renormalization and Effective Lagrangians

Joseph Polchinski (Harvard U.). Apr 1983. 27 pp.

Published in **Nucl.Phys.** B231 (1984) 269-295

HUTP-83-A018

DOI: [10.1016/0550-3213\(84\)90287-6](https://doi.org/10.1016/0550-3213(84)90287-6)

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[KEK scanned document](#)

[Detailed record](#) - [Cited by 1120 records](#) 1000+

→ VERY MUCH RECOMMENDED
(ϕ^4 -theory in QFT)

1. Building light nuclei from neutrons, protons, and pions

(45) Daniel R. Phillips (Ohio U.). Mar 2002. 54 pp.

Published in **Czech.J.Phys.** 52 (2002) B49

DOI: [10.1007/s10582-002-0079-z](https://doi.org/10.1007/s10582-002-0079-z)

To appear in the proceedings of Conference: [C01-07-09.13 Proceedings](#)

e-Print: [nucl-th/0203040](#) | [PDF](#)

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[ADS Abstract Service](#)

[Detailed record](#) - [Cited by 45 records](#)

→ GOOD & EASY
(QM & nuclear physics)

1. Effective field theory for few nucleon systems

(618) Paulo F. Bedaque (LBL, Berkeley), Udirajara van Kolck (Arizona U. & RIKEN BNL). Mar 2002. 55 pp.

Published in **Ann.Rev.Nucl.Part.Sci.** 52 (2002) 339-396

DOI: [10.1146/annurev.nucl.52.050102.090637](https://doi.org/10.1146/annurev.nucl.52.050102.090637)

e-Print: [nucl-th/0203055](#) | [PDF](#)

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[ADS Abstract Service](#)

[Detailed record](#) - [Cited by 618 records](#) 500+

→ GOOD &
STILL EASY

↗ MORE ABSTRACT
(you can't try, not
easy, but doable
for you)

3. A Renormalization group treatment of two-body scattering

(196) Michael C. Birse, Judith A. McGovern, Keith G. Richardson (Manchester U.). Jul 1998. 4 pp.

Published in **Phys.Lett.** B464 (1999) 169-176

MC-TH-98-11

DOI: [10.1016/S0370-2693\(99\)00991-0](https://doi.org/10.1016/S0370-2693(99)00991-0)

e-Print: [hep-ph/9807302](#) | [PDF](#)

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[RENORMALIZATION IN QM & NUCLEAR PHYSICS]

→ Renormalization:

"Physics at long-distances does not depend on short-distance details"

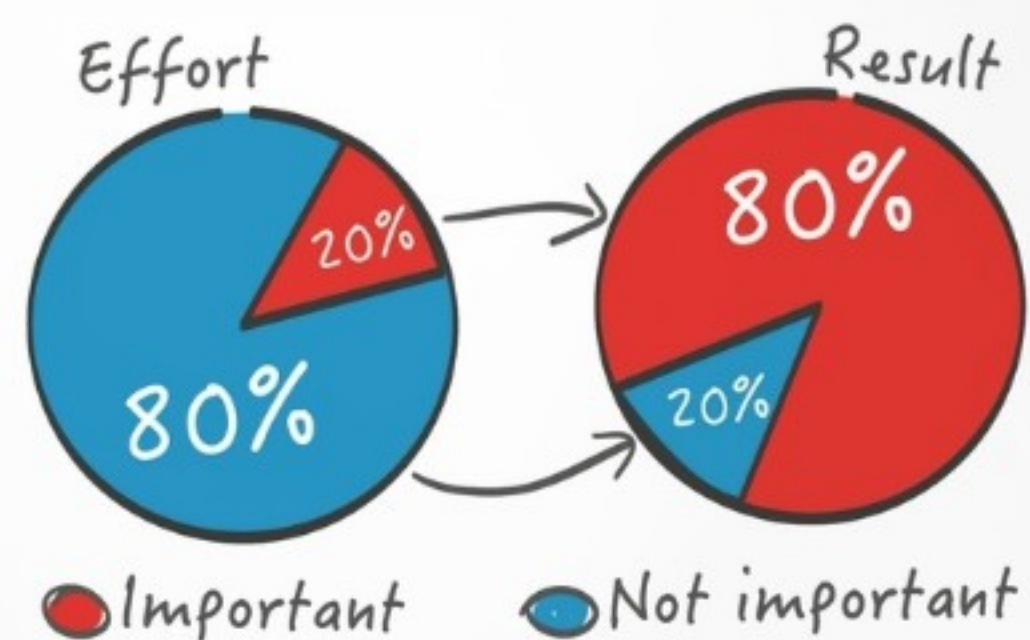
→ RGA (Renormalization Group Analysis)

$$\left[\frac{d}{d\Lambda} \langle \Psi | \hat{G} | \Psi \rangle = 0 \right]$$

→ EXAMPLE OF "EFT THINKING"

1) TOY THEORY OF CUPS & POTS

2) PARETO PRINCIPLE



"20% of the effort
gives 80% of the results"

(power counting)

3) IMPRESSIONISM



(ART) 印象派

1) Big dots

($A \rightarrow Q$) ("akin of $A \rightarrow 0$ ")

2) No short-distance
detail

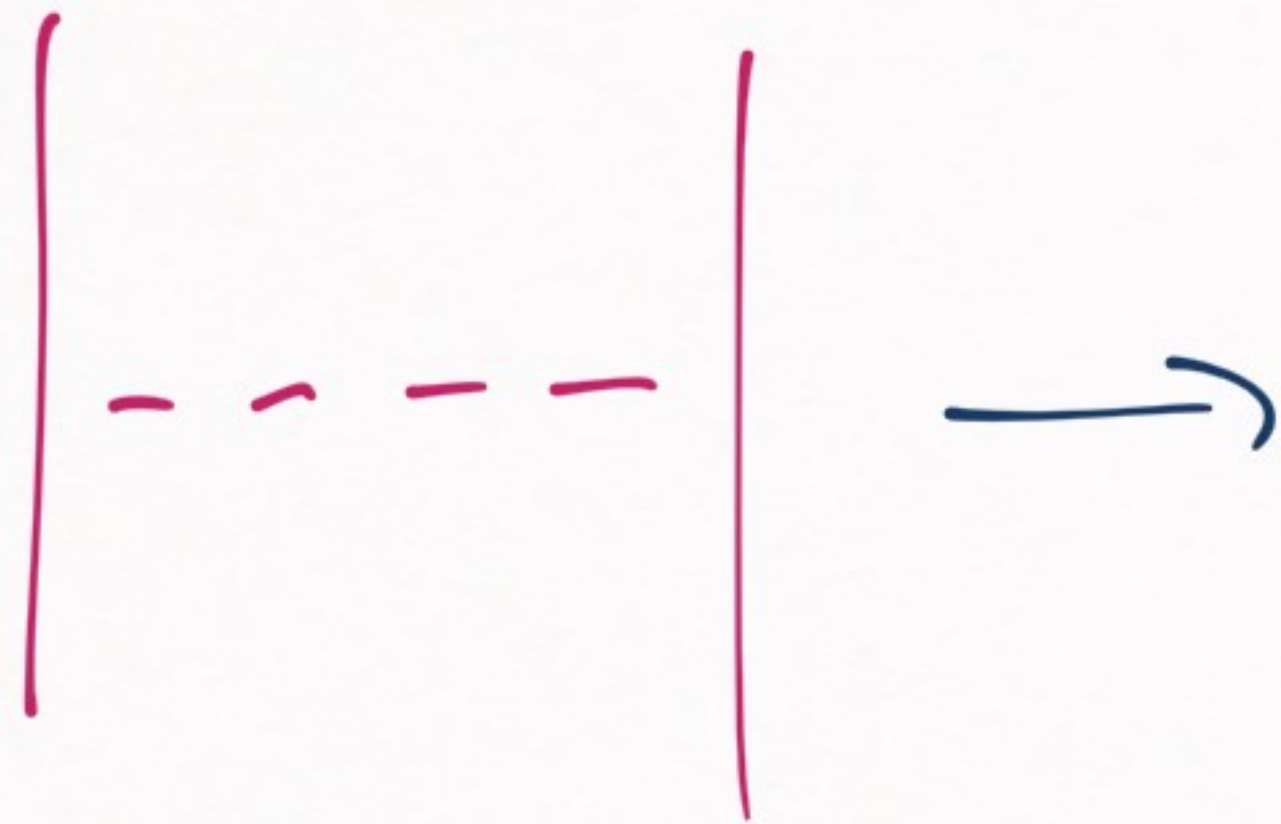
3) Great paintings

(Effelwe paintings)

→ [This is the way we think in EFT]

[GOING BACK TO PHYSICS] → How do I apply these ideas?

Yukawa



$$V(r) = -\frac{g^2}{4\pi} \frac{e^{-mr}}{r}$$

$$V(\vec{q}) = -\frac{g^2}{q^2 + m^2}$$

Two-body problem w/ Yukawa potential:

- 1) two-particles of mass M
- 2) they exchange a scalar boson of mass m
- 3) the potential is a Yukawa
- 4)
$$\left[-\frac{\nabla^2}{M} + V(r) \right] \psi(\vec{r}) = E \psi(\vec{r})$$

Interesting facts:

→ binding depends on $\lambda = \frac{M}{m} \frac{g^2}{4\pi} \geq 1.68$

$$(\lambda_c = 1.68)$$

1) $\lambda < \lambda_c \rightarrow$ no binding

2) $\lambda = \lambda_c \rightarrow$ zero-energy bound state
(unitary limit)

3) $\lambda > \lambda_c \rightarrow$ binding

[1, 2, 3 relate to [FT]]

Some calculations $\rightarrow M = 1 \text{ GeV}, m = 0.5 \text{ GeV}$

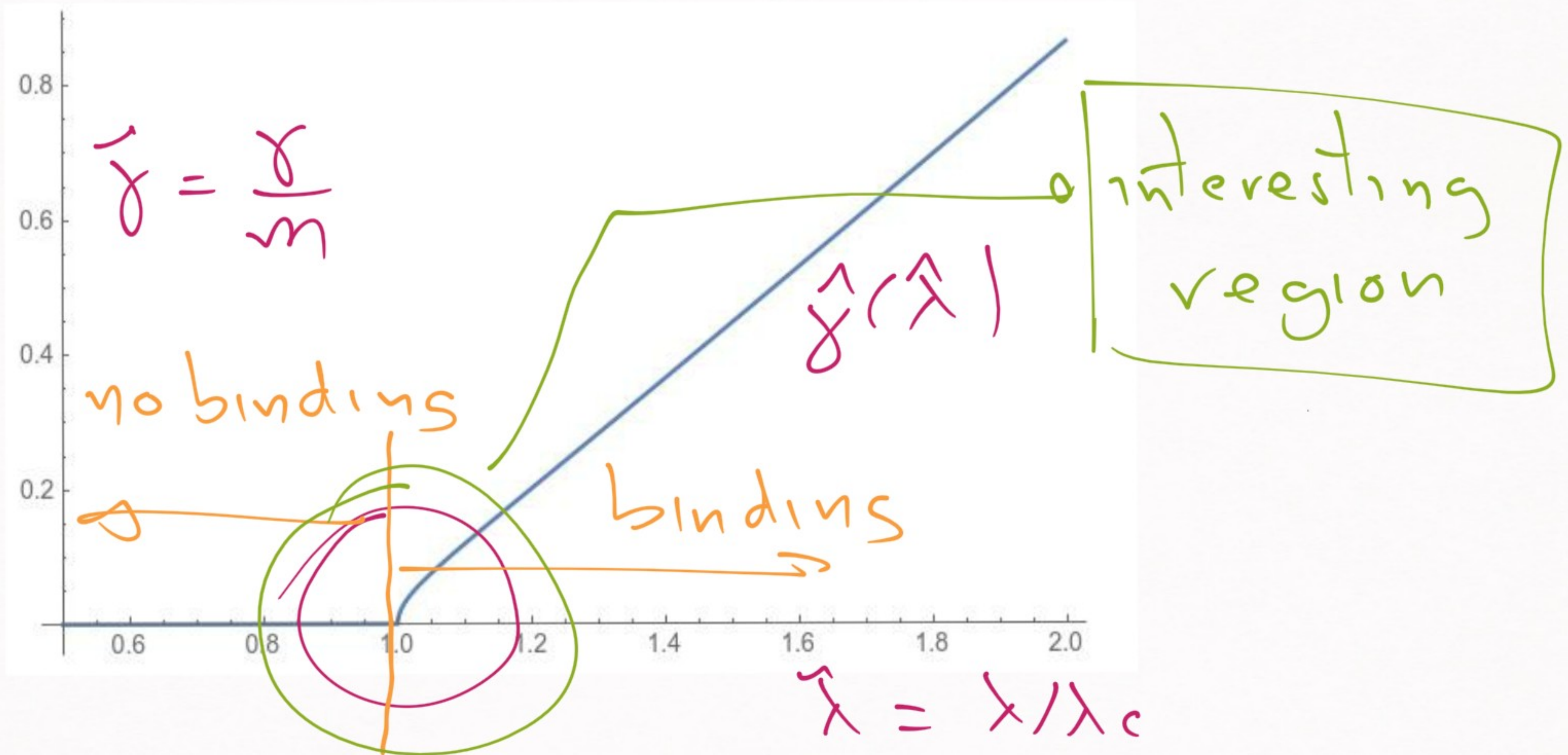
$$E_B = -\gamma^2/M \rightarrow \gamma = \gamma(x) \quad \lambda = \frac{M}{m} \frac{g^2}{4\pi}$$

Better yet \rightarrow remove all dimensional quantities

$$\gamma = \gamma(\lambda) \rightarrow \hat{\gamma} = \frac{\gamma}{m}, \hat{\lambda} = \frac{\lambda}{c}$$

$$\hat{\gamma} = \hat{\gamma}(\hat{\lambda})$$

Computing $\hat{\gamma} = \hat{\gamma}(\hat{\lambda})$ is actually easy!



[WHY \Rightarrow AN INTERESTING REGIME?]

(why $\hat{\lambda} \approx 1$ is interesting?)

IF $\hat{\lambda} = 1 + \Delta$ ($\Delta \ll 1$, $\Delta > 0$)

$$\Rightarrow \boxed{\gamma \ll 1}$$

$$\psi_B(\vec{r}) = \frac{1}{\sqrt{4\pi}} \frac{u(r)}{r}$$

$$u(r) \rightarrow \textcircled{A_S e^{-\gamma r}}$$

$r \gg 1/m$

$$\boxed{\gamma \ll m}$$

$$\psi_B(\vec{r}) \rightarrow \frac{1}{\sqrt{4\pi}} \Delta_S \frac{e^{-\gamma r}}{r} \Rightarrow \text{for } \gamma \ll m$$

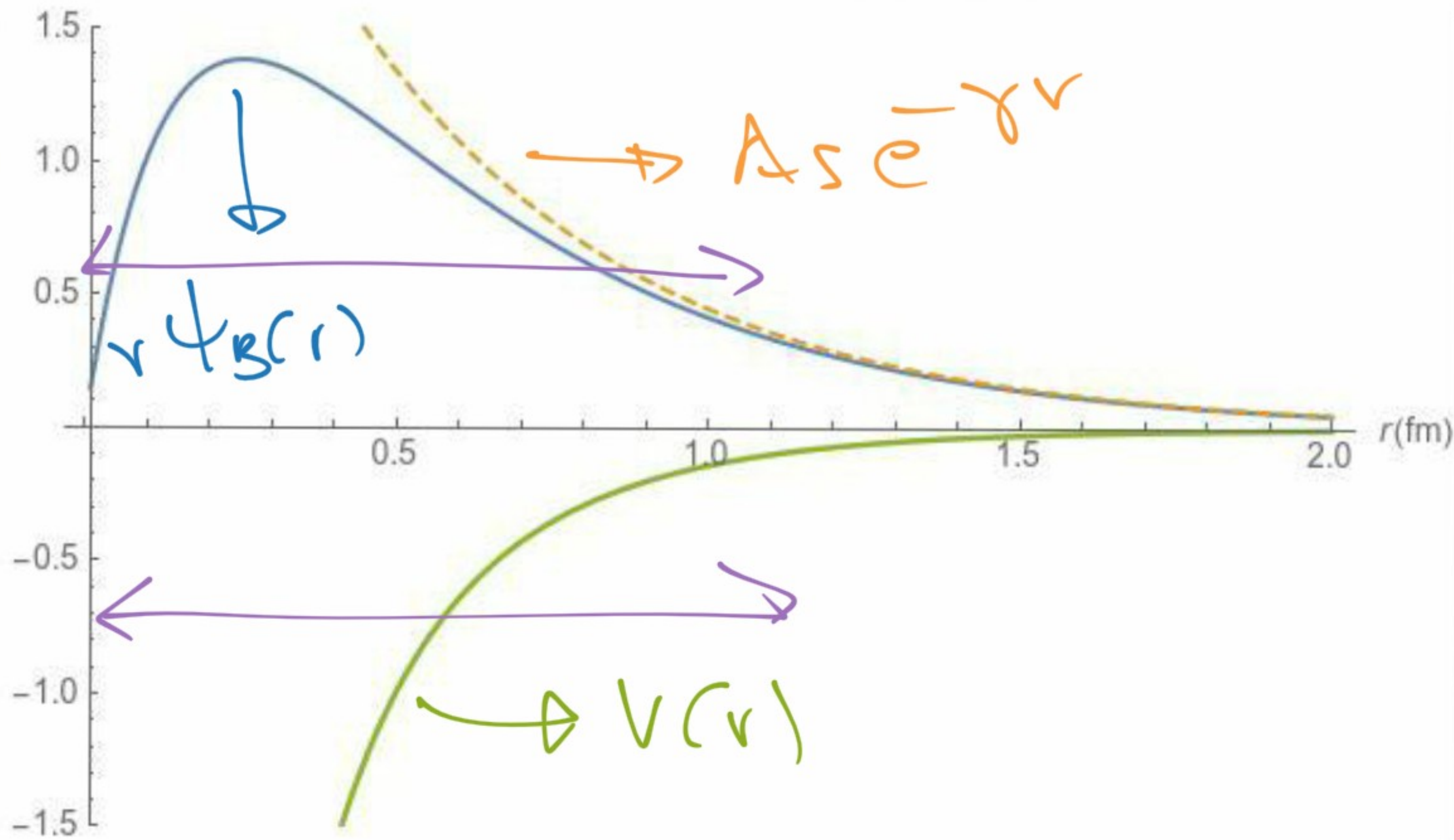
$\psi_B(\vec{r})$ is going to be much bigger than the potential

$$\psi_B(r) \sim e^{-\gamma r}$$
$$V(r) \sim e^{-mr}$$

\Rightarrow This will have consequences

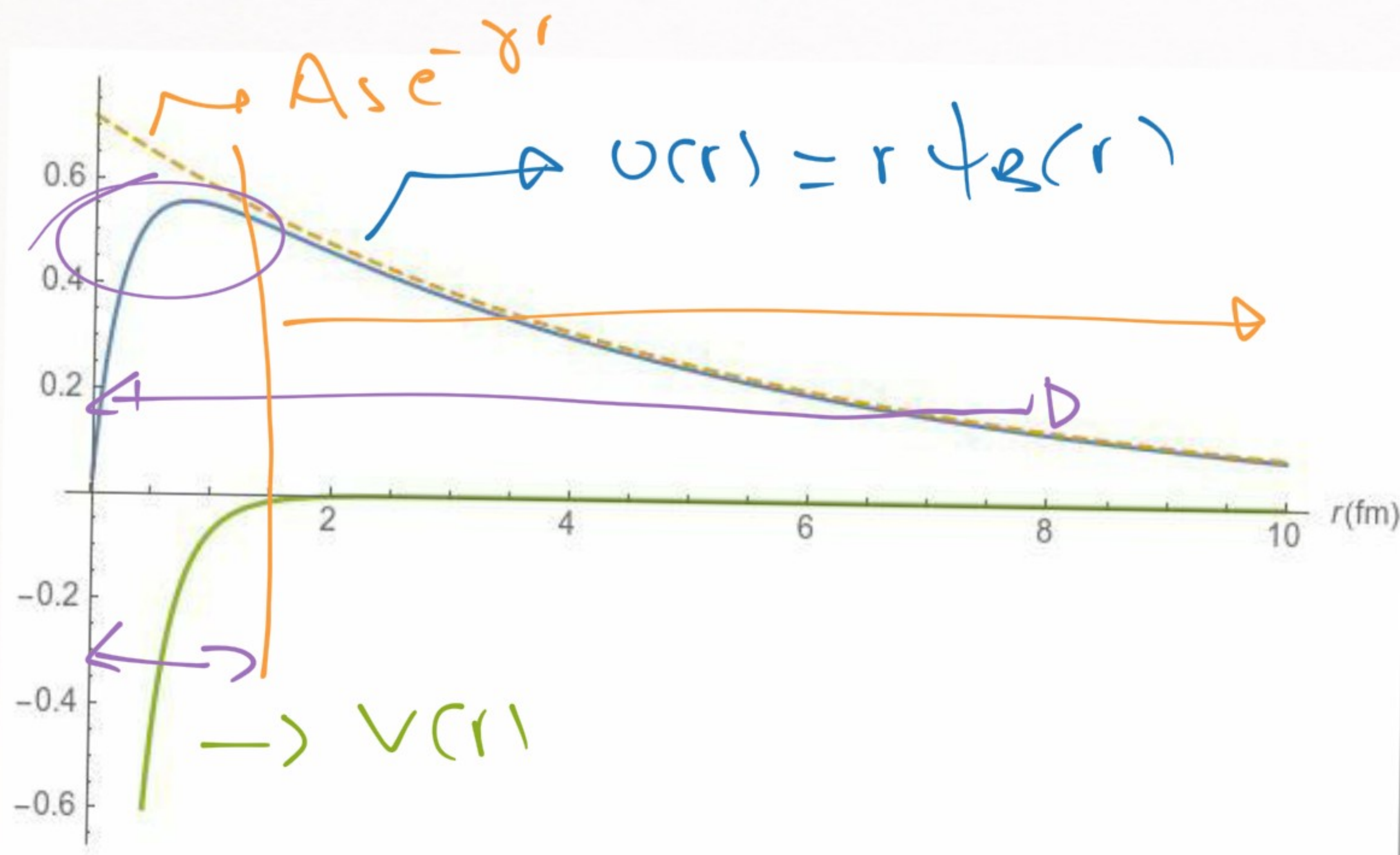
\Rightarrow Simplifications

3) $\lambda = 2\lambda_c$, $\gamma = 0.26 \text{ m}^{-1}$ ($\gamma \sim \text{m}^{-1}$) (NATURAL THEORY)



Size of t_B similar to Size of $V(r)$

2) $\lambda = 1.05 \lambda_c$, $\gamma = 0.075 \text{ m}$



2.a) Size of $\psi_B(r)$ is much larger than size of $V(r)$

2.b) For $mr \gg 1$, $\psi_B(r)$ looks like

$$\psi_B(r) \sim \frac{A_s}{\sqrt{4\pi}} \frac{e^{-\gamma r}}{r}$$

What do we learn from this example?

1) Natural case

1.a) Wave function / potential same size

1.b) Wave function depends on form of the potential

2) Unnatural case 2.b → RENORMALIZATION

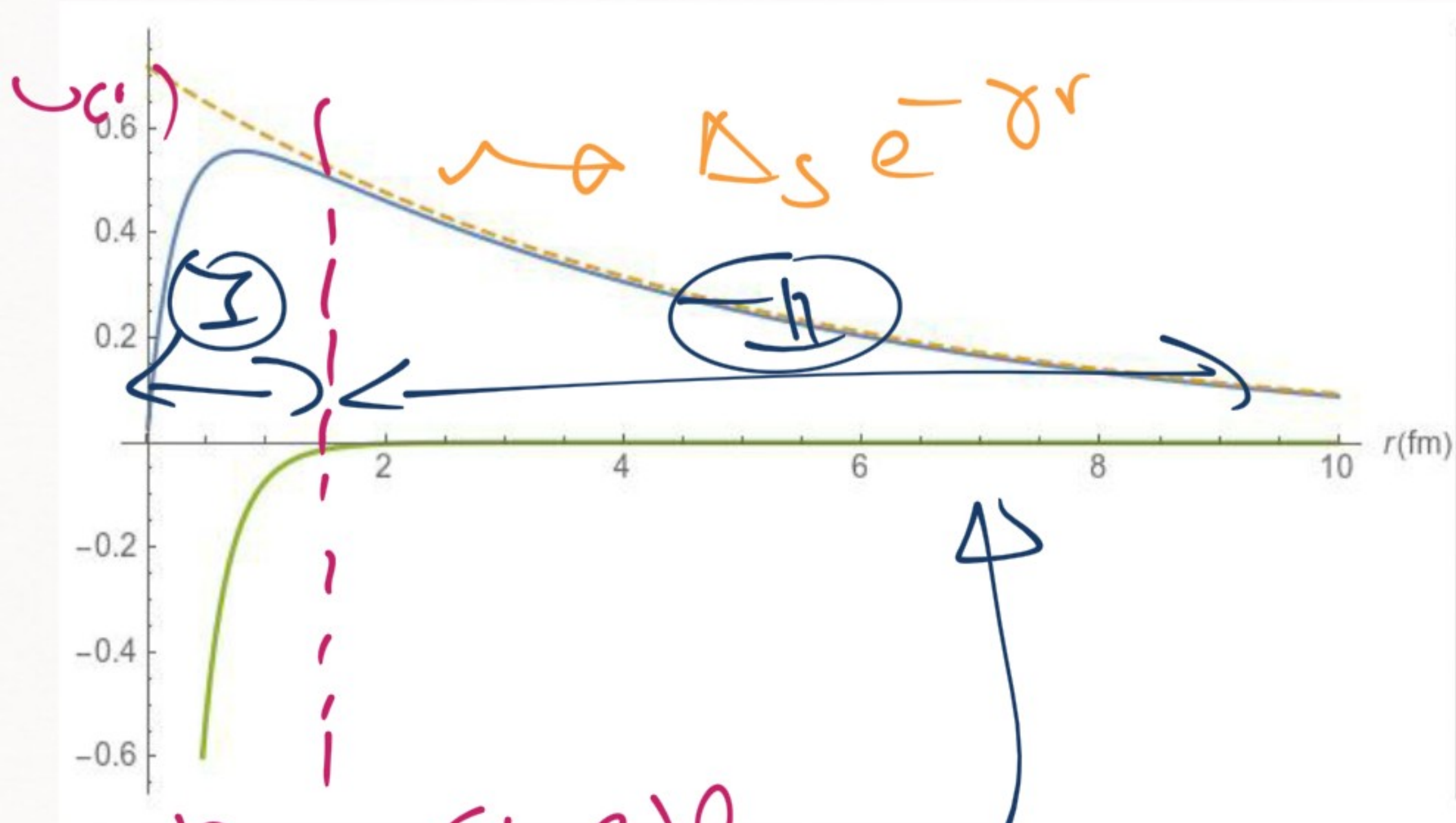
2.a) Wave function much larger than potential

2.b) At long distances, wave function independent of $V(r)$

FOR (2) WE CAN BUILD
AN EFFECTIVE DESCRIPTION

→ $\frac{\lambda}{\lambda_c} \approx 1$

→ HOW TO DO IT?



CLOSER LOOK:

If $r > R_c$

$\Rightarrow u(r) \approx \Delta_c e^{-\gamma r}$

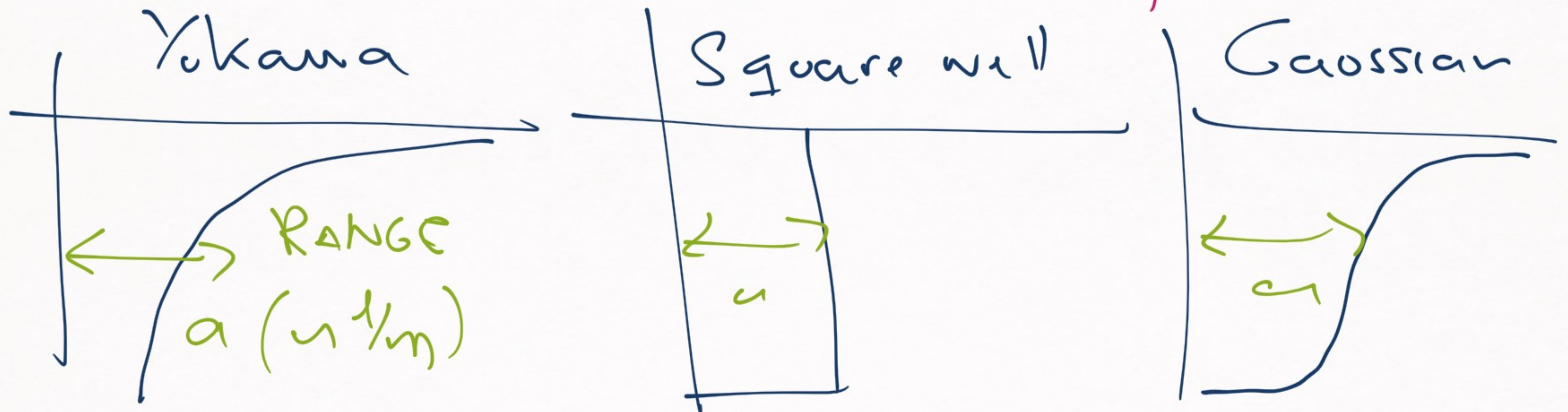
$R_c \approx (1-2) \text{ fm}$

[Most of $u(r)$ lives in I]

$u(r)$ & $\Delta_s e^{-\gamma r}$ basically coincide at long distances

[We can ignore region I]

Whatever happens in REGION (I) not very important



\Rightarrow [\forall give $u(r) \approx \Delta s e^{-\delta r}$ for $r \gg a$]
 (δ for $\frac{1}{\delta} \gg a$)

IP $\frac{l}{\delta} \gg a \Rightarrow$ [THE POTENTIAL DOES NOT MATTER]

Most potentials will generate almost exactly the same wave function

↳ ["physics at long-distances does not depend on short-distance details"]

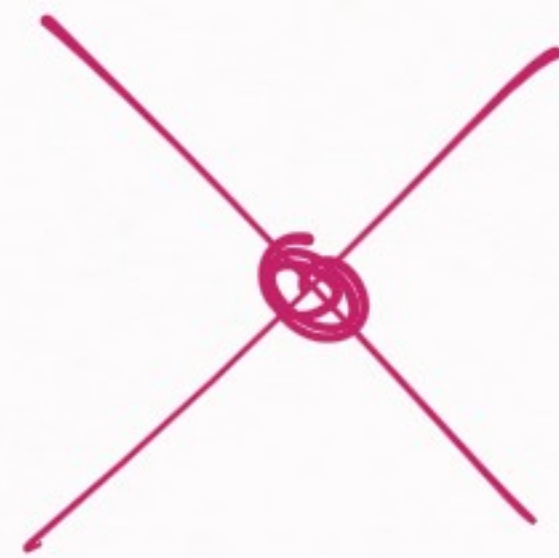
If $\frac{1}{\lambda} \gg a$ ($\lambda \ll m$) \Rightarrow [WE DON'T NEED
TO KNOW THE
TRUE / EXACT
POTENTIAL]

(SHALLOW BOUND
STATE)

\rightarrow Substitute the true potential by something simpler

Yukawa
|-----|

\Rightarrow



?

(contact interaction)

YUKAWA

$$V(\vec{q}) = -\frac{g^2}{|\vec{q}|^2 + m^2} \rightarrow -\frac{g^2}{m^2} \left[1 - \frac{q^2}{m^2} + \frac{q^4}{m^4} - \frac{q^6}{m^6} + \dots \right]$$

$|\vec{q}|^2 \ll m^2$

$$V(\vec{q}) \rightarrow -\frac{g^2}{m^2} \left(1 + \mathcal{O}\left(\frac{|\vec{q}|^2}{m^2}\right) + \dots \right)$$

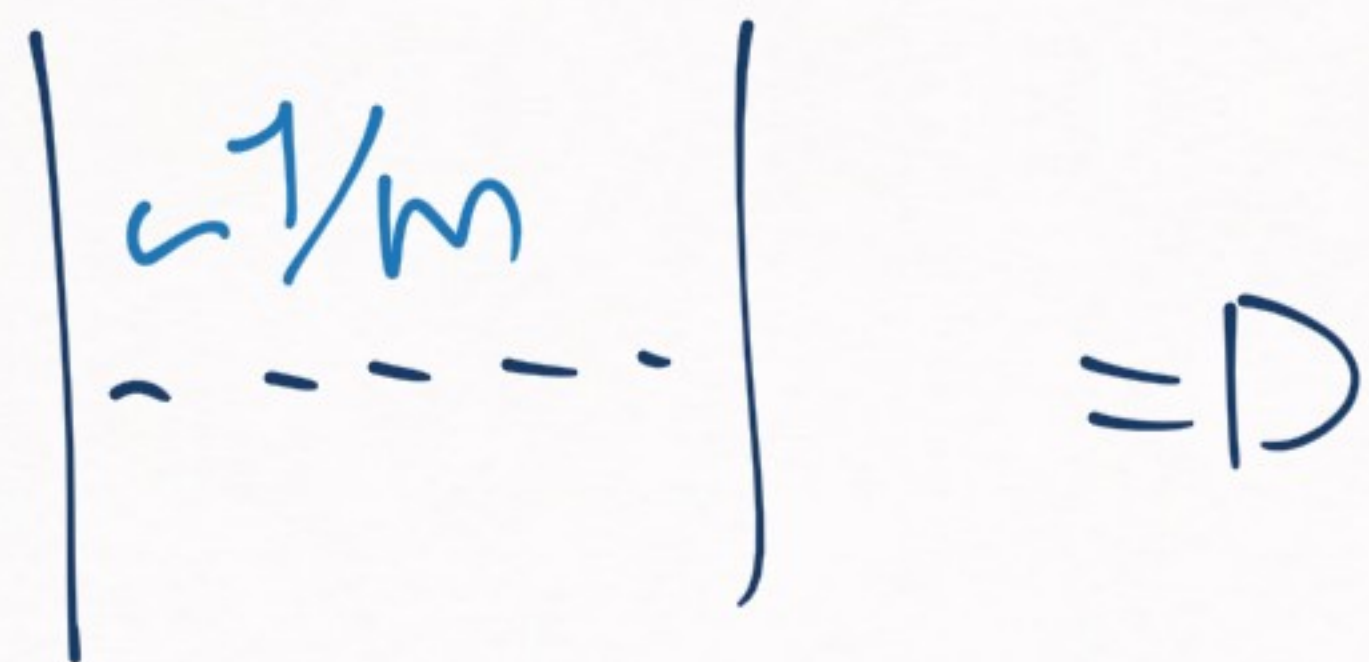
$|\vec{q}|^2 \ll m^2$

$$V(q) \rightarrow C_0$$

$|\vec{q}|^2 \ll m^2$

(just a number)

At long distances / low energies, we don't know if two particles exchange a boson



(short-distance description)



(long-distance description)

$$V(\vec{r}) = -\frac{g^2}{m^2 + |\vec{r}|^2}$$

(Short distance)



(Details of $V(\vec{r})$
are important)

$$\rightarrow \left[V(\vec{r}) = C_0 + (2g^2 + \dots) \right]$$

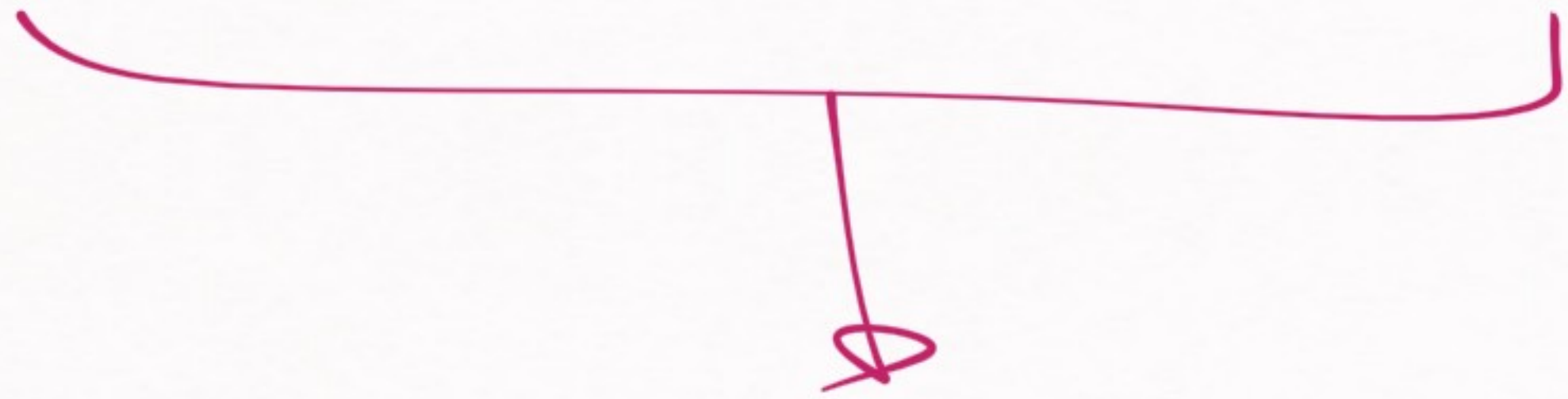
(Long distance)



(Details of $V(\vec{r})$ not
important)

↪ [We can use a
generic potential]

$$V(\underline{g}) = -\frac{g^2}{-g^2 - 1 \text{ m}^2} \quad \text{or anything else}$$



$$|\underline{g}^2| \ll 1 \text{ m}^2 \quad \Rightarrow \quad V(\underline{g}) = C_0 + C_2 g^2 + C_4 g^4 + \dots$$

(Taylor expansion)

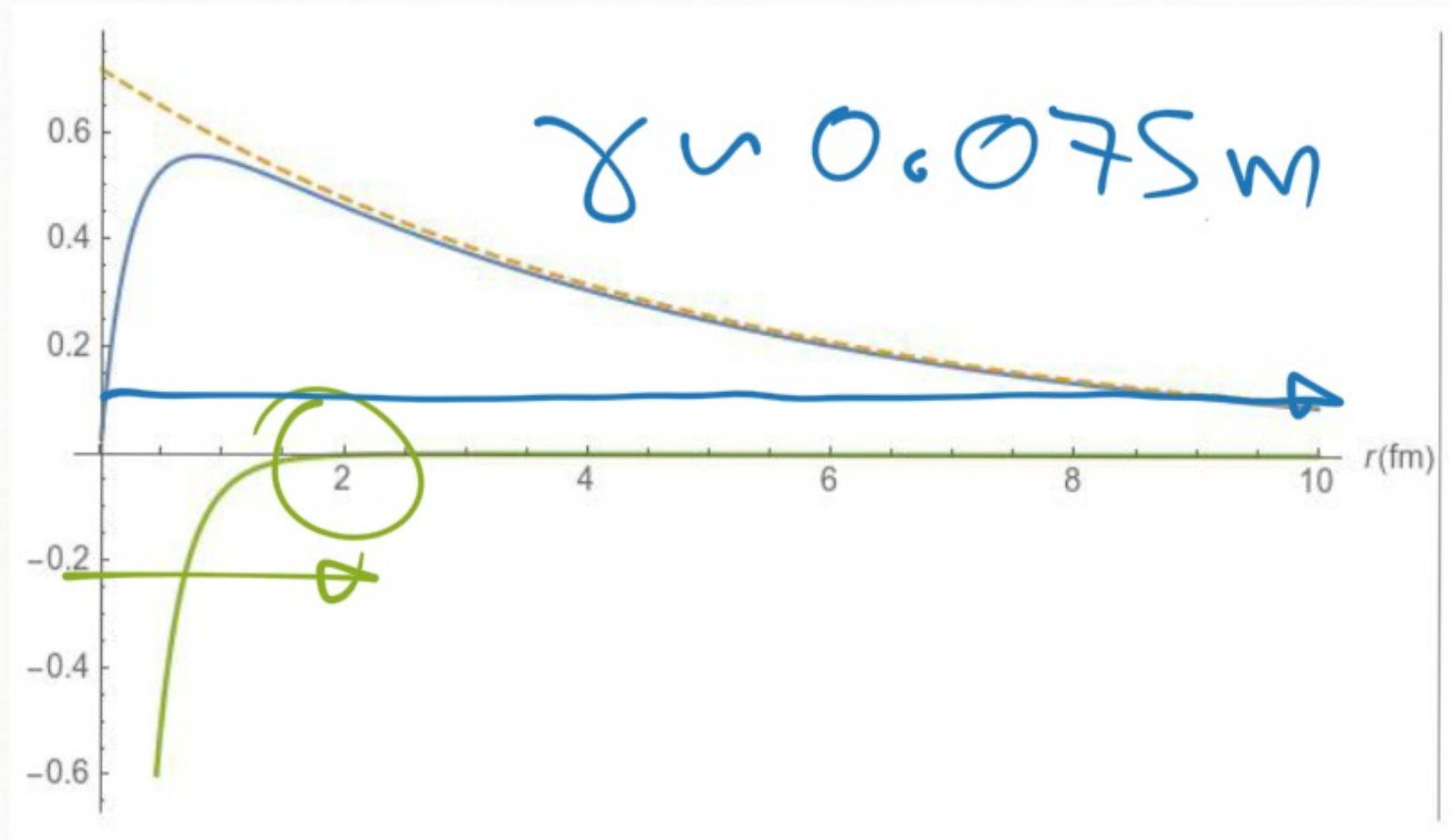
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BREAK → 17:41

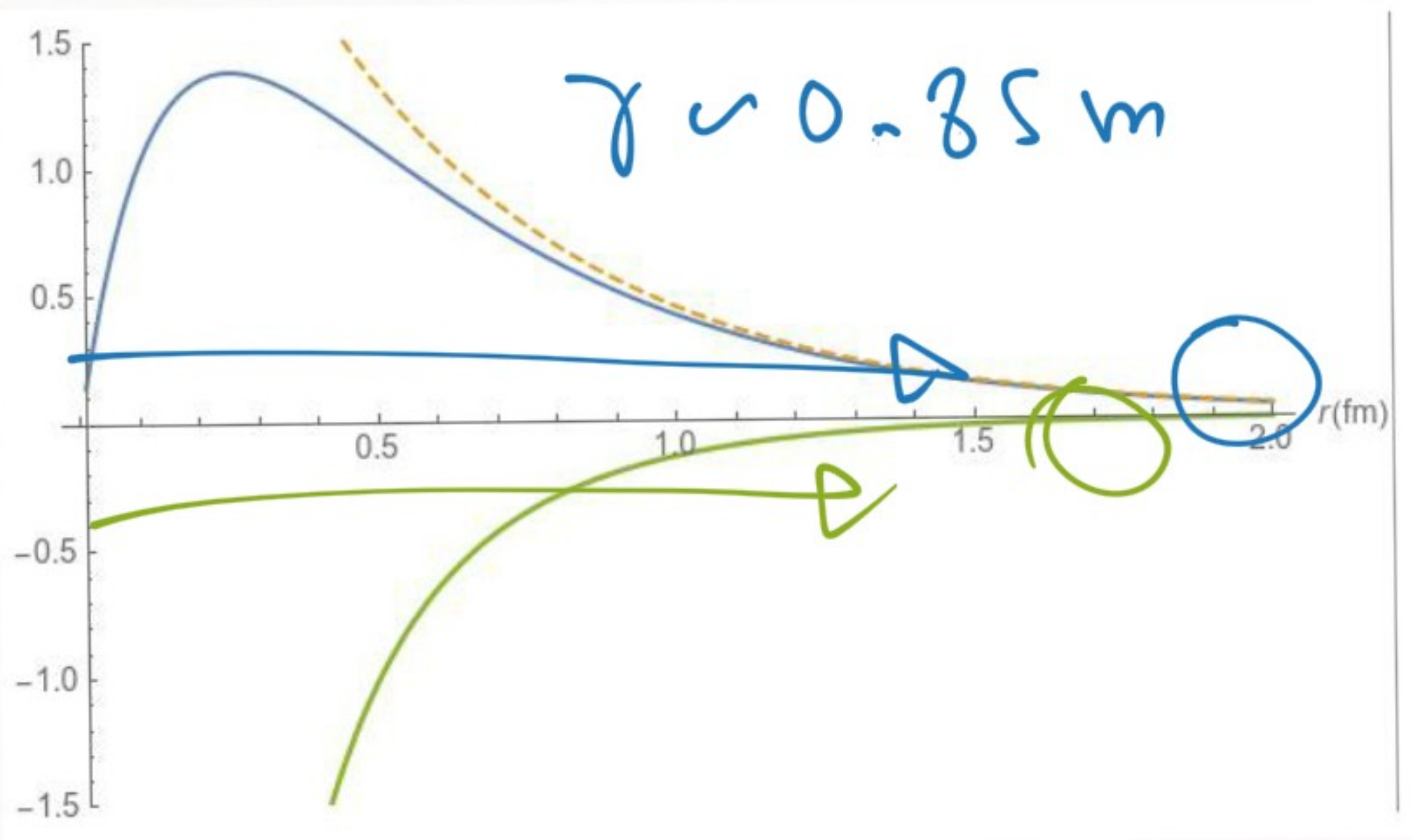
QUESTIONS



$$\psi_B(r) = \frac{1}{\sqrt{4\pi}} \frac{U(r)}{r} \rightarrow \psi_B \text{ or } U \text{ (doesn't matter)}$$



→ COMPARE
THE STATES
OF Δ AND ψ



$\boxed{\text{EFT}} \rightarrow \text{[TWO-BODY SYSTEM IN QM]}$

If wave function bigger than potential
 \Rightarrow exact form of potential not important

$$V(\vec{q}) = -\frac{g^2}{4q^2 + m^2}$$

\rightarrow

$$\begin{aligned} V(\vec{q}) = & C_0 + C_2 \vec{q}^2 \\ & + C_4 \vec{q}^4 + \dots \end{aligned}$$

GENERIC POTENTIAL

If the bound state is big, then we can use

the potential:

$$V(\xi) = C_0 + C_2 \xi^2 + \dots$$

Teacup & teacup
theory

power counting

Taylor series

$$V(\underline{g}) = C_0 + C_2 \underline{g}^2 + C_4 \underline{g}^4 + \dots$$

$$= \tilde{C}_0 + \tilde{C}_2 \left(\frac{\underline{g}^2}{m^2} \right) + \tilde{C}_4 \left(\frac{\underline{g}^4}{m^4} \right) + \dots$$

[Expansion parameter]

$$\lambda = S [C_0 + c_1 x + c_2 x^2 + \dots]$$

TRY THIS GENERIC POTENTIAL

AT LOWEST ORDER (LEADING ORDER)



$$V_C^{LO}(\vec{q}) = C_0$$

→ C_0 can be determined
from experiment
(from γ / E_B)

⇒ PROBLEM → Singular potential

$$V_c^{(0)}(\vec{r}) = C_0 \rightarrow \left[V_c^{(0)}(\vec{r}) = \int \frac{d^3\vec{s}}{(2\pi)^3} e^{i\vec{s}\cdot\vec{r}} V_c^{(0)}(\vec{s}) \right]$$

$$\delta^{(3)}(\vec{r}) = 0 \quad \text{for } |\vec{r}| > 0$$

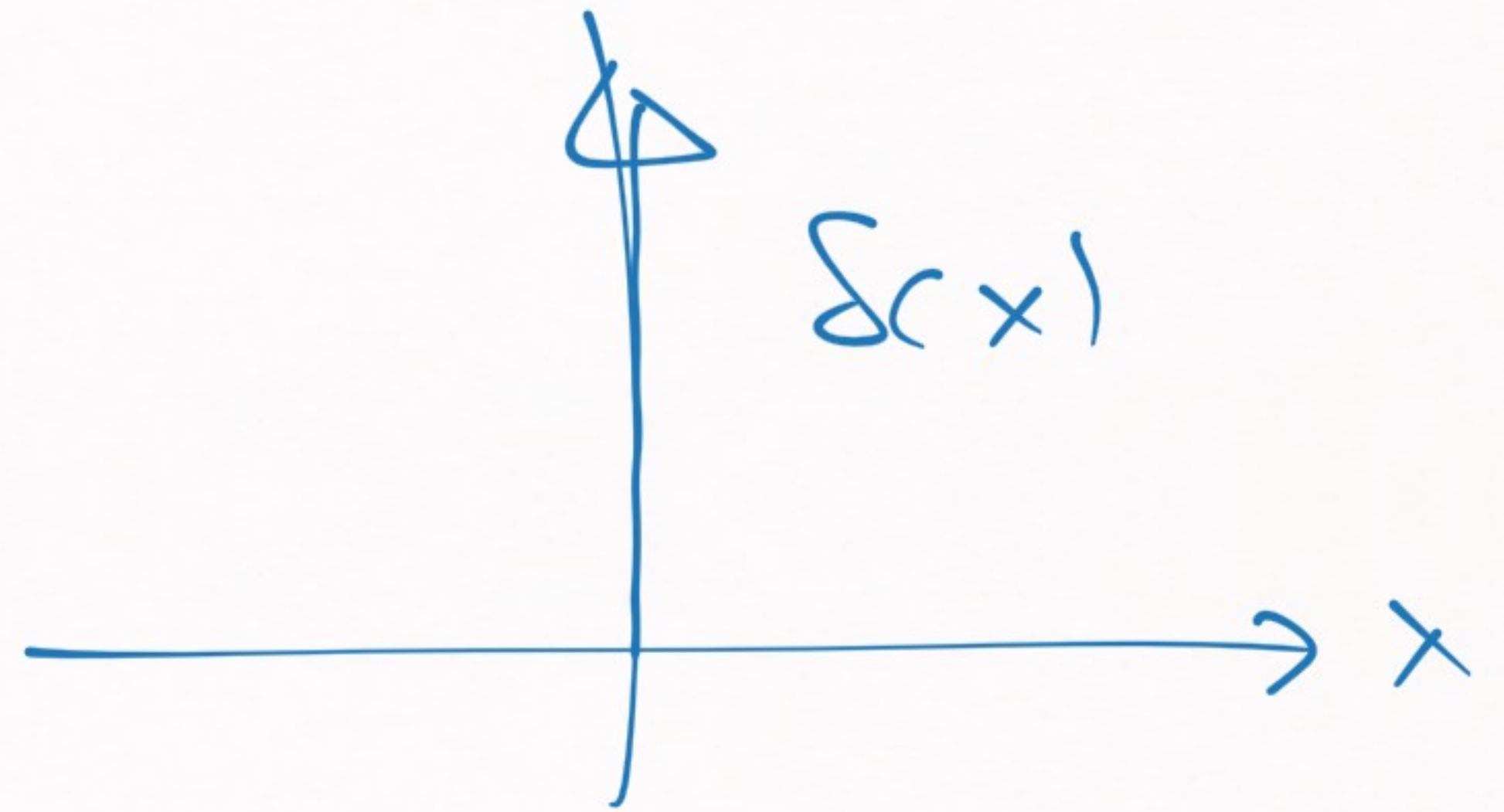
$$V_c^{(0)}(\vec{r}) = C_0 \delta^{(3)}(\vec{r})$$

$$\int d^3\vec{r} \delta^{(3)}(\vec{r}) = 1$$

Dirac-delta

1-dimensional Dirac delta:

$$\delta(x) = \begin{cases} 0 & \text{for } x \neq 0 \\ \infty & \text{for } x = 0 \end{cases}$$



→ Singular → [As a potential,
a δ cannot be solved]

$$V_C(\vec{r}) = C_0 \delta^{(3)}(\vec{r}) \rightarrow E_B \leq \langle \psi_{\text{trial}} | H | \psi_{\text{trial}} \rangle$$

$$C_0 < 0$$



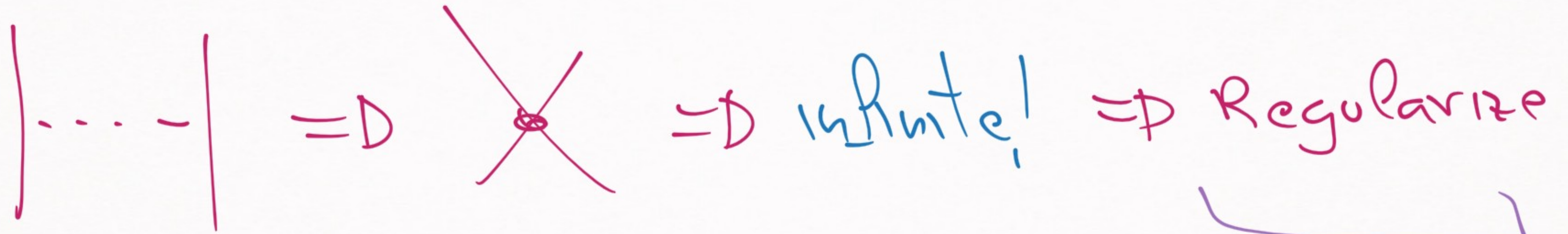
$$E_B \leq -\infty$$
$$E_B \rightarrow -\infty$$

We have to do something
about this problematic potential

New concept → **REGULARIZATION**

→ We have to regularize $\{^{\circ} \leftrightarrow\}$

"make something regular
(finite)"



(Original potential)

(Taylor expansion)



$$V_C(\vec{q}) = C_0 \Rightarrow \text{D(REGULARIZE)} \Rightarrow V_C(\vec{q}; \Lambda)$$

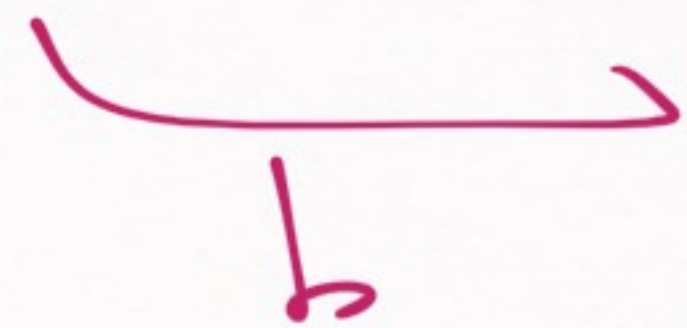
EXAMPLE \rightarrow GAUSSIAN CUTOFF

$$V_C(\vec{q}; \Lambda) = C_0 e^{-\left(\frac{q}{\Lambda}\right)^2}$$

1) $\Lambda \neq \infty \Leftrightarrow V_C$ is regular

$$2) \lim_{\Lambda \rightarrow \infty} V_C^{\Lambda} = C_0$$

$$= C_0 \int \left(\frac{1}{\Lambda}\right)$$



$$f(x) \rightarrow 1 \quad x \rightarrow 0$$

$$f(x) \rightarrow 0 \quad x \rightarrow \infty$$

$$V_C^{\text{LO}}(\vec{r}) = C_0 e^{-\left(\vec{r}/\Lambda\right)^2}$$

REGULARIZATION

Fourier transform

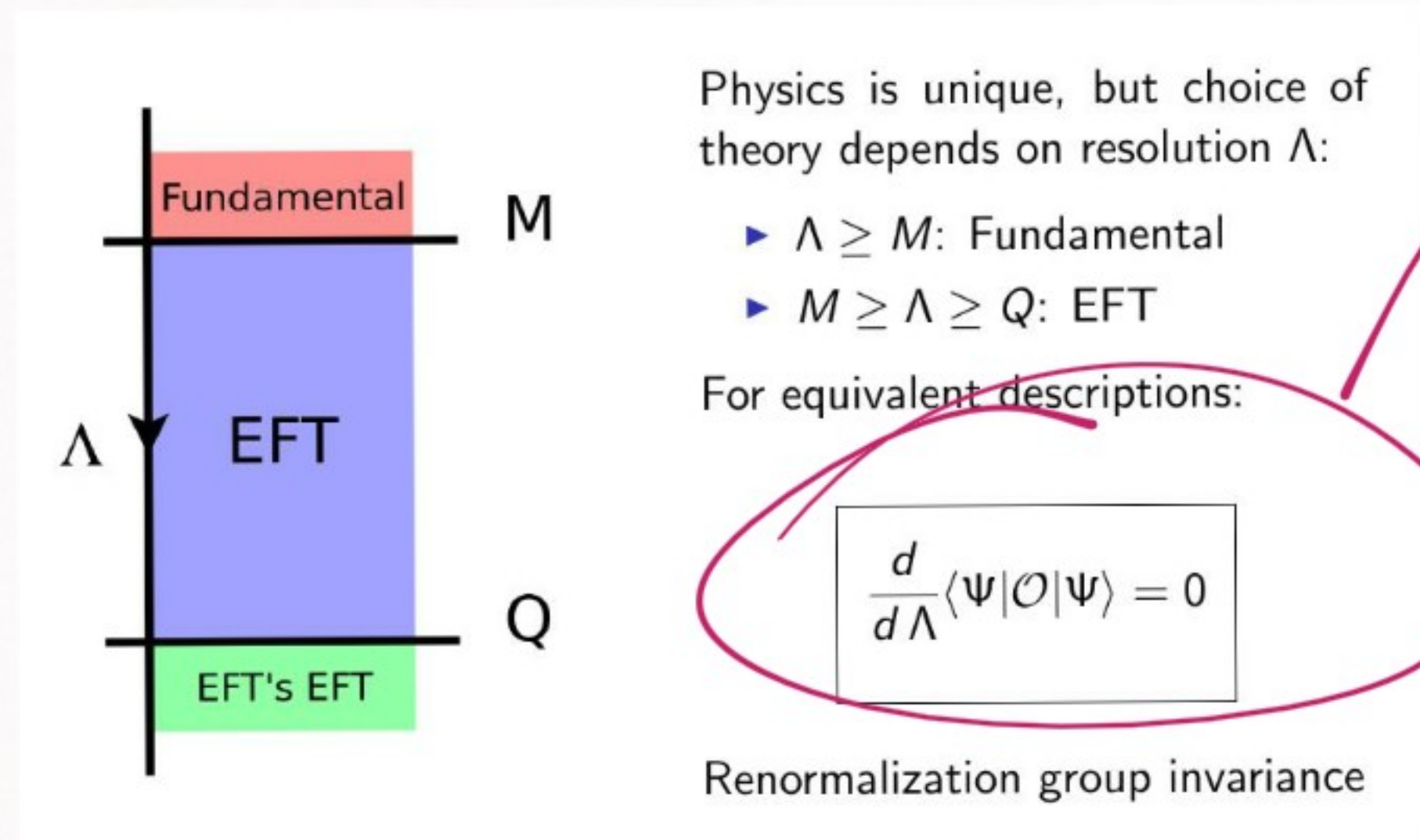
$$V_C^{\text{LO}}(\vec{r}) = C_0 \frac{\Lambda^3}{8\pi^{3/2}} e^{-\frac{1}{5}\Lambda^2 r^2}$$

If $\Lambda \gg \gamma$, the bound states will not notice the difference between a true Dirac-delta and a regularized one

REGULARIZATION:

→ we included Λ (a cutoff) to make calculations finite

But what we want is ... RENORMALIZATION



→ Λ to be cutoff independent

→ $\frac{d}{d\Lambda} (\dots) \approx 0$

→ [RENORMALIZATION IS MORE
RESTRICTIVE THAN REGULARIZATION]

AIM → TO RENORMALIZE

TO REGULARIZE → AN INTERMEDIATE
STEP

NEXT LESSON → RENORMALIZATION