

# Nuclear Physics (Lesson 2)

"Why nuclear physics is difficult"

## RECAP 1

→ Scales are important to understand physics

→ Natural problems

Easy estimations of observables  
in terms of scales

# [HYDROGEN ATOM]



$$a_B = \frac{1}{m_e \alpha} \approx 5.4 \cdot 10^{-4} \text{ m}$$

(0.54 Å)

"Bohr radius"

$$\left[ -\frac{1}{2\mu} \nabla^2 - \frac{\alpha}{r} \right] \psi(\vec{r}) = E_B \psi(\vec{r})$$

$$\left[ -\nabla^2 - \frac{2\mu\alpha}{r} \right] \psi(\vec{r}) = -\gamma_B^2 \psi(\vec{r})$$

wave number

"reduced potential"

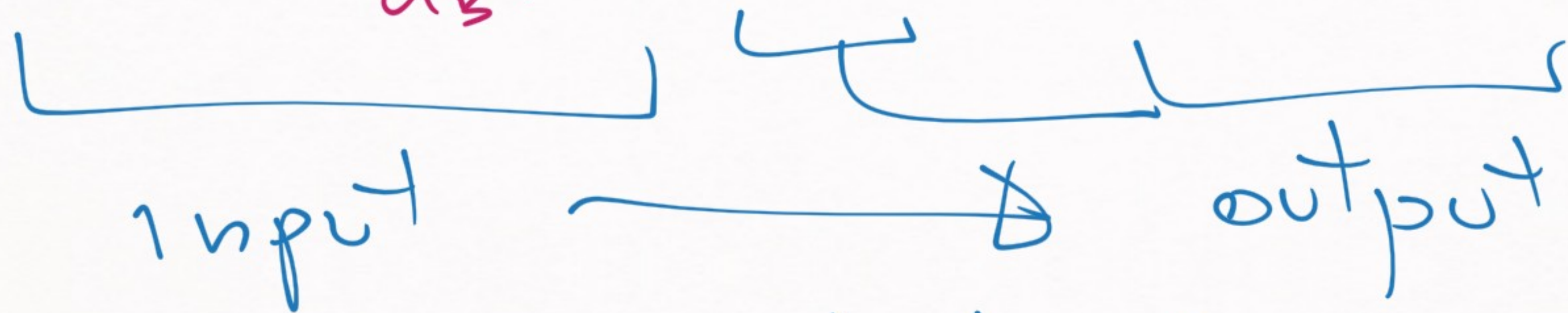
$$E_B = -\frac{\gamma_B^2}{2\mu}$$

$$\frac{2\mu\alpha}{r} = \frac{2}{a_B r} = D$$

$$a_B = \frac{1}{\mu\alpha}, \quad \mu \approx m_e$$

$$\left[ -\vec{\nabla}^2 - \frac{2}{a_B r} \right] \psi(\vec{r}) = -\gamma_B^2 \psi(\vec{r})$$

Solve  $\rightarrow$



(QM + Coulomb potential)

Input:  $a_B \rightarrow [a_B] = L$

Output:  $\gamma_B, \psi(\vec{r}) \rightarrow [\gamma_B] = [L]^{-1}$

$$[-\nabla^2 + U(\vec{r}, a_1, \dots, a_n)] \psi(\vec{r}) = -\gamma^2 \psi(\vec{r})$$

INPUT :  $a_1, a_2, \dots, a_n$

OUTPUT :  $\gamma, \psi(\vec{r})$

MULTISCALE PROBLEM

Characteristic  
scaler

STANDARD  
SITUATION

HYDROGEN ATOM:

→ Expectation:  $\gamma_B \sim \frac{1}{a_B}$

$\gamma_B = \frac{C_B}{a_B}$ ,  $C_B \sim \mathcal{O}(1)$  "naturalness"

→ Reality: (ground state, 1s)

$$\psi(\vec{r}) = \frac{1}{\sqrt{4\pi}} \frac{Z}{a_B^{3/2}} e^{-r/a_B}$$

$$1) \psi(\vec{r}) \rightarrow e^{-\gamma r}$$

$r \rightarrow \infty$

$$2) \psi(\vec{r}) = \frac{1}{\sqrt{4\pi}} \frac{2}{a_B^{3/2}} e^{-r/a_B}$$

$$\gamma_B = \frac{1}{a_B}$$

$$E(1S) \approx -\frac{1}{2m_e} \left(\frac{1}{a_B}\right)^2 = -\frac{1}{2m_e} \gamma_B^2$$



1) Expectation:  $\sqrt{\langle r^2 \rangle}$  (mean square radius)

$$\left[ \begin{array}{l} \sqrt{\langle r^2 \rangle} = [L] \\ \sqrt{\langle r^2 \rangle} \sim a_B \end{array} \right] \sqrt{\langle r^2 \rangle} = a_B \alpha_B$$

$a_B \sim 0.5 \text{ \AA}$

2) Reality:  $\langle r^2 \rangle = \int d^3\vec{r} |\psi(\vec{r})|^2 r^2$   
( $\langle \hat{0} \rangle = \langle \psi | \hat{0} | \psi \rangle$ )  $\rightarrow$

$$\langle r^2 \rangle = \int d^3 \vec{r} |\psi(\vec{r})|^2 r^2 = \int d^3 \vec{r} \frac{1}{4\pi} \frac{4}{a_B^3} e^{-2r/a_B} r^2$$

$$= \left( \int d^3 \vec{r} = 4\pi \int r^2 dr \right) = \int r^4 dr \frac{4}{a_B^3} e^{-2r/a_B}$$

$$= \left( x = \frac{2r}{a_B} \right) = \frac{a_B^2}{8} \int_0^\infty dx x^4 e^{-x} = \underline{\underline{3a_B^2}}$$

$$\left( \int_0^\infty dx x^n e^{-x} = n! \right) \Rightarrow$$

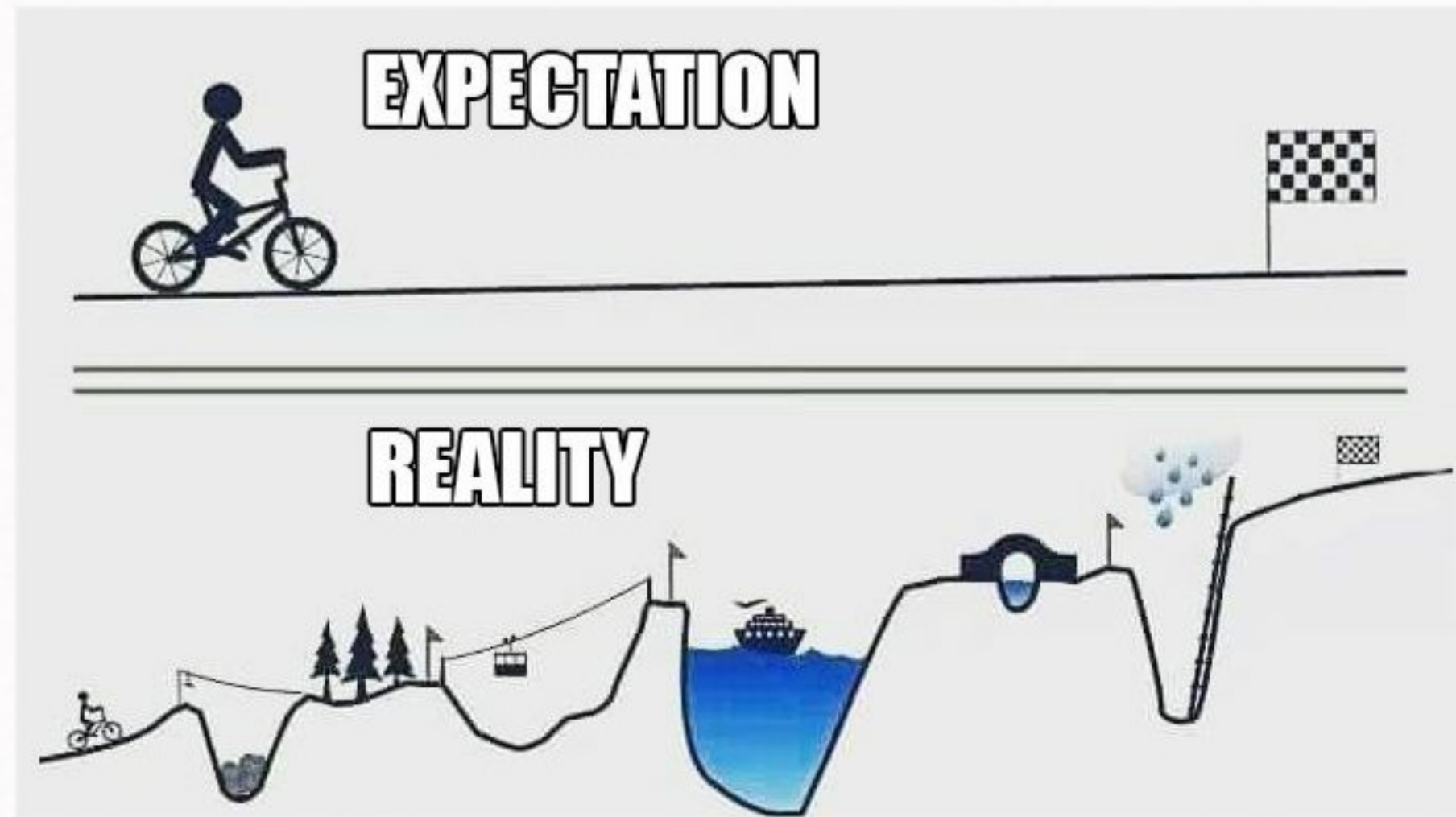
$$\langle r^2 \rangle = 3a_B^2 \Rightarrow \sqrt{\langle r^2 \rangle} = \sqrt{3} a_B$$

$$\sqrt{\langle r^2 \rangle} = d_B a_B, \quad d_B \sim 0(1)$$

$$\Rightarrow \boxed{d_B = \sqrt{3} \approx 1.7} \quad \checkmark$$

Expectation meets reality!

Life is not so easy



(in some cases it is easy ;  
natural problems)

## NATURAL PROBLEM

(i) Characteristic scale

Example: hydrogen atom (atomic physics)

$\times$   
(electron mass)  $\times$  (strength of Coulomb)

$$Q_B = m_e \alpha = (0.511 \text{ MeV}) \times \frac{1}{137} \approx 3.7 \text{ keV}$$

$$\alpha_B = 3.7 \text{ keV} \rightarrow \alpha_B = \frac{1}{\alpha_B} = \frac{hc}{3.7 \text{ keV}} \approx 0.54 \text{ \AA}$$

natural problems have easy to identify  
scales

(ii) Everything else is  $\mathcal{O}(1)$  in terms  
of the characteristic scale

## NATURAL PROBLEM:

(i) Characteristic scale  $(Q)$

(ii) Everything else  $\mathcal{O}(1)$  in terms  
of  $Q$



Example: hydrogen atom

$$Q_B = \frac{1}{a_B}$$

$$\gamma_B \sim Q_B, \quad E_B \sim -\frac{1}{2m_e} (Q_B)^2, \quad \sqrt{\langle v^2 \rangle} \sim a_B$$

What is the speed of an electron  
inside the hydrogen atom:

$$\langle p \rangle \sim Q_B \quad \Rightarrow \langle v \rangle \sim \frac{Q_B}{m_e} \sim \frac{m_e \alpha}{m_e} \sim \alpha$$

$$p = m_e v$$

$$\alpha \sim \frac{1}{137}$$



$$\langle v \rangle \approx \frac{1}{137} \left( \langle \frac{v}{c} \rangle, c=1 \right)$$

$$\approx \frac{3 \cdot 10^5 \text{ km/s}}{137} \approx \underline{\underline{2200 \text{ km/s}}}$$



$$\langle v \rangle \approx 2200 \text{ km/s}$$

MESSAGE : NATURAL PROBLEMS  
ARE EASY

→ Really, stupid estimations of anything  
(and they will work) (\*) good sense of stupid

Example: Boiling point of Cesium  
(铯)

~~FIVE MINUTE BREAK (45)~~

OVER

CAVEAT → "characteristic scale"

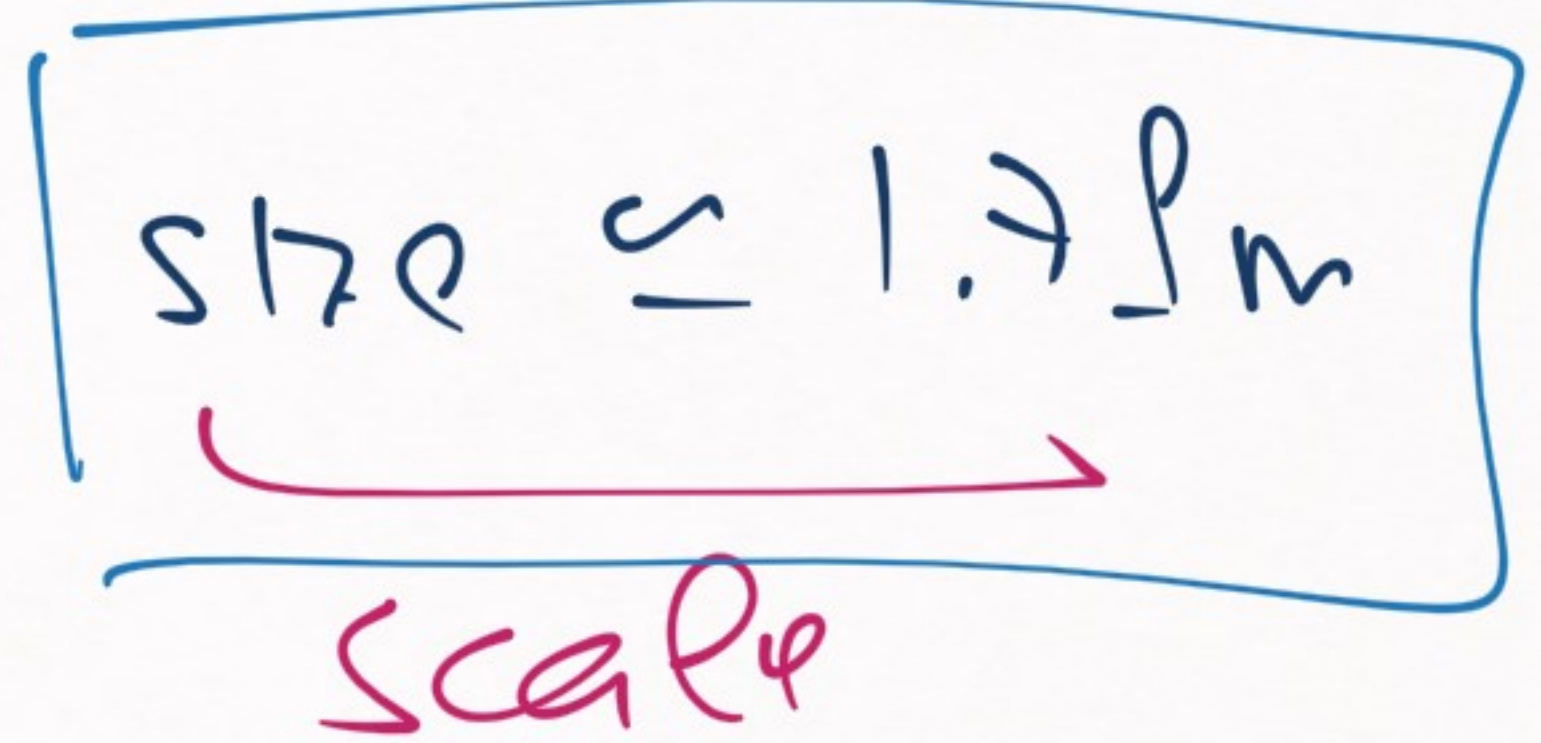
is ambiguous & requires  
physical intuition

good  
question  
(not trivial)



oo  
oo

4H<sub>0</sub>



Size of the electron  $\rightarrow$  "point-like"

$\lambda_{\text{QFT}} \rightarrow \frac{hc}{m_e c^2} \approx 2.4 \text{ pm}$

"characteristic scale"

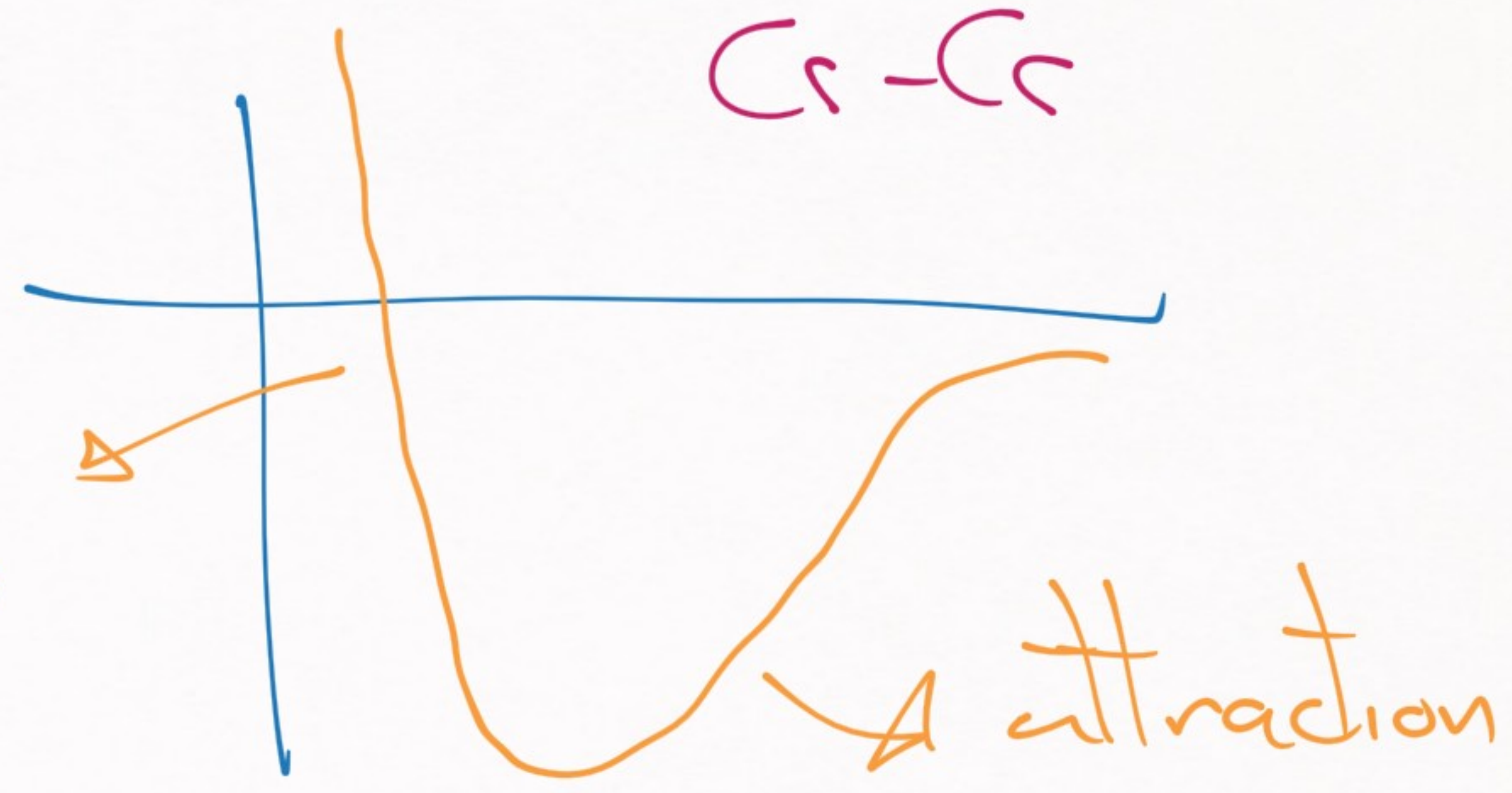
(less obvious example)

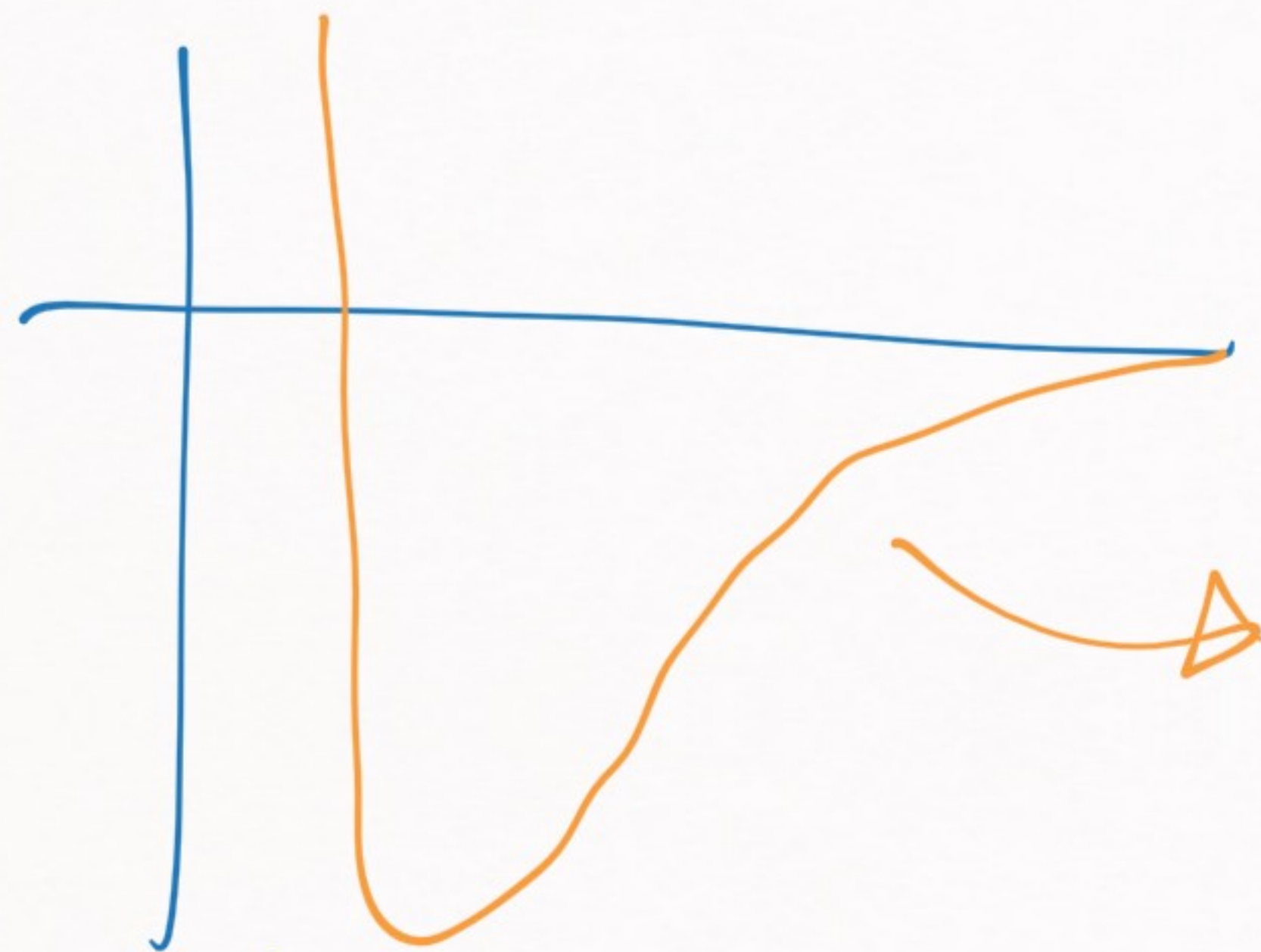
# BOILING POINT OF CS (铯)

Cs  $\rightarrow$  133 (atomic number)

$m(\text{Cs}) \approx 130 \text{ GeV}$

repulsion





"van der Waals" potential

$$V_{vdW} = -\frac{C_6}{r^6} = -\frac{1}{2\mu} \frac{R_6^4}{r^6}$$

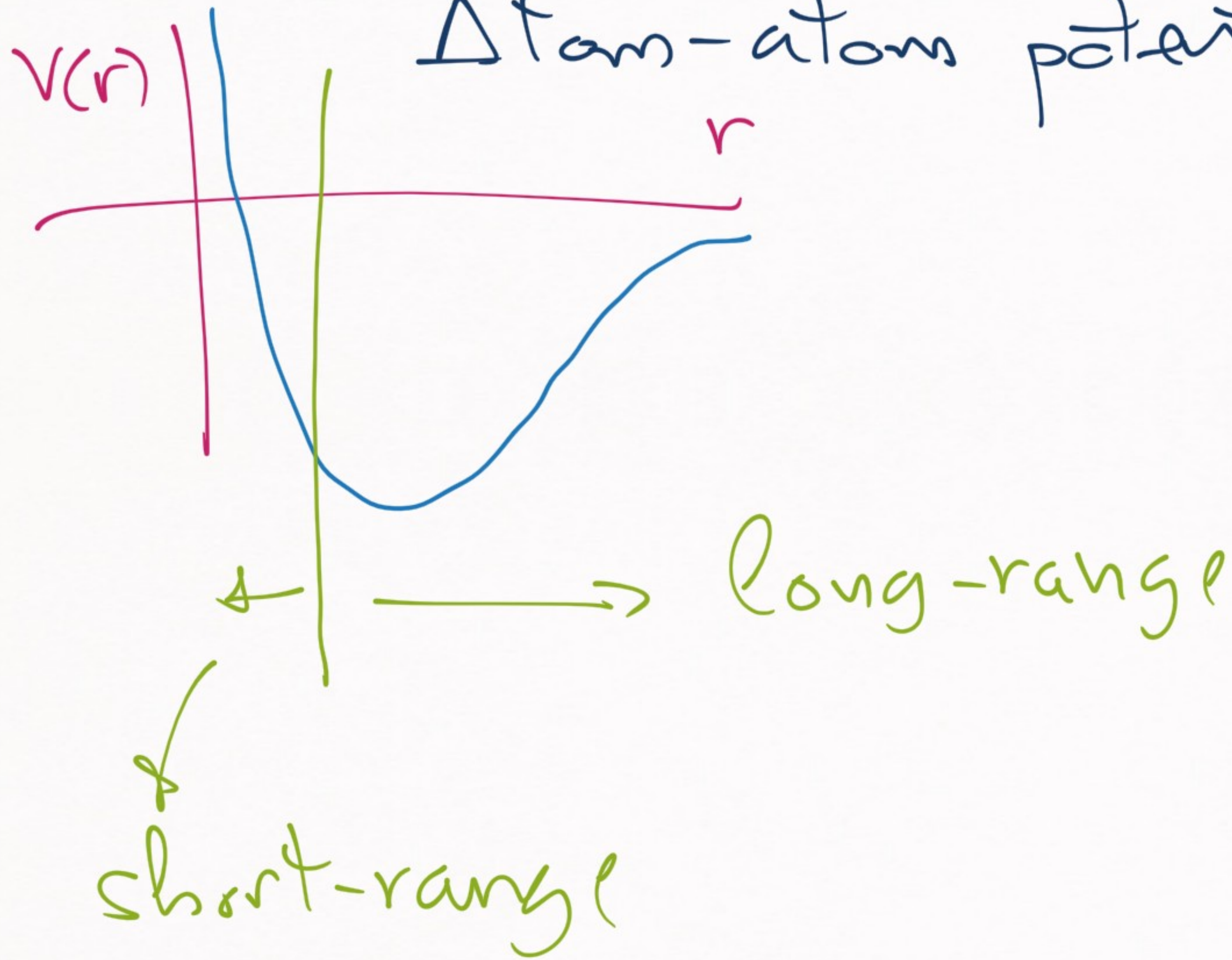
short-range



repel

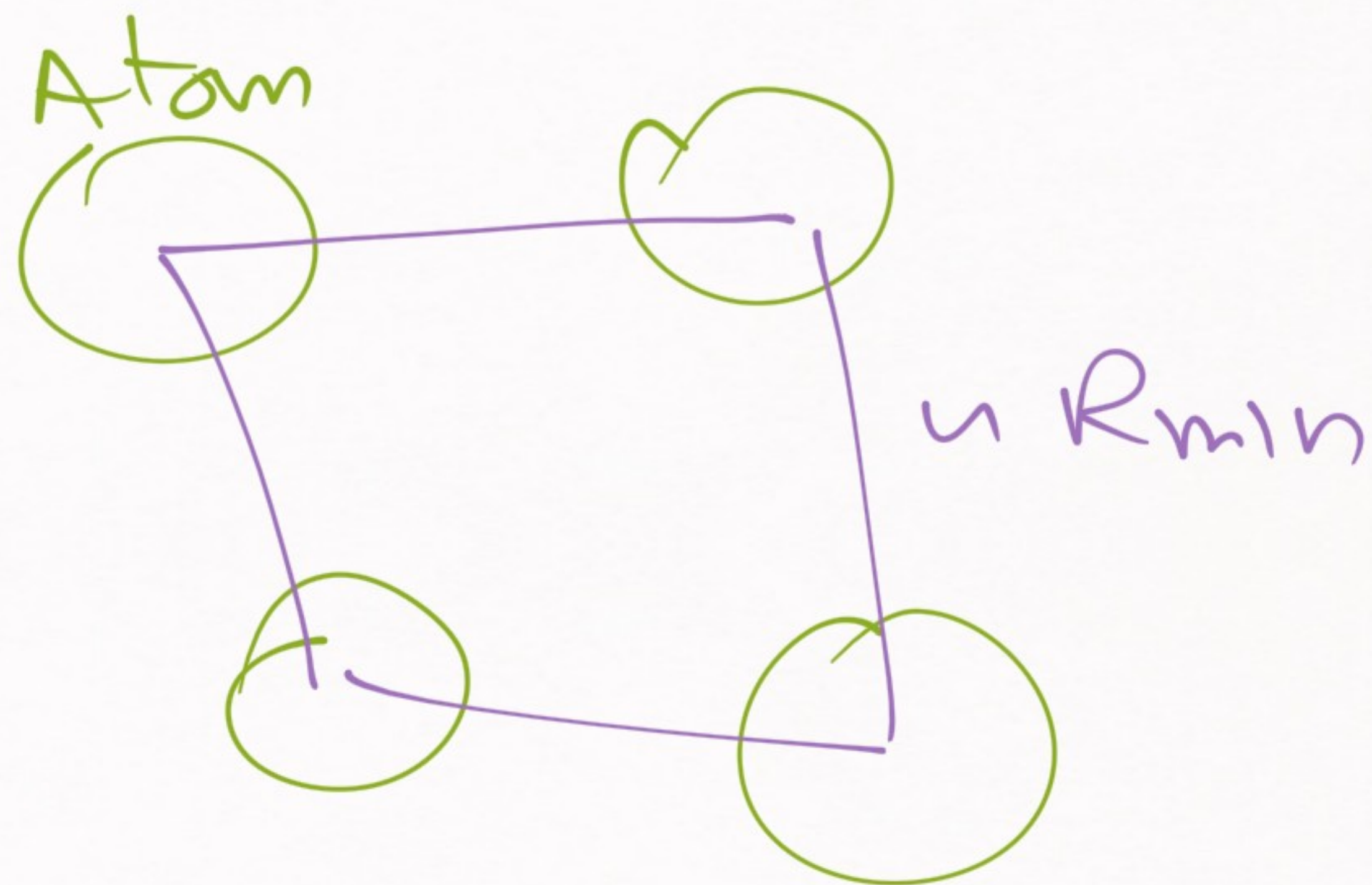
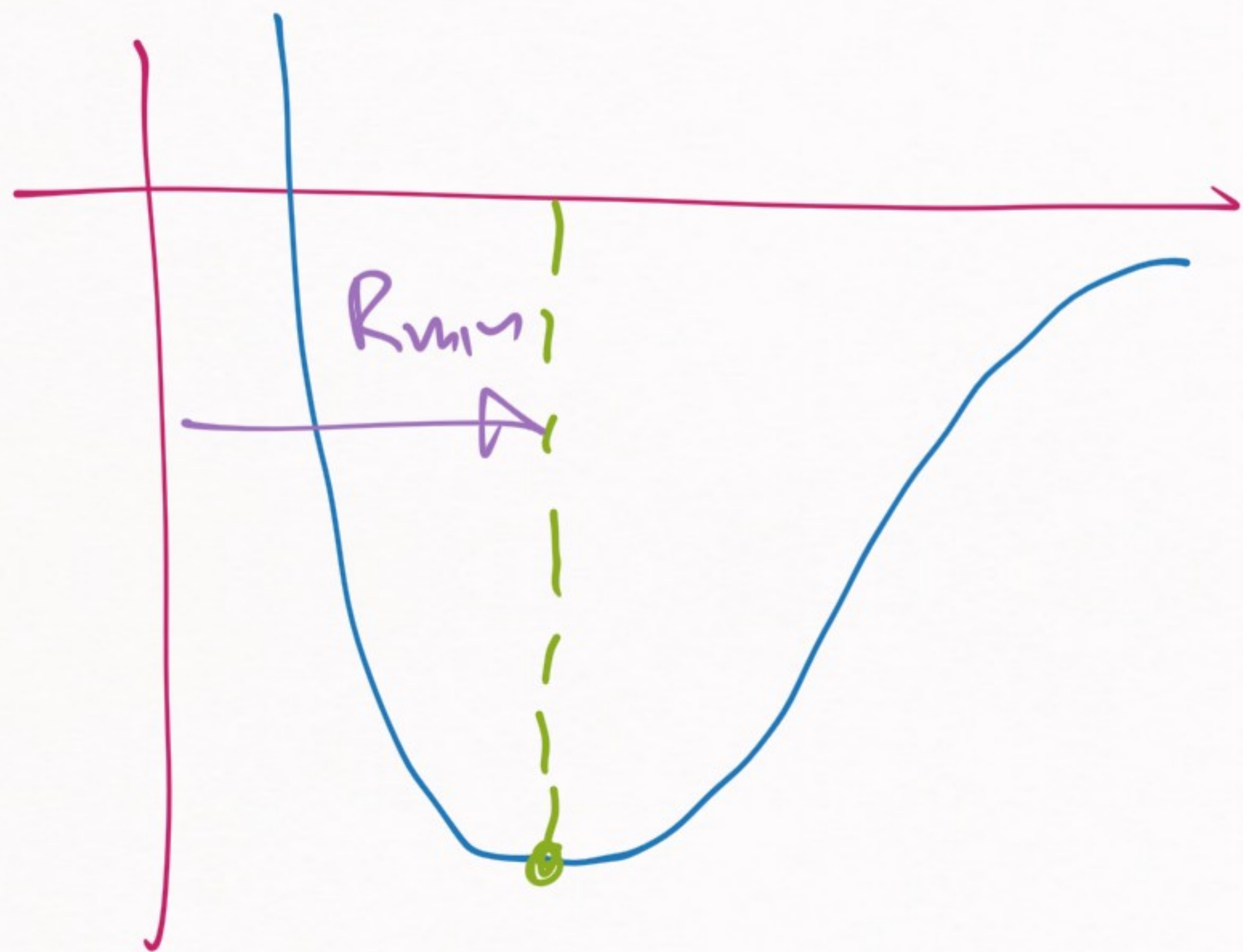
$$(2\mu V = U \rightarrow [L]^{-2})$$

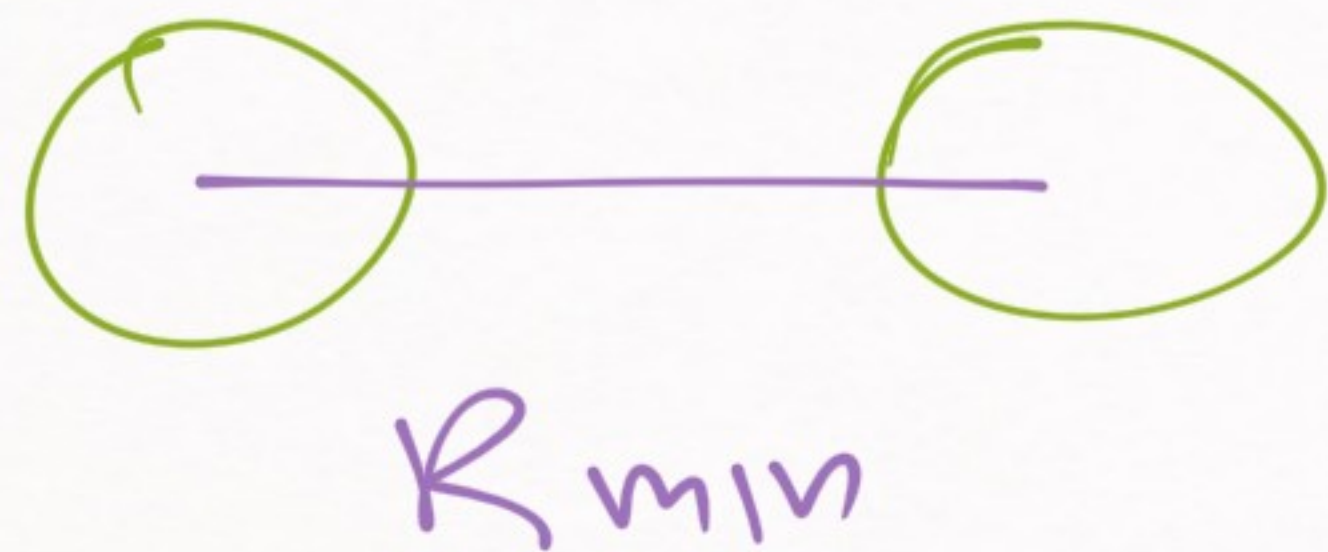
# Atom-atom potential



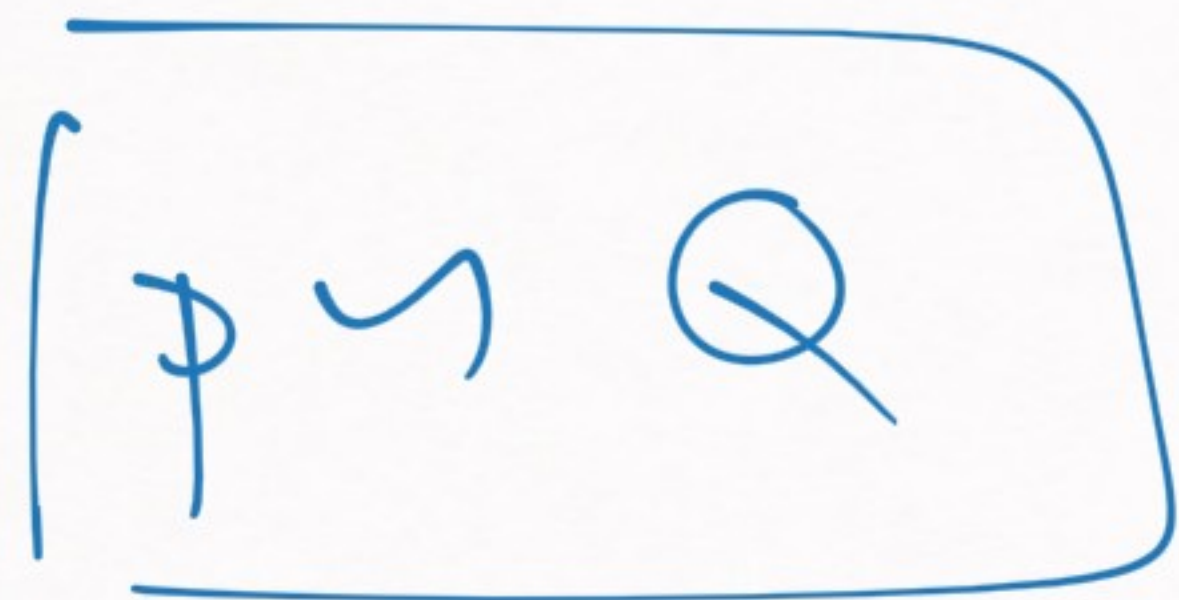
Nature likes  
minimum  
energy  
configurations







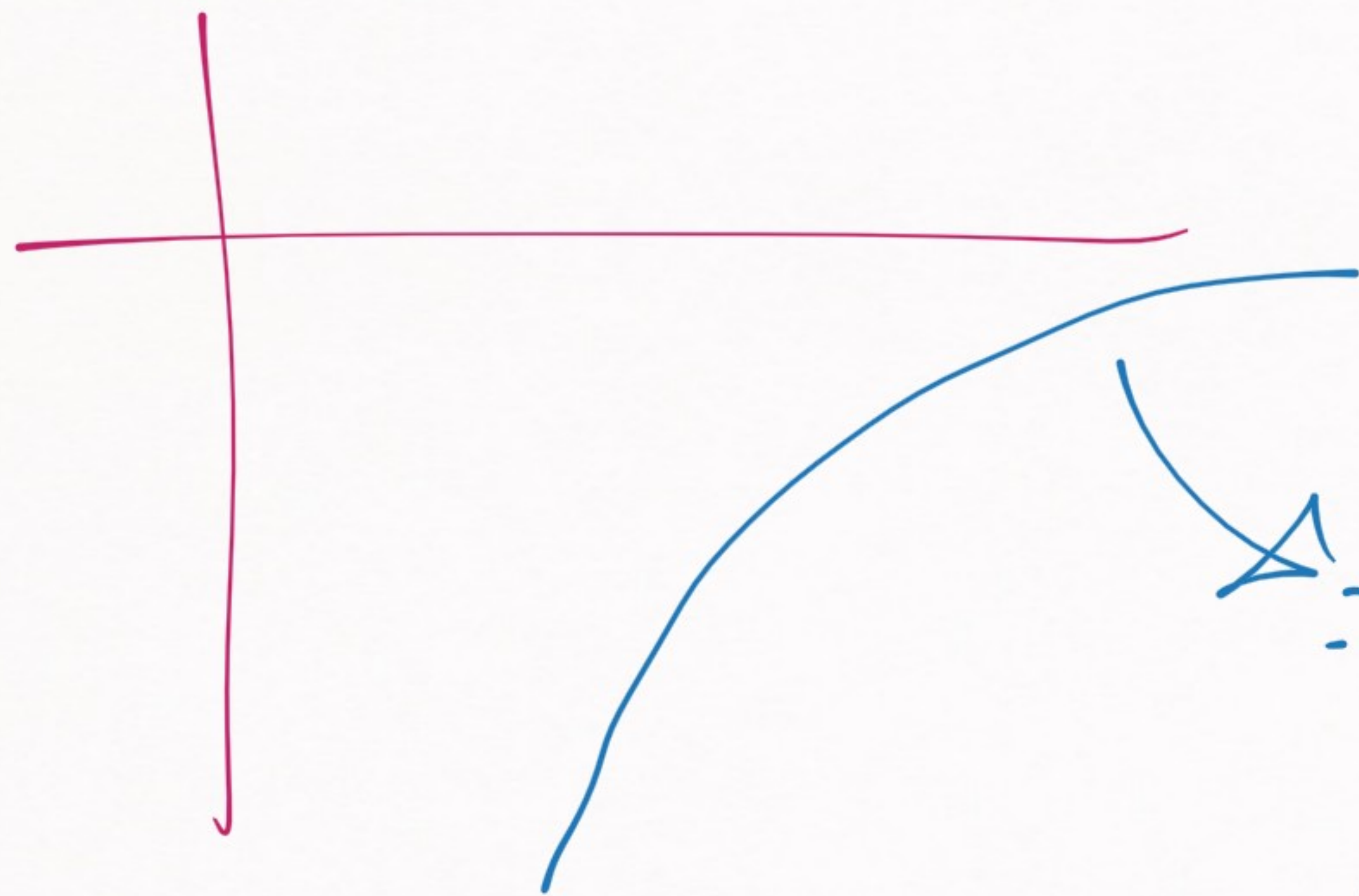
$\Rightarrow$  What is their speed at the minimum energy configuration?



$$2\mu v_{rd} = \frac{R_{vd}^4}{r^6}$$

You could try to guess  $Q \sim \frac{1}{R_{vdw}}$

(wrong)



$\rightarrow R_{vdw}$  is the scale  
of the tail of the  
potential

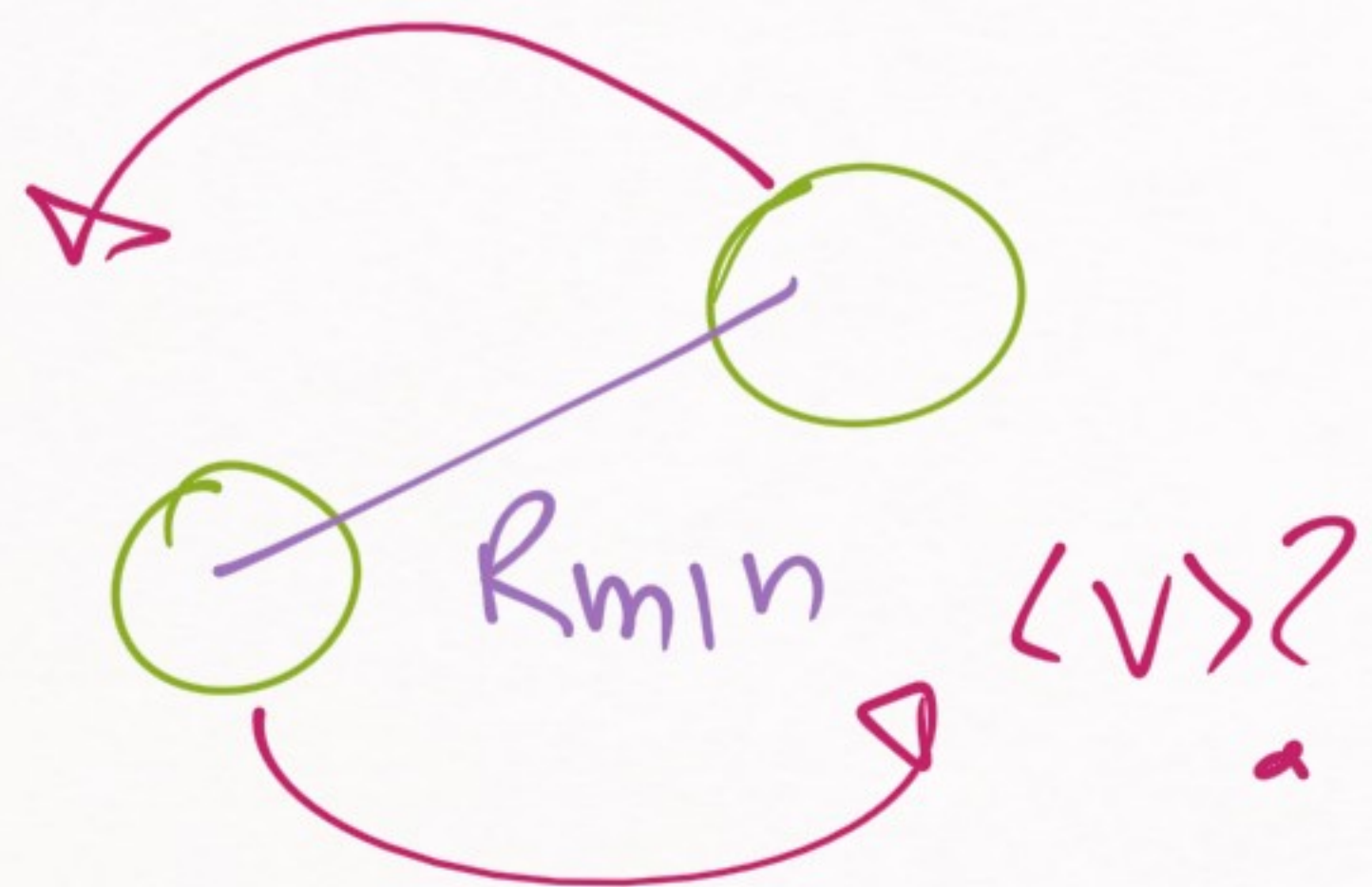
RELATED TO THE "CHARACTERISTIC SCALE"  
IDENTIFICATION PROBLEM

→ it's not trivial

$1 \text{ a.u.} = 1 \text{ a}_B$   
(Bohr radius)

$R_{vdW}(\text{Cs-K}) \sim 203 \text{ a}_B$

$203 \text{ a.u.}$  (atomic units)



→ Identify the correct scale

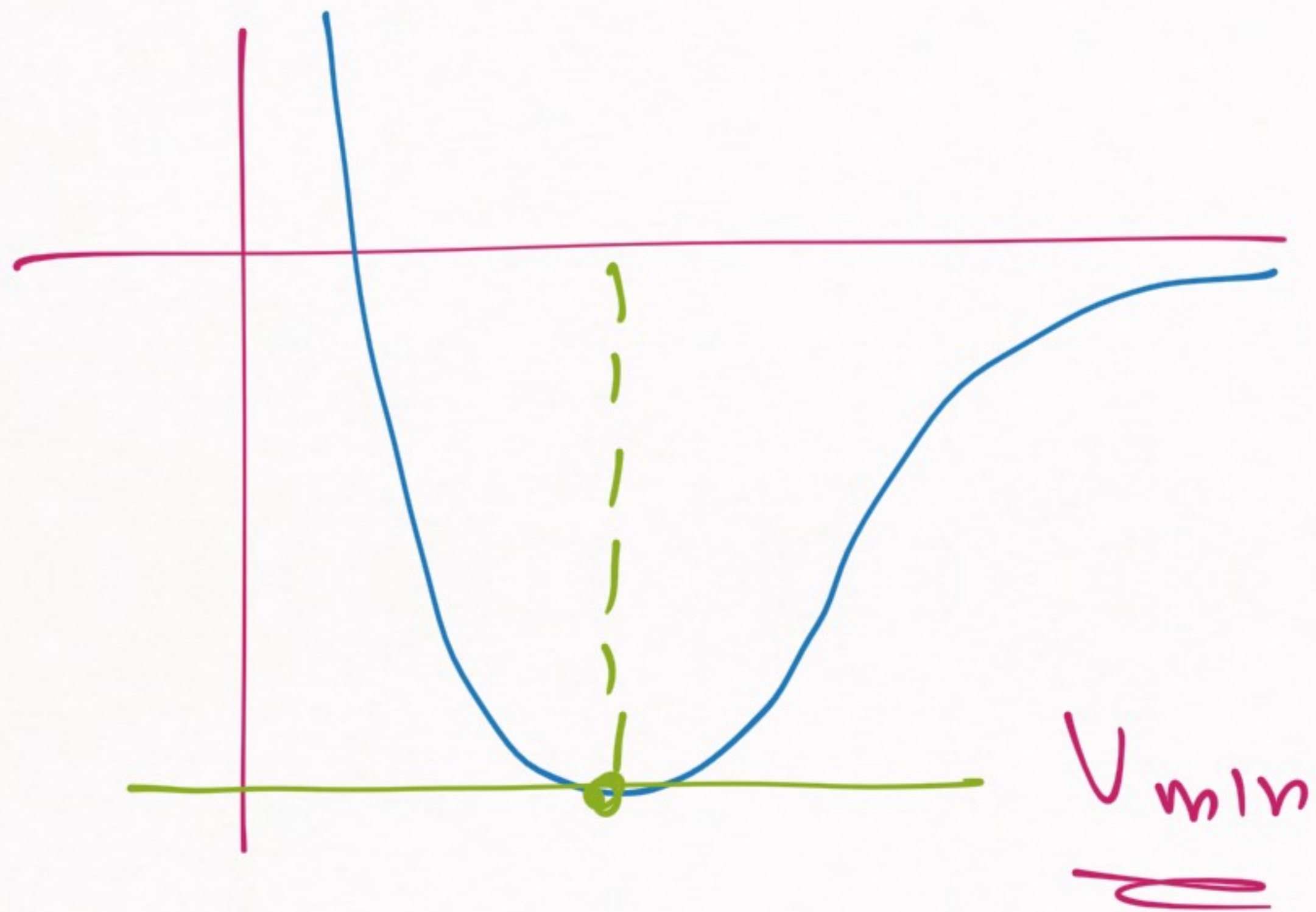
↓

$$E_T = k_B T$$

↘ Boltzmann constant

$$E_T \approx \frac{1}{2} m \langle v \rangle^2$$

(boiling point)



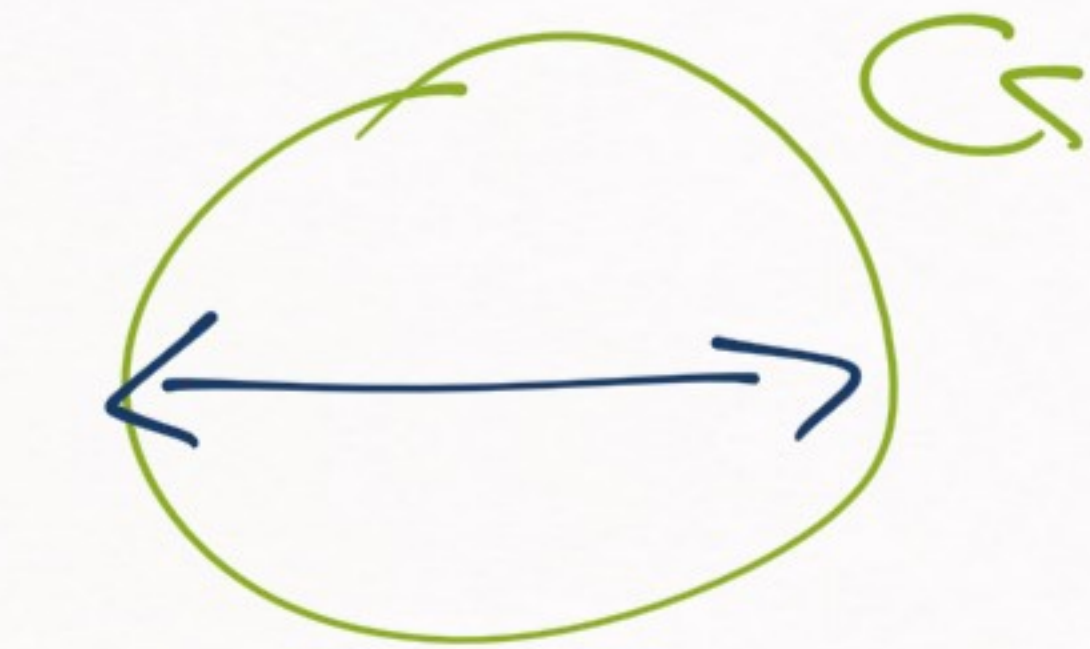
$$|E_{kin}| \leq |V_{min}|$$

$$V_{min} = -\frac{1}{2\mu} \left( \frac{1}{R_{CS}} \right)^2$$

why?

$$2\mu V = [L]^{-2}$$

GUESS  $V_{min}$

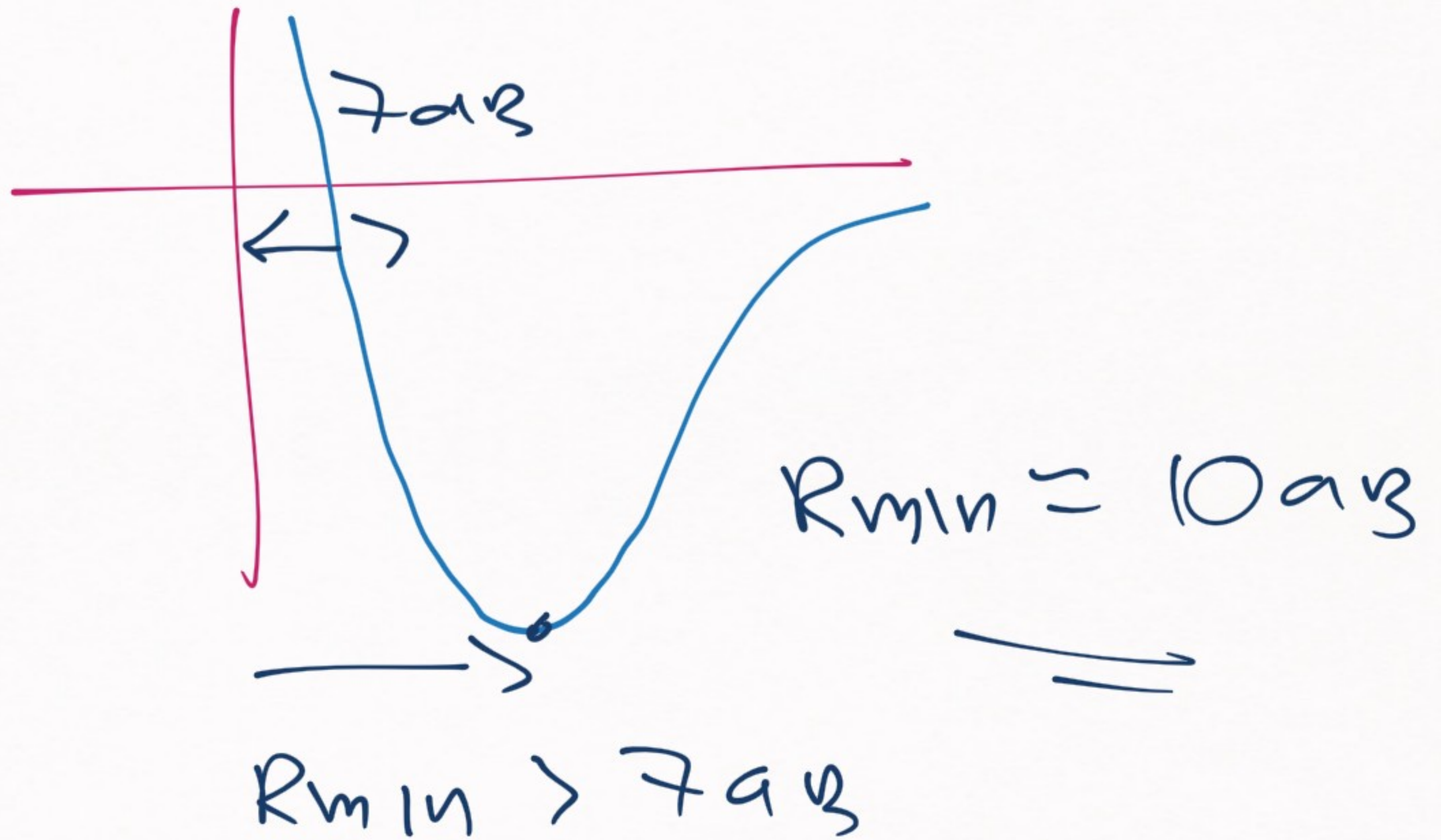


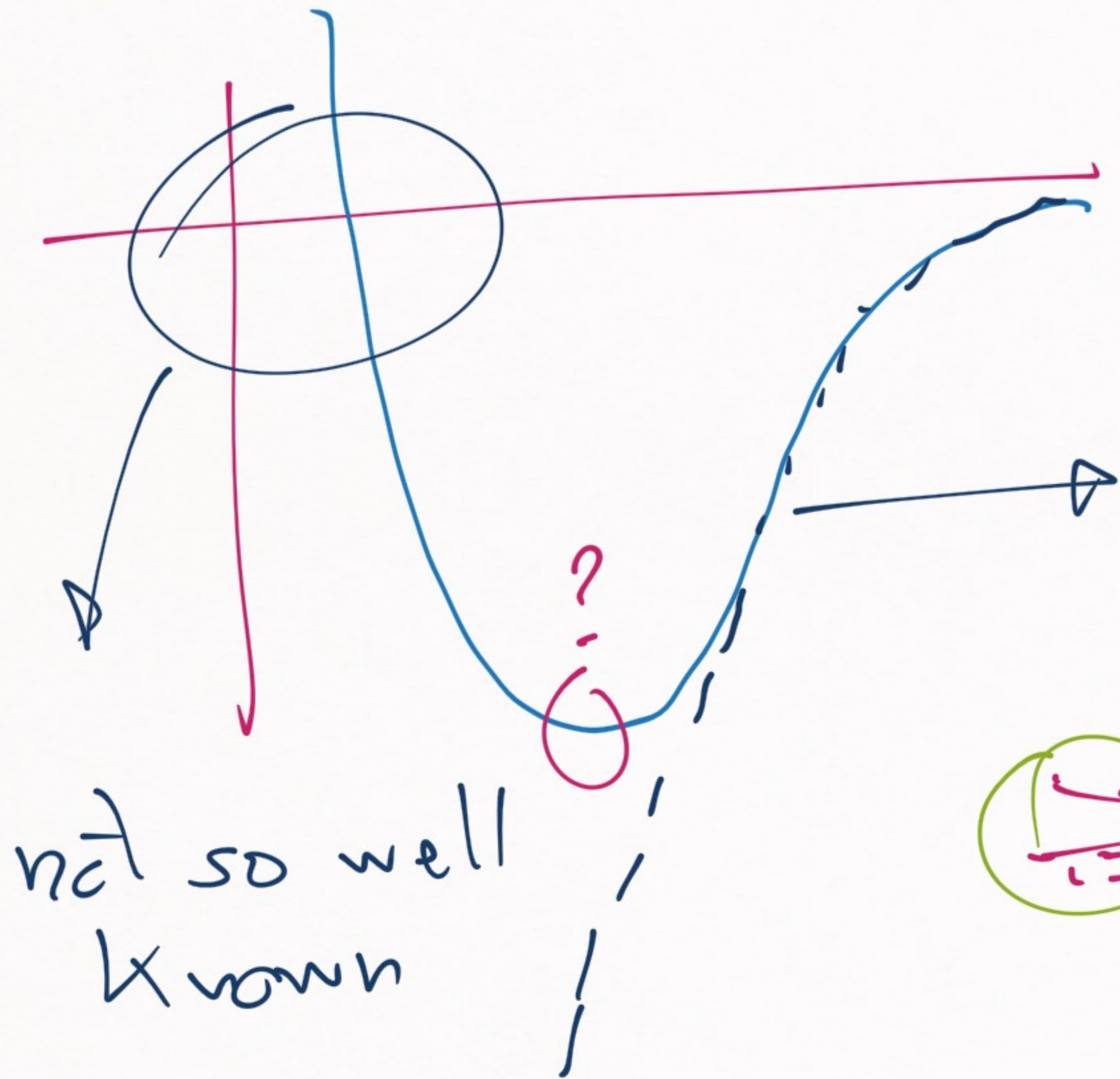
$n \cdot 7a3$



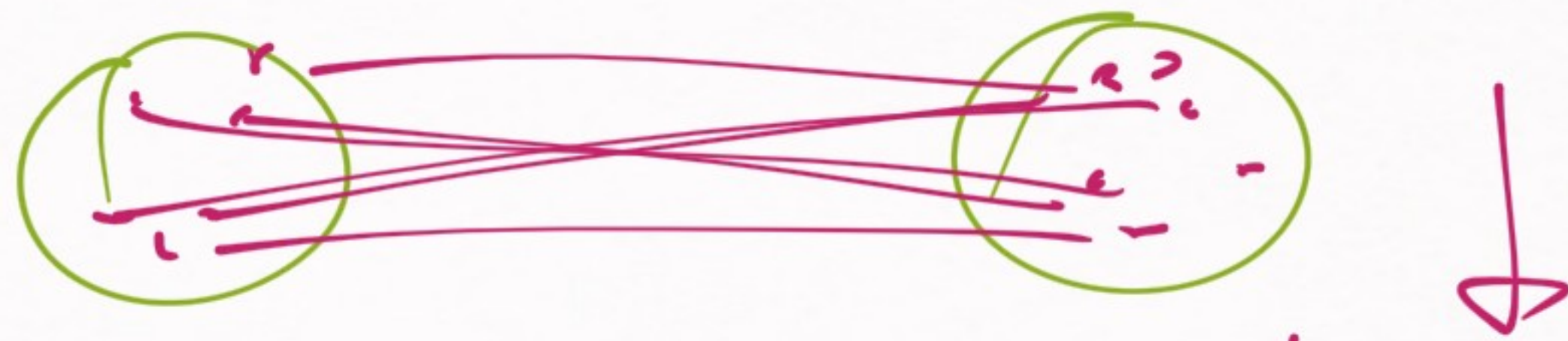
1) Guess  $R_{min}$

2) Guessing  $v$  at  $R_{min}$



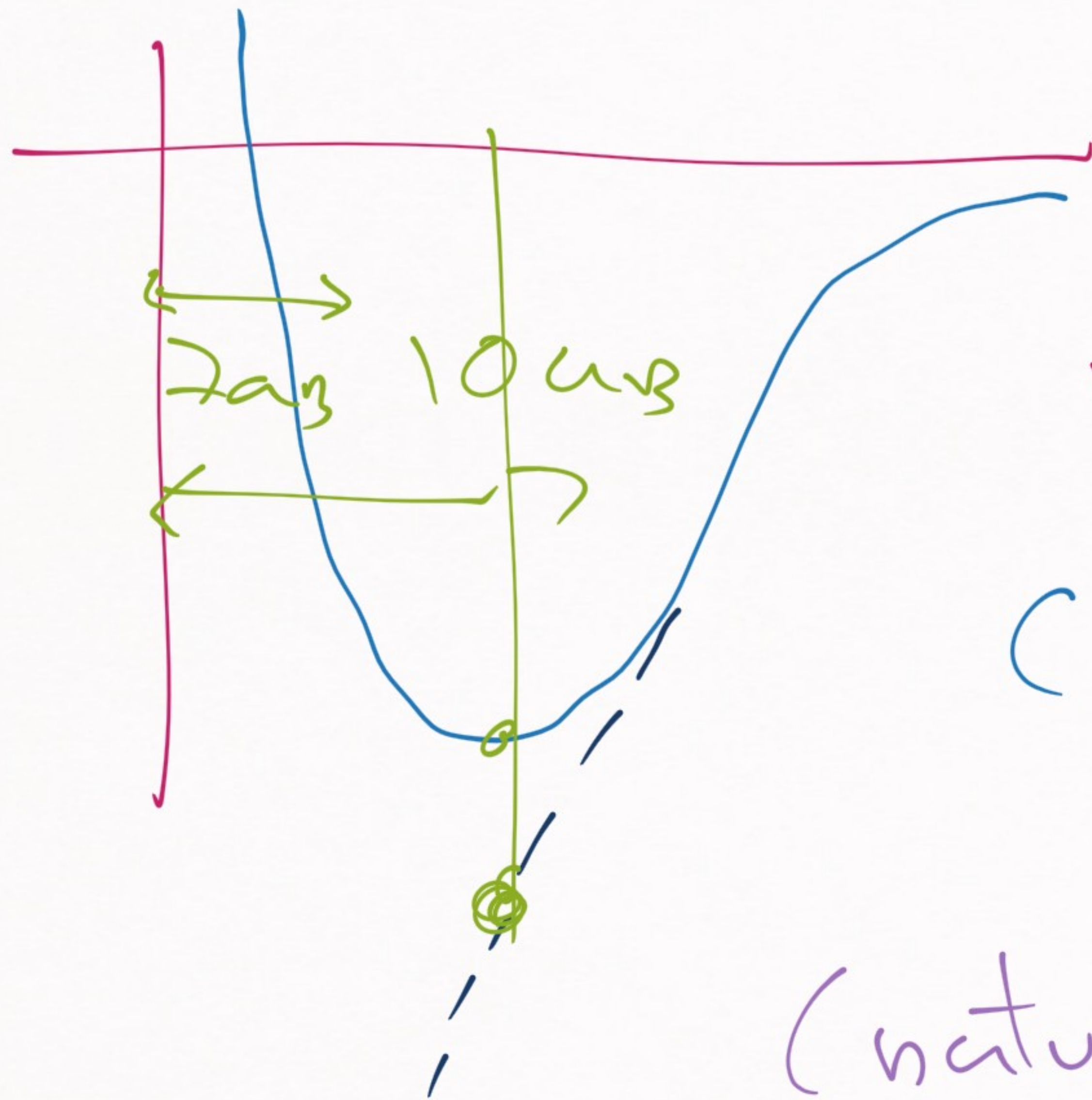


VudW well known  
 (because it is  
 an average)



→ compute it  
 → experiment





Approximation:

$$V_{min} \approx V_{rdw} (R = 10 \mu s)$$

(Simple 3 Crude,  
maybe not good)

(natural problem)

## RECAP (CS)

1)  $Cs - Cs \rightarrow$  minimum energy config ( $V_{min}$ )

2)  $|E_{kin}| \lesssim |V_{min}|$

3)  $V_{min} \lesssim V_{vdW}$  (1.5 x size (Cs))

4)  $V_{min} \rightarrow$  scale  $\rightarrow \langle v \rangle$  (now)

5)  $\frac{3}{2} k_B T \lesssim \frac{1}{2} m \langle v \rangle^2$  (now)

$$R_{min} \approx 10 \text{ a}\Omega$$

$$R_{rdw} \approx 203 \text{ a}\Omega$$

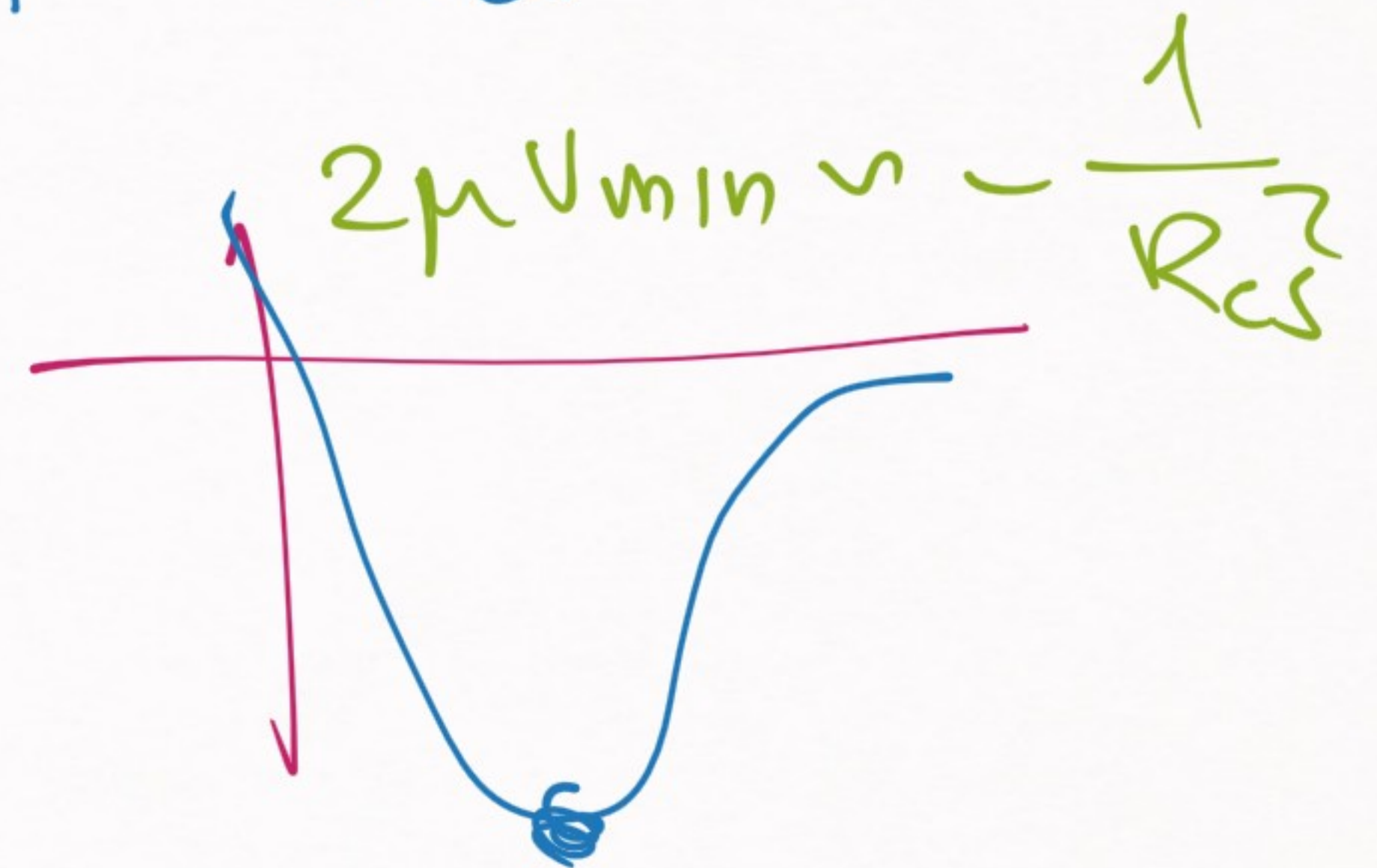
$$V_{rdw} = -\frac{1}{2\mu} \left( \frac{R_{rdw}^4}{r_0} \right)$$

$\hookrightarrow r = R_{min}$

$$V_{min} = -\frac{1}{2\mu} \left( \frac{1}{R_{cs}^2} \right)$$

$$\rightarrow \langle p \rangle \sim \frac{1}{R_{cs}} \rightarrow \langle v \rangle$$

$$R_{cs} \approx R_s \left( \frac{R_c}{R_{rdw}} \right)^2$$

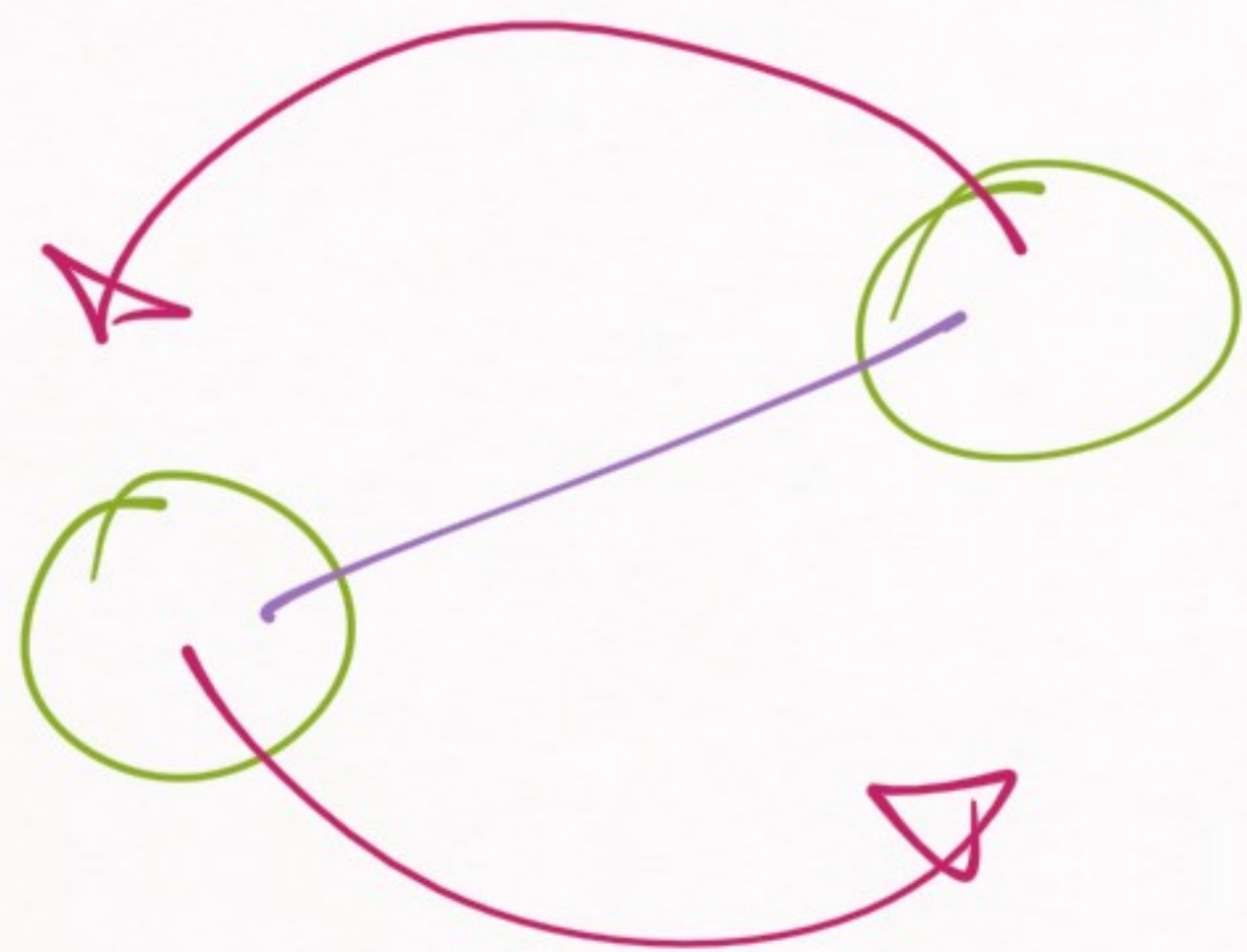


$$\Rightarrow R_{CS} \sim R_S \left( \frac{R_S}{R_{VDW}} \right)^2$$

$$\Rightarrow Q \sim \frac{1}{R_{CS}} \quad \Rightarrow \langle v \rangle \sim \frac{Q}{m} \sim 1,16 \cdot 10^{-6}$$

$$\langle \frac{v}{c} \rangle$$

$$\langle v \rangle \sim 350 \text{ m/s}$$



$\langle v \rangle \approx 350 \text{ m/s}$

---

$$E_{\text{thermal}} = k_B T$$

$$k_B \approx \frac{1 \text{ eV}}{11000 \text{ K}}$$

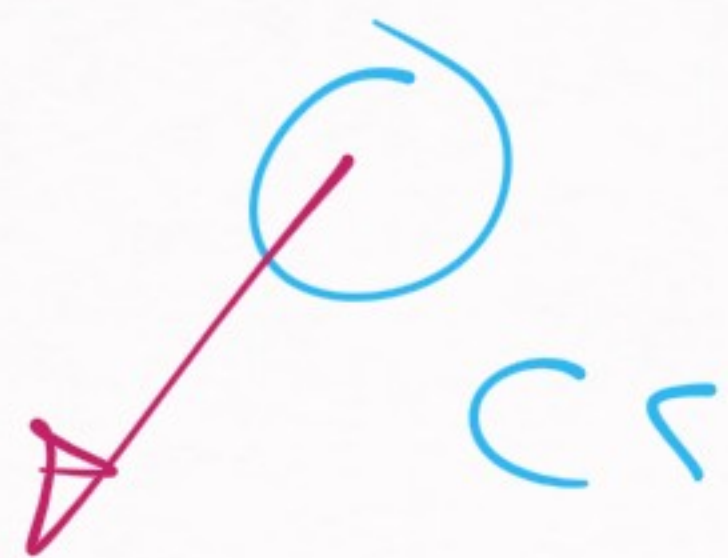
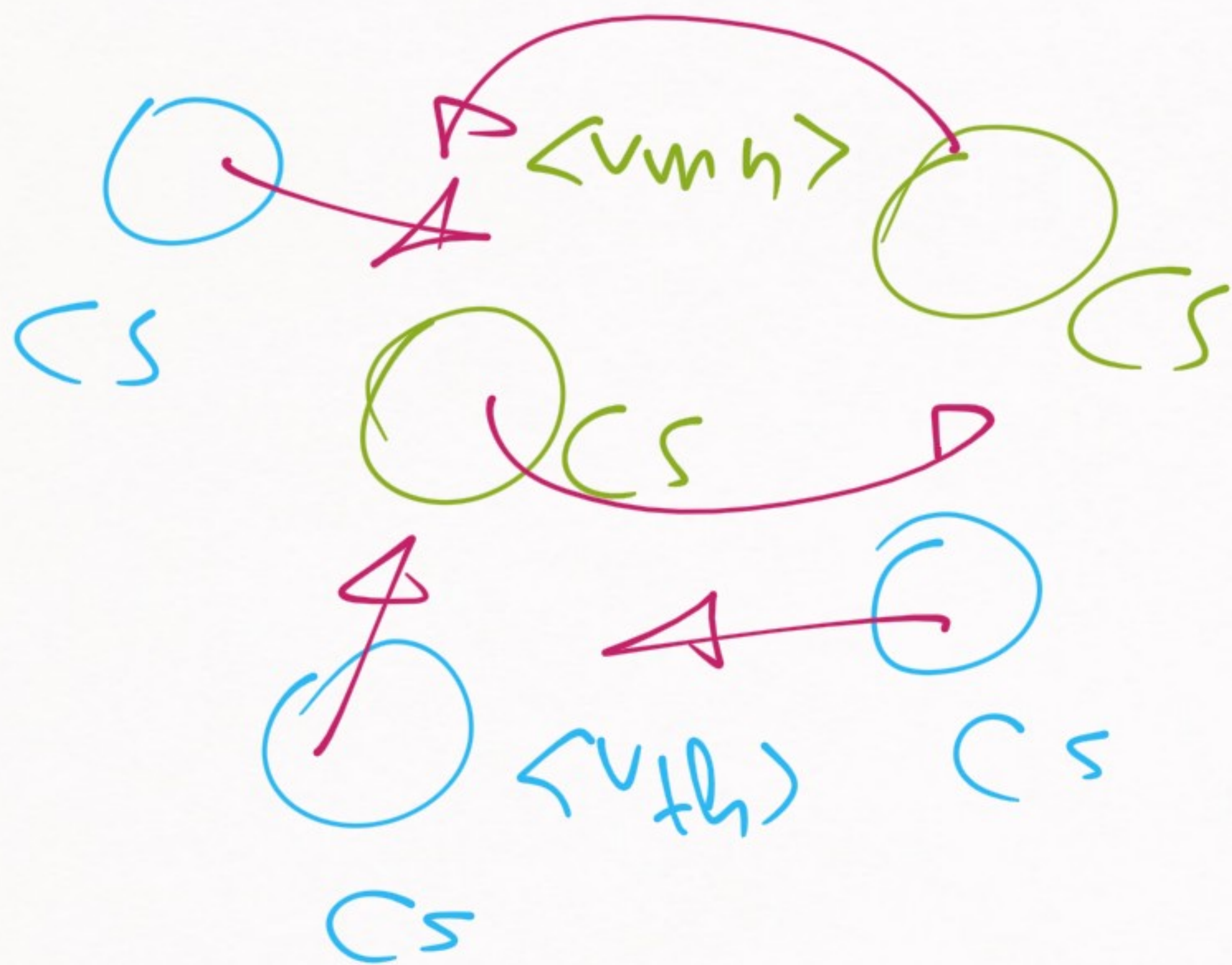
temperature

---

Room temperature  $\rightarrow$  50 meV

$$\frac{1}{2} m \langle v \rangle^2 = k_B T \quad \Rightarrow$$

$$v = \sqrt{\frac{2k_B T}{m}}$$



$$\langle v_{min} \rangle \approx \langle v_{th} \rangle$$

$$T \approx 1000 \text{ K}$$

$$v_{th} \approx 350 \text{ m/s}$$

RECAP

1) Long calculation (many steps)  
(easy steps)

2)  $v_{th} = \sqrt{\frac{2k_B T}{m}}$  vs  $v_{min} \leq 350 \text{ m/s}$

$T_{\text{Boiling}} \leq \underline{1000 \text{ K}^{\circ}}$

REALLY GOOD  
APPROX.

Reality:  $T_{\text{Boiling}}(\text{CS}) \leq \underline{944 \text{ K}^{\circ}}$

LESSON



Natural problems  
are really easy



This is why atomic physics is  
so easy



Next part: Why nuclear physics  
is difficult.

(scales)

~~5 minute break~~

over

(35)

NATURAL PROBLEMS → EASY

(usually only one relevant scale)

↪ most problems in physics involve several scales

↪ Corrections

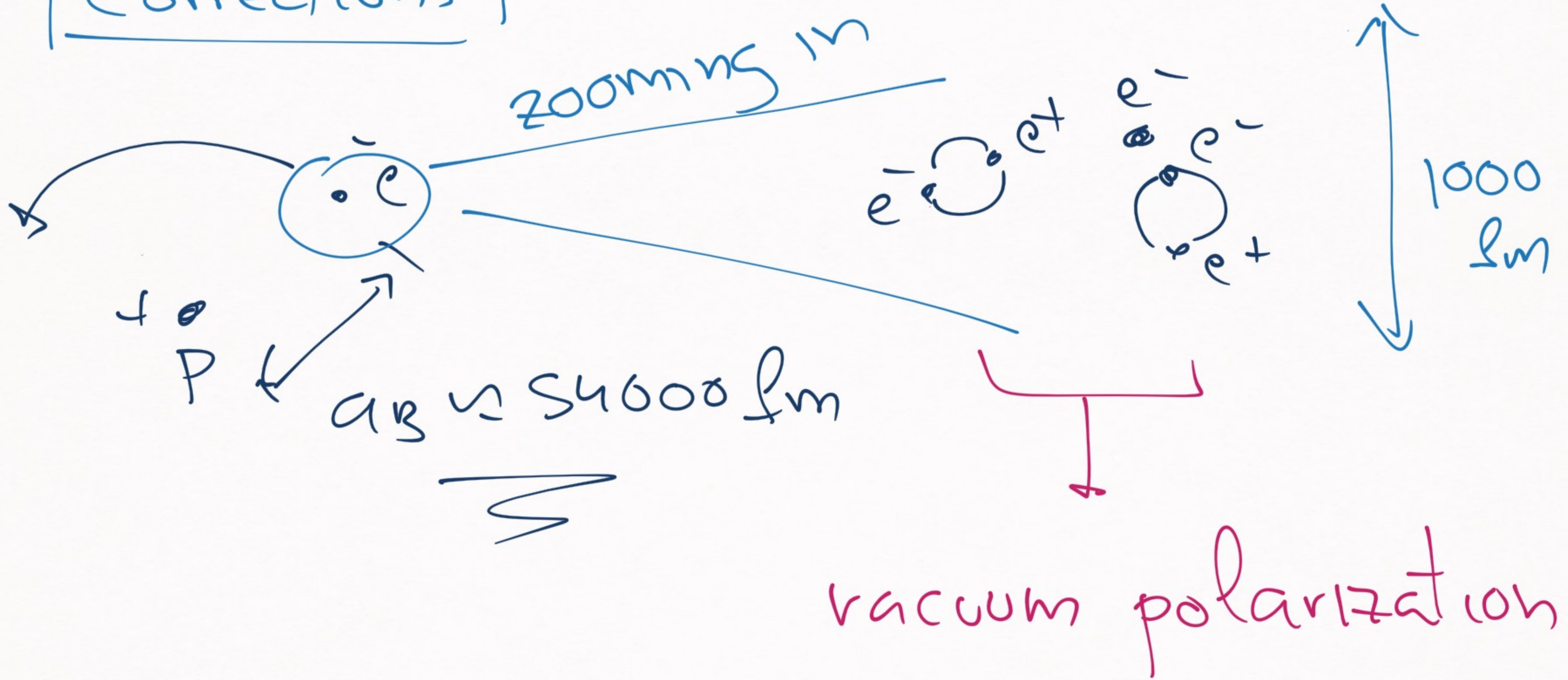
Hydrogen atom:

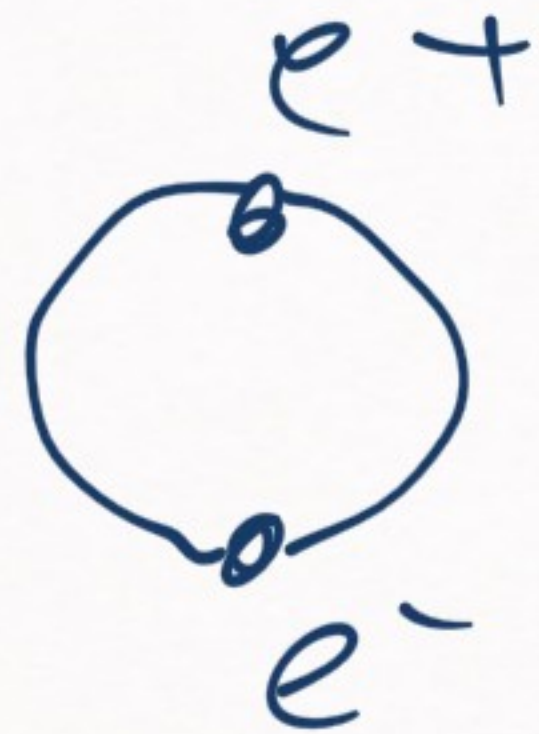
1) most important scale  $a_B = \frac{1}{m_e \alpha}$   
( $a_B = m_e \alpha$ )

2) other scales:

$r_e, r_p \rightarrow$  electron & proton size

# Corrections





$$\Delta E \Delta t \approx \frac{\hbar}{2} \quad (\Delta x \Delta p)$$

$$\rightarrow \frac{1}{m_e} \approx \frac{\hbar c}{0.511 \text{ MeV}} \approx 400 \text{ fm}$$

$$54000 \text{ fm} \quad \hbar c = 197.3 \text{ MeV fm}$$

$$400 \text{ fm}$$

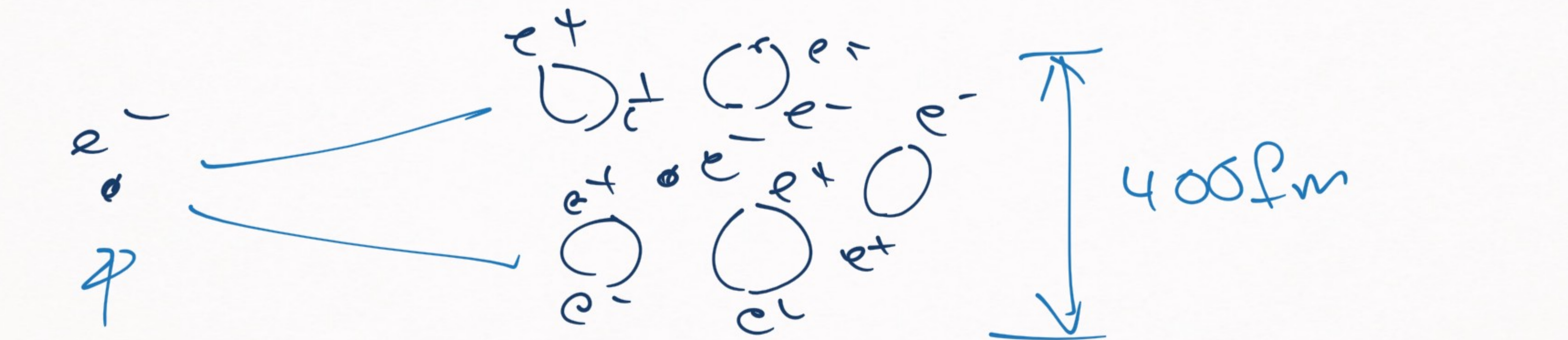


The way you see the world depends on  
the distance scale

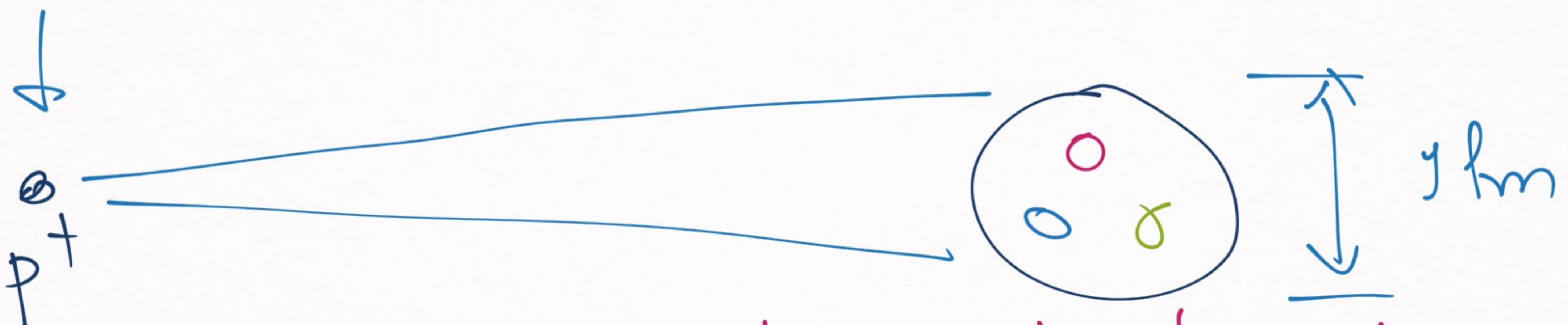


Long distance  $\rightarrow$   $e^-$  has no structure  
(point)

Short distance  $\rightarrow$   $e^-$  has structure  
(cloud of  $e^+e^-$  pairs)

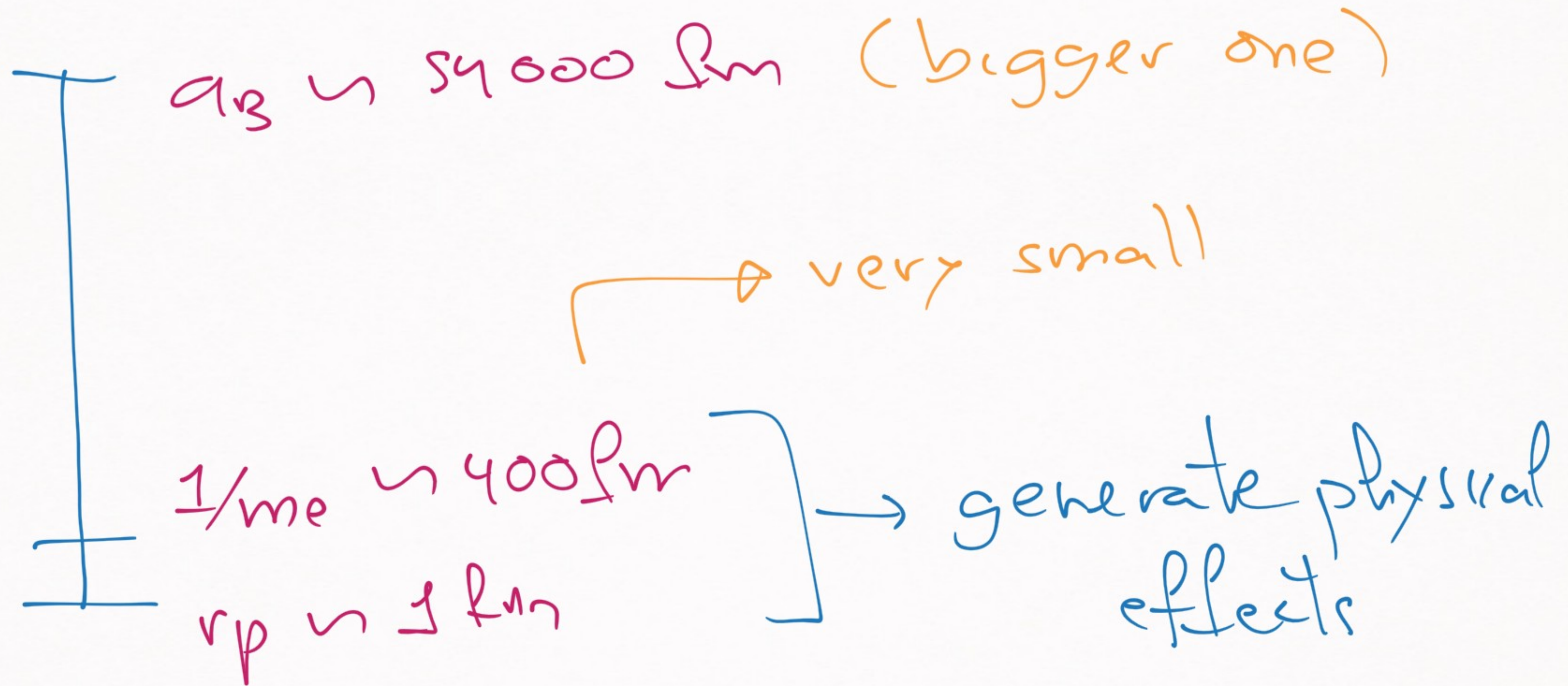


50000 fm



(internal structure of proton)

# HYDROGEN ATOM $\rightarrow$ MULTISCALE PROBLEM





Bigger scale, smaller scales

→ good separation of scale

$$1) \frac{r_e}{a_B} \approx \frac{m_e \alpha}{m_p} \approx \alpha \approx \frac{1}{137} \quad (\text{but smaller because of dynamics})$$

$$2) \frac{r_p}{a_B} \approx \frac{1}{56000} \approx 2 \cdot 10^{-5} \quad (\text{this is actually smaller})$$

Extra scales  $\rightarrow$  CORRECTIONS

1) Electron "size"  $\rightarrow \frac{r_e}{a_B} \sim \frac{1}{137}$

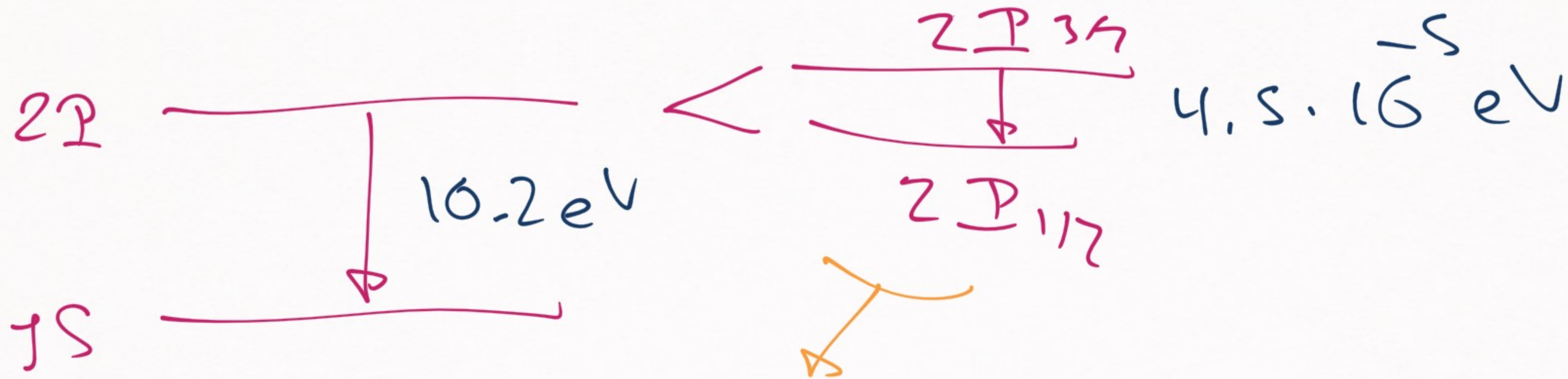
(relativistic effect)

$$\left(\frac{r_e}{a_B}\right)^2 \sim \frac{1}{19000} \sim \underline{\underline{5 \cdot 10^{-5}}}$$

$$\sqrt{p^2 + m^2} = m + \frac{p^2}{2m} + \mathcal{O}(p^4)$$

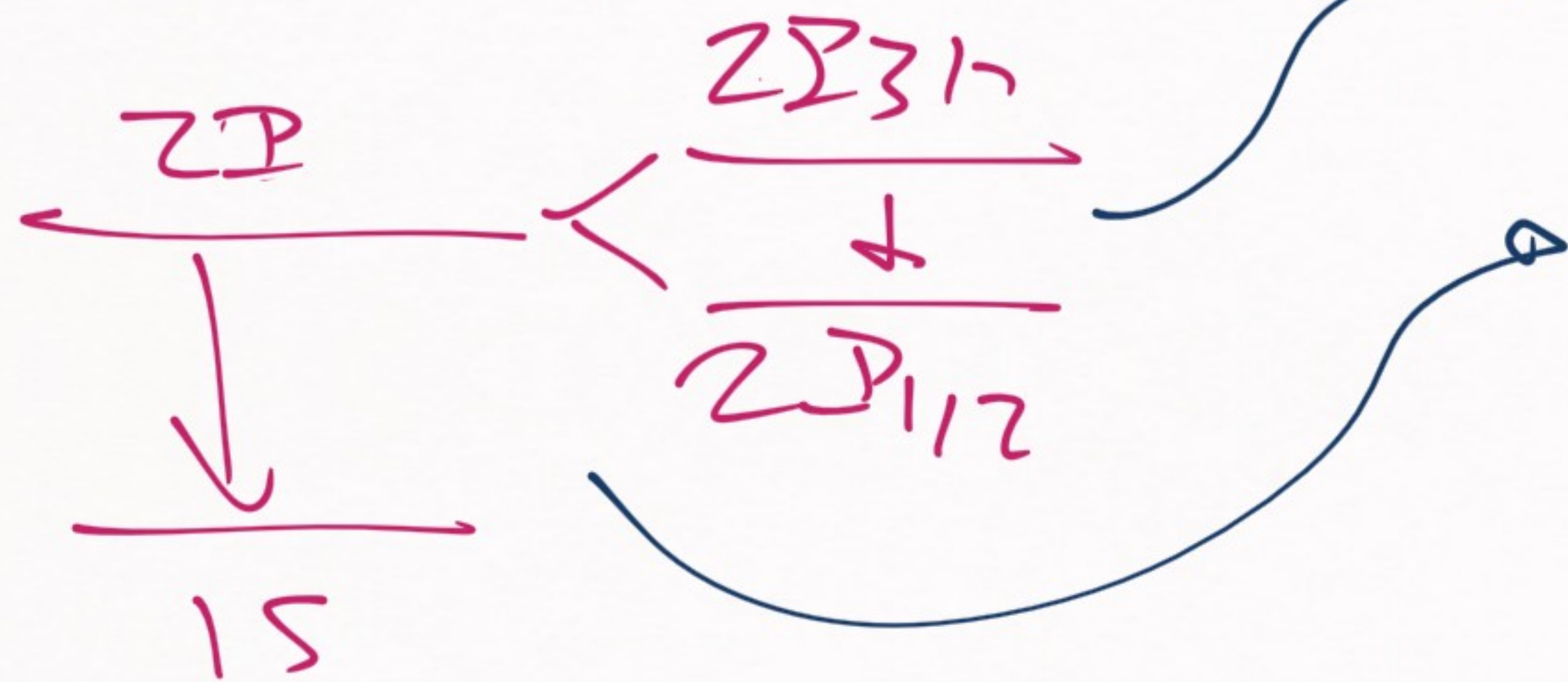
EXPECTATION  $\rightarrow \left(\frac{r_e}{a_0}\right)^2 \sim 5 \cdot 10^{-5}$

REALITY: fine structure corrections



$\vec{l} \cdot \vec{s}$  correction  $\rightarrow j = \frac{1}{2}, \frac{3}{2}$   
(p-wave)

Line structure ZP:



EXPECTATION

$$\frac{4.5 \cdot 10^{-5} \text{ eV}}{10.2 \text{ eV}}$$

$$\sim \boxed{5 \cdot 10^{-6}}$$

REALITY

$$\boxed{5 \cdot 10^{-5}}$$

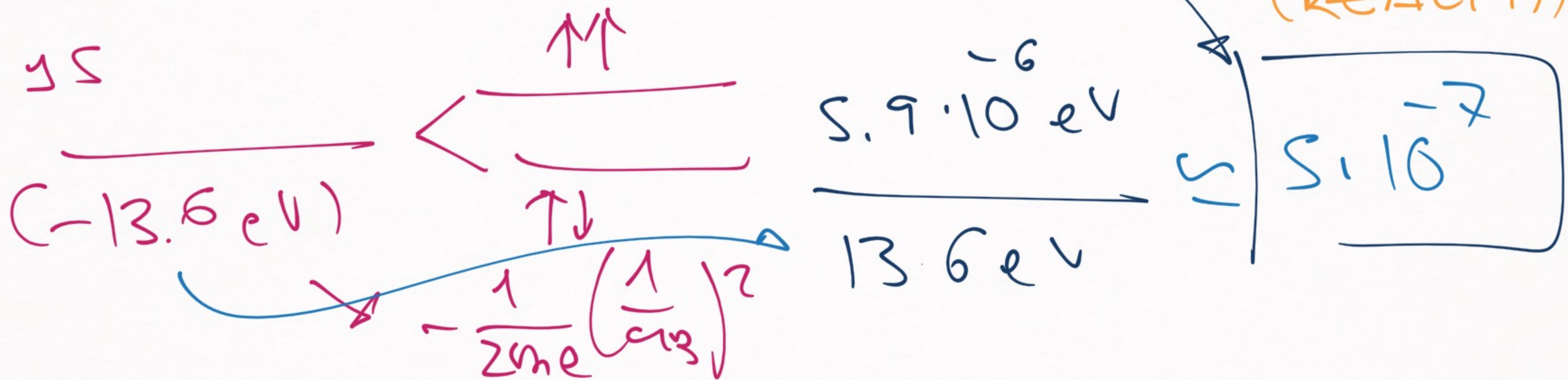
NOT BAD

2) Proton size correction

$$\left(\frac{r_p}{a_B}\right) \sim \boxed{2 \cdot 10^{-6}} \quad (\text{EXPECTATION})$$

2) Hyperfine correction

NET BATT



## LESSONS

Systems that:

1) are natural ( $\sim O(1)$ )

2) have a good separation of scales

THEY ARE ALL VERY EASY

hydrogen atom  $\rightarrow$  incredibly accurate  
predictions easy

**COROLLARY** Systems that

- 1) are not natural or
- 2) have a poor separation of scales

**THEY ARE A NIGHTMARE**

Good thing  $\rightarrow$  wonderful research projects  $\rightarrow$

What about nuclear physics?

1) Deuteron size:

$n \quad p \quad \updownarrow \quad r_d \approx 5 \text{ fm}$   $\frac{1}{3}$  (not that bad)

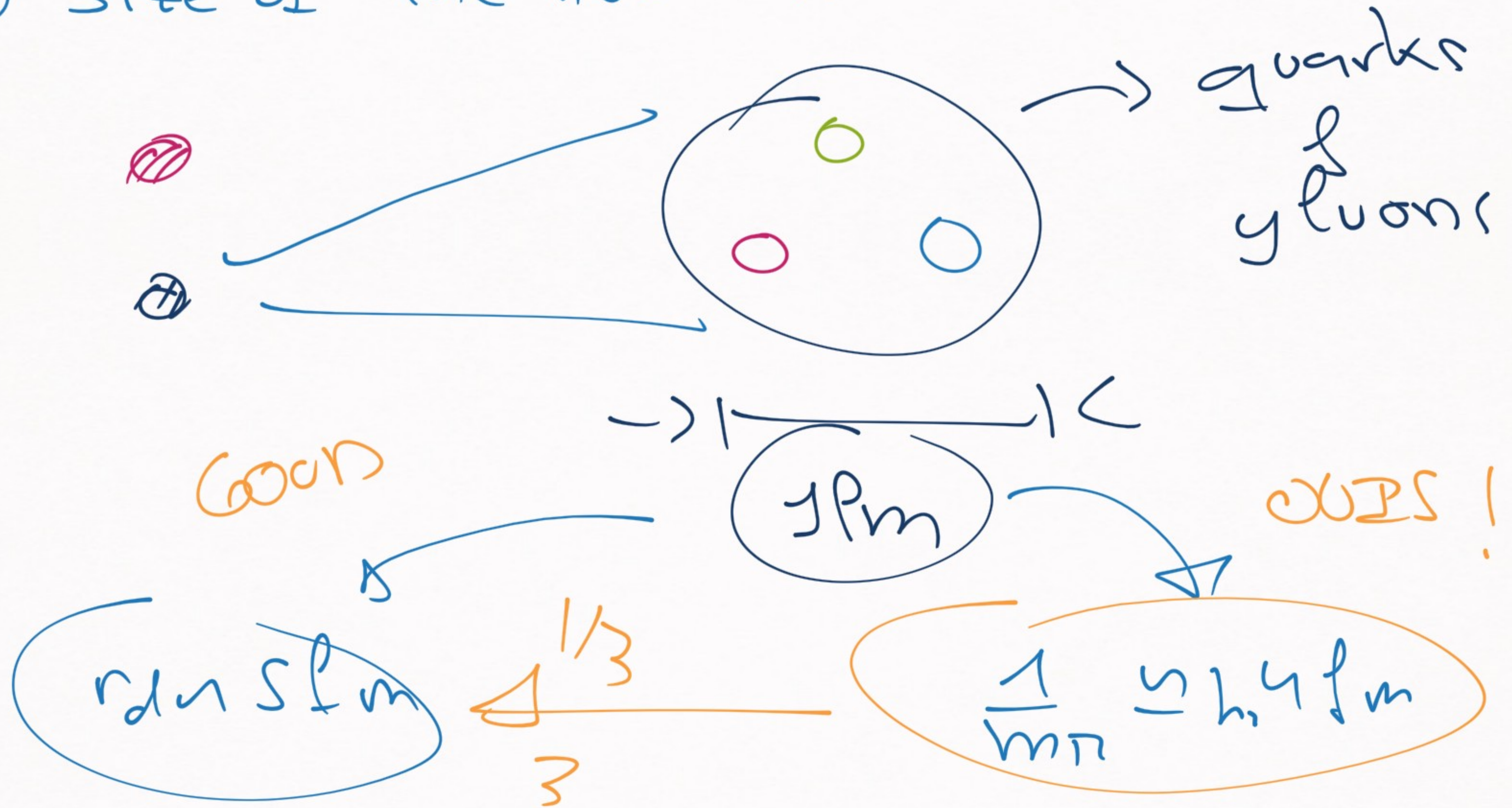
2) Range of nuclear forces:

$p \quad \text{---} \quad n$   
 $\pi$   
(pion)

$\frac{1}{m\pi} \sim \frac{\hbar c}{140 \text{ MeV}} \rightarrow 1.4 \text{ fm}$



### 3) Size of the nucleons



Nuclear physics hard because:

$1+2$ ) ( $r_d$  vs  $1/m\pi$ ) deuteron kind of  
bas

(1) not too natural

$2+3$ ) ( $\frac{1}{m\pi}$  vs  $r_n, \omega/N = n/\phi$ )

(2) poor scale separation

(A) + (B)  $\rightarrow$  DIFFICULT PROBLEM

This is why nuclear physics  
is going to be difficult